



ECTOPIC MURMURS

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AWESOME GENEROSITY!

LINDA BAUTISTA PANTANGCO MD⁶⁷, and several Class⁸⁵ alumni, including ROBERTO HONEYLYN KONG MD, ALFREDO KUA MD, MALOU CHING KUA MD, ALFREDO DADIVAS MD, SONNY BANGASAN MD, JO-ANN MARTIR INTOY MD, LEILA GUCCI DOMINGO MD, GRACE AVERILLA OBENA MD, JILBERT PANGANIBAN MD, JOSE OSCAR TOLEDO MD, TED/ MARYNUGUID MD, CYNTHIA SANCHEZ MD, JOCELYN LACSAMANA RICAFORT MD, and JOSEILINE V SALES MD have followed our December 2015 donors with random, reckless, abandon gift-giving for the Holiday Season.

They have bushed scholarship support to financially-challenged students at the FEU-NRMF School of Medicine. THANK YOU, may your kind multiply!

Dean Linda Tamesis MD⁸⁵ has affirmed the deep gratitude of the student recipients, composed of Irene Mae Villegas, Charis Kay Peralta, Gidell F Palos, Micah Docog, and Lux Marjes, who are also so named FEUMAANI scholars.

PRESIDENT'S Message

The generosity of FEU medical alumni is remarkable and unequal. I am very pleased that my message last November 2015 calling our fellow alumni to give to our alma mater was answered. However, more voluntary donations are in order for scholarship and assistance to financially-handicapped medical students.



MANUEL A MALICAY MD

On behalf of the FEUDNRSM Alumni Foundation, I am extending my heartfelt gratitude to ROY CABRERA MD⁶⁵ and RICHARD SILVERMAN MD⁸⁷ for providing a scholarship support to financially-handicapped students; to NUNILLO G RUBIO MD⁶⁷ and HONORIO T BENZON MD⁷¹ for their respective professorial chair funds; to the family of the late CRISPIN SEE MD⁷⁰ for support of financially handicap medical students; to FERNANDO LAGRIMAS MD⁷² and Miss Joyce Lewis (the partner of OLIVO LEOPANDO MD⁶⁷) for their

continued on page 16

FEU-NRMF

Most Outstanding Alumni in Career Achievement

The Honorable ROGELIO J ESPINA MD⁸⁴ was born in Manila on June 30, 1960, together with his twin brother Rodolfo, to late Honorable Gerardo Espina Sr and Mrs Asuncion Jimenez.



HON ROGELIO J ESPINA MD

He took his elementary and secondary years from 1967 to 1972 and 1972 to 1976 respectively at San Sebastian College.

In 1980, he graduated with a degree in Bachelor of Science in Zoology from the Far Eastern University where both parents were prominent members of the faculty. He pursued his medical course in the same university, successfully finishing Doctor of Medicine in 1984.

As a young medical student, his remarkable achievements includes being a topnotcher for both 1st year and 2nd year levels in-training examination for the Philippine Board of Orthopaedics; he won 1st place in case report presentation at the AFP Medical Center; and bagged a Howard H Steel

continued on page 14

CONGRATULATIONS!

BRIGIDIER GENERAL
MARIANO A MEJIA MD⁸⁴,
PHILIPPINE SOLICITOR
GENERAL



Mar or Naning is the newly installed Surgeon General, the highest rank amongst the Armed Forces of the Philippines physicians. He is a pathologist and trained residency at the FEU-NRMF Hospital.

CONGRATULATIONS!

ALADIN M MARIANO MD⁷²
MHA FACS is newly promoted as associate professor of surgery at the University of Illinois Abraham Lincoln College of Medicine in Chicago.



ALADIN M
MARIANO MD

BREAKING NEWS!

FAITH Manila Summit scheduled for February 6, 2016, has been CANCELLED for multiple reasons.

Our apologies to all, especially those INCONVENIENCED by this. **EUSTAQUIO ABAY II MD**
FAITH President

FAITH CORNER

REV MELVIN ANTONIO MD⁶⁵



REV MELVIN
ANTONIO MD

A question was brought up during one of our Bible classes: What keeps Christians together? There are many Christian denominations in the world that practice their faith in many different ways yet who share a commonality that is often overlooked.

We share the story of Jesus Christ – His incarnation, birth, death, resurrection, ascension and the promise that He will come again to judge the living and the dead. We share a story that sets us free from fear of death, free from our obsession that strict obedience to the Laws of Moses guarantees a path to heaven.

When I talk about being relieved from strict obedience to Mosaic Law, I am referring to the laws that Moses brought down from Mount Sinai. We commit the Ten Commandments to memory as children and endeavor to obey them throughout our lives. However, as we read Scripture further, these laws were defined and re-defined by the priesthood that came after Moses, to the point that there are over 600 rules and regulations that have sprouted from the original Decalogue (Read the Book of Leviticus in its entirety).

Even St. Paul admitted that it is impossible to keep all these laws for any length of time without breaking them. Jesus saw the same difficulty when he
continued on page 14

TENDERLY YOURS

NOLI C GUINIGUNDO MD⁶²



NOLI C
GUINIGUNDO MD

We are busy preparing for our *Balik-FEU* trip to Manila on. We receive an invitation to attend the 41st anniversary of the FEU-NRMF. We plan to attend it as Dean Linda Tamesis MD said there are seats available to the FEUDNRSM Alumni Foundation members and trustees. This happens on the Wednesday, January 20th, prior to the opening of the *Balik-FEU* the following day.

I hope our jet leg will have improved by that time. Alumni Foundation President Manny Malicay MD had reminded me about it. I think he is one of the 45 awardees.

It will be real convenient since we are checked in at the Manila Galleria, next door to the Crowne Plaza Hotel, the venue of the affair.

We are getting ready also with our passport and driver's license. Louisiana is one of those states that no longer accept driver's license only as the means of identification at the airport. I feel sorry for those domestic travelers who had to come up with another identification to fly. This is a good way to identify passengers but the locals who fly all the time appears to be ridiculous in so many senses.

As usual, flights depend also upon the weather situation and we are hoping and praying for a

continued on page 13

MEDICAL MISSIONS

An Election Issue?

CESAR D CANDARI MD⁶¹

FCAP Emeritus

Foreign medical surgical

missions in the Philippines have been in existence for more than three decades. By any measurement, these are the projects that have brought about some impact to Philippine society,

particularly because they are addressed to the indigent Pilipinos and are, therefore labors of love.

The enormity of problems, the injustices, underserved health cares are reducing the Pilipino people into the quagmire of abject poverty. The Pilipino-American expatriates, several Pilipino medical and civic organizations from abroad continue on these humanitarian endeavors.

