



ECTOPIC MURMURS

Volume 28

Number 9

February 2016

Opinions and articles published herein are those of the authors and do not necessarily reflect that of the FEUDNSM Alumni Foundation

2016 Arthur Purdy Stout Award dedicated to FEU-NRMF

A rising star. A comet. One in a million. The first Pilipino to receive the most prestigious Arthur Purdy Stout Award.

Gladell P Paner MD⁹⁷ will be recognized with the highly coveted prizes in surgical

pathology on Sunday, March 13th, during the 2016 annual meeting of the USCAP (United States Canadian Association of Pathology) in Seattle.



GLADELL P PANER MD

The Arthur Purdy Stout Award, named for a past director of surgical pathology at Columbia University, includes an amount of \$2500, handed annually to a surgical pathologist under the age of 45.

The honor is intended to recognize significant career achievements in surgical pathology by young surgical pathologists whose research publications, whether clinical or basic, have had a major impact on diagnostic pathology.

Last year's recipient was Adeboye Osunkoya MD, associate professor of pathology and urology of the Emory University, who authored the best paper published in **Human**
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CHAIRMAN'S

Message

On behalf of the FEUDNRSM Alumni

Foundation and my family I



OSCAR C TUAZON MD

would like to extend my deepest sympathy and condolences to the untimely death of one of our board trustees Jose B

Delfin MD. He was doing a medical surgical mission work in Olongapo City. To Amelia

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FEUDNRSM

Alumni Foundation

Winter Board Trustees Meeting

Saturday, March 19, 2016, Marriott Hotel

International Airport Miami FL 1201 NW

4^{2nd} Street (Lejeune Road), Phone 305-

649-5000, room rate \$189 per night

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PRESIDENT'S

Message

My message for February 2016 includes a historic event and sad news.

The FEU-NRMF (Far Eastern University Nicanor Reyes Medical Foundation) celebrated its 45th founding anniversary by

honoring 45 most outstanding alumni at the Crowne Plaza,

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MANUEL A MALICAY MD

FEU-NRMF Most Outstanding Alumni 2016

Forty five alumni were honored during the 45th anniversary of the Far Eastern University- Dr Nicanor Reyes Medical Foundation during the recent Balik-FEU, held at the Crowne Plaza Galleria in Mandaluyong, MetroManila.

FEU-NRMF board of trustees chairman, Nicanor C Reyes III called the honorees as *the first batch of alumni who exemplify what is great about FEU-NRMF... Men and women who are a testament to our tradition of excellence.*

President Atty Antonio Abad praised these *alumni who have carved out for themselves a niche in their respective field of expertise characterized by leadership, commitment and excellence. As these outstanding men and women reap the fruits of success, your proud Alma Mater will bask in reflected glory for the laurels they have achieved for God, country and people!*

For **FEU-NRMF** acronym: **F** is for fidelity, a devotion to duty, loyalty to profession and the Foundation; **E** is excellence, the highest standards in education, healthcare and research; **U** is universality to regard everyone with equity and respect; **N** is nationalism, for the love of country; **R** is responsibility, for social and government accountability; **M** is for morally upright, adherence to moral and ethical principles; and **F** for family-oriented cognizant of the role of the family in education, healthcare and research.

continued at next page

LEADERSHIP



**GREGORIO A
ANDAMAN JR MD**



**PHILIP S
CHUA MD**



**RECTO F
DE LEON MD**



**REYNALDO B
DE VEGA MD**



**DANIEL C
FABITO MD**



**LILIA P
LUNA MD**



**NARDITO D
MORALETA RMT**



**MANUEL M
PO MD**



**EDMUNDO F
RELUCIO MD**



**GENESIS C
RIVERA MD**



**REY M F
SANTOS MD**



**SYLVIA P
BANAL-YANG MD**

CAREER ACHIEVEMENT



**BENJAMIN T
AGUILA DPT**



**MARIA C C
AGUILA DPT**



**FERNANDO G
AYUYAO MD**



**GENER T
BECINA MD**



**ROGELIO J
ESPINA MD**



**RONALD E
KEMPIS MD**



**NEMA FLORES
LINTAG RMT**



**FREIDERICH S
MANGULABNAN DPT**



**LEONARDO A
ONA JR MD**



**FILIPINAS F
PAPA RMT**



**JOANN L
SANTOS RPT**



**ROLANDO M
SOLIS MD**



**KIM SHI
TAN MD**



**EFREN R
VICALDO MD**



**JOAN L
VICENTE DPT**

EDUCATION



**MELANIO G
CRUZ JR MD**



**LIBERATO C
DE LA ROSA MD**



**REMEDIOS T
HABCON MD**



**MANUEL A
MALICAY MD**



**REYNALDO A
OLAZA MD**



**EMELIE H
ONGCAPIN MD**

GROUP ORGANIZATION



FEUDNRSMAF Alumni Foundation



ELIZABETH D PORRAS MD

COMMUNITY SERVICE



ARTURO S
BASA MD



LILIBETH B
MARTIN RMT



CESAR D
CANDARI MD



PEDRO JARA
OBREGON II MD



CELERINA V PAPA MALINIT MD

RESEARCH



WINIFRED U
DELEON BSMT



MAY N BOOK
MONTELLANO MD



LEONARDO I
ORTEGA MD



GLADELL P
PANER MD

LETTER TO THE EDITOR

Greetings to all fellow FEU-NRMF alumni.

I also want to thank you for the monthly online copy of the **ECTOPIC MURMURS**, and have always enjoyed reading it.

First, I am writing on behalf of a fellow medical alumni who is having both medical and financial difficulty.

She came to the United State to visit her son here in Texas. When she arrive in 2014, she got sick, developed a non-healing left foot ulcer, peripheral vascular disease due to diabetes mellitus, with acute superimposed on chronic kidney disease. She has marked anemia requiring blood transfusion. This was followed by a below-knee leg amputation which she did well post operatively.

She has no health insurance. She does not yet have a green card immigration card and so she is not eligible for Medicare or Medicaid.

Fortunately in the neighborhood where her son lives, there is a free medical clinic, the Sacred Heart Medical Clinic in Round Rock TX, where I volunteer as clinic physician and has been taking care of her.

Most of her multiple medications are provided free by the clinic. However, she need a leg prosthesis which is expensive without health insurance coverage.



RICARDO
TARUN MD

She also needs to have laser therapy for diabetic retinopathy.

Any financial help from the FEUDNRSMAF medical alumni general fund or from any Class fund, perhaps if the Class⁶⁷ has such fund.

I know that our Class⁶⁷ has funds but my understanding is that this was turned over to the general fund of the Alumni Foundation.

I purposely does not list her name but her son can be contacted.

Her son is Dee J Gumabao, email djag103172@yahoo.com and telephone 512-658-4572.

Secondly, calling all Class⁶⁷ alumni who happen to receive and read the **ECTOPIC MURMURS**. Our Class⁶⁷ Golden Jubilee is next year; and it is now time to make plans.

Those whose e-mail were probably contacted by Bert Poquiz MD who with his wife Cely Poquiz are organizing a planning meeting.

It has been agreed to have this meeting on board a cruise ship, the Carribean Oasis of the Seas, from April 30, 2016 to May 6 2016.

I urge all Class⁶⁷ alumni to come to this meeting. It will be fun; and it is better than being in a land vacation such as hotel.

I am sure most or all of us have had experience cruise vacation.

