As I prepared for this year’s celebrations and the Class 67 Golden Jubilee, I was reminded of visions. Not the vision of the eye, but of the mind and spirit. When we were young we based our visions on plans for ourselves. We tried to envision how our lives would progress, making fancy plans for how we would make a living when we grew up. But visions are a funny thing. While a few stay unchanging throughout our lives, others are fluent, ebbing and flowing as we go about our daily activities; molded and remolded by every decision we make.

As young adults we began our journey towards our goals. We picked out our medical schools, filled out applications, sat through interviews and prayed for acceptance to the school. I do not think any of us had a clear idea of what lay ahead. Remember the long class hours,

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Raymund R Razonable MD
Professor of Medicine at the Mayo Clinic

Is 10th JB Nolasco MD Memorial Lecturer

Raymund R Razonable MD
and internationally recognized infectious disease expert, will serve as the 10th annual Jesus B Nolasco MD memorial

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A mother’s love for her children is unparalleled and without borders. Undeniably, a mother’s instinctive affection truly dictates their unbiased depiction of an unconditional love. In our life how many times have we ignored and brushed aside the presence of our dear mothers only to be regrettable when they

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A mother was asked by his mother to get a can of soup down the basement and his reply was, Mother I am afraid down there. His mother quickly assured him and said, Son, have no fear, Jesus is with you always. Without hesitation, the boy hurriedly went down the basement and knocked at the door. Jesus, if you are there would you please hand me a can of soup.

From your CHAIRMAN
For the July 2017 homecoming, Dr Jun Castro is busy preparing for the homecoming. Those Jubilarians involved this year, kindly get in touch with Jun for the mechanics involved during the celebration. Dr Amy Curreg is also busy contacting our accountant to make sure we are up to date with our annual reporting. Pete Florescio had sent in the list of early registrants to Amy. One good new item is the available credit card payment, and this is included in the Ectopic Murmur copy of Registration and Credit Card authorization form. Please send both forms to Dr Pete Florescio for proper recording and payment. This is also a reminder to please register early and don’t wait at the last hour and avail yourselves of the price prior to the deadline.

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From the Class of 1970:

LICERIO V CASTRO JR MD

RAYMUND R RAZONABLE MD

From the Class of 1971:

PEPITO C RIVERA MD

RAYMUND R RAZONABLE MD

PEPITO C RIVERA MD

ROY C CABRERA MD

MELBACITA CABRERA MD

ROY C CABRERA MD

ALUMNUS YOU SHOULD KNOW

ROY C CABRERA MD and Melbacita Cabrera MD will celebrate their 50th year (Golden Jubilee) wedding anniversary on Friday, June 11, 2017, at the Queen of Peace Catholic Church of Ocala FL, and the Ocala FL Hilton. The event is organized and hosted by their only son, Alvin Cabrera MD and daughter-in-law Mimi Cabrera MD of Mercer Island WA.

The celebrants request no gift please, but donation can be made to Cure Alzheimer’s Fund.

Dr Roy Cabrera is a retired radiation oncologist who practiced for many years in Summit NJ, and recently retired to Citrus Hills in Hernando County FL. He is a very generous alumnus, funding a FEU-NRMF medical student, Ms Irene Villegas, for three semesters to date.
LADY SLIPPER ORCHID by ROLANDO M SOLIS MD
FAITH CORNER
REVEREND MELVIN ANTONIO MD
May 14, 2017 is Mother’s Day.
Welcome to all mothers, grandmothers and those who will be mothers on this your very special day. You all know who you are, but let me tell you what you can be expected to be. Mothers are teachers. Mothers are disciplinarians. Mothers are cleaning ladies. Some mothers are gardeners, plumbers, mechanics, chauffeurs, coaches, cooks. Mothers are doctors, nurses and psychologists, developers of personalities. Mothers are soft voices saying, “I love you”. You may be more than I have said, but most importantly, mothers are a link to God, a child’s first impression of God’s love.

I also have some statements made by famous and some not so famous people about you. You are free to tell me if they are true:

“There is the woman of the house that sets the mood for the home. If mama is not happy, nobody is going to be happy.” My children and now our grandchildren have learned about my wife the hard way:

If Carla does not get her afternoon nap, it is going to be a rough day in the Antonio household.

The French Emperor Napoleon said: They that rock the cradle, rule the world.

There are two Jewish proverbs that I share with you. One says: A mother

DEATH, WHAT IS?
ALADIN M MARIANO MD
What is death and what happens at death?

Do we know the exact mechanism that occurs at death? When can someone declare a person dead? The usual answer, in management school is, “it depends”. No pun intended, but it is true.

Different Concepts. Concepts of death are different in secular, religious groups and even among themselves. In pedestrian parlance, one considers death when the person is unconscious, not breathing on his own and there is no pulse. However, with today’s technology, a person maybe in coma, artificially breathing on respirator, heart beating because of pacemaker, blood pressure maintained on medications, bodily functions intact, and still can be pronounced dead legally when EEG is “flatline”; not having brain waves. Yet, for a definitely dead person in the tomb for any length of time, that state may be defined as “sleep”.

Christian Tenet. A dead person considered as sleep, is a well-entrenched tenet for Christians. It is taken as a temporary state, much like sleep, because of the hope of resurrection. When a person dies, according to this teaching, at resurrection the person will not know events in-between, as in being asleep sans dreams. While they believe in eventual

HOW TO BECOME A HAPPIER RETIREE
CESAR D CANDARI MD
Above all, your health trumps all as the key factor to having a happy and satisfying retirement. Good health is the crucial and fundamental ingredient for a happy journey to your destination letting you decide the best path to take. Financial security is secondary to the value of good health. We must all stay mentally and physically healthy and having a loving family and friends. Staying vital, having a purpose and challenging yourself mentally are great ways to maintain your mental health.