Mission volunteers from America and Canada, however, have encountered problems. They deserve the support and encouragement of all, especially the Philippine government to abolish barriers on these missions. Discouraging the missionaries are destructive and disservice to the country in general and to the beneficiaries in particular, the thousands of poor Filipinos.

This is a fact; An estimated 20-25% of the Philippine population or 23.75 million Pilipinos will not have access to medical care of any kind, let

continued on page 12

For the **LEAST** of Our **BRETHREN**

EDMUNDO F RELUCIO MD⁶⁴ is headed to the



EDMUNDO F RELUCIO MD

Philippines with an hectic schedule. With his wife Marizon and relatives, he proceeds to West Fairview, Quezon City, to meet with a teachers/ owners of

Achievers' Academy, who are looking to relocate and build a new facility in the same city.

Dr Relucio has agreed to become an investor/ donor for as long as 10% of enrollees are street children. He has since paid the lot owner P1,000,000 for initial down payment.

He will turnover seven *balikbayan* boxes filled with books the Coal City Public Library in his hometown.

As chairman of the Marian Property Holdings Corporation board in Dahlia Street, next to the FEU-NRMF School of Medicine/ Hospital, he meets with his staff to discuss the progress of a feeding program planned for over 250–300 street children in West Fairview.

A year earlier, Dr Relucio with the help of secretaries of Marian and his Renaissance Simon Charitable Foundation (RSCF) officers solicited funds from few local businesses and successfully conducted its first feeding program. Two of these children were accepted RSCF scholars and will now be on their 2nd year.

He will also lead a two-day

continued on page 12

ON PACKING HEAT

Rev Jerry Falwell Jr,
Chancellor of Liberty
University versus

Rev. John Piper, Chancellor of
Bethlehem College
& Seminary

Should Christians
be advised to carry
gun for *self-defense*?

This is a
controversial
question that all of us
are currently
confronted with in
this era of terrorist violence.

Two major leaders of the Christian Community spoke out on this issue using the Bible as basis, albeit, opposing views. Being stalwarts of biblical teachings, does this make sense, using the same source, yet comes out with different take? How come? Or are they just like Peter and Paul or Barnabas, etc. having honest differences in understanding and processing of facts, much like all of us?

Rev Falwell Jr recently, *I just want to take this opportunity to encourage all of you to get your permit (to carry gun). We offer a free course. And let's teach them a lesson if they ever show up here. This teach them a lesson* comment may not be his intention, for which he was questioned and criticism extended against *packing heat* for self-defense.

While he expressed his preference to have gun for self-defense, he sounded off on his extended message and assumed motive by saying, *let's teach them a lesson if they ever show up here. While teach them a*

continued on page 10



ALADIN MARIANO MD

JANUARY IMAGE



ROLANDO M SOLIS MD⁶³



Douro River Cruise in the Iberian Peninsula

PEACE

Will Build Your Own Artesian Well

There is continuing need for clean drinking water in the Philippines. The Philippine Economic and Cultural Endowment (PEACE)-USA has been answering this need since 1988 through donations by individuals or organizations. Donors, PEACE members themselves especially, and organizations like PMA Northern California, PMA Indiana and the Association of Filipino Physicians of Southern Illinois have partnered with PEACE towards the construction of hundreds of

artesian wells and other potable water projects in both rural and urban communities.

Currently PEACE has proposals in hand for eight water pumps costing \$675 each. It is again inviting individual donors and organizations to build these wells in the names of the donors like those shown in the accompanying photo.

Pictorial evidence of construction will be sent to the donors immediately upon completion.

Please contact Urbano Dauz MD, PEACE president and chairman of the Potable Water Committee at bandauz@yahoo.com.



Remembering LYDIA BAROT MD⁶²

December 4, 1937 –
January 6, 2016

As I write this, I can see a



LYDIA BAROT MD

tall, attractive, well-groomed classmate, majestic in bearing, with a ready calculated smile.

True is the saying that we will never know what can befall us the next minute.

It was just over a year ago when another friend and I met up with her in Manila. We had a leisurely lunch at a Japanese restaurant, and she was her usual self-making cracks at the server.

She had a way of talking that may sound seemingly condescending but expressed in a way that the listener would not take it badly, and instead, would find it amusing. And so, she gets away with it. Call it charm or charisma.

Browsing in a jewelry store, she said she had stopped buying things like those and had started giving away some of her possessions. We made light of what she said, never realizing

that might have been a grim foreboding.

In school back in the 1960s, little did she know that I admired and envied her. She kept herself so well - not a hair out of place, her make-up just right (I wish I could do the same), and not a single crease on her uniform. Impeccably neat. But what I envied most was her strong personality and her being outspoken.

I believe the boys then, were quite intimidated by these traits plus the fact that she was a daughter of then Solicitor-General Edilberto Barot. Hearing her talk the way she did, she would give it straight to them. Woe to the guys who tried to play with her heart.

And sorry for the guys who may have honorable intentions. So, they just courted her with their eyes, keeping a safe distance.

Ligaw tingin, only.

I remember one occasion in the auditorium; it was the day before Christmas break, there was no Clinical Pathologic Conference and she was prodded to sing.

She sang *On the Street Where You Live* from *My Fairy Lady*. How I wished I could face a crowd and sing like her - not a trace of shyness nor stage fright.

Another instance where she showed her feistiness was when she stood up to a professor who reprimanded her for not bringing an assigned eraser. She told him she did not come to school to bring erasers for him. This incident went viral and goes to show that she was not afraid of anybody. For days

after, I thought of that incident and wished I had her guts.

But behind that strong, independent exterior was a kind and loving person.

In recent months, she was still working part-time helping her old partner in private pediatric practice. To the very end, her independent nature prevailed in that even in her illness (unknown to us) she carried herself with courage and dignity, not availing herself to any medical help.

Lydia, you were unique. You stood out among us, your classmates. And you will always be fondly remembered.

Up there where you are now, I smile to myself picturing the Holy Ones bewitched by how you talk.

Rest in Peace and remember us to the Lord.

SYLVIA BALAJADIA MD⁶²

EULOGY FEDERICO ARCALA JR MD⁶⁸

I love you daddy, the faint familiar voices of my beloved Ave and Freddy reverberates in my ears as I slowly let go of my final breath. This beautiful cool day at Southeast Medical Center, in Port Arthur TX is Friday, December 18, 2015. The finality of my life on earth does not bother me, for I have been ready. I know that I will be with my loving God forever.

This is summed up by what the Apostle Paul wrote before his martyrdom, *I have fought the good fight, I have finished*

*the race, I have kept the faith.*¹

Timothy 4:7

My parents, Federico Arcala and Anita Afenir Arcala were both very happy when their fifth child was born on October 29, 1943, in San Narciso, Zambales. I know, because they chose to name me after my father. I am Federico Afenir Arcala Jr. I have five siblings. As a child, I grew up in our home in Olongapo, where love of God and the teachings of the Bible were the basis of our family life.