My wife and I recently happened to be on a Baltic cruise; and on that cruise there were so many Filipinos and it turned outto be a UST medical alumni homecoming. They really had a good time.

Please contact Dr Poquiz. email bpoquiz@gmail.com, telephone [817 236-1600](tel:8172361600) or [817 300 6554](tel:8173006554)

THANK YOU,
RICARDO D TARUN MD⁶⁷
104 Essex Lane
Georgetown TX 78628, and
Telephone 512-869-5805
Email rictarun@yahoo.com.

LETTER TO THE EDITOR

FEU-NRMF Class67 will be celebrating our Manila Golden

Jubilee come January 2017. Finalization of the 42nd Balik-FEU reunion homecoming and date are about to be confirmed after the FEU-NRMF

Medical Alumni Society board of trustees meeting next week according to alumni office secretariat, Cely Ocampo and Santi.

Thank you. God bless! Warm regards to all and I hope to see you during our Golden Jubilee celebration.

CELERINA PAPA MALINIT MD⁶⁷

ON PACKING HEAT *Commentary*

Dr Aladin Mariano provided an excellent critique on the issue of *packing heat*, citing opinions by two prominent clerics, Reverend John Piper and Reverend Jerry Falwell Jr.

Dr. Mariano states that the two clerics take opposing views on the issue of bearing and use of firearms, each using the Christian Bible as their source for justifying *packing heat*. He then used biblical quotations extensively in his discussion.

This is where I become uncomfortable when conclusions are based on biblical references.

I think that the Christian Bible is not meant to justify, one way or another, the possession, and/ or use

of weapons even in *proximate self-defense*.

The Bible is meant to be a guide with which to conduct our daily lives in a righteous manner, to bear witness to God as our creator, to Jesus Christ as our Savior, to affirm God's love towards His creation.

It (Bible) should not be used to bolster arguments regarding the possession and/ or use of firearms among other things. It becomes a slippery slope when that happens.

The Christian Bible has already been used and abused to legitimize slavery, oppression and injustice, even genocide. By doing so, Christians become no better than the radicalized few who cite holy books they believe in such as the Koran, to legitimize acts against non-believers, the infidels.

To use Scripture to justify *packing heat* is inappropriate in my opinion. In point of fact, the Second Amendment of the US Constitution that protects citizens' right to keep and bear arms was not based on Scripture at all, but for the security of a free state.

When it comes to the use of

weapons, secular laws define what is justifiable or what constitutes a crime. The term *justifiable homicide* is used when certain criteria are met. These differ from state to state and such criteria are not at all based on biblical interpretation. Justifiable as it may be, killing is still a homicide. The interesting fact is that bible references are not accepted as defense by a court of law in the United States. What the Bible says does nothing to acquit anyone of a crime.

Neither does saying, *The devil made me do it*.

I thank Dr Mariano for bringing this issue up at all because it is indeed a hot topic in the news media. As much as I respect the two clerics cited in Dr Mariano's article, I can only say that the issue of the right to bear arms and the right to use them has not ever come up in the churches that I have served and attended. Rather, the pulpit is used to announce the Gospel, the Good News of the Kingdom of Heaven.

REV MELVIN ANTONIO MD⁶⁵

ROLANDO SOLIS MD *at FEU Main Campus*



Rolando Solis MD receives a plaque of appreciation from FEU Board of Trustee Gianna Montinola and Chair Emeritus of the FEU Board of Trustees Dr Lourdes Montinola, after his lecture on *Ninoy Aquino, My Patient*, to the FEU student body, who was an alumnus of the FEU Institutes of Arts and Medicine.