To those engrossed in their career, retirement is uncharted territory. This is a process and there are many things to consider and think about. Finally, you will look forward to this momentous milestone as the next adventure in your lives to pursue the finer aspects of life, family and community as you put the troubles and pressures of daily work.

Retiring is pure bliss to some people but an uncomfortable transition for others, who find the task of constructing a new life to be daunting.

While you and your spouse are still in the prime of life and are getting older, financially, you are likely ready and prepared to enjoy your dream for the rest

OBITUARY
ELIZABETH GAMIAO ANTONIO MD
March 15, 1960 ~ May 2, 2017
It is with deep sadness and sorrow that another beloved fellow alumna, Elizabeth Gamiao Antonio MD has went home to our Lord in California on May 2, 2017 at the age of 57.

For those who would like to condole with her family, classmates and friends, please post your message and memory of her at the FEU-NRMF Batch Facebook. Rest in peace with the Lord, Beth!
believers of your life because you have that ace you will ever need to get the best things that money can buy.

However, the caveats - if you still enjoy that work and you are in good health, and still having to say, I owe then you may delay the retirement. Nevertheless, set a date when to retire. This doesn’t have to be set in stone. The purpose of setting the date is to give yourself a place to start as you begin to calculate what your life will be like when you are retired and what your income needs will be.

In addition to having a retirement timetable, you must also know where to spend it enjoyably.

After my own retirement as a pathologist at age 65 - now 18 years ago - I decided that my next project would be to study this new phase of life. I wanted to understand more clearly what I was experiencing and then share this understanding with others in the same boat.

Three key insights emerged that helped me adjust to this new life—and that I hope will help you create your own path to be a happy retiree.

A. Plan and recognize the transition you have to face during retirement. It is probably correct to say that you and your spouse have worked continuously for the last thirty years and some may be working towards your second retirement.

Now, as the job begins to wear you down, it is time to enjoy life and start making plans for your retirement. Although to some this may be a premature question, planning ahead is never wrong. Move toward a new role, new relationships, new routines, and emerging assumptions about yourself and the world. Recognizing that the transition is likely to be tricky can alleviate the confusing feelings that accompany big changes.

B. Dream for that star. If you are considering a complete reinvention, you’ll need to consider if your dream is practical and if it is affordable. Create a life after retirement that is rich and rewarding—living life to the fullest!

C.Financial and Psychological Portfolio. Financial portfolio must be planned with your trusted financial advisor. Spend this time of your life doing what you want to do and you want to make sure you have the finances to achieve what is important. To have a comfortable and stress free retirement, calculate the money you have that will last until you die.

There are complexities in psychological portfolio. Too few people consider the psychological adjustments that accompany this life stage, which can include coping with the loss of your career identity, replacing support networks you had through work, spending more time than ever before with your spouse and finding new and engaging ways to stay active.

Some retirees ease smoothly into retirement, spending more time with hobbies or family and friends. But others, experience anxiety, depression and debilitating feelings of loss.

There are three elements in these psychological portfolio i.e., identity, relationships, and purpose.

You should analyze the strength of those three elements in your current portfolio and then focus on how you can build on them to enhance and enrich your life as a retiree. Ideally the three components should all be strong and of equal strength.

A. Identity: Finding a new identity is a big challenge when you retired. This is a story about the worst and best parts of retirement: losing your identity—and finding a new one...Over time, as you develop new roles, relationships, and routines, your new identity will solidify. At retirement many things can happen. By knowing your identity, you are better able to accomplish your goals, whatever they may be.

B. Relationships: Many retirees have commented that they do not miss work, but they miss the schmoozing. Replacing work relationships can take time and requires effort. Readjusting family relationships, especially adjusting to spending more time with your spouse or partner, can also be challenging. You must learn to create a lifestyle that you both enjoy and that meets the emotional needs and have this loving and intimate relationship with your spouse. Regaining physical intimacy with your partner? Make time to talk about it.

C. Purpose: Research studies found that people who have a sense of purpose or direction in life outlive their peers. A meaningful life lessens the effects of aging. Try to help charity and civic organizations. After retirement, one way to replace the lost social capital is to volunteer or to work part-time.

For the biggest boost to your happiness, pick a hobby that’s social. The top pursuits of the happiest retirees include volunteering, travel, medical mission (for doctors) and golf. We were always told that writing, fishing, reading, music and many more would keep you away from boredom. I became a music lover and work on a task I’ve been putting off, learn a new skill and became a keyboardist – soloist- entertainer.

Visit your grandchildren, makes you feel great.

Psychologists who study happiness believe we can pursue happiness. We can do this by thwarting negative emotions such as pessimism, resentment, and anger. And we can foster positive emotions, such as empathy, serenity, and especially gratitude.

I must emphasize the importance of working together with your spouse to manage your finances in retirement. In retirement, the simple things still matter.

Love well!
DEATH, WHAT IS?
continued from page 5
eternal death eternal death for non-believers there is hope of resurrection for those who believed in Jesus. Hence, death is only sleep. Similarly, among live Christians, being dead to sin, is a state to be in, as an admonition against sinning and to reckon themselves as in Rom. 6:11.