My father who was a Boy Scout leader, raised us four boys in the disciplines of scouting. My mother had instilled in me humility and the love and service for the downtrodden. She had operated her charitable labor and delivery clinic as long as I can remember.

I attended elementary and high school in the local public schools. I always took my studies seriously. My siblings fondly called me the *jokester* because I loved to pull some funny surprises especially when everybody else are serious.

I went on to graduate with a doctor of medicine degree at the

Far Eastern University Institute of Medicine in Manila in 1968.

In November 1963, I was smitten and fell in love with a beautiful and kind lady. As a symbol of my love, I gave her a Bible that day that she still treasures. I always love to reminisce how she first invited me to join the Campus Bible Study Group. Of course I did not go, because I was a shy and quiet young man. But, it was the start of our wonderful love story. This lovely woman of my dreams, Avila (Ave) Estrada, and I were married on June 16, 1969.

We settled and resided in the United States, first in Chicago and finally in Nederland TX.

One of the happiest moments of my life was the birth of our only child on December 23, 1971. We named him Frederick Arcala. We had so much fun while he was growing up. My wife and son are the two best blessings that I received from God. They are the love of my life. I am always amazed at how articulate, intelligent and independent thinking my son is. I am delighted of what he has become. I was so proud of his accomplishments. I will be missing the day he will get finally married but I know the angels in the celestial heavens will celebrate with me with loud chorus when the time comes.

I loved what I have become: someone who can take care of the sick, ease the pain, treat the wounded, even just to listen and console the sad and lonely. I did my best to be a good husband and father as well as a cheerful *lolo* (grandpa).

I tried my best to extend help to my fellow man in

communities and in the church. Ave and I joined annually the medical and surgical mission of Texas, which provides free medical care to impoverished communities in the Philippines.

I joined the United States Army Reserve as a major because I loved my adopted country. I liked to tell jokes, get silly and discuss politics. I am also fond of bowling, photography and travel.

I read my Bible in the bathroom and believe me God did not mind it at all. He loves me for what I am because I am His.

I am deeply grateful to everyone who has been a part of my journey in this beautiful world that God blessed us. For those who prayed for us both near and far, those who brought food, those who visited, those who offered to help, those who were with my dear wife and my son, I am forever grateful.

My sincere thanks also to our church family, The First UMC of Nederland, to the physicians and staff of the Southeast Medical Center, and to our relatives and friends both here in the United States and the Philippines, who have us in their thoughts.

I would like to request those who wish to express their love to me to make a donation instead to the Medical Surgical Mission of Texas.

You can contact them at www.medicalsurgicalmissiontexas.com, or you can mail your donation to Medical Surgical Mission of Texas (MSMT), PO Box 7959 Beaumont, TX 77726-7959.

I always feel happy, you know why?

Because I don't expect anything from anyone.

Expectations always hurt.

Life is short, so love your life, be happy and keep smiling.

Just live for yourself and before you speak, listen.

Before you spend earn.

Before you pray, forgive.

Before you hurt feel.

Before you hate, love.

Before you quit, try.

Before you die, live.

William Shakespeare

ATTY FREDERICK ALCALA

EULOGY

ROGELIO AFUAN

MAHOR MD⁶⁹

I am the daughter of Dr Rogelio Afuan Mahor. I am very proud to introduce myself



as his daughter because my dad was an amazing human human being. He was smart, kind, quirky, generous, hard-working, fun-loving, and personal favorite --- hilarious.

My dad was so funny. I am sure everyone has laughed to at least one of his silly, corny, and often times offensive jokes. He

had such a vibrant personality. He could easily transform a silent room into a room filled with laughter, joyous cries and boisterous chatter in a matter of seconds.

I am sure heaven is little bit louder than usual since his arrival. You now the saying *when a bell rings, an angel gets it wings*? Well, I would think now that when a bell rings, an angel is laughing at my dad's comedic antics. The wee I found out my dad suffered a stroke was the same week I was supposed to visit him in Terre Haute IN. He was assigned to play one of the kings, also known as the three wise men for *Simbang Gabi*.

His friend Ernie who was also assigned to play one of the three kings, told me that my did jokingly said to him one day, *you may be on the kings but I am the richest king*. So corny I now... in a way his proclamation of being rich hold some truth but no in a monetary sense. He was rich. Very rich. Rich in love. Rich in family. Rich in friendships which are worth more than anything in the world.

So in honor of him, let us celebrate his life today. Share stories about him. Laugh until your belly aches. Eat. Dance... and thank God for giving us the opportunity to meet and to now this incredible man, my father, my hero.

Dad thank you for always being there for

us, lie when you taught us how to ride a bike; when you cheered for us at sporting and school events; when you took us out to eat at Benihana every time you were in Chicago; when you wiped the tears off our faces; and most of all, when you showered us with your unconditional love.

We will miss you dearly.

We love you always.

On behalf of the Mahor/ Ho family, we would like to thank all of our friends and family for being here with us. We appreciate all your support and kindness during this time. We are so blessed to heave each and every one of you in our lives.

Take care and God bless.

RONA TORRECAR

MAHOR TIGLAO RN



It rained on ROGER MAHOR MD's burial, Saturday, January 9, 2016, at the Queen of Heaven Cemetery in Hillside, Illinois. Someone commented, *the heavens are crying for Major*. Photo shows Gloria before he was finally laid down.