CELERINA PAPA MALINIT MD



REV MELVIN ANTONIO MD

STUDENT ACHIEVEMENT AWARDS, *January 2016*

ABLAZA, ALYSSA CAMILLE	<i>PHYSICAL DIAGNOSIS</i>	JOSEFINO SANTOS MD	JOSEFINO SANTOS MD
ABLAZA, ALYSSA CAMILLE	<i>CLINICAL RADIOLOGY</i>	DRS TED & TERESITA MANUBAY	DRS TED & TERESITA MANUBAY
ALDECOA, KIM ABBEGAIL T	<i>INTRO TO PHYSICAL DIAGNOSIS</i>	CLASS ⁷¹	CLASS ⁷¹
ANTALAN, MAE CHARISSE	<i>REHABILITATION MEDICINE</i>	CLARITA R. DE LEON MD	DRS RICK & CLARITA DE LEON
BORLAGDAN, JAMILA JANE	<i>CFM I</i>	VIRGILIO PILAPIL MD	DRS FELIPE & LUCIA PILAPIL
CAUSAPIN, ANGELIE	<i>PSYCHIATRY</i>	AMELITA FLORES - RAMOS MD	AMELITA FLORES - RAMOS MD
CAYCO, AGNES MAY R	<i>CFM II</i>	CLASS ⁶⁹ DANILO AYOS MD	DANILO AYOS MD
CAYETANO, C DIANNE	<i>MICROBIOLOGY</i>	CLASS ⁶⁸	MANUEL PASIA MD
CO, JANINA GAIL	<i>PSYCHIATRY</i>	VICTOR FERMO MD	VICTOR FERMO MD
DE CASTRO, ANNEKA MAY	<i>REHABILITATION MEDICINE</i>	FEUMAANI	OLIVO LEOPANDO MD
ELINZANO, ALTHEA	<i>LEGAL MEDICINE</i>	CLASS ⁶⁹	ANTONIO KWONG MD
GALEON, JOSE PAOLO	<i>OPHTHALMOLOGY</i>	NOLI GUINIGUNDO MD	NOLI GUINIGUNDO MD
GALEON, JOSE PAOLO	<i>CFM III - A</i>	ALBERTO SORIANO MD	ADELAIDE IBAY-SORIANO MD
GREGORIO, JUDITH MARIE	<i>NEUROLOGY</i>	CLASS ⁶⁸	SALVADOR V DEL ROSARIO MD
HERRERA, CAMILLE Y	<i>CLINICAL THERAPEUTICS</i>	ROY CASTELO CABRERA MD	ROY CASTELO CABRERA MD
KU, KIMBERLY L	<i>INTRO TO RESEARCH</i>	MANUEL SANCHEZ MD	MANUEL SANCHEZ MD
LANSANGAN, V CHRISTIAN	<i>BIOCHEMISTRY</i>	WASHINGTON DC CHAPTER	WASHINGTON DC CHAPTER
LIM, IVY GRACE C	<i>CLINICAL SURGERY</i>	DR PETE & JUDY OBREGON	DR PETE & JUDY OBREGON
LIM, IVY GRACE C	<i>OBSTETRICS</i>	PMAC	PMAC
LIM, IVY GRACE C	<i>GYNECOLOGY</i>	DRS PRISCILO/ERLINDA GAVINO ⁶⁴	LESTER LEGASPI MD
LIM, IVY GRACE C	<i>CFM III - B</i>	CLASS ⁶⁹	LITA CINCO MD
LIM, IVY GRACE C	<i>MEDICINE</i>	FEUMAANI	OLIVO LEOPANDO MD
LIM, IVY GRACE C	<i>M O S - 3RD YEAR</i>	CESAR V REYES MD ⁶⁸	VILLASTIQUI
LIM, IVY GRACE C	<i>M O S 1ST - 3RD YEAR</i>	EDMUNDO RELUCIO MD	LUCILA RELUCIO
LINGAT, PIAN MARIE	<i>PHYSICIANRY</i>	SONIA AZNAR-FERRY MD	SONIA AZNAR-FERRY MD
MACARAEG, CHEFF STAN L	<i>HMME</i>	APOLINARIO MIRANDA MD	APOLINARIO MIRANDA MD
MOLANO, MARLON	<i>CLINICAL PEDIATRICS</i>	GENEROSA CALDERON-LAZOR MD	GENEROSA CALDERON-LAZOR MD
MORALES, MONALIZA	<i>MEDICAL JURISPRUDENCE</i>	CLASS ⁶⁹	ALFREDO ALONSO MD
NAVAL, RICA NELL	<i>LEGAL MEDICINE</i>	EDMUNDO RELUCIO MD	ATTY PEDRO I RELUCIO
NAVAL, RICA NELL	<i>OTORHINOLARYNGOLOGY</i>	DEL ROSARIO, RIVERO, et al	NATHANIEL YANGCO MD
NAVAL, RICA NELL	<i>MEDICINE</i>	CLASS ⁶⁹	JOSEFINA VILLAFRIA CRUZ MD
PALABAY, ROWLEENE	<i>BEHAVIORAL SCIENCE</i>	DAVID VILLANUEVA MD ⁷²	DAVID VILLANUEVA MD ⁷²
PANALO, ISABELLA	<i>MEDICAL JURISPRUDENCE</i>	SUSAN DABU-BONDOC MD	SUSAN DABU-BONDOC MD
PASCUAL, BENEDICT	<i>MEDICAL JURISPRUDENCE</i>	CLASS ⁶⁹	MACARIO CHAN MD
REYES, DANIEL EDGAR A	<i>PATHOLOGY</i>	CLASS ⁶⁸	DANILO ESPINELLI MD
REYES, DANIEL EDGAR A	<i>PHARMACOLOGY</i>	CESAR V NOLASCO MD	CESAR V NOLASCO MD
REYES, DANIEL EDGAR A	<i>LABORATORY DIAGNOSIS</i>	CLASS ⁶⁸	SALVE RONAN MD
REYES, DANIEL EDGAR A	<i>PHYSICAL DIAGNOSIS</i>	NORMA OLLER-MAGPOC MD	NORMA OLLER-MAGPOC MD
REYES, DANIEL EDGAR A	<i>M O S - 2ND YEAR</i>	CESAR V REYES MD ⁶⁸	DOMINGA V BARBERO
ROLDAN, ANNA CARMELA	<i>LEGAL MEDICINE</i>	VIRGILIO PILAPIL MD ⁶¹	ATTY EUSTAQUIO/ROSA LIBONAO
RUIZ, DAPHNE ELIZABETH D	<i>GROSS HSB</i>	EDWIN NOLASCO MD	EDWIN NOLASCO MD
RUIZ, DAPHNE ELIZABETH D	<i>MICROSCOPIC HSB</i>	ORLANDO AGNIR MD	ORLANDO AGNIR MD
RUIZ, DAPHNE ELIZABETH D	<i>MEDICAL PHYSIOLOGY</i>	RODOLFO MADLANG MD SAME	RODOLFO MADLANG MD
RUIZ, DAPHNE ELIZABETH D	<i>BIOCHEMISTRY</i>	CLASS ⁶⁸	RODOLFO MARTIJA MD
RUIZ, DAPHNE ELIZABETH D	<i>BEHAVIORAL SCIENCE 1</i>	VIRGILIO PILAPIL MD ⁶¹	ISIDRO/PURIFICATION PILAPIL
RUIZ, DAPHNE ELIZABETH D	<i>M O S - 1ST YEAR</i>	CESAR V REYES MD ⁶⁸	DOMINGA V BARBERO
SALIMO, RAFAEL PAOLO	<i>BASIC SURGERY</i>	CLASS ⁶⁸	ARMANDO PACIS MD
SALIMO, RAFAEL PAOLO	<i>DERMATOLOGY</i>	DAISY RAMOS MD	DAISY RAMOS MD
SUNGA, MIGUEL LORENZO	<i>PARASITOLOGY</i>	CLASS ⁶⁸	EDELMIRO SANTOS MD
SY, FRANCHETTE AN	<i>MEDICAL JURISPRUDENCE</i>	CLASS ⁶⁸	AMANTE LEGASPI MD
VALDEZ, JASMINE RUTH	<i>PSYCHIATRY</i>	CLASS ⁶⁹	JANE PERALTA-LEGASPI MD
VALENCIA, REDSON EERO	<i>PSYCHOPATHOLOGY</i>	CLASS ⁶⁹	JUAN ACOSTA MD
VIDAL, MARIA JOSEFINA	<i>BASIC PEDIATRICS</i>	VIRGILIO PILAPIL MD ⁶¹	DALMACIO/EUSEBIA DE ROCA

FAITH CORNER

REV MELVIN ANTONIO MD⁶⁵

I have always been intrigued by what *I took a leap of faith* means. We commonly think of it in spiritual terms, but in everyday life, is it a leap of faith to quit a job that pays well for one that

offers less security but is full of potential? Is it a leap of faith to volunteer for military service with all its risks of separation from family, deployment to areas of conflict? If so, then I qualify as one who took that leap.

In my 27 years of military service, I moved my family 13 times, participated in two large scale wars and four limited intensity conflicts. The upside of this experience was the chance to see the world. The down side was being witness to the horrors of war, memories that haunt me to this day.

Is it a leap of faith to give up a life surrounded by modern conveniences to perform missionary work in places where poverty and starvation are the order of the day? If so, then we must hold those who volunteer their time, talents and treasures to participate in medical missions around the world high up on a pedestal.

We recently lost a friend and colleague, Dr Jose Delfin during a medical mission in Olongapo City. A hospital run by **Doctors Without Borders** was bombed by *friendly forces* in Afghanistan with great loss of life. It is really hard to put a finger on defining a leap of

faith. Whatever it means, it begs the question, what drives people to take this leap of faith?

In the Old Testament we meet people who take a leap of faith – Abraham, Moses, Noah, the Prophets, many more. We meet an assortment of people who take that leap of faith in the New Testament as well – the Virgin Mary and her cousin Elizabeth, John the Baptist, the disciples, Paul and all the apostles.

In a faith-based relationship, there is an element of trust. We have to trust in something or someone to want to undertake an act that takes us out of our comfort zone. For someone in the military, it is trust that the nation will care for the safety and well-being of its members and their families in peace or in war.

To that end, I sometimes don't trust the way this country is being run by our elected leaders. That is why I think that casting your ballot during elections are a leap of faith for the ordinary citizen.

In the case of Abraham, trust in God is what took him out of his comfort zone, unhesitatingly uprooting his entire clan on God's promise of fatherhood of many nations. Biblical characters who took the leap of faith relied heavily on trust that the Lord would fulfill His promises. And now, as people of faith, we place our trust that God's promises are thoroughly fulfilled in Jesus Christ, the Messiah, the Promised One, the Word made flesh. In Christ, God has proven to be absolutely trustworthy.

During the Season of Lent, we are re-acquainted with

Jesus' decision to go to Jerusalem, knowing that death awaits him there, trusting in God's promise of the resurrection. There is so much to fear: war, disease, forces of nature, poverty, economic uncertainty, and hunger, with so little to count on for hope. In these times, we hear God's words to Abraham: *Do not be afraid. I am your shield.* This assures us that we live in a canopy of grace – God's mercy and love. God has the final word on our lives. Therefore, take the leap of faith, respond to the call to serve the Lord whatever form it takes, without hesitation, without fear. Take on the armor of God. Share your time, talents and treasures which are gifts from God that were meant to be given away to those who need them more than you do.

