

Official Publication of the **FAR EASTERN UNIVERSITY**
Dr Nicanor Reyes Jr School of Medicine Alumni Foundation

ECTOPIC MURMURS



Website: <http://feu-alumni.com/>

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MESSAGE FROM THE CHAIRMAN - Licerio "Jun" Castro, MD, Class '73

As we enter the Lenten season we are reminded of our humble beginnings and compassionate traits towards our fellowmen in our earthly commitments on our path to eternal jubilation. In retrospect it's a means of putting life into our years and not adding years into our lives. Blessed be our organization and our alumni.

The Alumni Homecoming AKA Balik-FEU was held at The Manila Hotel. It was attended by the Golden Jubilee Celebrants represented by Class 1969; Class 1964; Class 1973; Class 1978; Class 1983; Class 1988 and the Silver Jubilee Celebrants- Class 1993. Each Class rendered their own presentation to the delight of everyone. Fantastic entertainment filled the evening; the Manila Hotel glittered with dazzling attires and smiles of all attendees.

A visit to the Philippines is not complete without offering our voluntary services to the communities. Medical Missions are a necessity if we desire to dedicate ourselves to our fellowmen. I thank all our volunteer brothers and sisters who found time to serve our countrymen. I am pretty much aware of several groups or chapters within our foundation who undyingly sacrificed their time, effort and money to answer the needs of our brothers and sisters who can proclaim that they were not forgotten. This is usually evidenced by tears, hugs and sweet smiles as we trek the countryside during our yearly pilgrimage to serve. May the true spirit of volunteerism live on.

Every year, there is a Student Achievement Award Ceremony during the CME convention at the FEUNRMF-Fairview division. It is a means to honor and give credence to all students who aspire to be the best in their class or classes. In a sense, it is a way to encourage more students to excel and in the long haul, a reflection of their achievements toward a possible placement in the future Medical Board examinations. Aside from the students, we do show appreciations to the faculty for their unyielding sacrifices towards the success of each student.

The foundation also supports the Scholarship Program under the leadership of Dr. Hernani Tansuche. Students could avail of a full or partial scholarship after meeting the criteria set forth by the Foundation. There are also some private philanthropists within our Foundation who assist other students in completing their studies. We also render Professorial Awards to active Professors/teachers for their outstanding contributions in their fields of their expertise.

During our stay in the Philippines, we witnessed the turn over of the Skills Laboratory to the FEUNRMF Institute of Medicine as a gift by Class 1963 led by Dr. Renato Ramos and Daisy Ramos Class 62. It was attended by several officers of the FEUNRSMF led by Chairman Licerio Castro Jr. MD, President Recto De Leon MD, Daisy Castro MD, members of Class 1963 and the Administration led by Vice Chairman Kit Reyes, President Atty. Abad, CFO Richie Reyes, Dean Rey De Los Reyes, Asst. Dean Abigail De Castro, faculty and other alumni. The donation was cherished by all.

The Foundation's finances had been overseen by Dr. Cureg, our Treasurer who is on temporary leave as I phrased it. With overwhelming duties, she managed to fulfill all our financial obligations with the Government, State, our Scholars and our donors. Being not busy enough, she also co-edits the Ectopic Murmurs with Dr. Hernani Tansuche, another dedicated officer. In the meantime, Dr. Pete Florescio has taken the helm as our new Treasurer who will handle all the financial processes and functions aside from being the Executive director and holding other functions, an enviable position. Please help Dr. Florescio by registering early.

The 40th Annual Reunion and Scientific Convention on July 24-28, 2019 will be held at Caesar's Palace in Las Vegas, Nevada. Preparations will be handled by The Nevada Chapter led by Dr. Melinda Fabito. The convention will be chaired by Drs. Dan Fabito and Philip Chua assisted by Drs. Cesar Candari and Grace Obena. These officers are very energetic in their quest for an excellent convention experience. Thank you very much to the Nevada Host Chapter for their diligence and great assistance.

The CME, the heart of the convention is excellently prepared under the leadership of our benevolent Vice President, Dr. Nida Blankas Hernaez. Without a doubt she has sacrificed her total devotion to the success of every CME convention against overwhelming challenges. Thanks to her unselfish gift to our foundation.

To our beloved alumni, kindly make your reservations and registrations now in order to avoid the rush. Please avail of the discounted prices and I personally appeal to all to invite your classmates and associates to please attend our 40th Annual Reunion and Scientific Convention. It's a way to rekindle old memories with your friends and classmates. May I remind you all, that this is a convention for all graduates irrespective of your present status. We are hoping to have more of the same that could exponentially increase in pleasure value with the presence of your beloved friends. The funny parts are a bonus to the conversations that could rival the pleasure of their company. And, just content to have the feast of the eyes. Keen and observant that lets you know something is amiss as a reminiscence of the Golden Years.

This celebration underscores not only to reflect on our achievements in the Alumni Foundation but also to reaffirm our vision, shared values, commitment, dedication and sense of duty towards attaining our goals and objectives for our alumni and Alma Mater. We take great pride with profound inspiration as we improve and enhance our programs.

Continued: MESSAGE FROM THE CHAIRMAN - Licerio “Jun” Castro, MD, Class ‘73

Our organization is very much alive due to commitments, dedication, profound love and devotion by many.

To all unsung heroes, a million thanks to all. Dr. Rick de Leon and I could not do it alone. We always need your guidance, assistance and great understanding in all aspects of our duties.

This organization taught me to be proud and unyielding in honest failures but gentle and humble in success; to embellish actions not words; to disregard comfort and luxuries but face challenges and stress; to be firm and steadfast in the midst of a storm and to possess compassion to those who fall; never to forget how to weep and yet enjoy laughter. For all eyes and for all time, it is an expression of the ethics of being a communicator. That I may be integrated in this way with so noble and ideal that arouses a sense of pride and yet of humility which will be with me always.

Be well , Thrive and let us all help one another.



PRESIDENT’S MESSAGE - Rick Deleon MD, Class ‘64

The atmosphere during the 44th Alumni Homecoming in January 2019 was festive, AND enjoyed by everyone. The recognition award to deserving scholars was an anticipated event and the chairman, Dr. Jun Castro and I participated in the award distribution. FEUDNRSMAF academic scholar Alyssa Chua Ablaza graduated magna cum laude, and 9th PLE board placer received a special monetary award.

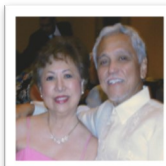
The local medical society and FEUDNRSMAF leadership met to discuss several topics of great import to both. Principally, the memorandum of agreement (MOA) was thoroughly discussed; both agreed to follow and continue the existing MOA as written that was approved two years ago. We sealed and strengthened our good relationship with the local society.

A courtesy visit to the FEUNRMF Institute of Medicine Administration was well attended with Dr. Jun Castro and I participating. The MOA was discussed with no further changes made. The proposal to establish a Surgical Training Program, as previously proposed by Dr. Fabito was revisited. Implementation of the proposal is pending deliberation of the Department of Surgery. Class 1963 donated a Skills Laboratory costing about twenty thousand (\$20,000.00). Dr. Renato Ramos, Class 1963 presented the gift during the unveiling ceremony. Atty. Antonio Abad President of the school Board of Trustees acknowledged the donation and thanked 1963 Class, for their good deeds and philanthropic efforts.

The gala night on January 19, 2019 at The Manila Hotel was a showcase, well attended with many USA alumni joining. The presentations of the medallions to the Golden and Silver Jubilarians was solemn with some Jubilarians teary eyed as they received their medallions. The dance presentations of the Jubilarians were fantastic and greatly applauded. The doctors are not only good in their clinics and operating rooms. They are also good dancers.

The night was also capped with presentation of awards to Outstanding Professors in the different departments, followed by plaque presentations to Outstanding Alumni holding leadership positions as Deans of other Medical Schools in the Philippines. The Gala Night was one event the Jubilarians want to remember in years to come.

Several, myself included participated and partnered with other organizations to conduct medical missions in the Philippines. As the medical missions end, and Homecoming Events, Gala Night concluded, we withstood the test of time. The mission was fulfilling, a mission of love and responsibilities to our school was accomplished and handled satisfactorily. Becoming authentic, being true to ourselves is one of the most powerful things we can do for our minds, body and spirit. We have opportunities to surprise ourselves, the ability to move forward with the right steps, which will propel us to greater heights, given the opportunity and time. And, time will tell.....



THE ROY AND CITA CABRERA ENDOWED SCHOLARSHIP IS FULLY FUNDED

Dr. Roy Cabrera Class ‘65 and his wife, Dr. Cita Cabrera UST Class ‘64, funded the Roy and Cita Cabrera Endowed Scholarship Fund in the amount of \$25,000.00 for 2019. This extraordinarily generous donation will fund two merit and two financially needy students in FY 2019.