CLINICAL IMAGES

COEXISTENT PARATHYROID ADENOMA AND MICROSCOPIC PAPILLARY THYROID CARCINOMA

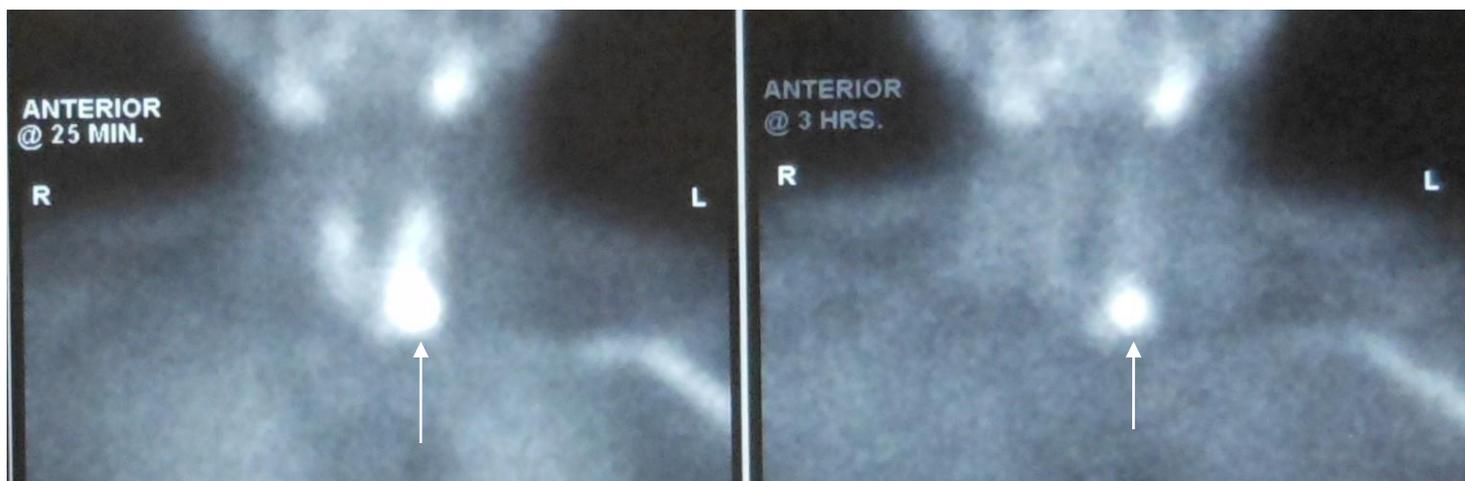


Figure 1 – Tc99m-sestamibi parathyroid scintigraphy shows a large left inferior parathyroid adenoma at 25 minutes and three hours (arrows).

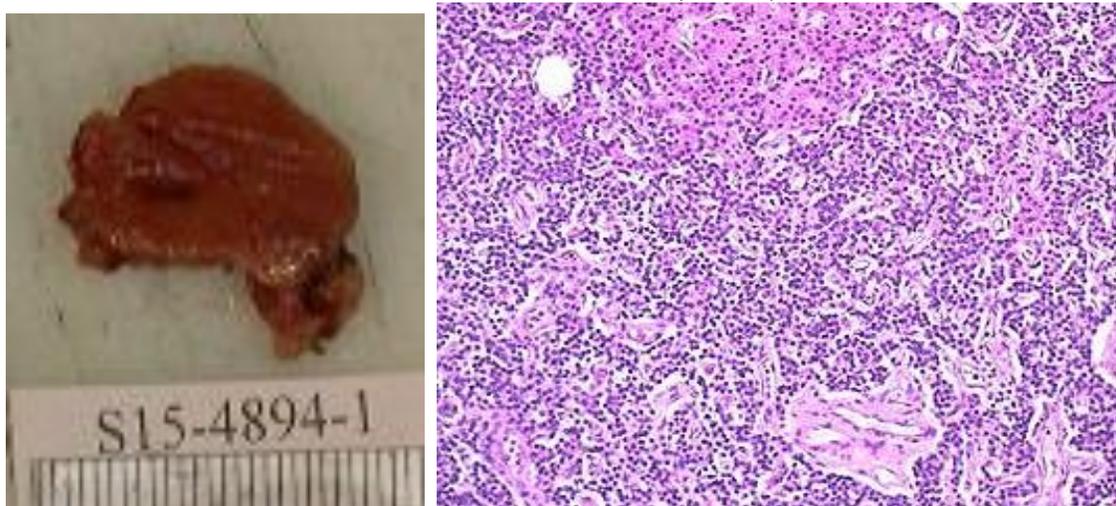


Figure 2 – The excised left inferior parathyroid adenoma is 1000x larger than normal, and exhibits benign, mixed chief-oncocytic cell type composition, hematoxylin eosin stain, x200.

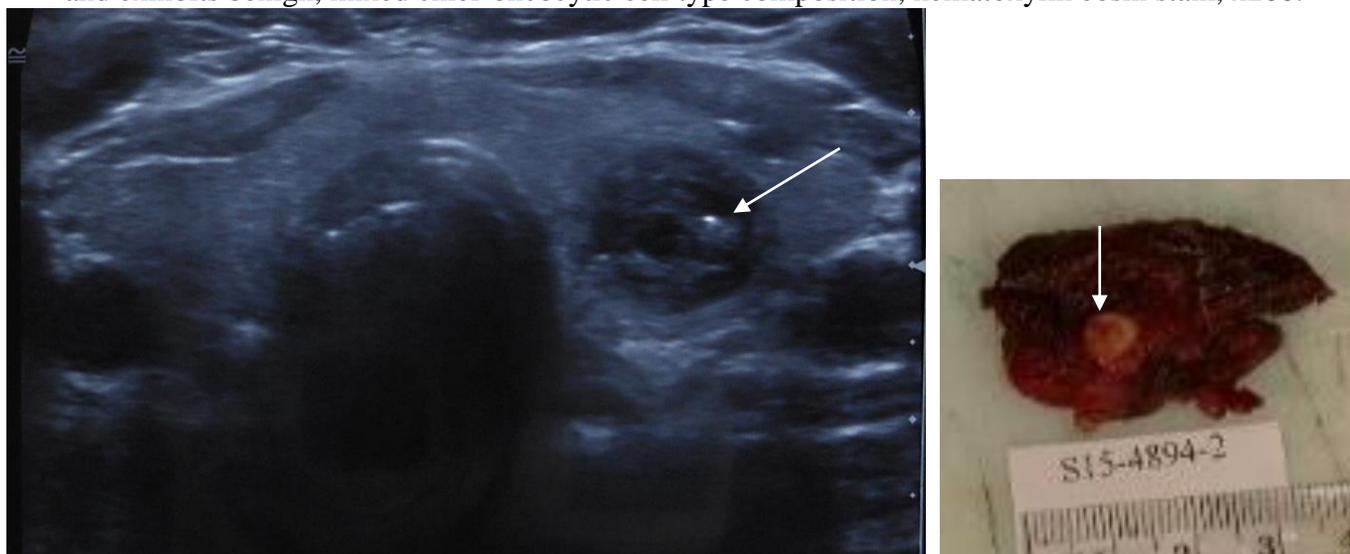


Figure 3 – Thyroid ultrasound imaging displays a left lobe nodule (arrow) with calcifications. The left thyroid lobectomy specimen reveals a central-located, well demarcated, well circumscribed, fibrohyalinized and calcific nodule (arrow) which is an incidental, classic, well differentiated, papillary thyroid carcinoma.

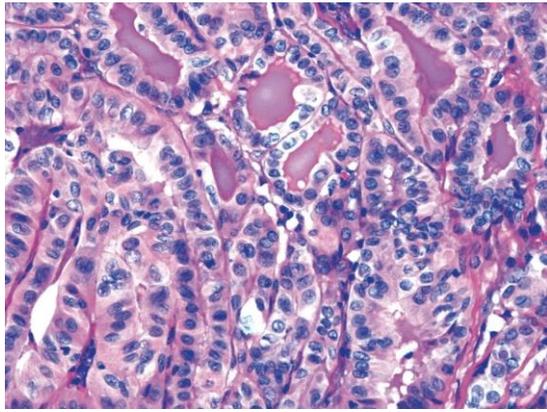


Figure 4 – The tumor is an incidentaloma of microscopic, follicular-variant papillary thyroid carcinoma, exhibiting diagnostic nuclear vacuolation and grooves, HE stain, x400.