In the same way, count yourselves dead to sin but alive to God in Christ Jesus. (NIV)

A Christian is expected to follow the Ten Commandments and not commit sin. Let us then examine this concept of death in light of where the unanimity and differences lie among biblical teachings of different sects in Christianity. In so doing, we may re-evaluate, optimize our current understanding of this subject and hopefully limit animosity. But first, is there really a resurrection of the dead?

Resurrection, you can bank on it. That there is life-after-death, is a teaching that all traditional Christians are unanimous to share as a core belief. And, this is on faith which is evidenced-based (Heb. 11:1) anchored on very credible witnesses.

Resurrection from death to a physical, flesh-composed, mortal bodies are well-documented by biblical historical records:

1 Kings 17:17-24 Elijah resurrected the son of Zarephath's widow. Notice V-21, let this child's soul(nephesh) come into him again and V-22 and the soul(nephesh) of the child came into him again, and he revived. By usage, nephesh in this context means lifefor life-giving element of man.

2 Kings 4 Elisha resurrected the son of the great Shunammite woman

2 Kings 13:21 Dead man came back to life when he touched Elisha's bones.

Luke 7:13-15 Jesus resurrects the widow's son at Nain


John 11:43-44 Jesus raises Lazarus from the dead.

Matthew 27:52-53 Saints resurrected and seen by many after Jesus' resurrection.

Acts 9:36-42 Peter raises a female disciple named Tabitha from the dead.

Acts 20:9-12 Paul raises Eutychus from the dead.

The preceding resurrected individuals, were restored to life in a flesh-composed body. And, they all died again to undergo future resurrection.

Better Resurrection. There is another type of resurrection that the Bible calls the better resurrection Hebrews 11:35 confirmed by apostles and other witnesses. In contrast to resurrection to a flesh-composed body, this is to an eternal life with immortal spirit-composed bodies. The pioneer of this type of resurrection is Jesus. See Matthew 28:5-7, Mark 16:1-8, Luke 24:1-11, and John 20:1-10.

Judas Iscariot, one of the 12 disciples that betrayed Jesus, was replaced so that one of these must become a witness with us of His resurrection (Acts 1:22).

In Acts 4:33, with great power the apostles gave witness to the resurrection of the Lord Jesus.

The apostle Paul personally saw and talked with the resurrected Christ (1 Corinthians 9:1; 1 Corinthians 15:8; Acts 22:6-10), confirming the fact of Jesus’ resurrection. Paul asked King Herod Agrippa II,

Why should it be thought incredible by you that God raises the dead? (Acts 26:8). He told him, To this day I stand, witnessing both to small and great . . . that the Christ would suffer, that He would be the first to rise from the dead (Acts 26:22-23), implying that others would follow.

But now Christ is risen from the dead, and has become the firstfruits of those who have fallen asleep [in death] (1 Corinthians 15:20). The apostle Paul explained that Jesus is the firstborn over all creation, the firstborn from the dead and the firstborn among many brethren (Colossians 1:15, Colossians 1:18; Romans 8:29), indicating others will follow. Moreover, Paul explained how the resurrection of God’s firstfruits will occur:

For our citizenship is in heaven, from which we also eagerly wait for the Savior, the Lord Jesus Christ, who will transform our lowly [physical, material] body that it may be conformed to His glorious body! (Philippians 3:20-21; compare 2 Corinthians 5:1-5).

It is sown a natural [physical] body, it is raised a spiritual body . . . as we have borne the image of the man of dust [Adam], we shall also bear the image of the heavenly Man [Jesus Christ]. Now this I say, brethren, that flesh and blood cannot inherit the kingdom of God (1 Corinthians 15:44, 49-50). Notice that our current flesh-composed body cannot enter the Kingdom of God; we need to be born again and e changed structurally. For those who will still be alive at Christ’s return, notice 1 Corinthians 15:51-52:

Behold, I tell you a mystery: We shall not all sleep, but we shall all be changed—in a moment, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, and the dead will be raised incorruptible, and we shall be changed (compare 1 Thessalonians 4:16).

Jesus says, I am the resurrection and the life. He who believes in Me, though he may die, he shall live (John 11:25).

We will receive this better resurrection or immortality when Jesus comes again, as in 1 Corinthians 15:51-55.

For the trumpet will sound, and the dead will be raised incorruptible...So when this corruptible has put on incorruption, and this mortal has put on immortality, then shall be brought to pass the saying that is written:

‘Death is swallowed up in victory.’ O Death, where is your sting? O Hades, where is your victory?
What happens at death? While death's definition depends upon how each person perceives it, the ultimate mechanism that brings about death, in a religious sense, is shared by many. To grasp the mechanics of this truth, one has to understand how a person comes to be and becomes alive before knowing how one dies.

Going back to the narrative in Genesis, human evolution is fake news. We were informed that there is a Creator by the name of YHVH (Lord God), who is an intelligent designer of man, as in:

Genesis 2:7 And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul(being).

Notice that man has 2 components, viz, dust + breath of life. That dust, which is all parts of the body, came from the ground and therefore matter-composed. Whereas, the breath of life, which is the spirit of man, the mind/ psyche, comes from a Spirit-Being/ God (from above) and therefore spirit-composed. The body, of and by itself, was not alive until the breath of life was breathed into his nostrils. Therefore, a living soul (nephesh) is composed of body + spirit of man (mind or psyche).

In other words, man is composed of body which is matter as it comes from earth/mud/dust and a mind or psyche which is spiritual as it comes from a spirit-composed God breathing into man’s nostrils.