The FEUDNRSMAF generally funds 10 -12 academic/merit scholars per year. Projected cost to fund a scholar’s tuition fee per year is \$5,000.00 – because the scholar’s funding could be full or partial based on their GWA/class ranking. The Scholarship Committee is currently led by Dr. Hernani Tansuche and Dr. Robert Arias. The Committee adheres to stringent eligibility guidelines to carefully vet applicants and assure impartiality. On occasion, the Foundation receives a direct or indirect appeal from financially needy students and may get funded privately by generous alumni member/s. These students are designated as "grantees" to distinguish them from the academic/merit scholars.

Together We Can! So, we are asking alumni to help us achieve the funding goal. Your named beneficence will support the FEUDNRSMAF in the many years to come. You may deduct charitable contributions of money or property made to qualified organizations, such as ours, if you itemize your deductions. Generally, you may deduct up to 50 percent of your adjusted gross income, but 20 percent and 30 percent limitations apply in some cases: link: <https://www.irs.gov/charities-non-profits/charitable-organizations/charitable-contribution-deductions>

CELEBRATING JUBILARIANS
ALUMNI HOMECOMING
JANUARY 19, 2019
THE MANILA HOTEL PHILIPPINES

SILVER JUBILARIANS CLASS 1993



CONGRATULATIONS !!!!

CELEBRATING JUBILARIANS
ALUMNI HOMECOMING
JANUARY 19, 2019
THE MANILA HOTEL PHILIPPINES

GOLDEN JUBILARIANS CLASS 1969



Back Row:

Left to right: Drs. Manuel Hugo, Tony Toledo, Tessie Manubay, Ofelia Ayuste, Lorna Lopez Sandoval, Rosalinda Espineli Cruz, Angelita Coronel, Rhodora and Gil Palacio, Eduardo Cruz, Pablito Dantes, Patricio Andres, Noemi Fogata, Robert Seares, Romeo Perez, Erlinda Aquino, and Arabella Quinsaat

Front Row:

Drs. Federico Jimenez, Antonio Gestosani, Conrad Gonzalez, Nicanor Joaquin, Alberto Clar, Renato Enriquez, Isabelo Castillo and Charita Dagcuta

CONGRATULATIONS CLASS 1969!!!!
GRATEFUL FOR YOUR GENEROUS DONATION OF
\$ 2,200.00 FOR THE 2019 STUDENT ACHIEVEMENT AWARDS (SAA) !

MESSAGE FROM THE 2019 GOLDEN JUBILARIANS CLASS '69

The Amazing 69'ers : Noemi Borrillo - Fogata, MD '69



Twenty-five Class 69'ers from United States and Europe flew in to Manila to join Philippine based 69ers to attend Grand Reunion and the Scientific CME program at the Dr. Ricardo Alfonso Hall, FEU-NRMF Institute of Medicine. The celebration at the Fairview grounds started with a Thanksgiving mass, followed by medical exhibits and sumptuous breakfast. The CME encompassed Evolution of the Antibiotics in the Millennium, Global issues of HIV infections, Diabetes/Obesity, Aging Gracefully, LGBTQI issues of gender re-assignments, depression among doctors and medical students, social changes and adolescent development and of course medical investments. Class '69 donated \$2200. 00 towards the 2019 Student Achievement Award.

Our Saturday Gala night at the Manila Hotel was stunningly breathtaking. With the medallion presentation was a moment to remember. Our partially rehearsed Golden presentation was a blast, applauded by the surprised audience with the professional rendition by Conrad Gonzales of a famous 1969 Elvis song, "Suspicious Mind" .

Class '69 group embarked on a Rest and Relaxation with 3 rented vans from Manila Hotel to Playa Aquaria Water Park in Calatagan, Batangas, stopping on the way to Tagaytay vacation house of Linda Perez-Aquino for a hot breakfast consisting of Batangas tsokolate with carabao's milk, white cheese, pandesal, saging na saba, balut, and cherimoya. Lunch with lechon was served at the Aquaria Water Park followed by a sit down beach dinner overlooking China sea. Inspite of being full, merienda was also served after dinner. After early breakfast was served by the beach, and photo shoot, the group headed to Taytay, Rizal at Villa de Rio. Everybody was given complimentary bottles of Bagoong Balayan. Need we ask for more?? Looking forward towards July celebration for added Fun and Frolic.

ANTONIO TOLEDO, M.D '69

CONNECTICUT : "WE HAD A WONDERFUL AND MEMORABLE WEEK OF REUNION, AT THE MANILA HOTEL SEEING CLASSMATES AND FRIENDS REMINISCING AND SHARING. EVERYBODY HAD AN AWESOME TIME AND ALL" ,

ANTONIO GESTOSANI MD '69 OHIO:

"MEMORABLE EXPERIENCE. "KAHIT MATANDA NA, ANG UGALI HINDI PA NAGBAGO", " IN ILONGGO, TIGULANG NA, TONTO PA GIHAPON . "

ISABELO CASTILLO, MD'69

FLORIDA: "IT IS AN EXPERIENCE OF A LIFETIME. SOME CLASSMATES I HAVEN'T SEEN IN 50 YEARS, AWESOME RECOLLECTION OF MEDICAL SCHOOL UPS AND DOWN, AND HOW WE SURVIVED, AND MADE IT WORTHWHILE. THE GENEROSITY OF OUR CLASSMATES IS OVERWHELMING!"

ROMEO PEREZ'69 HAWAII: "OUR GALA NIGHT WAS EXCEPTIONALLY GREAT. I WAS VERY HAPPY TO SEE EVERYONE LOOKED HAPPY AND VIBRANT. THE MANILA HOTEL WAS A PERFECT VENUE, FOOD WAS GREAT, AND THE PROGRAM WAS FANTASTIC ESPECIALLY THE 69 PRESENTATION".



REUNITED!
& IT FEELS
SO GOOD

**CELEBRATING JUBILARIANS
ALUMNI HOMECOMING
JANUARY 19, 2019
THE MANILA HOTEL PHILIPPINES**

EMERALD JUBILARIANS CLASS 1964



CONGRATULATIONS !!!!

CELEBRATING JUBILARIANS
ALUMNI HOMECOMING
JANUARY 19, 2019
THE MANILA HOTEL PHILIPPINES

SAPPHIRE JUBILARIANS CLASS 1973



CONGRATULATIONS !!!!

CELEBRATING JUBILARIANS
ALUMNI HOMECOMING
JANUARY 19, 2019
THE MANILA HOTEL PHILIPPINES

RUBY JUBILARIANS CLASS 1978



CONGRATULATIONS !!!!

CELEBRATING JUBILARIANS
ALUMNI HOMECOMING
JANUARY 19, 2019
THE MANILA HOTEL PHILIPPINES

CORAL JUBILARIANS CLASS 1983



CONGRATULATIONS !!!!

CELEBRATING JUBILARIANS
ALUMNI HOMECOMING
JANUARY 19, 2019
THE MANILA HOTEL PHILIPPINES

PEARL JUBILARIANS CLASS 1988



CONGRATULATIONS !!!!

FEUDNRSMAF AWARDED TWO 2019 FEU-NRMF INSTITUTE OF MEDICINE PROFESSORIAL CHAIRS DURING THE JANUARY 19, 2019 ALUMNI HOMECOMING AT THE MANILA HOTEL



Dr. Alvin B. Vibar receives the Professorial Chair Award in Basic Science L - R : FEU-NRMF Dean Dr Rey de los Reyes, Dr Recto Deleon FEUDNRSMAF President, Dr. Vibar, Dr. Licerio Castro FEUDNRSMAF Chairman, Atty Abad President FEU-NRMF



Dr. Reynaldo de Vegas 3rd from L receives the Professorial Chair Award in Clinical Science (Child Health)

FEUDNRSMAF RECOGNIZED 2019 FEU-NRMF INSTITUTE OF MEDICINE MOST OUTSTANDING FACULTY IN HONOR OF DR HORACIO YLAGAN (SENIOR FACULTY BASIC) AND DR JESUS B NOLASCO (SENIOR FACULTY CLINICAL)



Dr. Joseph U Olivar 3rd from L receives the Dr. Horacio Ylagan Most Outstanding Faculty Award (Senior Faculty Basic)



Dr Josefito C Mattheus 3rd from L receives the Dr. Jesus B Nolasco Most Outstanding Faculty Award (Senior Faculty Clinical)

FEUDNRSMAF RECOGNIZED 2019 FEU-NRMF MOST OUTSTANDING FACULTY IN HONOR OF ATTY SAMUEL GREEN (JUNIOR BASIC AND CLINICAL FACULTY)



Dr Joel L Javate 3rd from L receives the Atty Samuel Green Most Outstanding Faculty Award (Junior Faculty Clinical)



Dr Mel Anthony Y Cruz 3rd from L receives the Atty Samuel Green Most Outstanding Faculty Award (Junior Faculty Basic)

FEUDNRSMF AWARDS 2019 FEU-NRMF INSTITUTE OF MEDICINE MOST OUTSTANDING FACULTY AWARDS

DR MANUEL MALICAY
MOST OUTSTANDING ALUMNI FACULTY AWARD



Dr Melanio G Cruz Jr 3rd from L receives the Dr Manuel Malicay Most Outstanding Alumni Faculty Award