These **IMAGES** are from a 63-year-old female with chronic hypercalcemia, hyperparathyroidism and left thyroid nodule with calcification (**Figure 1**) on clinical evaluation. Serum calcium was elevated at 11-11.2 mg/DL, high parathormone at 207.8 pg/mL, and normal (thyroid stimulating hormone) 1.32 IU.

Neck exploration, left inferior parathyroidectomy (**Figure 2**) and left thyroid lobectomy (**Figure 3**) followed. Intraoperative parathormone normalized; and postoperatively its level was stable in normal range. Right thyroid lobe was unremarkable.

The patient tolerated the operation well and did excellently after surgery.

The surgical pathology studies indicated (1) a large left inferior parathyroid mixed chief oncocytic cell-type adenoma; and (2) a left thyroid lobe microscopic 2.0-mm follicular variant, well differentiated, papillary thyroid carcinoma, (Figure 4) with lobectomy margins negative for

malignancy and a pathologic stage of T^{1A}N⁰M⁰.

COMMENTS and LITERATURE REVIEW.

This brief report focuses on uncommon occurrence synchronous parathyroid adenoma and papillary thyroid carcinoma, and a discussion of an incidentaloma of papillary thyroid microcarcinoma.

The association of adenoma-related hyperparathyroidism and thyroid carcinoma has been reported in several studies. In a retrospective study of 824 patients who have cervical exploration for hyperparathyroidism in which at least a thyroid lobectomy was carried out, thyroid carcinoma was detected in 8.6% with primary hyperparathyroidism

By definition, thyroid microcarcinoma is restricted to 10-mm sized tumor and smaller, while those that range from 10 mm to 15 mm are termed small thyroid carcinomas. Tumors measuring <15 mm is called occult thyroid carcinoma.

It appears that some of the clinical and pathologic characteristics of thyroid microcarcinomas are, as follows: they have a mean size of 4.1–8.0 mm; 65-99% of cases are of papillary type; the patients' age ranges from 42 to 55 years; and the female male ratio is 4.8/1.

They show an autopsy prevalence of 35.6% of thyroid tumors; while the clinical prevalence appears to be 95.3% of all cancers. Incidental prevalence is 100% of all papillary thyroid microcarcinomas.

Other clinical and pathologic features of thyroid microcarci-

nomas at the time of diagnosis denote variability per different studies. However, bilaterality, multiple foci, extracapsular invasion, fairly common node metastasis, rare distant metastases are quite comparable with those of the larger papillary thyroid carcinomas.

Treatment is also closely similar with that performed in larger thyroid neoplasm, namely, surgical procedure, ¹³¹I treatment following thyroidectomy, L-T4 (L-thyroxine) treatment following thyroidectomy.

As a follow-up, total thyroidectomy and cervical examination are planned in the index patient.

A single parathyroid adenoma and non-medullary thyroid cancer, which the literature actually suggests to be an association more frequent than multiple endocrine neoplasia is not strongly considered in the index patient. Papillary thyroid carcinoma has not been reported as a component of multiple endocrine neoplasia; but an ongoing look into its possibility is being done.

In **CONCLUSION**, a case of concurrent parathyroid adenoma and *incidentaloma* of papillary thyroid carcinoma is described. Hyperparathyroidism should not be considered as a high suspicious condition for thyroid cancer; instead, each patient with hyperparathyroidism should be studied for non-toxic goiter with suspicious nodule/ calcification and possible thyroid cancer.

A list of **REFERENCES** is available upon request.

ON PACKING HEAT

continued from page 3

lesson may actually come out as a consequence, this comment



ALADIN
MARIANO MD

may conjure up an entirely different motive and was interpreted as *vengeance*.

Rather, the goal should actually be

proximate self-defense in *packing heat*; not pro-active use of a weapon without one's life in *proximate danger*. This controversy maybe resolved depending upon when to use a weapon in self-defense and how this is defined. In my view, it is perfectly reasonable as self-defense to discharge his/ her gun if a person comes into a place actually shooting people; a perfect example of *proximate self-defense* and defense of others. In this scenario, there is no doubt about the evil person's motive to kill and the *proximate* need to use a weapon for defensive purpose. In this setting, clearly we should defend ourselves and others. This is not *vengeance* nor proactive use of weapon sans *proximate* jeopardy of one's life. Our death in the hands of an evil person should not be a *teaching moment* to witness for Christ which can be more effective with us alive. There is a time to die for our beliefs, but not in this particular setting. There will be plenty of time within our short lifetime. This position is not in any way to cast aspersion to those who may

prefer otherwise and *die for the gospel*.

Rev Piper's position, on the other hand, is summarized in: A natural instinct is to boil this issue down to the question, *Can I shoot my wife's assailant?* In my humble view, if one's motive to use lethal means is to inflict an *eye for an eye* judgment to your wife's assailant when your own/or other's life is not at *proximate risk*, then this response is wrong and falls under *yourself being judge and jury* to convict. We have secular laws where this scenario belongs and can adequately serve justice.

Also, Rev Piper took Rev Falwell's comment to mean *revenge*, although this may not necessarily what he meant. See <http://www.desiringgod.org/articles/should-christians-be-encouraged-to-arm-themselves>

Continuing to quote on Rev Piper's position: Peter's aim for Christians as sojourners and exiles on the earth is not that we put our hope in the self-protecting rights of the second amendment, but in the revelation of Jesus Christ in glory. **1 Peter 13; 4:13, 5:1.**

His aim is that we suffer well and show that our treasure is in heaven, not in self-preservation. Does *proximate self-defense* necessarily mean *revenge* or self-preservation, as in preferring life over death, no matter what?

As critique of Rev Falwell Jr's position is in order, and so it is for Rev Piper's. Let us then analyze the biblical references the latter quoted: **Rom 12:1-21** In this whole Chapter, Paul was referring to how Christians should respond to evil and

summarized in, Beloved, never avenge yourselves, but leave it to the wrath of God, for it is written, *Vengeance is mine, I will repay, says the Lord*. This verse has nothing whatsoever referring to self-defense in a situation of *proximate loss of life*. We certainly should not use any weapon for *vengeance*.