TENDERLY YOURS

NOLI C GUINIGUNDO MD ⁶²

Another saga had transpired at the FEU-NRMF in observing its 45th year, and fittingly gave awards to 45 most outstanding alumni for 2016.

To name a few of the awardees: Recto F De Leon MD, Daniel C Fabito MD, Edmundo F Relucio MD, Cesar V Reyes MD, Rolando M Solis MD, Manuel A Malicay MD, Emelie H Ongcapin MD, Arturo S Basa MD, Pedro J Obregon MD, Cesar D Candari MD. The forgoing alumni are among the FEUDNRSM Alumni Foundation members .



NOLI C
GUINIGUNDO MD

The awarding was held the night prior to the *Balik*-FEU grand Saturday reunion.

A summary of the *Balik*-FEU 2016 programme is, as follows:

Thursday, January 21st – consisted of registration, opening of exhibits, the 38th annual Dean Lauro H Panganiban Memorial Lecture, and of course the welcome reception.

Thursday and Friday, January 21-22, more lectures and most important of all, the Student Achievement Award distribution, which all excellent students were waiting for. The prestige and the money involved, which are a big help to all deserving students.

I handed three awards, including my wife Ding Guinigundo's excellence in ophthalmology.

Let me step back on the welcome reception, used to be *Balik*-FEU, now *Barrio Fiesta*. It was well attended and something new for a change. Prior to the *Barrio Fiesta*, we had a chance to talk to the newly elected officers of the FEU-NRMF Medical Alumni Society.

The new officers are now led by Rommel Z Duenas MD (and the outgoing president is Jose Ravelo Bartolome MD, very friendly and accommodating). For some reason, the proposed meeting with the FEU-NRMF Medical Alumni Society and FEUDNRSM Alumni Foundation was attended only by me and my wife Ding.

The local group had a 100% attendance, led by Dean Linda Tamesis MD who hosted me

and my wife all throughout the proceedings. The Dean is a very nice lady through and through. I asked for the usual membership of the Medical Alumni Society and it was mainly faculty members from the medical school.

The rest of the graduates who are automatically become lifetime members upon graduation go somewhere else

We will try to discuss this matter further later on.

The 41st grand alumni gala night was termed the *imprimatur* of the 1990s. The *musicale* was held at the Grand Ballroom, Crowne Plaza Hotel.

Jubilee celebrants in part: 1966 Golden, 1975 Ruby, 1985 Pearl, and 1990 Silver.

In Heat band was quite good and talented. Unlike previous



Noli Guinigundo MD, second from right, first row, receives the FEUDNRSM Alumni Foundation plaque for most outstanding alumni 2016 as a group.

for a good job.

Those who are able to go abroad are not able to find jobs as residents until they pass the USMLE.

Some alumni temporarily settle for different jobs not necessarily involving medical practice.

Still some are embarrassed to be members of the FEUDNRSM Alumni Foundation because they have no title, or are not practicing yet.

The latter status is the sad reality of the most recent medical graduates. Some with relatives in the United States are lucky to get to the US.

grand balls several Jubilarians were allowed to perform, and somewhat lenient on the time allotment for the speakers.

Food was also excellent .

My general impression is that the 41st celebration was quite excellent and the Silver Jubilarians and the FEU-NRMF Medical Alumni Society should be congratulated for a job well done and executed.

MABUHAY!

I see all members of the Alumni Foundation board trustees to our Winter meeting on March 19, 2016, at the Miami International Airport Marriott Hotel, and of course our annual 37th reunion scientific convention on July 6-

9, 2016, in Hilton San Francisco at Union States, California.

God bless you all.

IT'S ALL ABOUT LOVE

CESAR D CANDARI MD⁶¹

FCAP Emeritus, Henderson NV

February 14th is here again and I cannot be swayed from what is truth about Valentine's Day an extremely popular festival for millions starting back in the Middle Ages.

I know of many singles are frantically looking for a partner to adore on this day. Many are



CESAR D
CANDARI MD

wondering what kind of gifts to *turn-on* their potential lovers. I tell them, forget those chocolates and roses.

Give them a book to read about love written by so many writers, psychotherapists, philosophers, novelists and authors about the Spirit of Loving.

A great poet Rainer Maria Rilke stated with these words: *For one human being to love another human being, that is perhaps the most difficult task that has been entrusted to us, the ultimate task, the final test and proof, the work for which all other work is merely preparation.* For love, indeed, is not just a welter of feelings, or a rush of desire. When the fires have cooled down and only the embers remain, what then? There should be a deep attachment to the other, while at

the same time an expansion of the self. There should be deeper intimacy, but beyond all this there should be spiritual growth between the lovers.

Listen to Plato: *Love seems to me . . . A divinity the most beautiful and the best of all, and the author to all others of the excellences with which his own nature is endowed. Nor can I restrain the poetic enthusiasm which takes possession of my discourse, and bids me declare that Love is the divinity who creates peace among men and calm upon the sea, the windless silence of storms, repose and sleep in sadness, and fills our vacant hearts with overflowing sympathy. He gathers us together in such social meetings as we now delight to celebrate, our guardian and our guide in dances, and sacrifices, and feasts.*

From solitude to the soul - thus seems to be the direction that loves takes. When you love another person, one world ends, and another one begins. *Driven by the forces of love, the fragments of the world seek each other so that the world may come into being.*

As an early Greek myth puts it: *Eros, the God of Love emerged to create the earth. Before, it was all bare, silent, and motionless, now all was life, joy, and motion.*

We don't have to have LOVE relations with someone to celebrate Valentines Day; we just have to believe LOVE! Without love there is nothing. We should never take love for granted. We should always nurture the feeling so that it grows forever. This holiday we observe with our heart and soul

is an ultimate Splendor of celebrating, rekindling love and devotion, fresh intimate affection and relations, and new memories made to place us into the horizon of the moonlight. Love your love once. The greatest science in the world, in heaven and on earth - is LOVE!

What is love? Webster defines love as *a strong affection for another arising out of kinship or personal ties - maternal love for a child; attraction based on sexual desire: affection and tenderness felt by lovers; affection based on admiration, benevolence, or common interests - love for his old schoolmates.*

Love comes in many forms. Unconditional love, the love of a mother for her child, romantic love, the love for your partner and passion or lust, a more sexual emotion towards a person....

What is Love? In the American Heritage College Dictionary, the definition for love is a deep tender feeling of affection, and solicitude toward a person such as that arising from kinship of a sense of oneness. Knowing the literal definition is not enough for a person to fully understand the concept of love.

Love decides everything in this world. It doesn't have any conditions or boundaries. We don't know exactly what love is and where it comes from. But one thing is sure: we are nothing without love! There are times when we feel shy and timid, when we are afraid of expressing the love we feel. Being afraid of embarrassing the other person or ourselves we hesitate to say the actual words

I love you. One can say, *I love you* in many ways: by means of nice presents and little notes, smiles and sometimes tears.