Now see how death is described and what happens to the 2 components of man at death in Ecclesiastes 12:7 (NIV)

The dust returns to the ground it came from, and the spirit returns to God who gave it

Also, in Genesis 3:19 for out of it was thou taken: for dust thou art, and unto dust shalt thou return.

James 2:26 For as the body without the spirit is dead...

Essentially then, the mechanism of death is that the spirit component of man separates from the matter component flesh-body; the former goes back to God where it came and was breathed from, the latter goes to hades (buried in the tomb to rot) where it was formed from.

Scientifically, although an assumption, the sudden electrical burst in EEG at time of death may find basis for this separation.

Where Differences Lie. After taking up what teachings Christians (Catholics, Protestants, etc) align with, we can now enumerate where they differ from, viz, (1. Is anyone who died, currently living in paradise? 2. Can the dead speak? 3. What happens to the 2 components of man at death today? 4. Is the spirit dead after death? 5. Where differences lie).

Firstly, we die, we immediately go to heaven or paradise. While death may find basis for this cause, religious sense, is shared by many. To grasp the mechanics of this truth, one has to understand how a person comes to be and becomes alive before knowing how one dies.

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In other words, man is composed of body which is matter as it comes from earth/mud/dust and a mind or psyche which is spiritual as it comes from a spirit-composed God breathing into man’s nostrils.

Thus, with this comma before the word today, Jesus went to heaven with the criminal on that day or immediately at death. With this teaching, one has to explain how could this happen when Jesus was still in the tomb for 3 days and 3 nights. Moreover, a teaching that a criminal goes directly to heaven had to assume that Jesus forgave him at the cross, without proof that he actually said so and does not need to do any good works of the Holy Spirit.

Alternatively, it may well be argued that the comma should follow the word today which then changes the connotation, as in:

Luke 23:43: Jesus answered him, Truly I tell you today, you will be with me in paradise.

With the preceding rendering that the comma was placed after the word today, the meaning changes to another interpretation. That is, Jesus said those words on that day, but the criminal will have that rendezvous in paradise in the future; yet, another conjecture.

Going back to the 1st question whether any man after death is currently living in heaven, one only has to listen to Jesus words, viz.,

John 3:13 No one has ever gone into heaven except the one who came from heaven--the Son of Man.

Also, consider what apostle Peter said on the Day of Pentecost:

Acts 2:29, 34 Men and brethren, let me speak freely to you of the patriarch David, that he is both dead and buried, and his tomb is with us to this day...For David did not ascend into the heavens...

Notice that the context refers to the whole person, body + spirit. When the text says, no one who died is in heaven, it therefore refers specifically only to the body. David, and for that matter anybody, is still buried, i.e. his body.

The claim that no one who died ascended into heaven, refers to the body-component, all parts of it. However, while the person as a whole did not go to heaven and the matter-composed body is still in the tomb, we learned (Ecclesiastes 12:7, Genesis 3:19, James 2:26) that the active spirit-component went to God where it came from. The spirit-component of man although active is naked, unclothed, as in 2 Corinthians 5:3, ie, not having a body and therefore nobody. Only Jesus, who came from heaven, ascended into heaven with a glorious body, ie, his mortal body did not rot in the tomb. Instead, after three days and three nights, it was changed in a twinkling of an eye into a glorious/spirit-composed body that is immortal. And with his spirit-composed body + psyche/spirit, the whole person ascended into heaven, (compare John 20:17, Matthew 28:9, Mark 16 and Luke 24). This new body of Jesus can be visible or invisible to human eyes.

2. Can the dead speak? The following verses are self-explanatory:

Psalm 115:17 (ESV), The dead do not praise the Lord, nor do any who go down into silence.
Psalms 6:5 For the dead do not remember you. Who can praise you from the grave? Psalms 30:9 What profit is there in my blood, if I go down to the pit? Will the dust praise You? Will it declare Your faithfulness? Isaiah 38:18 For Sheol (grave) cannot thank You, Death cannot praise You; Those who go down to the pit cannot hope for Your faithfulness.

How about in Revelation 19:1? Did not Apostle John hear a loud voice from heaven as in:

After these things I heard a loud voice of a great multitude in heaven, saying, ‘Alleluia! Salvation and glory and honor and power to the Lord our God!’ Did John hear the voice of dead saints? Compared with Revelation 5:11-12, this voice clearly came from a multitude of angels, Then I looked, and I heard the voice of many angels around the throne, the living creatures and the elders; and the number of them was ten thousand times ten thousand, and thousands of thousands, saying with a loud voice: ‘Worthy is the Lamb who was slain to receive power and riches and wisdom, and strength and honor and glory and blessing!’

How about the voices of the slain in Revelation 6:9-11.

When he opened the fifth seal, I saw under the altar the souls of those who had been slain for the word of God and for the witness they had borne; they cried out with a loud voice, O Sovereign Lord, holy and true, how long before thou wilt judge and avenge our blood on those who dwell upon the earth? Then they were each given a white robe and told to rest a little longer, until the number of their fellow servants and their brethren should be complete, who were to be killed as they themselves had been.

Knowing what we know now that only the psyche/spirit of man goes to God at death, not the body nor the whole person, one maybe able to explain this event. By itself and without a matter-composed nor spirit-composed tongue, the psyche/spirit is incapable of talking and vice-versa. For one to speak, both psyche/spirit and body have to be together; tongue has to be present to speak. Like faith without works is dead being alone (James 2:26), the body is dead being alone.