DR VIRGILIO PILAPIL MOST
OUTSTANDING TEACHING RESIDENT AWARD



Dr Rodolfo Jandoc Jr 3rd from L receives the Dr. Virgilio Pilapil Most Outstanding Teaching Resident

RENATO RAMOS MD, CLASS '63
DELIVERED THE 2019 MRS JOSEPHINE C REYES MEMORIAL LECTURE DURING THE JANUARY 2019 ALUMNI HOMECOMING HELD AT FEUNRMF INSTITUTE OF MEDICINE CAMPUS



Dr. Renato Ramos receives Recognition and Appreciation Plaque as the Josephine Reyes Memorial Lecturer

L - R Juan Enrique Reyes COO, Joseph Christian Reyes HR Officer, Dr Renato Ramos, Atty Antonio Abad President-FEUNRMF, Enrique Reyes Vice Chair FEUNRMF and Kevyn Joseph Reyes Community Engagement Coordinator



CLASS 1963 DONATED \$20,000.00 SKILLS LABORATORY TO FEU-NRMF INSTITUTE OF MEDICINE

Coinciding with the last day of the FEU-NRMF Institute of Medicine's Alumni Homecoming CME on January 18, 2019, Class 1963 in an unveiling ceremony, turned over their generous donation of a Skills Laboratory valued at \$20,000.00.

Class 63 was represented by FEUDNRSMAF Dr. Renato G. Ramos, Dr. Licerio Castro Jr, Chairman, Dr. Rick de Leon, President and Dr. Daisy Ramos Board of Trustees member. Pending the mounting of a permanent plaque, the temporary plaque classroom marker located outside the entrance Skills Laboratory Room, was unveiled recognizing Class 1963's donation. The ceremony was also attended by Atty. Antonio Abad, President, Mr. Richie Reyes, Dean Rey de los Reyes, all the department chairs - a testament to the ground-breaking importance of the Skills Laboratory. Atty Abad, Dr. Ramos, Mr. Reyes and Dean de los Reyes articulated the significance of this momentous gift in their brief remarks during the unveiling ceremony.

The Skills Laboratory is furnished with state-of-the-art audio-visual equipment, anatomic models and mannequins for teaching basic medical procedures including intubation, genitourinary catheterization and examination, IV insertion and physical diagnosis. Skills Laboratories are commonplace in U.S. teaching institutions but new to the Philippines. It will be a most helpful teaching aid to both students and faculty of our Alma Mater. The Skills Laboratory was made possible by the tireless efforts of Dean de los Reyes' and faculty members' efforts to establish the laboratory, and Class 1963's vital gift to give our school an advantage.

L-R: Dean de los Reyes, Dr. Rick Deleon President FEUDNRSMAF, Dr Jun Castro Chairman of the Board FEUDNRSMAF, Dr Daisy Castro, Dr Daisy Ramos, Dr. Ramos, Dr. Clarita Deleon, Mr Richie Reyes



GRATEFUL TO CLASS 1963 !

YOUR \$ 20,000.00 SKILLS LAB DONATION LETS OUR SCHOOL COMPETE IN THE WORLD STAGE

STUDENT ACHIEVEMENT AWARDS (SAA)

Funding for the 2019 Student Achievement Awards was graciously donated by celebrating Golden Jubilarian Class 1969 in the amount of \$2,200.00. We sincerely thank them for their generous gift.

The Student Achievement Awards (SSA) were started in 1978. There were 47 awards with trust funds and 44 SAA without trust funds. Subsequently, most of the donors gave a onetime funding of \$1050 and monetary awards given were from the interest generated. Most of the donors named the individual awards in honor of a loved one or parent/s. Currently, there are 107 individual SAA and several onetime awards for a subject including outstanding student from the freshman - junior year level and an outstanding student from 1st-3rd year level. These awards are given at every Alumni Homecoming (Balik FEU) annually in January.

Criteria for determining the award is based on the top two students in each subject based on a predetermined GWA. No award is given if the student/s did not reach the target grade. Since there are multiple donors for a subject, the Committee rotates the awards yearly to accommodate all the donors for that subject. Deserving students receive a monetary gift of \$ 50.00.



“You can establish a tax-deductible SAA donation towards your favorite subject in your name or a loved one”.

BECOME A DONOR !



FEUDNRSMAF 2019 SAA AWARDEES	
Name	Subject
FIRST YEAR	
Lacsamana, Nelson Jr.	Behavioral Science I
Cruzado, Christian Joseph	Biochemistry
Tirol, Vince Anthony	Bioethics I
Estranero, Lara Alecsandra	CFM I
Lopez, Roxan Lora	Gross HSB
Aguilar, Veronica	Introduction to Physical Diagnosis:
Moreno, Monica Stephanie	Research 1
Gener, Kris Ciara	Medical Physiology
Gener, Kris Ciara	Micro HSB
SECOND YEAR	
Caballes, Jeremy	Basic Pediatrics
Galvez, Raven	Microbiology
Casison, Joshua Luis	Parasitology
Paglicawan, Katrina*	Pharmacology
Paglicawan, Katrina*	Physiologic Obstetrics
Paglicawan, Katrina*	Bioethics 11
Paglicawan, Katrina*	Behavioral Science 11
Paglicawan, Katrina*	Clinical Diagnosis
Rayco, Cian Michael *	Pathology
None	Surgery 11
De Roxas, Rosana Joy	Preventive Medicine
THIRD YEAR	
Lim, Jeremiah	ORL-HNS
Lim, Jeremiah	Neurology
Lim, Jeremiah	Surgery 111
Lim, Jeremiah	Medicine
Ngo, Reginald Jethro	ORL-HNS
Feliciano, Claudine	Ophthalmology
None	CFM 3B
Echavez, Hazel Marie *	Gynecology
Echavez, Hazel Marie *	Legal Medicine
Roldan, Scorch Dominique	ORL-HNS
Pascual, Gabrielle Paul *	Psychiatry
Ahyong, Ahnee Mae *	Pathologic Obstetrics
De Guzman, Jeriz Anne	Pediatrics 111
De Guzman, Jeriz Anne	Medical Jurisprudence
Villiran, Ramon Nathaniel	Clinical Therapeutics & Nutrition
None	CFM
None	EHSM
The Most Outstanding Student	
1. First Year	Cruzado, Christian Joseph
2. Second Year:	Paglicawan, Katrina*
3. Third Year	Ahyong, Annie Mae A. *
4. Most outstanding Student from 1st-3rd year level:	Ahyong, Ahnee Mae A. *
* Foundation scholar	

FEUDNRSMF AWARDED ABLAZA 9th PLACER IN SEPTEMBER 2018 PHILIPPINE LICENSURE EXAMINATIONS (PLE)

FEUDNRSMF academic scholar Alyssa Chua Ablaza graduated magna cum laude and ranked 9th place with a score of 89.7% in the September – October 2018 PLE.



FROM THE HOME FRONT FEU NICANOR REYES MEDICAL FOUNDATION INSTITUTE OF MEDICINE - Dean Rey de los Reyes MD Class'78

The following is an update of the Current Faculty at the school from the Dean.

NEW CHAIRMEN CLINICAL DEPARTMENTS	
CHILD HEALTH	NAOMI S NOCHESADA MD
OPHTHALMOLOGY	CORAZON C VILLALVA MD
OTORHINOLARYNGOLOGY	ROBERT R DY MD
SURGERY	ANDREW G ONG MD

RETAINED CHAIRMEN CLINICAL DEPARTMENTS	
ANESTHESIOLOGY	ARNOLD BAUTISTA MD
COMMUNITY AND FAMILY MEDICINE	MILAGROS NERI MD
MEDICINE	JOYCE DUMANGIT, MD
OBSTETRICS AND GYNECOLOGY	ELIZABETH E REYES MD

NEW BASIC DEPARTMENT CHAIRS (EFFECTIVE 2 ND SEM 2018-2019)	
BIOCHEMISTRY	MARI-ANN B BRINGAS MD
HUMAN STRUCTURAL BIOLOGY	GRACE BARDELOSA MD
PATHOLOGY	MARIKARR A ESGUERRA MD
RADIOLOGY	LINA R PIPO MD

RETAINED BASIC DEPARTMENT CHAIRS	
MICROBIOLOGY/ PARASITOLOGY	LIBERATO C DE LA ROSA MD
PHARMACOLOGY	CELIA R RAVELO MD
PHYSIOLOGY	GLORIA M VALERIO MD

CHIEF OF CLINICS	RENE PSA MENDOZA MD
MEDICAL CENTER DIRECTOR	NOLAN PECHO MD

BREAKING NEWS!

FEU-NRMF Institute of Medicine was top performing school in the March 2019 PLE (Physician Licensure Exams). Overall passing rate is **97.96%**. No FEU graduate placed in the top ten.