Is there love and intimacy in non-sexual manners? Who said the soul mates can't have fun? Havelock Ellis puts it best for me: *Lovers in their play – when they have been liberated from the traditions that bound them to the trivial or the gross conception of play in love- are thus moving amongst the highest human activities, like of the body and the soul. They are passing to each other the sacramental chalice of that wine which imparts that deepest form of joy that men and women know. They are subtly weaving the invisible cord that binds husbands and wife (or lovers) to each other together more truly and more firmly.... And in the end – as may or may not be – they attain the climax of the free and complete union, then their human play has become one with that divine play of creation in which old poets fabled, that out of the dust of the ground and in his image, some God of Chaos created us.*

Valentine's day is romantic, nostalgia of the distant past that will remain forever in ones heart. This is a holiday to honor St. Valentine. It is a day of love, romance, and of course, lovers across the United States buy roses for their sweethearts, friends and loved ones. That is also true in our country- the Philippines. It is an extremely popular festival.

FEBRUARY QUOTE

Give all to love; obey thy heart.

Ralph Waldo Emerson

Juliet of Verona

Another one for Valentine Day.

The beautiful bronze statue in a romantic pose of Juliet in Verona, Italy, in front of a house wall with a second floor balcony is not of antiquity, but of recent creation by an entrepreneurial tour guide in the early 1970s.

Despite this dubious history, people from all the world, come to visit the place, touch Juliet's left breast, and write and pin notes--like the Wailing Wall in Jerusalem--to the secretaries of Juliet asking for love advice.

People, lovers and love seekers get pictures taken of them groping/ touching the right breast of the statue of Juliet. Why is this? For luck. There are also notes and *grafitti* in wall everywhere from lovers!

It is said if one touches the breast of Juliet it is for good luck in love.



When one is visiting this now-famous place, is obligated

to help rub the patina off Juliet's bronze right breast by gently rubbing it---without making a scene. This gives luck in love, or so the magic belief goes. One does not know if this refers to quantity or quality of love, as this seems to be a question that divides the sexes.

One can also declare love by sticking a proclamation(s) up to the ceiling of Juliet's house with bubble gum---a romantic notion.

It is simply a different unique way of fighting or looking for true love!

Next time you visit Verona, look for Juliet and rub gently her breast for luck in love!

HAPPY VALENTINE's Day!

VOTE WISELY 101

NAPOLEON ABANDO MD⁶⁸

This year is very important to the survival of the Philippines. It is a time when the electorate will vote for the president who will govern the country for the next six years.



**NAPOLEON
AB ANDO MD**

There are so much at stake with persistent and newer issues which must be tackled at the same time with Laser focus and speed. The result of this election will show whether we mature from the old Philippine politics of gold, guns and goons to the enlightened voters who will select the best person who can handle the problems ahead.

Different Types of Elections. Nationwide Elections - There are different

types of elections in the Philippines, the presidential and mid-term elections in scope and the other way is either national or local elections in terms of geographical representations.

The president, Vice President and 12 senators are elected for six years. The president can only serve for one term and are elected nationwide together with a party-list organization in the House of Representatives. The vice president can be reelected but it has never happened. The senators can be reelected for three consecutive terms only.

Party-list Representation

Since 1998, the Constitution gives representation to organizations of the marginalized or under-represented in the House of Congress. These are the laborers, teachers, youths even the communist party the *Anak-Pawis* and *Bayan Muna* party or any organization that the COMELEC (Commission on Elections) certifies that need representation in the Congress.

The party-list must garner 2% of the national votes to get a seat up to three seats if need be in the Congress. The party-list must not exceed 20% of the members of Congress per Hare Quota. At present there are 292 representatives and 250 are from a fixed district representation.

The voter elects the organization and the organization select their representative to be submitted to the COMELEC for certification.

Local Elections. The local elections are for the Representative from each

district to the House of Representatives and local governing officers. The elected officials of the *Sangguniang Panlalawigan* (Provincial Board) are the governor, vice governor and seven board members, the *Sungguniang Panglungsod* (City Council) are the mayor, vice mayor and four to 12 councilors and the president of all *Barangay* captains association.

The *Sangguniang Bayan* (Municipal Council) election is the same as all *Sungguniang*. They are elected for three years and can be re-elected only for three consecutive terms.

The ARRM has another set of elective officials on another day. It will soon coincide with the presidential elections every three years.

Election Dates. The presidential elections is held on the second Monday of May every sixth year and the local elections on same day but every three years after the year 1992. The elections before was in the second Tuesday of November for a four-year term.

The president and vice president then can be reelected. At present all the term of office ends on June 30 of the sixth year for the president, vice president and senators while the local elected officials on the third year of their term of office.

The *Barangay* elections are held on the last Monday of October and the term is three years and expires on November 30. The members of the *Barangay* council are captain, and seven *Kagawads* (Councilors). The youth group between the age 15 and 18 can

vote and run for the *Sangguniang Kabataan* with a chairman and seven *Kagawads*. Also same terms as the *Barangay* council.

Facts of Philippine Electorate. The Philippine population has now ballooned to 104,000,000 inhabitants with 54,363,884 registered voters and 1,761,067 absentee voters. A qualified voter must be 18 years of age, Pilipino citizen, residing in the Philippines for a year and at least six months in the place where he is registering.

The voter must not be disqualified by law in order to vote. The voter must register to obtain a COMELEC identification. The name must appear in the registered voters list and present his COMELEC identification to the precinct where he is listed.

Even if you are qualified but your name is not in the list you cannot vote. Since 2010, election is now done by shading the square opposite the name of the candidate for the position. The vote is now electronically computed. The local election results are tabulated by the COMELEC and the president, vice president are transmitted finally to the Senate and House of Representative (*Kongreso*). In case of a tie vote for either position the two houses voting separately elect the president or vice president.

Absentee Voters. There are 1,761,067 absentee voters registered. The absentee voters are of two categories, the local and the overseas absentee voters. The local absentee voters are any person and government or non-government

personnel who are unable to vote on that day.

The overseas absentee voters are those outside of the Philippines who are qualified voters. The absentee voters can cast their votes four months before or any day before election day.

Some of the overseas absentee voters are dual citizens about 6,000 of them. Locally in the Chicago consulate area there are 12,000 registered voters.

In the 2010 presidential elections 77% of the 50,000,000 voters went to vote. President Benigno Aquino III won 42% of the votes. Joseph Estrada was second and Senator M. Villar was third and others with minimal votes.

The Official Roster of Candidates. This year, according to the COMELEC there are five presidential and six vice-presidential candidates. One candidate for president was disqualified by the COMELEC but a temporary restraining order was granted by the Supreme Court. The candidacy is on appeal and in deliberation now in the Supreme Court.

There were other candidates but were deemed nuisance by the COMELEC. One Ambassador Roy Senares Jr was certified as a candidate for president from the Overseas Workers party but died a few days ago before he was able to withdraw from the race.

There are 50 senatorial candidates for 12 senatorial seats and 115 party-list groups trying to garner 2% of the national votes to get a seat of the 20% allocated by the quota in the House of Congress.

The constitution allows more than 250 members in the House of Representatives. Multiple senatorial candidates are listed as guests in more than one slate of the presidential parties.

Next issue on elections about the national candidates since overseas absentee voters can only participate in the presidency, vice presidency, senators and party list organizations elections.