Nothing was said about the psyche/spirit that goes to God whether alive or dead. In this narrative, only the psyche/spirit is with God as the body of the slain is still in the earthly tomb. Since the psyche/spirit has stored memories, what is in there can be accessed and can be expressed, not by the psyche/spirit itself as it has no body to be used to vocalize with. This verse that says the slain cried out with a loud voice, must be taken as an allegory with memories of the slain longing and hoping for the resurrection with new immortal body. Not that the slain actually spoke and voice heard.

3. Do the dead know anything? Here again, the following are self-explanatory:

King David said, for the living know that they will die; but the dead know nothing... their love, their hatred, and their envy have now perished (Ecclesiastes 9:5, NKJV, see also Psalm 146:4; 115:17

Ecclesiastes 9:10 Whatever your hand finds to do, do it with all your might; for there is no activity or planning or knowledge or wisdom in Sheol (grave) where you are going.

4. Jonah praying in the belly of whale. The narrative goes like this: Jonah 1:17 Now the LORD had prepared a great fish to swallow up Jonah. And Jonah was in the belly of the fish three days and three nights.

Jonah 2:1-10 Then Jonah prayed unto the LORD his God out of the fish’s belly. And said, I cried by reason of mine affliction unto the LORD, and he heard me; out of the belly of hell cried I, and thou hearest my voice. For thou hast cast me into the deep, in the midst of the seas; and the floods compassed me about: all thy billows and thy waves passed over me. Then I said, I am cast out of thy sight; yet I will look again toward thy holy temple. The waters compassed me about, even to the soul: the depth closed me round about, the weeds were wrapped about my head. I went down to the bottoms of the mountains; the earth with her bars was about me for ever: yet hast thou brought up my life from corruption, O LORD my God. When my soul fainted within me I remembered the LORD: and my prayer came in unto thee, into thine holy temple. They that observe lying vanities forsake their own mercy. But I will sacrifice unto thee with the voice of thanksgiving; I will pay that that I have vowed. Salvation is of the LORD.

And the LORD spoke unto the fish, and it vomited out Jonah upon the dry land.”

The common teaching was that while in the belly of the big fish, Jonah was alive and praying to God. Was he really alive in the belly of the fish and praying? Remember that he was there in the belly for three days and three nights after having been swallowed. The answer lies in the actual testimony of Jesus and what happened to him.

Matthews 12:39-40 A wicked and adulterous generation demands a sign, but none will be given it except the sign of the prophet Jonah. For as Jonah was three days and three nights in the belly of a huge fish, so the Son of Man will be three days and three nights in the heart of the earth.

Jesus used the story of Jonah as an example of his death and how long he would be in the tomb as the only sign to a wicked and adulterous generation. No one disputes the fact that Jesus was dead and was buried. And so, shouldn’t we extrapolate that while in the belly of the big fish, Jonah was dead and was not alive praying? This was confirmed by the description that Jonah was brought up my life from corruption, ie from death. It is therefore conceivable that while he was still alive, drowning and about to become unconscious, he was praying. He was then resurrected after 3days and 3 nights like Jesus was.

5. Lazarus/Rich man-story?
When does this narrative find application? The common teaching is that after death, they were still alive but Lazarus was in comfort at Abraham's bosom while the rich man was tormented in flames. A number of areas are conflicted here. We now know that when a person dies, he is actually dead, not alive. Also, which hell is referred to? When was this resurrection? Let us then go through the whole account for analysis:

Luke 16: 19-31: There was a rich man, who was clothed in purple and fine linen and who feasted sumptuously every day. And at his gate lay a poor man named Lazarus, full of sores, who desired to be fed with what fell from the rich man's table; moreover the dogs came and licked his sores. The poor man died and was carried by the angels to Abraham's bosom. The rich man also died and was buried; and in Hades, being in torment, he lifted up his eyes, and saw Abraham far off and Lazarus in his bosom. And he called out, 'Father Abraham, have mercy upon me, and send Lazarus to dip the end of his finger in water and cool my tongue; for I am in anguish in this flame.' But Abraham said, 'Son, remember that you in your lifetime received your good things, and Lazarus in like manner evil things; but now he is comforted here, and you are in anguish. And besides all this, between us and you a great chasm has been fixed, in order that those who would pass from here to you may not be able, and none may cross from there to us.' And he said, 'Then I beg you, father, to send him to my father's house, for I have five brothers, so that he may warn them, lest they also come into this place of torment.' But Abraham said, 'They have Moses and the prophets; let them hear them. And he said, No, father Abraham; but if someone goes to them from the dead, they will repent.' He said to him, If they do not hear Moses and the prophets, neither will they be convinced if someone should rise from the dead.

This narrative speaks about their death and subsequent resurrection. Lazarus went to Abraham's bosom, while the Rich man was resurrected and found himself in torment, and in anguish in this flame. To begin with, there are 3 types of hell, viz, Hades where dead people are buried (entombed), Tartaros where rebellious angels are and Gehenna fire, the final death. Only Gehenna has unquenchable fire. Hades does not have flame of fire nor Tartaros. What was referred to, could only be Gehenna fire, which has flames of fire that living people can be tormented till death. The following are other English translations of this story:

Luke 16:23 While being tormented in the place of the dead, he looked up and saw Abraham at a distance with Lazarus at his side. (CEB). Notice, that the place of the dead was not specified as to any of the 3 types.