CONGRATULATIONS FEU-NRMF INSTITUTE OF MEDICINE

WE ARE PROUD OF YOU!

The top performing schools in the March 2019 Physician Licensure Examination as per Commission Resolution No. 2017-1058 (C) series of 2017 are:

RANK	SCHOOL	TOTAL NO. OF EXAM.	TOTAL NO. PASSED	PERCENTAGE PASSED
1	FAR EASTERN UNIVERSITY- NICANOR REYES MEDICAL FOUNDATION	147	144	97.96 %

SOMETHINGS ABOUT ME:

- ◆ Service to the people is first and foremost
- ◆ Born in Laoag City, Ilocos Norte, Philippines from humble parents who gifted me with a precious education and wholesome upbringing
- ◆ Finished High school at the Divine Word High School in Laoag and pursued undergraduate studies and obtained a medical degree from the Far Eastern University - Nicanor Reyes Medical Foundation Institute of Medicine
- ◆ Entered residency in Anesthesiology at Brookdale Hospital and New York State University, Downstate Medical Center in Brooklyn New York
- ◆ After brief private practice in New Jersey we moved to Southern California
- ◆ Joined the Southern California Permanente Medical Group for 25 years and retired in 2014 with fun memories of my colleagues and friends. I really enjoyed having taken care of my patients, friends and their families with great satisfaction.
- ◆ My wife, Daisy and I have been involved with plenty of charitable and community activities which kept us busy at most, domestically and internationally. In my limited spare moments, we love to travel, share blessings and promote education
- ◆ Recognitions, awards, accolades and previous positions or designations are just part of my memories which I don't indulge to mention. Suffice to say that I appreciated them all. One thing that gratifies me was being conferred the Physician of the Year by SCPMG/ Kaiser Hospital not only as a physician but as a human being and more as a Filipino.
- ◆ In my journey, I will continue to be an advocate of the mission and goals of the Far Eastern University Dr. Nicanor Reyes School of Medicine Alumni Foundation.



Drs Licerio and
Daisy Castro,
Class '73

ITS YOUR BIRTHDAY!



M

ake your birthday a day of giving to your school! If you have a Facebook account, you can create a birthday fundraiser for our school.

We are a registered charity with Facebook. Our CHARITY NAME IS FAR EASTERN UNIV DR NICANOR REYES SCHOOL OF MEDICINE ALUMNI FNDATION.

There are no fees! Its tax deductible! Your birthday gift will be sent to the Treasurer of our Foundation. ALL PROCEEDS SUPPORT THE SCHOLARSHIP FUND.

"I raised \$200.00 on my birthday through Facebook. You can do the same. The \$200.00 will support the academic scholar's book stipend".—Amethyst C Cureg, MD Class '73



Sleep Awareness Week, was March 10 to 16, 2019.

Do you have Sleep Apnea?

Today, Obstructive Sleep Apnea (OSA), as a distinct medical entity, is becoming more known and understood, compared to ten or twenty years ago. It's relationship to increased risk of cardiovascular diseases, such as heart attack and stroke, diabetes T2, and other major illnesses, including cancer, and sudden death, is now more clinically recognized fully. There was a time when even physicians did not know what sleep apnea was as a medical condition. Snoring was obvious, with its breath holding episodes, but not sleep apnea as a condition in itself.

About one in five Americans (60 million) have Obstructive Sleep Apnea. Extrapolated figures for Hong Kong is 7 percent, the Philippines, about 4 percent, and in India, 13.7 percent. The actual cases are much higher, since a significant number do not even seek medical attention. Ninety percent are undiagnosed, 40 percent of those with high blood pressure have OSA and about 60 percent of those with OSA have high blood pressure.

What is sleep apnea?

Usually but not always associated with snoring, sleep apnea means the cessation of breathing during sleep. This breath-holding initially lasts for 10 seconds and progresses to 20 to 30 seconds, and each episode is immediately followed by gasping for air. As a result the body does not get enough oxygen, and the tissues suffer, leading to various illnesses, including heart attack, diabetes, and cancer, sometimes sudden death. This cycle could repeat itself several times (20 to 100 times per hour) the whole night long. The snorer is totally oblivious of all this and only the roommate is aware of this bothersome snoring and scary sleep apnea. The bed partner is also adversely affected and is also deprived of a good restful sleep. This is why snoring could be a legal ground for a divorce.

What are the types of sleep apnea?

There are two types: Central Sleep Apnea (CSA) and Obstructive Sleep Apnea (OSA). CSA is much less common, less than 10% of cases comprises this group, and is due to the brain's failure to send a signal for the person to breathe. This can happen among individuals with cardiac or neurological diseases. In OSA, part of the back of the throat collapses and blocks the airway during sleep, preventing airflow to the lungs. This causes decreased oxygenation and a low blood oxygen level, which is unhealthy.

What side effects does sleep apnea have?

The person wakes up with a dry mouth and throat, perhaps with a headache, and a lousy feeling akin to a hungover. There may also be fatigue and sleepiness throughout the day, together with some memory deficiency, poor attention and concentration, and bad mood --- all signs of lack of sleep, due to sleep apnea. The psychological stress of all this impacts negatively on the individual and the bed partner. The recurrent transient hypoxemia (low blood oxygen level) and daily impairment of sleep are added risk factors for the development of hypertension and coronary heart disease, cancer, and even sudden death.

What causes snoring?

In some people, especially after middle age, the muscles of the upper airways in the back of the throat, like the soft palate (the back end of the roof of the mouth), the uvula (tiny appendage that hangs down), tonsils, adenoids, become flabby and vibrate with the airflow, causing the various classical noises of snoring. They also cave in and out (like a floppy valve) with respiration, blocking the upper airway and causing sleep apnea. Not all snorers have OSA. A Sleep Study is essential to confirm the presence of OSA or not.

Are "snore stoppers" effective?

"Snore aids" advertised in the various media, such as nostril clips, nasal or throat sprays, magnetic wrist bands DO NOT work to stop snoring, much less cure sleep disorders. Only those fraudulent vendors who make bundles of money by duping the ignorant public could sleep well, minus their conscience. CPAP is the proper and effective treatment for OSA. Untreated OSA, or not using a prescribed CPAP treatment, could increase the risk for death during sleep.

What is the non-specific therapy?

Weight loss for those who are overweight can minimize the episodes of sleep apnea. Avoidance of sleeping pills, sedatives and alcohol, all of which increase the frequency and duration of sleep apnea, is most essential. Lying flat on the back induces sleep apnea for a lot of people. This could be avoided by placing a pillow at the back and lying on the side.

What is the standard of care for OSA?

The standard of care today includes confirming the diagnosis of OSA with a Sleep Study, and when confirmed, use of a CPAP machine while asleep, with pressure tailored to each individual person based on data obtained during the Sleep Study. View CPAP use on YouTube.

What is the surgical treatment?

Surgery removes tissues, like nasal polyps, adenoids, tonsils, and any oro-pharyngeal deformities that causes obstruction to airflow. One of them is called uvulopalatopharyngoplasty, which excises tissues at the back of the throat. The success rate is low, between 30-60% and it is hard to know which patients will benefit from it, side effects and eventual outcome. However, today, the standard treatment, which is less invasive than surgery and more effective, is the use of CPAP machine. Only severe anatomical deformities require surgery.

What are the adverse effects of OSA?

Obstructive Sleep Apnea increases the risk for a variety of medical ailments, heart diseases and cardiac failure, diabetes, stroke, and others conditions like arthritis, acid reflux in the esophagus (food pipe), Alzheimer's, and even cancer, not to mention sometimes sudden death. There were speculations that the death of Supreme Court Associate Justice Antonin Scalia could have been due to his failure to use his CPAP when he went to bed the evening of February 12, 2016....the same conjecture for the demise of our very own Arsenio Martin Class '67. Anxiety disorders and depression are also associated with sleep disturbances, not to mention poor performance at work and at home due to fatigue from lack of rest and poor body oxygenation. Consultation with a sleep specialist is critical for proper diagnosis and management of these disorders.

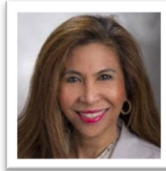
What is Overlap Syndrome?

This new entity is the combination of COPD (Chronic Obstructed Pulmonary Disease, seen among smokers and also among those with chronic gastric acid reflux disease) and Obstructive Sleep Apnea (OSA). Their treatments are individualized, entity-specific, and simultaneously done for better success. More clinical studies are being done on this entity.

Remember, Sleep Apnea is nothing to snore about!

For References contact Dr. Chua: Click Email: scalpelpen@gmail.com

CLINICIANS CORNER :



Idiopathic Thrombocytopenic Purpura (ITP)

Reprinted from Consultant360 12/19/2018

Authors:

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Citation: Hernaez F, Hernaez AM, Blankas-Hernaez N. Idiopathic thrombocytopenic purpura [published online December 19, 2018]. Consultant360.

A 10-month-old boy presented to the emergency department (ED) with epistaxis and new onset bruising.