Alumni Foundation

Winter Board Meeting

continued from page 1

The tentative AGENDA are, as follows:

- 1 – Call meeting to order, invocation by Dr Noli Guinigundo, and roll call;
- 2 – Minutes of previous meeting(s) by Dr Luzviminda Santangelo;
- 3 – Chairman of the Board's report by Dr Oscar Tuazon;
- 4 – President's report by Dr Manuel Malicay;
- 5 – Treasurer's report by Dr Grace Rabadam;
- 6 – Executive Director's report by Dr Pete Florescio;
- 7 – Various committees' reports:
 - 36th annual reunion scientific convention - Dr Daniel Fabito,
 - 37th annual reunion scientific convention - Drs Herminigildo Valle and Rick DeLeon,

Constitution and Bylaws - Drs Edgar Borda, N Guinigundo and Cesar Candari MD;

Financial and Investment – Drs Renato Ramos and G Rabadam;

Professorial Awards and Faculty Development – Dr Edgar Altares;

Jubilarian Awards – Drs Daisy Ramos, L Santangelo, and Nida Blankas Hernaez;

Continuing Medical Education – Drs CV Reyes, Celso del Mundo and D A Obena; **ECTOPIC**

MURMURS and annual memorial lectures – Dr CV Reyes;

Medical Missions – Drs Jun Castro and Roger Cave;

Preceptorship and Membership – Drs Renato Estrella and O Tuazon;

Donations and Fundraising – Dr D Ramos;

Website – Dr Philip Chua;

Medical School, Post-graduate Medical Education and Scholarships – Dr Hernani Tansuche;

Balik-FEU Homecoming - Drs Pepito Rivera and Minerva Rivera;

Nomination – Dr Delfin Dano; Endowment and Scholarship -

Dr H Tansuchi;

Balik-FEU January 20-22, 2016 – Dr O Tuazon;

Student Achievement Awards - Dr H Tansuchi;

Entrance Scholarship & Professorial Chair - Dr H Tansuchi;

Indigent Patient Care Funds - Dr Daniel Fabito;

Student Faculty Research - Dr D Fabito;

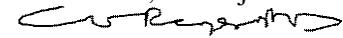
Faculty Development - Dr M Malicay;

Residency Program Assistance - Dr Ed Relucio; and Center for Postgraduate Medical Education - Dr D Fabito,

8 - Chapters reports: AR, DC, FL, FEUMAANI (Dr Richard Mon), Central IL, IN, KS, KY LA (Dr N Guinigundo), MD, MI (Dr David Vilanueva), MN (Dr Eugene Siruno), MO, NoCA (Dr Rick DeLeon), SoCA (Dr Licerio Castro), NJ, NV (Dr Melinda Fabito), NY (Dr G Rabadam), OH, TX, VA, WI (Dr Renato Estrella), WV (Dr Andy Rago), etc.

9 – Class reports: Class⁶¹, Class⁶⁶, Class⁷¹, Class⁷⁶, Class⁸¹, Class⁸⁶, Class⁹¹, Class⁹⁶, Class²⁰⁰¹, and other Classes.

10 – Next meeting: to be determined; and adjournment.



for **PETE FLORESCIO MD**

FEBRUARY IMAGES



Antonio Alfonso MD, center, 2016 Dean Lauro Panganiban MD annual memorial lecturer, receives a plaque of appreciation from FEU-NRMF president Atty Antonio Abad and Dr Panganiban's daughter (from left).



A representative group picture of the January 2016 Student Achievement Awardees with Poly Chua Chan MD, Atty Antonio Abad, Noli Guinugundo MD, FEUDNRSM Alumni Foundation president Manuel Malicay MD, Dean Linda Tamesis MD.



Class⁸⁵ Pearl Jubilarian Brock of Ages Dancers



Class⁸⁵ alumni at the 2016 Balik-FEU



Class⁸⁵ Pearl Jubilarians' group picture that includes Dean Linda Tamesis MD (first row, fifth from right).



Happy Times group picture for Class⁸⁵ Pearl Jubilarians



More *Balik-FEU* attendees: Nong Valdez, Abigail Castro, Romeo Lim, Manolito Reyes and Professor Vicente Porciuncula, from left.



A lot of smiles and some peace sign from Class⁸⁵ alumni



Some of the 2016 FEU-NRMF 45th founding anniversary most outstanding alumni in group picture with spouses



The **Philippine Medical Association in Chicago** medical surgical mission in Olongapo City: Elenita Rubio MD and Nunilo Rubio MD (left picture) and Ophelia Rallos MD and Laarni Moreno MD, right picture



The **FEUMAANI (Far Eastern University Medical Alumni Association in Northern Illinois)** medical mission in Bangued, Abra: Left picture show Drs Leilanie Mon and Angelito (in green shirts). A green T-shirt day for the Bangued medical mission volunteers with the Abra first lady Ruby Bersamin (second from right, first row).



A group picture of the **FEUMAANI** Bangued medical mission volunteers with the Abra first lady Ruby Bersamin and governor Eustaquio Bersamin (seated, center).

All about **CLASS**⁶⁸

MELANIO G CRUZ JR MD,
FPCS, FPAPRAS, MBA,
EdD, PhD



**MELANIO G
 CRUZ JR MD**

Our classmate who stayed put at FEU-NRMF and Metro Manila all these years, is one of the most outstanding alumni 2016 in education, recognized during the *Balik-FEU* 45th founding anniversary of the FEU-NRMF.

Dr Cruz started in emergency medicine (and has served as chairman of FEU-NRMF Hospital emergency room outpatient, and founded and was president of the Philippine College of Emergency Medicine), then practiced head and neck surgery (was president of the Philippine Academy of Head and Neck Surgery), later focused on plastic and reconstructive surgery (currently is section chief and full professor of

plastic and reconstructive surgery at FEU-NRMF, and went to receive:

- (1) highest distinction in doctorate in philosophy major in educational administration from the Manila Central University, and
- (2) highest distinction in doctorate in education major in educational administration and
- (3) high distinction in master of business administration major in management and
- (4) high honor in master of arts major in education administration from the FEU Institute of Graduate Studies.



The memorial service for **JOSE B DELFIN MD** (January 29, 1944 - January 23, 2016), was held on Saturday, February 6th at St Martha of Bethany Church of Morton Grove IL.

The church was wall-to-wall, standing-room-only, crowded with relatives, friends, and members of the Philippine Medical Association in Chicago, FEUMAANI, and Illinois Philippine Medical Society.

The Philippine Consul General of Chicago Generoso D G Clonge also graced the occasion.

Mrs Amy Delfin and her three children are coping well.

CLINICAL IMAGES

PRIMARY INTESTINAL LYMPHAGIECTASIA (WALDMAN DISEASE)