Luke 16:22-23 (CPDV) Then it happened that the beggar died, and he was carried by the Angels into the bosom of Abraham. Now the wealthy man also died, and he was entombed in Hell. Then lifting up his eyes, while he was in torments, he saw Abraham far away, and Lazarus in his bosom. Notice here, that the place where he was buried was in hell or Hades-Sheol but where he was resurrected or lifted up his eyes and was in torment because of the flame was not specified. Which of the 2 final resurrections are referred to?

Luke 16:21-23 (DRC1752) And it came to pass, that the beggar died, and was carried by the angels into Abraham's bosom. And the rich man also died: and he was buried in hell. And lifting up his eyes when he was in torments, he saw Abraham afar off, and Lazarus in his bosom: http://bible.com/55/luk.16.21-23.drc1752

Again, notice here that the place where he was buried was in hell or Hades-Sheol but where he was resurrected or lifted up his eyes and was in torment because of the flame was not specified.

Considering all the preceding, the timing of this resurrection had to be the second resurrection (Revelation 20:12-13), post-Millenium; in contrast to the first resurrection to immortal spirit-composed bodies at the beginning of the Millennium (Revelation 20:4-6; I Corinthians 15:20; I Thessalonian 4:16; Revelation 20:4):

This is a resurrection of the dead to flesh-composed bodies where people are judged whether to accept the "good news" of salvation and follow the guidance of the Holy Spirit. Those who did, went to Abraham's bosom for spiritual growth and development to attain salvation/immortality. Those who rejected this final offer, gift and grace of God, were thrown in the Gehenna fire to be tormented till consumed to die. This could only be the reason why Abraham said If they do not hear Moses and the prophets, neither will they be convinced if some one should rise from the dead; some finality to this punishment.

6. Do we have immortal soul? Only God is immortal (see 1 Timothy 6:15, 16). Paul says that the righteous seek for glory, honor, and immortality (Romans 2:7). If we had immortal souls, why would the righteous seek after something they already have?

Summary: When man was created, YHVH ELOHIM (Almighty God) made all parts of the body which is matter-composed from the ground/earth.

This body of man was not alive until the breath of life was breathed into his nostrils by God.

This life-giving component came from a spirit being and therefore spirit-composed. These are the 2 components of man, viz, matter-composed body + spirit-composed mind/psyche (aka spirit of man).

At death, these 2 components separate; the body which is matter-composed goes to the grave (hades), entombed and rot, while the psyche/mind which is spirit-composed goes back to the Creator.

The body is dead without the spirit while the mind/psyche without the body cannot speak, praise, vocalize, pray, etc because it is nobody. Yet, it is still active,
although non-functional, and has embedded memories, desires, longings that allegorically can be expressed.

To be functional, this spirit/psyche/mind combines with either a glorious, spirit-composed body, immortal (made by God) at first resurrection that commences at the Millenium and reigns with Jesus on earth.

Or, with a flesh-composed, mortal body at the second resurrection after the Millenium (Ezekiel 37:1-14) to have a chance to believe the gospel, receive the Holy Spirit of power, be guided by that Spirit for spiritual growth and development and eventually to be born son of God with immortal body.

Those who rejected this last chance will be thrown in Gehenna fire to be consumed forever, not tormented forever.

The new heavens and earth will be with Jesus as the head of this kingdom of God, all spirit-composed.

This is the gospel of the kingdom of God, the destiny planned by God for man from the foundation of the world.

May God bless us with this knowledge to enhance our faith in Him.

A list of references is available upon request.

raised by people other than their parents. The cost of living has made it almost impossible for a family to survive unless both parents work full time. The result is that unless the grandparents are able to care for the children, or that the parents are willing to take time from their busy day to be with their children, it is the village, or society that is raising them. I am not so sure that this is in the best interest of the child. A society that says, If it feels good, do it, or that says things like, There is no truth. Truth is relative to what you believe, just cannot be trusted to lead a child into a godly life. It takes godly parents to raise a child, not a society that is increasingly saying, There is no God.

For the mothers who stay home, I have news for you. Ministry begins at home. It is where we minister to our children and bring them up in the Christian faith and train them by word and by example. It was my mother who taught me how to pray. It was my mother who enrolled me into Sunday school. It was my mother who bought me my first Bible. There is no position ordained by God with more influence than that of a mother.

A mother’s influence is powerful. The apostle Paul wrote about his protégé Timothy, that from childhood you had known the Holy Scriptures. This education did not come from a priest, a Pharisee, or a pastor. It came from his mother. Most statistics show that a child’s behavior is formed in early childhood and their views on morality, ethics and religion are shaped before they even set foot on a school. Parents have barely a few years to exert their influence on a child before he or she is influenced by friends, teachers, total strangers, the media in all its formats.

A mother’s role can also be painful. Mary, the mother of Jesus understood this very well. On the day she took her son Jesus to be dedicated at the Temple, she was told by Simeon, This child is destined for the falling and rising of many in Israel, and to be a sign that will be opposed, and a sword will pierce your heart also. Many times, I had seen my mother cry over me. I was not exactly a good boy when I was growing up. I am aware that Mother’s Day can be a difficult time for some of you. Maybe you have recently lost your mother and this day rekindles your pain. Maybe you have lost a child, as Carla and I have, and your heart grieves on Mother’s Day. Maybe you think that you have not been a good mother. Maybe you were orphaned at an early age and raised by relatives. Maybe you are a single mother struggling to be a good parent for your children. Maybe you always wanted to be a mother but could not.

Remember always, that God has a special place in his heart for you. God has written a commandment for you so that you may be honored. You give your children the first impression of God’s love. Remember always, that where the mother is, that is where the home is also.