History. The boy's medical history is significant for a urinary tract infection with vesicoureteral reflux at 2 months of age. His immunizations were up to date; the measles, mumps, and rubella (MMR) vaccine for international travel had been administered 7 days prior to the onset of illness. There was no family history of autoimmune or bleeding disorders. The bruising had started on his upper and lower extremities, trunk, and face 3 days prior to presentation. He had had a single, self-limited episode of epistaxis and an episode of bloodstreaked hard stool 2 days prior to presentation. A dark red spot had developed on his tongue, but there had been no overt bleeding and no further episodes of gum bleeding, epistaxis, hematochezia, or hematuria. He had had no changes in behavior, appetite, or bowel pattern. His urine output had been appropriate. There had been no fever, vomiting, diarrhea, or symptoms of upper respiratory tract infection. He had been brought to his primary care provider, who referred him to the ED.

Physical examination. In the ED, physical examination findings were significant for dried blood in the right naris, multiple scattered ecchymoses bilaterally on the shins and arms, and multiple petechiae over the arms, lips, and face (**Figures**). Neurological examination findings were normal.



Diagnostic tests. A complete blood cell count, a comprehensive metabolic panel, and a disseminated intravascular coagulation panel were done. The platelet count was significantly depressed at 4000/ μ L. All other results were within normal limits. Peripheral smear results showed a mix of large and giant platelets and an absence of blasts consistent with idiopathic thrombocytopenic purpura (ITP). Based on these findings, together with the symptoms and history, he received a diagnosis of ITP. A consultant hematologist recommended administration intravenous immunoglobulin (IVIG).

Upon admission, the patient had significant purpura and petechiae but otherwise appeared well. After unsuccessful attempts at placement of an intravenous line, oral prednisolone was started but was not tolerated. The next morning, the platelet count was 1000/ μ L, an external jugular line was inserted, and 1 dose of IVIG (1 mg/kg) and dexamethasone (0.6 mg/kg) were administered. No further bruising, petechiae, hematochezia, or hematuria developed.

Posttreatment, the boy's platelet count rebounded to 57,000/ μ L, and he was discharged with 2 days of oral prednisone. After 2 weeks, the platelet count had normalized. After 10 months, an MMR vaccine was administered without complication for nonimmune rubella titer.

Discussion. Thrombocytopenia in the pediatric population can have multiple etiologies. Thrombocytopenia is classified as a platelet count less than 150,000/ μ L, and in order to differentiate between the different types, one must take into account platelet size, acquisition, and the mechanism. Large platelets suggest a giant platelet disorder or an immune-mediated disorder. Small platelets may suggest Wiskott-Aldrich syndrome or X-linked thrombocytopenia. Further workup can help differentiate between thrombocytopenia from platelet destruction vs decreased platelet production (1).

The cause-effect relationship between the MMR vaccine and ITP has long been demonstrated. In a 2003 nested case-control analysis of ITP and the MMR vaccine among infants aged 13 to 24 months, the incidence of developing ITP within 6 weeks of the vaccine was found to be approximately 4 in 100,000 doses (2). In a 2012 self-controlled case series study of vaccine associated ITP among children aged 6 weeks to 17 years, the incidence of developing ITP within 6 weeks of the vaccine was found to be approximately 1.9 in 100,000 doses (3).

Including The median incidence of MMR vaccine-associated ITP—2.6 in 100,000 doses, from a 2010 meta-analysis—the incidence is low relative to that of the ITP incidence associated with natural measles or rubella, which ranges from 6 to 1200/100,000 doses (4). The most common symptoms of ITP are petechiae and bruising. Patients may present with minor epistaxis or minor gastrointestinal (GI) tract bleeds, but scarcely do the bleeds progress hemodynamic compromise. Of 8 children who developed ITP after the MMR vaccine in one study, 2 were revaccinated without recurrence (3). In a 2010 MMR vaccine-associated ITP meta-analysis, revaccination of patients with prior ITP did not lead to a recurrence(4). The same meta-analysis showed a 7% incidence of chronic ITP after the initial diagnosis of MMR vaccine-related ITP, which was comparable to the 10% incidence of non-MMR-related ITP among infants aged 12 to 18 months(4).

(ITP Continued)

Approximately 60% to 75% of pediatric patients with ITP fully recover within 6 months, and 20% to 30% develop chronic ITP. Patients who develop chronic ITP (ie, ITP for more than 1 year) are usually older, have an insidious onset of symptoms, lack preceding vaccination or infection, or lack mucosal bleeding at diagnosis. However, these risk factors have not been studied reliably and cannot be used to predict whether a patient will develop chronic ITP (5).

Clinicians often opt for conservative treatment in mild cases of ITP. Many of these cases are managed in the outpatient clinic with careful observation. According to 2003 British guidelines, treatment for ITP should not be initiated if the patient only has skin findings and thrombocytopenia. The 2006 guidelines (6) from the Indian Academy of Pediatrics recommend starting specific treatment if the patient has less than 20,000 platelets or a severe mucosal bleed. Examples of severe mucosal bleeds include GI tract bleeding, prolonged epistaxis, pulmonary hemorrhage, or muscle or joint hemorrhage.

Treatment options include IVIG or IV anti-D given with methylprednisolone. If severe hemorrhaging or an intracranial bleed develop, a platelet transfusion can be done. A study by Warrier and Chauhan concluded that 80% of such cases can be managed with weekly clinic visits for observation (7). In the outpatient setting, treatment is recommended only if the patient is at high risk of severe bleeding complications. These include head trauma; a planned surgical procedure that induces blood loss; severe unexplained headache; and grade 3 bleeding symptoms (brief epistaxis, intermittent gum bleeding, menorrhagia). Pharmacologic treatment also can be started in the outpatient setting if the platelet count is less than 30,000/ μ L and the patient is using antiplatelet/anticoagulant medications (eg, nonsteroidal anti-inflammatory drugs, heparin), has a concomitant bleeding disorder, has a lifestyle prone to frequent trauma, or if close follow-up, supervision, and/or access to medical care is limited(5).

In 2012, a study assessed the risk of ITP with other vaccines in children aged 6 weeks to 17 years. This study gathered data on 1.8 million children from several organizations from 2000 to 2009. Results of the study showed an association between ITP and other vaccines among children aged 7 to 17 years, especially with the hepatitis A, varicella, and Tdap (tetanus, diphtheria, and pertussis) vaccines. However, there was little evidence to support that ITP occurs with other vaccines in the 12- to 19-month age group(3).

Newer studies have looked at the human papillomavirus (HPV) vaccine and its association with ITP. A 2017 study in France assessed the incidence of autoimmune diseases (central demyelination/multiple sclerosis, connective tissue disease, Guillain-Barré syndrome, type 1 diabetes, autoimmune thyroiditis, and idiopathic thrombocytopenic purpura) after HPV vaccine administration in a population of women aged 11 to 25 years, with autoimmune disorders, between 2008 and 2014. With an adjusted odds ratio of 0.58, autoimmune disorders were negatively associated with the HPV vaccine. It is important to note that autoimmune thyroiditis and ITP did not reach statistical significance in this study, so further surveillance must be done to confirm this association(8).

Summary. Clinicians must be aware of and educate their patients on the positive correlation between ITP and the MMR vaccine. Infants and adolescents with symptoms of ITP, therefore, need a thorough check of their immunization history. However, the MMR vaccine is safe, and developing MMR vaccine-associated ITP should not affect the immunization schedule. Incidence rates of rubella- and measles-related ITP is double that of MMR vaccine-associated ITP. MMR vaccine-associated ITP has a lower incidence rate of long-term sequelae and recurrence. Even after revaccination, there have been no documented cases of ITP recurrence. Although skin findings and thrombocytopenia in pediatric patients are alarming, most ITP cases can be treated in an outpatient setting, with admission only warranted with severe symptoms. These patients respond well to treatment, but need to be closely followed for development of chronic ITP after discharge. Further research is ongoing to clarify which vaccines are associated with ITP, with the latest being the HPV vaccine. These studies have shown a negative association, but more studies need to be done to attain statistical significance.

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FROM THE 40TH FEUDNRSMAF ANNUAL REUNION AND SCIENTIFIC CONVENTION LAS VEGAS CO-CHAIRPERSON - Cesar Candari, MD Class '61

This message is from the Las Vegas Chapter team of chairpersons in the forthcoming 40th FEUNRMFSMAF LAS VEGAS REUNION CONVENTION to be on July 24 - 28 2019 at Caesar's Palace. We appeal for your kindness to openly support and help us improve the number of alumni attendance.

There appears to be a current trend of lowered attendance of alumni to the annual reunion and scientific convention and thus, begs the question: How can each of us most effectively use our personal inventory to help as member of the Board of Trustees of the Foundation? Common sense dictates that raising the attendance equals more funds for the Foundation. I encourage all alumni to please write a letter of invitation today to 6 of your classmates friends and colleagues – a letter of appeal for ATTENDANCE. Reconnect with your old friends, and establish social connections via email, Facebook/messenger. Emphasize that their attendance will let them learn about what is happening at our Medical School in Fairview today; learn new clinical advancements by attending the CME Scientific Seminar, and enjoy nights of dancing and laughter during the Welcome/Filipiniana and Gala Nights.