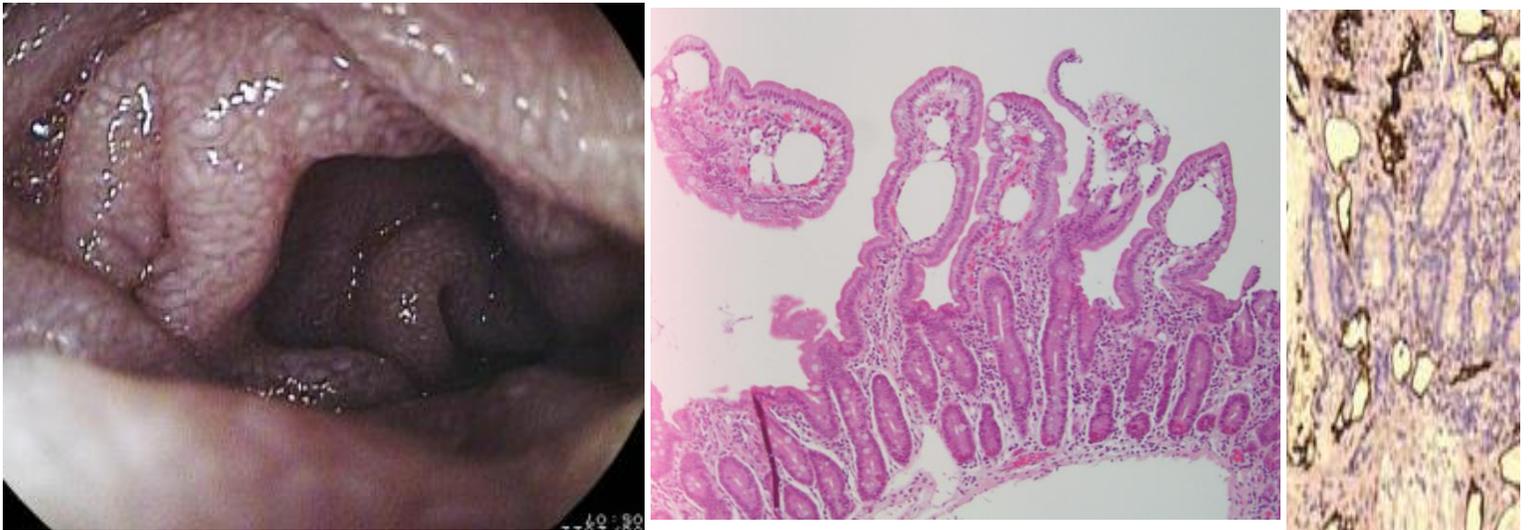


Figure 1 – Double balloon enteroscopy shows diffuse edematous mucosa in the small intestines, focally covered with enlarged and swollen villi containing whitish material. **Figure 2** – Multiple biopsies reveal many superficial dilated lacteals in the subepithelial lamina propria. **Figure 3** – Monoclonal antibody lymphatic endothelial cell immunostaining confirms the lymphatic origin of the lacteal lesions.

These **IMAGES** are from a 24-year old woman who initially complained of abdominal and back pain and ascites. Subsequent clinical work-up, imaging, obstetrical gynecologic consults, laparoscopy, pelvic centesis and three biopsy procedure suggested endometriosis which was not affirmed however cytological and histopathologically.

Pertinent laboratory data failed to demonstrate anemia, hypoproteinemia, lymphocytopenia.

Gastroenterologic consult and double-balloon enteroscopy showed diffuse edematous mucosa in the small intestines, covered with enlarged and swollen villi containing whitish material (**Figure 1**). Multiple biopsy confirmed the presence of superficial dilated lacteals in the enteric mucosal lamina

propria and muscularis mucosa (**Figure 2**), affirmed with immunostaining for monoclonal lymphatic endothelial cells (**Figure 3**).

Based on these findings, causes for a secondary intestinal lymphagiectasia were ruled out, including constrictive pericarditis, intestinal lymphoma, lymphenteric fistula, Whipple's disease, Crohn's disease, sarcoidosis, intestinal tuberculosis, systemic sclerosis, radiation and/ or chemotherapy with retroperitoneal fibrosis, or human immune-deficiency virus-related enteropathy.

Thus a primary lymphagiectasia or Waldman disease was made.

A therapy consisted of albumin and calcium supplementation and parenteral nutrition support was given to the patient. The patient undertook recipes that strictly

conformed to the low-fat and medium-chain triglycerides diet. The daily intake of cooking oil on medium-chain triglycerides was 25 g and the total fat intake must not exceed 40g/day.

After 10 weeks of dietary treatment, the patient's clinical manifestations and nutritional status were improved. The patient also no longer felt any discomfort in her daily life and work.

COMMENTS and LITERATURE REVIEW.

Intestinal lymphagiectasia is a rare disease characterized by hypoproteinemia, hypogammaglobulinemia pedal edema and lymphocytopenia, first detailed by Waldman *et al* some 50 years ago. Estimated measurements of the total body albumin pool using a radio-labeled albumin method are less while fecal excretion was increased. In some, steatorrhea was also present.

Biopsies of the small bowel are needed to confirm the diagnosis. These tissues show prominent dilated lymphatics in the lamina propria region of the villous structure, often with extension into submucosa

Other workers have commented that these changes may be difficult to detect since dilation of intestinal lacteals or lymph containing capillaries may be quite focal.

Familial presentations are also recorded. Most often affected were children and young adults, although even historically, diagnosis was initially also occasionally defined in older, even elderly, adults.

The precise cause of intestinal lymphangiectasia with enteric protein loss remains obscure. The dilatation of intestinal lymphatics results to the in severe leakage of lymph in to the gastrointestinal tract, which translates into loss of proteins, immunoglobulins and lymphocytes loss of lymph fluid into gastrointestinal tract. The changes are most often observed in the duodenum and can be either segmental, multifocal or diffuse.

The disease can be primary, ie, congenital, or as already alluded to above in the clinical abstract, secondary due cancer, rheumatic diseases, systemic lupus erythematosus, sarcoidosis, tuberculosis, pancreatitis, parasites, Budd-Chiari syndrome, congestive heart failure, portal hypertension, retroperitoneal fibrosis, chemotherapy, radiotherapy, surgery.

As both primary and secondary intestinal lymphangiectasia has been associated with cancer, about 5% of the patients with primary intestinal lymphangiectasia seem to develop lymphomas. But it is most often with a delayed onset of 31 years (range 19-45 years) after the initial diagnosis of the disease.

The primary form of intestinal lymphangiectasia can be treated with a protein-rich, low-fat diet, supplemented with medium-chain triglycerides, and in the case of the secondary form, the underlying reason should be treated first

In **CONCLUSION**, an uncommon, interesting instance of primary intestinal lymphangiectasia, presenting as abdominal and back pain, associated with ascites, clinically suspected for endometriosis, was subsequently diagnosed by double balloon enteroscopy and random small intestinal biopsies.

Because intestinal lymphangiectasia can be primary or secondary, it is imperative to first exclude the possibility of secondary causes. The pathologic analysis of small intestinal tissue showing edema in the submucosa and lymphangiectasia affirmed the diagnosis.

The diagnosis was finally established after a therapeutic trial with positive clinical response to the special diet therapy of low-fat and medium-chain triglycerides.

A list of **REFERENCES** is available upon request.

CESAR V REYES MD⁶⁸

PRESIDENT'S Message

MetroManila, during the recent Balik-FEU. This is the first and historic event for FEU-NRMF.

The most outstanding alumni consisted of 35 physicians, five physical therapists and five medical technologies. There 11 United States-based and 34 Philippine-based.



MANUEL A
MALICAY MD

The FEUDNRSM Alumni Foundation was also honored as the only most outstanding medical alumni organization.

The awardees were divided into most outstanding in leadership, career achievement, education, research and community service. Each recipient awardee received a beautiful, golden plaque handed by FEU-NRMF board trustees chairman Nicanor C Reyes III and FEU-NRMF president Atty Antonio Abad, along with award committee chairperson/dean of FEU-NRMF Institute of Physical Therapy Editha Dizon MD, and members R Sollevilla and M Singh.