For all you children, young and old, on Mother’s Day and in all days beyond, love your mothers, and your fathers, and one
another. Where there is pain, love them. Where there is laughter, love them. Where there is hurt, love them. Where there is joy, love them. Always love them and you will not be alone. Angels will speak to you. God will whisper in your ear and comfort you. Let us pray. To fathers everywhere, you have not been ignored. You will have your own special day too. Fathers Day is June 18. Some special words are going your way as well.

I used to pray also on Mother’s Day at our hospital in Oak Grove L.A. However, our audio system has not been working and prevents me from doing so, even also during other celebrations like Christmas and New Year’s Day.

Dr Castro has sent our invitation to FEU-NRMF Board of Trustee chairman Nicanor Reyes III, vice chairman Enrique Reyes, president Atty Antonio Abad Jr, Dean Linda Tamesis MD, and FEU-NRMF Medical Alumni Society pPresident Dr Rommel Duenas for our 38th annual reunion and scientific convention in Long Beach CA, at the Hyatt Regency Hotel.

This year’s annual general Membership meeting will be held on Friday, July 21, and to be followed by the annual summer FEUDNRSM Alumni Foundation Board of Trustees meeting. Reminder also that Friday is the Filipiniana Night, honoring Class’72, Class’77, Class’82, Class’87, Class’97, Class’2002, and Class’2007, and the annual grand reunion dinner dance on Saturday, July 22, honoring Class’82, Class’97, and Class’92. There might be some changes next year but it will be announced later on.

Time is getting short before the alumni homecoming. I urge all of you to make your registration/reservation before the deadline comes. Before you board your planes, please be careful about those airlines that bump you when you are already seated to accommodate their own crews. These airlines tend to overbook so if someone does not show up, they don’t lose revenues by that empty seat. They call for volunteers but their offering is a meager amount that is not worth considering in lieu of your re-schedule flight. One airline plans to increase price offering to at least $2500 not the meager 200 or 500 that would not even entice the most stupid passengers. Airlines are already earning from bags and luggage in the millions and they want more. They strike you with expensive fares on the weekend. If you are using frequent flyer awards, you are at their mercy and put you at the end of the plane. The last time they yanked someone from his seat with the help of Chicago Police, they ended up paying him more for his injuries sustained during the brutal procedure of getting him out of his seat. We got more horrific incidents that were not reported.

Dr Cesar Candari had an excellent article on getting old. I fully agree with what he is saying. You don’t realize it until you are there yourself. On the social aspect you get all those discounts for being a senior citizen, you get the respect that of the utmost respect, love, praise and gratitude. Perhaps their sweet smiles are priceless as ever.

Mother, thanks for all the places that we have been together; thanks for all the arguments that we have pursued together; thanks for all the songs we have sang together; and most of all, thanks for the laughter and tears we have shared together.

Am I glad that I was able to try and gave my mother the kind of happiness that she appreciated most while she had the opportunity to enjoy it.
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To my mother and to all mothers, may you have our greatest love of all.

Belated Happy Mother’s Day to all.

To all our beloved members and colleagues, please be reminded of our upcoming 38th Annual Reunion in Long Beach, California on July 19-22, 2017. Kindly submit your hotel reservations and registration forms since the deadlines are fast approaching. We have an event for you.

LICERIO V CASTRO JR MD

10th JB NOLASCO MD MEMORIAL LECTURER continued from page 1

lecturer during the 38th reunion scientific convention of the FEUDNRSM Alumni Foundation, to be held at the Hyatt Regency Hotel Long Beach in California.

He was a class valedictorian at the FEU-NRMF Institute of Medicine and topped the 1993 Philippine medical board examinations. He had internship and internal medical residency at Beth Israel Medical Center/Albert Einstein College of Medicine in New York City, where he was also a chief resident in his senior year.

Dr Razonable undertook a postdoctoral research fellowship at Lilly Research Laboratories of the Eli Lilly and Company and infectious disease fellowship at the Mayo Graduate School of Medicine, Mayo Clinic College of Medicine.

In research works, he was involved in research program in transplantation virology and infectious diseases research aimed at advancing the management of infections that occur after solid organ and hematopoietic stem cell transplantation. He has been conducting:

- laboratory-based projects that characterize the interaction between the human host and the invading microbe;
- translational research projects aimed at applying our laboratory data into the clinical arena; and
- clinical projects that are aimed to assess the current state of clinical practice and generate relevant questions that need further laboratory-based investigations. His current projects in the laboratory include:
  - assessing the biology of Toll-like receptors in response to various pathogens such as cytomegalovirus, fungi, and hepatitis C virus;
  - using viral reactivation and replication as a measure of the intensity of immune suppression; and
  - assessment of cytomegalovirus-specific T cells in immunologic reconstitution following transplantation.

Several other ongoing projects are the assessment of the risk factors, treatment and outcomes of cytomegalovirus and other viral and fungal infections after transplantation.

In addition, his ongoing clinical trials aimed at assessing antiviral therapy for BK nephropathy and the use of investigational drugs for the prevention of cytomegalovirus disease after transplantation.

Dr Razonable has close to 200 peer-reviewed publications in important journals since 2001 to date.

His 10th Annual Jesus B Nolasco MD Memorial Lecture is entitled Going Global – The Threat of Emerging and Re-emerging Infections.

Class ‘97 MEMORIES, VISIONS continued from page 1

study groups, the lack of sleep and the constant testing? I remember one very strict professor. We would all settle into class and there he was roll call list in hand. No one dared look him in the eye for fear he would call on them. One time, a female student glanced up and he immediately called on her. She became so upset that she passed out and class had to be cancelled.