Proximate self-defense is not synonymous with *vengeance*. Romans 13:1-4: *Let every person be subject to the governing authorities. For there is no authority except from God, and those that exist have been instituted by God. Therefore whoever resists the authorities resists what God has appointed, and those who resist will incur judgment. For rulers are not a terror to good conduct, but too bad. Would you have no fear of the one who is in authority? Then do what is good, and you will receive his approval, for he is God's servant for your good. But if you do wrong, be afraid, for he does not bear the sword in vain. For he is the servant of God, an avenger who carries out God's wrath on the wrongdoer.*

Again, this has nothing to do with *proximate self-defense* but for us to understand that God uses *governing authorities* (certainly not ISIL?) on *wrongdoers* and *rulers are not a terror to good conduct*.

True, the apostle Peter teaches us that Christians will often find themselves in societies where we should expect and accept unjust mistreatment without *retaliation*. But, the following verses in **1 Peter** are not an interdiction against *proximate self-defense*.

This is a gracious thing, when, mindful of God, one endures sorrows while suffering unjustly. I Peter 2:19).

Endurance and suffering suggest being alive, not being dead in the hands of terrorists; nothing to do with self-defense. *If when you do good and suffer for it you endure, this is a gracious thing in the sight of God. I Peter 2:20)* Suffer and endure here again suggest being alive.

Do not repay evil for evil or reviling for reviling, but on the contrary, bless. **I Peter 3:9**. Again repay and reviling suggest being alive.

If you suffer for righteousness' sake, you will be blessed. I Peter 3:14. Suffer here again suggests being alive. *It is better to suffer for doing good, if that should be God's will, than for doing evil. I Peter 3:17.* Suffer here again suggests being alive as dead people do not suffer.

Do not be surprised at the fiery trial when it comes upon you to test you, as though something strange were happening to you I Peter 4:12.

Note: a surprise and test, suggestive of being alive. *Rejoice insofar as you share Christ's sufferings, that you may also rejoice and be glad when his glory is revealed. I Peter 4:13.* Share is being alive.

If you are insulted for the name of Christ, you are blessed. I Peter 4:14. Insulted not death.

If anyone suffers as a Christian, let him not be ashamed, but let him glorify God in that name. I Peter 4:16. Suffer here again

suggests being alive, as well as ashamed and glorify.

Let those who suffer according to God's will entrust their souls to a faithful Creator while doing good. I Peter 4:19). Suffer and doing good here, again suggest being alive.

Also, not about proximate self-defense on **Luke 21:12-19**. *They will lay their hands on you and persecute you, delivering you up to the synagogues and prisons, and you will be brought before kings and governors for my name's sake. This will be your opportunity to bear witness. . . . You will be delivered up even by parents and brothers and relatives and friends, and some of you they will put to death. You will be hated by all for my name's sake. But not a hair of your head will perish. By your endurance you will gain your lives.* Here, they would be taken prisoners, opportunity to bear witness, alive and not dead, to be witnesses.

According to Rev Piper, This article is about the people whom the Bible calls "refugees and exiles on earth; namely, Christians. It's about the fact that our weapons are not material, but spiritual 2 **Corinthians 10:4**. It is an argument that the overwhelming focus and thrust of the New Testament is that Christians are sent into the world — religious and non-religious — as lambs in the midst of wolves **Luke 10:3**. And that exhorting the lambs to carry concealed weapons with which to shoot the wolves does not advance the counter-cultural, self-sacrificing, soul-

saving cause of Christ. On the preceding quote, certainly, no one should shoot the wolves, just because we carry weapons or because they are wolves. Rather, when our life is in actual, not assumed jeopardy from these wolves already attacking us, then there is no prohibition to proximate self-defense.

On the commentary regarding Jesus' rebuke of the use of a sword:

1 - Against the high priest's servant **Luke 22:49-51**. Jesus correctly rebuked his disciples because the Roman soldiers were not there to kill anyone but to merely take or apprehend Jesus to be delivered to the Sanhedrin and subsequently to Pilate; otherwise there would be no formal charge against Jesus of blasphemy, conviction and sentence to death. There was no proximate risk to anyone's life in the garden of Gethsemane and use of sword was not proximate self-defense.

2 - The church's nonviolent response to persecution: **Acts 4:25-31** *Who by the mouth of thy servant David hast said, Why did the heathen rage, and the people imagine vain things? The kings of the earth stood up, and the rulers were gathered together against the Lord, and against his Christ.*

For of a truth against thy holy child Jesus, whom thou hast anointed, both Herod, and Pontius Pilate, with the Gentile, and the people of Israel, were gathered together, For to do whatsoever thy hand and thy counsel determined before to be done. And now, Lord, behold their

threatenings:

*and grant unto thy servants,
that with all boldness they
may speak thy word,
By stretching forth thine
hand*

*to heal; and that signs and won-
ders may*

*be done by the name of thy holy
child Jesus.*

*And when they had prayed,
the place was shaken where
they were assembled together;
and they were all filled with
the Holy Ghost, and they
speak the word of God with
boldness.*

The setting here in the whole Chapter 4 (and starting in Chapter 3) was Peter and John were preaching about Jesus, his death/ resurrection and healed a man known to everyone as lame from birth. About 5,000 people believed them. They were then taken or apprehended by religious authorities and *threatened* to be harmed (or killed?) unless they refrain from preaching the gospel. A lot of people knew what happened and if they were harmed at all, the Sanhedrin authorities would be blamed. It is obvious that those were *empty threats* and eventually they were released. In all of this story, there life was never in *proximate jeopardy of losing*. Nowhere in the whole narrative was there an indictment of self-defense and the element that qualifies *proximate self-defense* was never present.

Acts 8:1-3: Here, it was about Paul taking Jesus followers *to prison*. Again, absence of situation that qualifies for *proximate self-defense* nor any interdiction against it.

Acts 9:1:2

*And Saul, yet breathing out
threatenings and slaughter
against the disciples of
the Lord, went unto the
high priest.*

FOR THE LEAST OF OUR BRETHREN

continued from page 3

medical-surgical mission in
Cabiao and San Isidro, Nueva



EDMUNDO F
RELUCIO MD

Ecija, sponsored and funded by the RSCF, and to be joined by approximately eight to 10 volunteers from Chicago and by several past and present RSCF

scholars. The latter include physicians and physical therapist and their friends and colleagues.

Some of the mission volunteers are Amparo and Honor Cezar, Aida and Tony Ramirez, Lydia and Dan Nantes, Nellie Ronquillo, Norma Arias MD and six local doctors.

Later, Dr. Relucio will participate the medical-surgical mission in Sagay City, Bacolod sponsored by the North Texas Medical Mission Team, headed by DAS ANDRES MD⁷⁰.