The awardees for outstanding **leadership** were Gregorio Andaman Jr MD, Philip S Chua MD FACS FPCS, Recto F Deleon MD, Reynaldo B De Vega MD, Daniel C Fabito MD FACS FPCS, Lilia Pagtakhan- Luna, MD MHA FPOGS, Nardito D Moraleta AA BSMT, Manuel M Po MD MPH, Edmundo F Relucio MD FICS, Genesis C Rivera MD, Rey Melchor F Santos MD, and Sylvia P Banal-Yang MD;

For **career achievement**: Benjamin T Aguila PT DPT, Maria Consolacion C Aguila DPT, Fernando C Ayuyao MD, Gener T Becina MD, Rogelio J Espina MD, Ronald E Kempis MD, Nena Flores-Lintag RMT, Freidrich Mangulabnan DPT, Fernando A Ona Jr MD FPCS FACS, Filipinas Francisco-Papa RMT, Cesar V Reyes MD, Joann L Santos PTRP, Rolando M Solis MD, Kim Shi Tan MD FPCS, Efren R Vicaldo MD, and Joan L Vicente PT;

In **education**: Melanio G Cruz Jr MD FPCS FPAPRAS MBA EdD PhD, Liberato C de la Rosa MD, Remedios T Habacon MD, Manuel A Malicay MD FACP FASH, Dean Reynaldo A Olazo MD FPAFP MSc, Emelie H Ongcapin MD, and Elizabeth D Porras MD MPH;

For **research** were: Winifreda U De Leon BSMT, May N Book-Montillano MD DTMH, Leonard I Oriega MD DTMH, and Gladell P Paner MD BSMT.

In **community service**: Arturo S Basa MD FACS, Lilibeth Bigornia-Martin RMT, Cesar D Candari MD FCAP *Emeritus*, Pedro Jara Obregon II MD PHD FACS, and Celerina V Papa-Malinit MD.

The founding anniversary is a major milestone for our Alma Mater, which signifies as one of the best medical schools that is producing outstanding alumni because of excellent medical education programs and training in the Philippines and abroad. Congratulations to Chairman Reyes and Atty for an outstanding job.

For the outstanding awardees this is the highest, the ultimate

and mother of all awards, an honor from the Alma Mater in recognition of their individual distinguished achievement in leadership, career achievement education research and community service. We are deeply honored and humbled.

On another subject, we are saddened by the sudden and untimely passing of Jose B Delfin MD⁶⁸, a FEUDNRMSAF board trustees, a loyal friend, a principled and dedicated leader, a warm bright and compassionate physician, and a devoted family man. Joe departed during a medical mission of the Philippine Medical Association at his hometown in Olongapo City. I have known Joe since the early years of FEUMAANI, but I become close to our dear friend Joe about two years ago when the four of us, Drs Roger Cave, Virgilio Jonson, Joe and I drove to New Orleans in his Mercedes Benz SUV to attend the Winter meeting of the Alumni Foundation. The four of us checked in one room at Marriot Hotel and shared two beds. Roger and Virgilio in one bed and Joe and I in another bed.

That whole trip was fun and memorable experience because we exchanged our individual experiences about medical school, internship, residency, and clinical practice, including difficult and challenging cases, family and retirement. Because of the heavy demands and stress of today's clinical practice my wife and I frequently met Joe and Amy at the Riverside Casino, relaxing from the day's stress.

Joe will be sorely missed. My wife and I extend our

deepest sympathy and condolence to Amy and her family.

Last December, Federico Arcala MD⁶⁸, a loyal and devoted alumnus who started his clinical practice in Chicago before moving to Texas passed away and survived by his loving wife Avila Arcala MD and son.

On behalf of the Alumni Foundation, I also convey our deepest sympathy and condolence to Avila and her family.

Early last January, Roger A Mahor MD⁶⁹ was buried in Hinsdale, a suburb of Chicago. Roger spent almost his entire successful career as anesthesiologist Melrose Park, west of Chicago, before moving to Terre Haute IN, because of marriage to Gloria Reyes Ho MD. Roger was warm, friendly, smart, funny and a loyal and devoted alumnus. Roger passed away and survived by his loving wife Gloria and children. My wife and I convey our deepest sympathy and condolence to Gloria and her family.

**MANUEL A MALICAY MD⁷²
FACP FASH**



**HAPPY VALENTINE'S
Day, everyone!**

CHAIRMAN's Message

Delfin and his family, my deepest condolence.

The *Balik*-FEU was a big success. Everyone had a good time at the *Barrio Fiesta*. There was plenty of food, including *lechon, balot, sorbetes*, fish ball and



OSCAR C
TUAZON MD

many more local delicacies. There were plenty of attendees in the celebration, like Atty Antonio Abad, the newly elected FEU-NRMF Medical Alumni Society president Rommel L Duenas, officers, FEU alumni, professors and friends.

The event was culminated by the Saturday night grand reunion held at the Crowne Plaza at EDSA.

The highlight of the event was the recognition of the Golden Jubilarians, Silver Jubilarians, Ruby Jubilarians, and Pearl Jubilarians.

I presented the most outstanding alumnus award for Class⁹⁰ Silver Jubilarian to Reynaldo Mariano MD.

I would also like to remind the officers and board trustees on the upcoming Winter meeting on Saturday, March 19, 2016, to be held at the Marriott Hotel Airport in Miami FL.

OSCAR TUAZON MD⁷⁴



HAPPY VALENTINE's DAY!

2016 Arthur Purdy Stout Award

Pathology of 2009 on post-traumatic neuropathology, which very recently was scripted into an Oscar nominated movie *Concussion*.



GLADELL P
PANER MD

Dr Paner is associate professor of pathology and urology at the world-class University of Chicago and currently co-directs the university hospital medical laboratories.

Every year, he serves as a faculty of the United States and Canadian Academy of Pathology and the College of American Pathologists, an expert panelist of the International Society of Urological Pathology, urologic pathology section editor of the Archives of Pathology and Laboratory Medicine, and associate editor of the Surgical Oncology and Imaging of the journal Cancer.

Dr Paner at a tender years has published some 84 peer-reviewed researches and urological disease, and co-authored three textbooks on diagnostic pathology and genitourinary tumors.

Also the youngest among the physicians most outstanding FEU-NRMF alumni for 2016, he has indicated the he is dedicating this recognition to FEU-NRMF Institute of Medicine.

He added, *I am overwhelmed by this prestigious honor. Looking at the previous*

recipients, Christopher Fletcher MD, Jonathan Epstein MD, Lawrence Weiss MD, Mahul Amin MD, Jennifer Hunt MD, Pedram Argani MD to name some, who are now the recognized pillars in the field of Pathology, is indeed humbling.

**CONGRATULATIONS,
Glad!**

COMMENTS

Editorials, news releases, letters to the editor, column proposal and manuscripts are invited.

Email submission, including figures or pictures, is preferred.

ECTOPIC MURMURS

Deadline for March 2016 issue

March 16, 2016

**Please address submission to
acvrear@gmail.com**

COMMENTS

Editorials, news releases, letters to the editor, column proposal and manuscripts are invited. Email submission, including figures or pictures, is preferred.

PMAC News

Deadline for March 2016 issue

March 2, 2016

**Please address submission to
acvrear@gmail.com**



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HONOREES

- Class⁶¹ (Emerald Jubilee)
- Class⁶⁶ (Golden Jubilee)
- Class⁹¹ (Silver Jubilee)
- Class⁷¹ (Sapphire Jubilee)
- Class⁷⁶ (Ruby Jubilee)
- Class⁸¹ (Coral Jubilee)
- Class⁸⁶ (Pearl Jubilee)
- Class⁹⁶ (20th Anniversary)
- Class²⁰⁰¹ (15th Anniversary)
- Class²⁰⁰⁶ (10th Anniversary)



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