Let us say 50 members of BOT share letters of invitation to 6 and if 1/2 respond positively, that makes 150 plus their husbands or wives, and will total to 300. Send your invitation as early as possible so that they can make plans and resend those invitations x3 to non-responders in the succeeding 3 months. Follow up your written invitation with a personal call. As you reach out to your fellow alumni, anticipate what problems are likely to undermine your invitation, and make a conscious effort to assert and sincerely influence them to come to a memorable occasion.

Reunions are a great way to catch up with old friends, relive old memories and enjoy three days and two nights of fun experiences with people you have known for many, many years. Whether your class reunion is celebrating 25 years, 45 or fifty, this reunion will be one for the ages. The reunion will always be more than a moment in time. It's only in these moments that many of us realize how much we miss those bygone days in medical school. Let us all attend the 40th reunion and convention to express our loyalty and support to our alma mater. There is no distance too far, no time too precious and no greater amount to spend than to be with fun and enjoyable friends and classmates and renew old acquaintances.

God Bless!



40th ANNUAL REUNION & SCIENTIFIC CONVENTION

Class⁵⁹ (Diamond Jubilee)
Class⁶⁴ (Emerald Jubilee)
Class⁶⁹ (Golden Jubilee)
Class⁹⁴ (Silver Jubilee)
Class⁷⁴ (Sapphire Jubilee)
Class⁷⁹ (Ruby Jubilee)
Class⁸⁴ (Coral Jubilee)
Class⁸⁹ (Pearl Jubilee)
Class⁹⁹ (20th Anniversary)
Class²⁰⁰⁴ (15th Anniversary)
Class²⁰⁰⁹ (10th Anniversary)



CLINICAL PRACTICE ADVANCES 2019

ACCME accreditation provided by the
PHILIPPINE MEDICAL ASSOCIATION in CHICAGO

July 25 - 27, 2019

Caesar's Palace Hotel and Casino
3570 South Las Vegas Boulevard, Las Vegas NV 89109
Telephone 1-866-986-0439

To reserve room with no processing fee use this dedicated FEUD-NRSMAF web link: <https://book.passkey.com/go/SCFEU9>. Please choose discounted Forum Tower king/queen rooms.

If you prefer to phone in your reservations, call 866-227-5944 and give group name FEUNRMF 2019 Convention and Reunion or code group SCFEU9. Be aware that a processing fee per reservation will be incurred if you choose not to use the dedicated web link. Please request for the discounted Forum Tower king/queen room. Discounted block cutoff date is 06/24/19. After this time, the group rate will be offered based on hotel availability only.

Room Rates (does not include taxes & resort fees)

\$119.00 Weekday (Sunday-Thursday)
\$160.00 Weekend (Friday and Saturday)



CLICK ON EMAIL BELOW FOR QUESTIONS:

Chairman Licerio "Jun" Castro: lvcastro2011@att.net
President and Overall Convention Chair Dr. Rick Deleon: rickfdeleon@yahoo.com
Overall Convention Chair Dr. Fabito: danielfab@cox.net
Convention Co-Chair Dr. Philip Chua: scalpelpen@gmail.com
Convention Co-Chair Dr. Candari: drcdcmnd@cox.net
Convention Co-Chair Dr Divina Gracia Obena: nobena@aol.com
Executive Director: pfloresciojr@gmail.com

2019 DISCLOSURE of FINANCIAL and COMMERCIAL INTEREST

ACCREDITATION STATEMENT

"This continuing medical education (CME) activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Philippine Medical Association in Chicago and FEUDNRSMAF. The PMAC is accredited by the ACCME to provide continuing medical education for physicians and PMAC takes responsibility for the compliance of that activity. PMAC takes responsibility and independently as to the content, quality and scientific integrity of this activity.

DISCLOSURE of FINANCIAL and COMMERCIAL INTEREST

The PMAC requires CME planners, moderators, Speakers, Committee members, and other individuals who are involved with the content of this educational exercise to disclose any real or apparent conflict of interest that may be related with the content/ process of the activity and to sign the financial and commercial interest disclosure contract 30 days before this CME activity. All identified conflict of interest is thoroughly eliminated by the PMAC CME Committee for a fair balance scientific activity of the herewith mentioned topics. The planners, speakers, moderators, committee members and the organizations of this CME activity have nothing to disclose as to Financial or Commercial interests as this activity.

The CME planners of this program are: **Drs. Nida Blankas-Hernaez MD84, Divinagracia Obena MD85, Hernani Tansuche MD68, Philip Chua MD61, Edmundo Relucio MD64, Daniel Fabito MD64, Renato G Ramos MD63, Noemi Fogata MD69, Rick de Leon MD64 and Licerio V Castro Jr MD73** and they have nothing to disclose.

DR. NICANOR REYES SCHOOL of MEDICINE ALUMNI FOUNDATION is a non-for-profit organization of 2700+ alumni physicians throughout the United States. Established 39 years ago, FEUDNRSM Alumni Foundation missions are focused on educational, charitable, humanitarian, community and civic services here in this country, in the Philippines, and at the FEU-Nicanor Reyes Medical Foundation Institute of Medicine (West Fairview, Quezon City).

ANNUAL REUNION: The first Alumni Foundation reunion was held at Marriott Lincolnshire (IL) during the 1978 APPA Convention alumni night. The event was so successful that our alumni decided to meet every summer time to renew friendship, reminisce about the past and honor outstanding classmates. The New Jersey Chapter hosted the 1979 reunion at the Playboy Great Gorge Hotel. In 1980, the first annual reunion with a scientific seminar was held in Orlando. In the succeeding years, the affair was held in Anaheim 1981, Boston 1982, Grand Island in Niagara Falls (NY) 1983, Indian Lake Resort in Chicago 1984, Orlando 1985, Virginia Beach 1986, Toronto 1987, Long Beach 1988, St. Louis 1989, Washington DC 1990, Atlantic City 1991, San Francisco 1992, Chicago 1993, New Orleans 1994, Las Vegas 1995, Minneapolis 1996, Dallas 1997, Anaheim 1998, Atlantic City 1999, Chicago 2000, Las Vegas 2001, San Francisco 2002, Norfolk 2003, Troy MI 2004, Las Vegas 2005, Houston 2006, Chicago 2007, Orange County 2008, New York City 2009, Troy 2010, Las Vegas 2011, Los Angeles 2012, Chicago 2013, Las Vegas 2014 and 2015, San Francisco 2016, Long Beach 2017, Las Vegas 2018-2019. The reunion has served as a venue to see our classmates, to present talents other than our medical expertise during the dinner nights and to plan activities for the January Balik FEU in West Fairview.

SCIENTIFIC CONVENTION: Two comprehensive, accredited half-day programs that cover a broad spectrum of updates and current trends in medicine, designed not only for the primary practitioners but also for the specialists. The objectives of the scientific convention are to offer a review and update on common medical and gynecological problems, focusing on Endocrinology, Neurology, Immunotherapy, Oncology, Pediatrics to Adult Medicine and miscellaneous topics of current interest. This continuing medical education (CME) activity has been planned and implemented in accordance with the ACCME Accreditation Criteria, Policies and Standards for Commercial Support. The Philippine Medical Association in Chicago is ACCME accredited and has joint providership with FEUDNRSMF to provide CME for physicians and PMAC takes responsibility for the content, quality, and scientific integrity of this activity. ***This is 10 AMA PRA Category I Credit TM but please claim only the credit hours that commensurate with the extent of your participation.*** Since, the CME meetings are held only in the morning, there is plenty of time for fellowship, camaraderie, and reminiscing for the rest of the day.

HONOREES: The honorees of the reunion in 2019 will be led by the members of the **Class59 Diamond Jubilarians, Class64 Emerald Jubilarians, Class69 Golden Jubilarians and Class94 Silver Jubilarians** and will be recognized during the Grand Reunion Saturday dinner dance. The other honorees, namely: **Class74 Sapphire Jubilarians, Class79 Ruby Jubilarians, Class84 Coral Jubilarians, Class89 Pearl Jubilarians, Class99 (20th anniversary), Class2004 (15th anniversary), and Class2009 (10th anniversary)** will be recognized during the Alumni Filipiniana Night dinner dance. Members of these Classes are enjoined to attend in full force. If members of these Classes, or any Class, wish to have separate functions or to get together during the reunion, the Alumni Foundation will help with any arrangements. The more classmates you have, the merrier; however, the quality of your enjoyment does not depend only on your *old* friends and classmates. The enthusiasm and spirit of the attendees are generally infectious. The occasion, the place, and the company tend to your having a great time.