Then he will attend the FEU-NRMF annual reunion scientific meeting where he is an outstanding alumnus awardee in leadership, will preside on the annual meeting of Marian stock holders, and again met with the Achievers Academy to discuss the progress and problems if any. Lastly he will meet with

the local RSCF officers of his foundation together with past and present scholars to discuss their problems and progress. Current scholars include a 3rd year medical student, 2nd year engineering and others.

He commented *It is a great privilege to serve the Lord thru the least of my brothers and sisters. And I thank Him so much for giving me my new life so I can continue serving my Lord and Savior.*

MEDICAL MISSIONS

continued from page 3

alone see a doctor or nurse, in

Please tear down this barrier; make it easy to send our humanitarian donations. Remove the bureaucratic wall in the Bureau of Customs. It is the thorn encountered in the path of



CESAR D
CANDARI MD

humanitarian help to the suffering underprivileged Pilipinos.

If this candidate promises to resolve the impediments in the Bureau of Customs, it will increase his popularity and gain plaudits from *botantes*. The Pilipinos will take notice, the 65% of them languishing in poverty, acutely needing free medical services.

We appeal and encourage this candidate to consider the following pragmatic proposals coming from Pilipino American expatriates.

View <http://bit.ly/MedicalMission2Phil>
Platform proposal.

Welcome, encourage, and support charitable foreign medical missions to the Philippines.

Facilitate the importation and customs-clearance of mission-related goods and supplies, free of any duties, taxes or fees of any kind.

Benefits. In foreign medical missions to the Philippines bring much needed primary health care services, medicines and assistive devices to indigent Pilipino families and individuals who are unable to see a health professional or afford prescription medicines and/or basic assistive devices for their medical condition.

Foreign medical missions also bring additional humanitarian aid or emergency medical relief to those affected by natural disasters and other calamities. Specific Recommendations

Facilitate the clearance by the Bureau of Customs of medical equipment (including test equipment), medicines, vitamins, assistive devices, medical supplies, reading eyeglasses and the like that are brought in by charitable foreign medical missions and which are required in the pursuit of their mission.

No customs duties, taxes or fees of any kind relating to the handling, clearance or importation of such goods shall be imposed.

There shall be created within the Department of Health an Office of Foreign Medical Missions responsible for providing information, guidance and assistance to foreign medical missions, including guidance on licensure, information on target localities,

local medical groups and non-governmental offices and other issues.

Embassies and consulates shall have an information officer trained and equipped to assist foreign medical missions with travel information and other travel-related requirements. A simple, streamlined process for accrediting foreign medical missions for the purposes of facilitating entry of medical and other volunteers and goods associated with the mission shall be developed and made available on-line.

TENDERLY YOURS

continued from page 2

good weather so as to avoid delays in the flight. Ditto with the return flights.



NOLI C
GUINIGUNDO MD

I have requested a meeting with the local FEU-

NRMF Alumni Society as per request of our Alumni Foundation chairman Oscar Tuazon MD.

FEU-NRMF Alumni Society outgoing president Ravelo Bartolome MD has also indicated that Thursday, January 21st is also their election, when we are scheduled to attend the *Barrio Fiesta* that evening.

Some of us did not make it to the *Balik-FEU 2015*, so the *Barrio Fiesta* would be quite foreign to me. It used to be a welcome reception and a dinner affair with the FEU-NRMF

administration and local officers of the society present. But just the same, we look forward to the affair.

I did not get a yes or no response from Dr Bartolome and I have indicated the same to Dr Tuazon.

It is presidential election time in the Philippines and from my point of view there are two or three *hopefuls* for President. The same way with the vice presidential *hopefuls*. A vice president did not have to come from the same party to win unlike here in the United States.

It happened a few times that we get a vice president from a different political party. We hope and pray the winners will actually help our fellow countrymen who are victims of political oppression. We need to see definite improvement in the political situation in our country.

A definite improvement in the economic situation especially of our poor *kababayans*. They suffer and suffer year in and year out. There does not seem to be an end in sight. I am aware of some supplications from our medical leaders, especially Philip Chua MD on the improvement of our economic situations and well-being and redemption. It looks like such go to deaf ears and things are done as usual, the usual fashion in the everyday life of our poor countrymen.

Lord, have mercy on the Pilipinos, bless them in their undertaking, continue our prayers in Baclaran, Quiapo, on bended knees...

FAITH CORNER

continued from page 2

compressed the commandments into two: *Love the Lord your God with all your heart, and with all your soul, and with all*



REV MELVIN
ANTONIO MD

your mind, and with all your strength and love your neighbor as yourself **Mark 12: 29-31.**

But because we are born in sin, we fall short of

perfection.

This is where the story of Jesus Christ comes into play – His incarnation, His birth, His death, His resurrection, His ascension and the promise of His return to judge the living and the dead. In sharing this story, Christians everywhere get to share the grace of God in Jesus Christ. This story is shared through the Creeds that we recite in our worship services. These Creeds (Apostle's, Nicene, Athanasian) contain words that confess our faith as Christians, words that express our beliefs. Through them, we share the story that binds us together as Christians.

The **Apostle's Creed** is most commonly used at worship services:

I believe in God the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the power of the

Holy Spirit, born of the Virgin Mary, suffered under

Pontius Pilate, was crucified, died and was buried.

He descended to the dead.

On the third day, he rose again; he ascended into heaven; he is seated at the right hand of the Father and he will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints,

The Forgiveness of sins, the resurrection of the body and the life everlasting. Amen.

So there you have it. In this confession of faith, we bear witness

FEU-NRMF

Most Outstanding Alumni in Career Achievement

continued from page 1

Award in 1997, with Pediatric Association of North America scientific paper.



HON ROGELIO J
ESPINA MD

In 1996, he passed the specialty board examination as diplomate of the Philippine Board of Orthopaedics, and just a year later, he passed the board as

fellow of the Philippine Orthopaedic Association.

On May 14, 2001, he was elected as the 3rd governor of Biliran since it became a regular province in 1992. In a span of 9 years, he gave a new meaning to public service and local governance. He devised, introduced and implemented

numerous programs which are considered as *firsts*, in so much that they touch and improve the lives of the Biliranons in diverse areas such as agriculture and fishery, health and nutrition, education and information technology, infrastructure and utilities, tourism and environment, social welfare and economic development. In order to improve his administrative skills, he attended a number of training programs, notably the international executive short course on good governance in Bangkok, Thailand in 2004 and the seminar on improving the quality of health services at the Harvard School of Public Health in Boston MA in 2007.

Moreover, to engage in continuing programs for the development of the province, he was fortunate to join the League of Provinces of the Philippines benchmarking on delivery of basic services held in Australia on August 25 to 30, 2009.

As three-term governor of his province from 2001-2010, Biliran dropped from the list of top 20 poorest provinces in the country in 2006 and became the number one most improved province.