EXHIBITS: We have allowed pharmaceutical companies and specialty boutiques to have a display in the provided area separate from the CME venue. To encourage artistic talents of our alumni, friends and families, there will be a museum/art exposition of their works. (eg, photography, water colors, oil paintings, etc), along with submitted abstracts for poster exhibit presentation.

SCHEDULE of EVENTS

Wednesday, July 24, 2019

1:00 pm - 5:00 pm Registration

Daniel C Fabito MD64, Overall Convention Chairperson
Philip Chua MD61, Convention Co-Chairperson
Cesar Candari MD61, Convention Co-Chairperson
Divinagracia Obena MD85, Convention Co-Chairperson
Melinda Fabito MD65, President Las Vegas Chapter
Rick de Leon MD58, FEUDNRSMF President
Licerio V. Castro Jr MD73, FEUDNRSMF Chairman of the Board

Thursday, July 25, 2019

7:00 am - 7:30 am Registration, continental breakfast (for paid CME registrants only)
 7:30 am - 1:00 pm Scientific sessions
 8:00 am - 4:00 pm Arts, posters, exhibits and product displays
 8:40 am - 9:40 am **13th Annual Jesus B Nolasco MD Memorial Lecture**
 11:45 am - 12:45 pm **5th Annual Ricardo L Alfonso MD Memorial Lecture**
 1:05 pm - 5:00 pm Shows and tours, or free time for everyone
 6:00 pm - 1:00 am Welcome Reception (WR)
Alumni Filipiniana Night Honoring Class74, Class79, Class84, Class89, Class99, Class2004, and Class2009

Friday, July 26, 2019

7:00 am - 7:30 am Registration, continental breakfast (for paid CME registrants only)
 7:30 am - 12:45 pm Scientific sessions
 8:00 am - 4:00 pm Arts, posters, exhibits and product displays
 11:10 am - 12:10 pm **23rd Annual Dr Nicanor Reyes Memorial Lecture**
 1:00 pm - 2:00 pm **Annual General Membership Luncheon Meeting (L)**
 2:30 pm - 6:00 pm **Annual Summer Board of Trustees meeting**
 2:00 pm - 3:00 pm **Class69 and Class94 Jubilarians' Business meetings**
 2:00 pm - 3:00 pm Other Classes Luncheon Business meeting

Saturday, July 27, 2019

8:00 am - 5:00 PM Class Meetings and Free time for Jubilarians
 5:00 pm - 6:00 pm Photo sessions: Silver Jubilarians and other Classes
 6:00 pm - 1:00 am **40th Annual Grand Reunion Dinner Dance Honoring Class59, Class64, Class69 and Class94**

Sunday, July 28, 2019

7:30 am - 9:00 am FEUDNRSM Alumni Foundation Executive Committee meeting
 9:30 am - 10:30 am Mass

Scientific Convention Program

Thursday, July 25, 2019

- 7:00 am - 7:30 am Registration, continental breakfast, posters, exhibits, product displays
7:30 am - 7:40 am Welcome addresses
- Daniel C Fabito MD⁶⁴**, 40th Reunion Convention Chairperson
Rick de Leon MD⁶⁴, FEUDNRSMAF President
Licerio V Castro Jr MD⁷³, FEUDNRSMAF Chairman of the Board
Nida Blankas-Hernaez MD⁸⁴, PMAC CME Chairman
Rebecca Salvani MD⁶⁹, Moderator
- 7:40 am - 8:10 am **Disaster Medicine**
Romeo Perez MD⁶⁹
- 8:10 am - 8:40 am **The ABC of Diabetes Mellitus**
Oscar T. Ortis, MD, F.A.C.E.
Chief, Section of Endocrinology, Dept. of Medicine Com. Medical Center Toms River, NJ
- 8:40 am - 8:45 am **Introduction of the 13th Annual Jesus B Nolasco MD Memorial Lecture**
Edmundo Relucio MD⁶⁴, FICS and **Daniel C Fabito MD⁶⁴**
Chair and Co-Chairman, Jesus B Nolasco MD Memorial Lecture Committee
- 8:45 am-9:40 am **12th Annual Jesus B Nolasco MD Memorial Lecture**
Rosalina Liongson-Abboud MD⁶⁴
Senior Consultant & Faculty, Dept. of Ob-Gyne, Mayo Clinic
- 9:40 am-10:00 am **Panel Questions and Answers**
- 10:00 am-10:15 am **Break, product, poster and alumni arts exhibits**
Grace Obena MD⁸⁵, Moderator
- 10:15 am-10:45 am **Immunotherapy: The Breakthrough to Cure Cancer**
Engracio P Cortes MD⁶⁴, FACP,
Clinical Associate Professor, Weill Medical College of Cornell Univ. New York City
- 10:45 am-11:15 am **Colorectal CA**
Candido Africa III, MD⁸⁴, CPM
Clinical & Data Manager, NJ Cancer Education & Early Detection, Trenton, NJ
- 11:15 am-11:45 am **Obesity Epidemic: Weighing our options**
Arrel Olano, MD⁸⁴, MBA FACP
Assist. Professor of Medicine, Georgetown Univ. School of Medicine, Washington, DC.
- 11:45 am-11:50 am **Introduction of the 5th Annual Ricardo L Alfonso MD Memorial Lecture**
Philip S Chua MD⁶⁴, FACS, FPCS, Chairman Emeritus, Cardiac Surgery
Chairman, Ricardo L Alfonso MD Memorial Lecture Committee
- 11:50am-12:45 pm **5th Annual Ricardo L Alfonso MD Memorial Lecture**
OMG...You are having a Stroke! Management of Cerebrovascular Disease
Daniel C Fabito MD⁶⁴, FACS, FPCS
General & Vascular Surgeon, CMO, Twin Lakes Community Clinic, Las Vegas, Nevada
- 12:45pm- 1:15 pm **Panel Questions and Answers**

Friday, July 26, 2019

- 7:00 am -7:30 am Registration, continental breakfast exhibits
Leilani Mon MD⁷², Moderator
- 7:30 am - 8:05 am **Assessment of Pelvic Pain**
Ligaya V Marasigan, MD⁷⁴, FACOG
Assistant Professor, OB-Gyne, Rosalind Franklin Univ. of Medicine & Science, Chicago
- 8:05 am - 8:40 am **Urinary Bladder Cancer Pathology: An Update for General Practitioners**
Gladell P. Paner, MD⁸⁶
Associate Professor of Pathology & Urology, University of Chicago Medical Center, IL
- 8:40 am - 9:15 am **Exosomes and Regenerative Medicine**
Crispino Santos, MD⁷⁹, DABIPP, FIPP
Interventional Pain Medicine, Regenerative Cell Institute, Las Vegas, Nevada
- 9:15 am -9:45 am **Panel Questions and Answers**
- 9:45am -10:00 am **Break, product, poster and alumni arts exhibits**
Noemi Fogata MD⁶⁹, Moderator
- 10:00am-10:35 am **Supporting Transition from Pediatrics to Adult-centered Health Care**
Kristin Castillo Farias, MD, MA, FAAP
Associate Program Director, Univ. of Florida, Orlando Health Pediatrics Residency
- 10:35am-11:10 **Bipedalism and Back Pain: Evolutionary Perspectives on Lumbar Spinal Pathology**
Eric R Castillo, Ph.D.
Human Evolutionary Biology, Harvard University
- 11:10 am-11:15 am **Introduction of the 23rd Annual Dr Nicanor Reyes Jr Memorial Lecture**
Renato G Ramos, MD⁶³
Chairman, Dr Nicanor Reyes Jr Memorial Lecture Committee
- 11:15 am-12:10 am **23rd Annual Dr Nicanor Reyes Jr Memorial Lecture**
State of Medical Education in FEUNRMF and the Philippines
Rey de los Reyes MD, Dean, FEU NRMF School of Medicine
- 12: 10 am-12:40 pm **Panel Questions and Answers**
- 12:40 pm-1:00 pm **Break, product, poster and alumni arts exhibits**
Rick de Leon MD⁶⁴, presiding
- 1:00 pm - 2:00 pm **Annual General Membership Luncheon Business Meeting**
- 2:30 pm - 6:00 pm **Annual Summer Board of Trustees Meeting**
Licerio V Castro Jr MD⁷³, FEUDNRSMAF Chairman of the Board
Rosemary Aquiler-Angeles MD⁸⁶, FEUDNRSMAF Secretary
Pedro Florescio Jr MD⁷⁵, FEUDNRSMAF Treasurer
Rey H delos Reyes MD⁷⁸, Dean, FEU-NRMF Institute of Medicine
Nicanor C Reyes III, Chairman, FEU-NRMF Board of Trustee



REGISTRATION FORM

Please complete and mail (do not send by certified mail with return card, it will not be picked up from the post office), along with payment to:

Pedro Florescio, Jr., M.D., 337 Elmhurst Place, Fullerton, CA 92835

Please make checks payable to **FEUDNRSMAF**

If paying by credit card, submit completed credit card authorization form (Page 24).