Due to his local governance advocacies in health, he was awarded Hall of Fame by the Department of Health's **Sandugo Award** for local chief executives for bagging the regional and national competitions for the years 2003, 2004 2005, he received Hall of Fame Award for winning the third, fourth and fifth time in a row in 2005, 2006 and 2007 respectively.

He was chosen as one of the six national finalists of the search for Most Outstanding Governors of the Philippines under the Local Government Leadership Awards for 2006 and a Special Citation from Senator Aquilino Pimentel representing the Local Government Academy for his distinguished achievement of rising to the level of local chief executives who spouses service excellence.

On May 20, 2009, before he stepped down as governor, he received for Biliran Province the **5th Gawad sa Makataong Pag-unlad Para sa mga Lalawigan: May Malaking Pag-angat sa Kaunlarang Pantao** from the joint collaboration of the Philippine Human Development Network, United Nations Development Program, New Zealand Agency for International Development and the Philippine Institute for Development Studies, for making Biliran the top 2 among the provinces nationwide with the highest improvement in the *human development index* based on the Philippine Human Development Report of 2008-2009.

On July 29, 2013 Representative Espina, and Governor Gerardo Espina Jr, became recipients again of the same award **Gawad sa Makataong Pag-unlad Para sa mga Lalawigan: May Malaking Pag-angat sa Kaunlarang Pantao**, by the Human Development Network (HDN) funded by the United Nations Development Programme (UNDP). The award was the result of the joint statistical research of the HDN,

UNDP and National Statistical Coordination Board (NSCB) for the *most improved Philippine provinces* from 1997 to 2009. Out of the 80 Philippine provinces in the list, Biliran province had been easily promoted from its 44th rank in 1997 to its 13th rank in 2009, because of the combined efforts of the people of Biliran and political leaders during his administration to consistently upgrade the provincial healthcare services, educational system and infrastructure.

In July 2010, he started serving as representative of the lone district of Biliran. During his leadership as chairman of the committee on population and family relations, the responsible parenthood and reproductive health act of 2012 (Republic Act #10354) was passed into law which promotes effective natural and modern methods of family planning that are medically safe.

Furthermore, his tourism bill was passed into law, Republic Act #10409, otherwise known as ***an act declaring the province of Biliran as a tourism development area*** and providing funds therefor in the 15th Congress which realizes his province's full tourism potential. As advocate of population and development, he was privileged to attend the Asia Forum of Parliamentarians on population and development in regards to gender and international conference on population issues on October 28 – 29, 2010, in Kazakstan.

While in the 16th Congress, Republic Act #10645, otherwise known as ***the expanded senior citizens act of 2010*** was enacted

on November 5, 2014 providing mandatory Philhealth coverage for all senior citizens.

One of his priority bills is House Bill #4199 also known as ***the telehealth act of 2014*** --- *an act promulgating a comprehensive policy for a national telehealth system with the use of advanced communications technology in the Philippines and to provide Funds thereof*

Representative Espina has also pushed for the immediate passage of House Bill #5431 *an act establishing a maternal and child health care program to protect Pilipino mothers and children from malnutrition and appropriating funds thereof*, saying it is imperative to provide prenatal and postnatal maternity care service to a pregnant woman in order to protect her health as well as ensure the nutritional diet of her newborn baby to eradicate malnutrition particularly within 1,000 days or 2 years of age.

He recently attended the Asean Population and Development Association meeting, addressing population issues from a life-cycle perspectives on November 27-28, 2014 held in Tokyo, Japan.

He utilized his congressional allotments for the construction of various infrastructure projects throughout his mainly agricultural district, such as farm-to-market roads, multi-purpose buildings, schools, and healthcare facilities.

He also financed several livelihood programs to provide Biliranons alternatives to traditional sources of income, namely fishing and farming. Further, he helps intelligent but

financially less fortunate students. At present, he has 2,200 college scholars in the province of Biliran.

He is the vice-chairman in the committee on health and member of congressional oversight on responsible parenthood in the Lower House.

He is a member of committee on appropriations, aquaculture and fisheries resources, energy, games and amusements, higher education and technical education, public information, science and technology, tourism and transportation.

Representative Espina is a diplomate of the Philippine Board of Orthopaedic and a fellow of the Philippine Orthopaedic Association. Further, a member of Philippine Medical Association and Biliran Medical Society.

He is an honorary member of *Alpha Phi Omega* fraternity. He is married to fellow doctor, Cecil Mendiola-Espina MD and blessed with three children, Gerry Victor, Gerard Roger and Gretchen Stephanie.

PRESIDENT'S Message

continued from page 1

contributions to the monetary award to the outstanding faculty of FEU-NRMF in 2009- 2011; and to all alumni who had donated to our Alma Mater.

Special thanks to
CESAR V REYES

MD⁶⁸ and **Dean LINDA D TAMESIS MD⁸⁵** for their concern, dedication and efforts

in coordinating the support of the financially- handicapped medical students.

The most outstanding faculty annual award was initially a \$2000 award. Since 2009, the amount was cut to \$1000 upon the passing of Dr Leopando.

Dr Leopando, Dr Lagrimas and yours truly established this award to help enhance the teaching standard, improve the faculty-student relations, and to bring out to the classrooms the best of the faculty. The medical students in each class from the first year to internship select the outstanding faculty based on certain criteria.

As the Alumni Foundation president, I am required to attend the 41st *Balik*-FEU reunion homecoming January 20-23, 2016, in West Fairview, Quezon City, and at the Crowne Plaza Hotel in Quezon City.

I am looking forward to meet with the officers of the local FEU-NRMF Alumni Society to resolve some issues regarding the celebrating classes and coordinate our projects and implement them that is fair and beneficial to both organizations.

The most important meeting is with the FEU-NRMF administrator, the dean, hospital director and the department heads of the medical schools and hospital.

Last year Dr Danny Fabito, Dr Ed Relucio and yours truly were present in that meeting. The dialogue was cordial, informative and stimulating --- all for the improvement and advancement of our alma mater to be the top medical school and medical center in the country.

This is a significant meeting because it will impact us all.

I am also attending the award ceremonies on Wednesday, January 20th at the Crowne Plaza Hotel during the FEU-NRMF 45th anniversary as a medical foundation.

Forty five outstanding alumni locally and abroad will be honored.

MANUEL A MALICAY
MD⁷² FACP FASH

COMMENTS

Editorials, news releases, letters to the editor, column proposal and manuscripts are invited. Email submission, including figures or pictures, is preferred.

PMAC News

Deadline for February 2016 issue
February 3, 2016

Please address submission to
acvrear@gmail.com

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ECTOPIC MURMURS

Deadline for
February 2016 issue
February 17, 2016

Please address submission to
acvrear@gmail.com



MANUEL A
MALICAY MD



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- Class⁸¹ (Coral Jubilee)
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