Register Early! Send your registration for events on or before April 30, 2019 in order to obtain discounted fees

For HOTEL RESERVATION: Discounted block rate cutoff date is 06/24/19. To reserve room with no processing fee use this dedicated FEUDNRSMAF web link: <https://book.passkey.com/go/SCFEU9>. Please choose discounted Forum Tower king/queen rooms.

PLEASE NOTE:

Registration form must be received by mail on or before **July 10, 2019**

Onsite registration is **ONLY** for CME, General Membership, and Grand Ball Night on the following dates: Wednesday July 24, 2019 2PM-4PM and Thursday July 25, 2019 9AM to noon.

PRINT WHOLE PAGE AND COMPLETE FORM. PLEASE WRITE LEGIBLY.

Name _____ Spouse/Guests: _____

_____ Class Year _____

Address: _____

City _____ State _____ Zip Code _____

Telephone _____ Email _____

COMMENTS: _____

Event	Type	Fee is per person	# of Persons	Subtotal (# of Persons x Fee)
Annual Membership. Fee is required to attend ALL events.	Regular Alumnus Member	\$70		
	Lifetime Member (on official list)	\$0		
CME	Active	\$170		
	Speaker	Exempt		
	Resident (Letter from school required for exemption)	Exempt		
	Retired	\$120		
Welcome Reception/Filipiniana Night	Early (Jan. – April 30, 2019)	\$190		
	Second Tier (May 1 – May 31, 2019)	\$210		
	Third Tier (June 1 – June 30, 2019)	\$230		
	Late (July 1- July 10, 2019)	\$250		
	Onsite (July 24 – July 25, 2019)	\$270		
General Membership Luncheon	Active	\$50		
	Current Board of Trustee Member	Exempt		
Grand Reunion Night	Early (Jan. – April 30, 2019)	\$190		
	Second Tier (May 1 – May 31, 2019)	\$210		
	Third Tier (June 1 – June 30, 2019)	\$230		
	Late (July 1- July 10, 2019)	\$250		
	Onsite (July 24 – July 25, 2019)	\$270		
GRAND TOTAL:				\$

Official receipt is your cancelled check. Refunds are available upon request thirty (30) days before the event, minus \$100 for processing fee. For further inquiries, please email (CLICK link): pfloresciofla@sbcglobal.net.

Note: Late registrants may be served a different meal due to strict hotel policy on banquet events.

CREDIT CARD AUTHORIZATION FORM

PLEASE PRINT LEGIBLY. DO NOT E-MAIL THIS FORM FOR YOUR SECURITY.

Mail completed credit card authorization form **and** registration form to: Pete Florescio MD,
Executive Director, FEUDNRSMAF, 337 Elmhurst Place, Fullerton, CA 93835.

Name/s of Attendees:

Method of Payment : ☐ MasterCard ☐ VISA ☐ American Express ☐ Discover

Name on Credit Card _____

Credit Card Billing Address: _____

Credit Card Number: _____ CCV : _____ Expiration Date: ____/____
Month Year

Phone Number : _____ Email: _____

I hereby authorize FEUDNRSMAF to charge the above credit card for a one
time charge of \$ _____, AND additional 3.75%, plus 0.15 cents service
fee.

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Authorized Signature: _____ Date: _____

If paying by credit card, please note transaction fees.

Please **DO NOT** send your registration via certified mail with return card. Any certified mail sent will NOT be
retrieved from the post office.

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EDITORS COLUMN

Ectopic Murmurs (*EM*) is the official publication of the FEUDNRSMAF-USA. It was founded by the late Dr. Jesus Nolasco to build our identity as a Foundation and to disseminate relevant information pertaining to our Foundation activities. Subsequently, Ectopic Murmurs (*EM*) was managed by the late Dr. Cesar V Reyes until his death in December 2017. Drs Hernani Tansuche and Amethyst C Cureg acted as Interim Editors to fill the void. In August 2018, the current leadership reappointed Drs. Hernani Tansuche and Amethyst Cureg as editors of the Ectopic Murmurs for a 2-year term. Drs. Licerio “Jun” Castro and Rick Deleon are ex officio members of *EM*.

Ectopic Murmurs (*EM*) will be published in a web-format triannually (February/March, April/June and September/October). Supplemental issues will be released during the months preceding the July Annual Reunion and Scientific Convention to assure that alumni receive updated information for the event. Additionally, exceptions will be made for special announcements or breaking news that warrant an abridged special edition. *EM* encourages the submission of original articles for inclusion in *EM* that bear direct relevance to the FEUDNRSMAF-USA mission, goals and activities, including related material concerning FEU-NRMF Institute of Medicine and Medical Center. Articles must be submitted in Word format. *EM* seeks author/contributor diversity; alumni that have not previously published in *EM* are strongly encouraged to submit articles and will be given priority. We ask authors to delay any submissions of an article, if the article was published in the past 12 months. The Editors reserve the right to accept or reject any submitted articles and to edit for brevity, clarity and conformance. Although the *EM* staff reserves the right to edit, the author/s will be held responsible for the content. Medical articles will be peer reviewed; statements must be validated for copy-editing purposes.

Debuting in this issue are 1) **Clinicians Corner** section is intended for our alumni members in practice. We invite FEUDNRSMAF alumni members from academia and experts in their field of practice to submit medical articles that are contemporary/current, relevant to our membership, adhere to community standards of practice/care, accurately or thoroughly referenced/attributed, and permission/s granted when applicable prior to submission of article. 2) **National Health Observances (NHOs) Month** to raise our alumni members’ awareness about important medical/health topics. For example, “Obesity Awareness Month”, etc. Toolkits and additional information are available at (click): <https://healthfinder.gov/NHO/default.aspx>. Likewise, articles must be accurately or thoroughly referenced/attributed; applicable permissions are granted prior to submission of articles.

If any, **Alumni in the News** will feature fellow alumni that have distinguished themselves. Please let us know if you or someone you know has/have been acknowledged by a professional organization, community organization, professional peers, etc. The **Meet Your** section profiles an alumnus including officers and Board of Trustees .

Comments and or suggestions welcomed. Please contact us!



Hernani S. Tansuche, MD⁶⁸

Click: hernani.tansuche@gmail.com



Amethyst Cureg, MD⁷³

Click: amethystcureg@gmail.com

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• Honor • Excellence • Compassion • Responsibility

UNITY + FELLOWSHIP + ADVOCACY + PHILANTHROPY

OUR MISSION AND GOALS

Through unity, fellowship, advocacy and philanthropy, we will promote the Far Eastern University Nicanor Reyes Medical Foundation Institute Medicine’s vision as a world-class academic and training institution that provide excellent and compassionate health care services.

GOALS:

1. Foster alumni fellowship.
2. Engage alumni to actively participate in all aspects of FEU-DNRSMAF Alumni Foundation activities.
3. Deliver responsible stewardship of our human and financial capital.



Carmencita Caliwara Damian, MD
July 16, 1943 - Feb. 15, 2019



Dr. Carmencita Damian of Westlake, Ohio passed away last Feb. 15, 2019 with her loving husband, Dr. Armando Damian Jr. by her side. "Menchie" as she was affectionately known by her family and friends was born to the late Gov. Eladio Caliwara and late wife Lutgarda on July 16, 1943 on the fishing island of Alabat, Quezon Province.

She received her MD degree from Far Eastern University in 1967 and celebrated their golden jubilee last July 2017 in Long Beach, CA. She is survived by her husband and their 3 daughters, 2 sons in law and 4 grandchildren: Cheryl Damian; Michelle and Michael Campbell and their children, Damian, Nina and Grant; and Rachel D. and Andrew Burrows and their son, Parker Burrows.

Menchie's greatest mission in life was to serve others. She learned first hand from her father the importance of integrity, loyalty and compassion. She carried these lessons with her throughout her life and treated everyone she encountered with respect, kindness and generosity.

Menchie and Mandy nurtured a thriving family and a strong Filipino-American community in Cleveland, built a successful medical practice, travelled the world, founded and led decades of medical missions to the Philippines, and supported numerous other organizations with the goal of helping others in need.

Whether she was serving as a daughter, sister, wife, mother, grandmother, friend, caregiver or community leader, her commitment to bringing a lot of love and more than a few laughs into the world was her hope – and most would agree that she delivered. She will be remembered most for the care she brought to her personal, professional and charitable endeavors.

One of Menchie's favorite sayings credited to Etienne de Grellet, a Quaker missionary captures the essence of who she was, what she believed in and why every person she came in touch with mattered to her:

"I shall pass this way but once; any good that I can do or any kindness I can show to any human being, let me do it now. Let me not defer nor neglect it, for I shall not pass this way again"



Norberto Martinez MD Class 1963
Roberto Ruperto MD Class 1963
Villamor Parilla MD Class 1968
Winfred Munar MD Class 1973



Please update your information. Thank you!

Name

Address

Office Phone

Mobile

Email

Class Year

COMMENTS: _____

*Mail to: Hernani Tansuche MD
117 W Medrum Cir
St. Clair , WI 48079*



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TREASURE