Medical school also produced a lot of wonderful memories and friendships. We would often sit on campus talking about school, life, the future, and homework. The Class’67 was graced with many gorgeous ladies and I often wonder how any of the men ever managed to focus on school work. Love affairs took place, some serious, some short term but intense. I remember one of my own dates, I was excited to be going out with a lovely lady. I planned the dinner date carefully, dressed to impress, and etc. About half way through the meal I suddenly realized I had forgotten my wallet and all my money. There I sat with an engaging, beautiful date and all I could think of whether I could slink out the back door unnoticed.

By the end of medical school, our visions began to shift. We were completing residencies and beginning to form families. Now images of being prosperous and maintaining a certain lifestyle were in the forefront of our thoughts. It was no longer a one person vision. We wanted to show everyone that we could be successful in our chosen fields, have children, watch them grow and become educated productive people in their own right. When we met up with classmates, questions began with what specialty are you in and how is the family?

The years have passed quickly and we are coming full circle. We have lost
classmates, more than I would like to admit. Each passing leaves an empty space and remaining friendships become more important to us.

When we meet the conversation often starts with who is ill or who recently passed away.

The visions we have of ourselves after 50 years are returning to a more personal level.

We see time passing quickly and we visualize our remaining years, spending time with our families, slowing down and savoring the time we have left.

This year the Class’67 celebrates 50 years of individual and combined vision.

Our class graduated, full of vision, energy, dreams and plans. We were ready to tackle the world head on.

As I visit with friends and classmates, I see those same fresh faced students: that focus on success and accomplishment.

I see images of classmates who have passed on but whose family and friends continue to take forth the vision they started.

The Class’67 had a mighty vision and it is not yet complete. It is not even halfway done.

Every dream we have had or are having is still out there, moving forward, changing and improving and will continue on in the lives of ourselves, our family and friends.
FAR EASTERN UNIVERSITY
DR NICANOR REYES SCHOOL OF MEDICINE
ALUMNI FOUNDATION

38th ANNUAL REUNION & SCIENTIFIC CONVENTION

HONOREES
Class'57 (Diamond Jubilee)
Class'62 (Emerald Jubilee)
Class'67 (Golden Jubilee)
Class'92 (Silver Jubilee)
Class'72 (Sapphire Jubilee)
Class'77 (Ruby Jubilee)
Class'82 (Coral Jubilee)
Class'87 (Pearl Jubilee)
Class'97 (20th Anniversary)
Class'2002 (15th Anniversary)
Class'2007 (10th Anniversary)

CLINICAL PRACTICE ADVANCES 2017
ACCME accreditation provided by the PHILIPPINE MEDICAL ASSOCIATION in CHICAGO
July 19 - 22, 2017
Hyatt Regency Hotel Long Beach
200 South Pine Avenue, Long Beach CA
Telephone 562-491-1234

REUNION VENUE
Hyatt Regency Hotel Long Beach
200 South Pine Avenue, Long Beach CA

RESERVATION
Telephone 562-491-1234
Room rates: Single occupancy $179
Double occupancy $179
Triple occupancy $204
Quadruple occupancy $229
Regency club +$60

Cut-off date Wednesday, June 28, 2017

SCHEDULE of EVENTS

Wednesday, July 19, 2017
1:00 pm - 5:00 pm Registration
6:30 pm - 12:00 am Holywood Welcome Reception (WR)
Licerio V Castro Jr MD FEUDNRSMAF President
Noli Guinigundo MD FEUDNRSMAF Chairman of the Board

Thursday, July 20, 2017
7:30 am - 8:00 am Registration, continental breakfast
8:00 am - 12:10 pm Scientific sessions
8:00 am - 4:00 pm Arts, posters, exhibits and product displays
11:10 am - 12:10 noon 11th Annual Jesus B Nolasco MD Memorial Lecture
12:30 pm - 5:00 pm Holywood shows and tours, or free time for everyone

Friday, July 21, 2017
7:30 am - 8:00 am Registration, continental breakfast
8:00 am - 12:30 pm Scientific sessions
8:00 am - 4:00 pm Arts, posters, exhibits and product displays
11:00 am - 12:00 noon Third Annual Ricardo L Alfonso MD Memorial Lecture
12:00 pm - 5:00 pm Annual Summer Board of Trustees meeting
12:30 pm - 2:00 pm Annual General Membership Luncheon Meeting (L)
2:00 pm - 3:00 pm Class'8 and Class'22 Jubilarians' Business meetings
2:00 pm - 3:00 pm Other Classes Luncheon Business meeting
6:30 pm - 1:00 am Alumni Filipiniana Night Honoring Class'62, Class'67, Class'92,
Class'97, Class'2002, and Class'2007

Saturday, July 22, 2017
7:30 am - 8:00 am Registration, Continental breakfast
8:00 am - 12:10 pm Scientific sessions
8:00 am - 4:00 pm Arts, posters, exhibits and product displays
11:10 am - 12:10 pm 22nd Annual Dr Nicanor Reyes Memorial Lecture
5:30 pm - 6:30 pm Photo sessions: Silver Jubilarians and other Classes
6:30 pm - 1:00 am 38th Annual Grand Reunion Dinner Dance Honoring Class'62,
Class'97, and Class'2007
REGISTRATION
Please write legibly.

Name___________________________________________
Spouse_______________________________
Address_______________________________________________________________________________
Telephone  ____________________________   Email _______
Class  ______

Please check the event(s) you want to attend.

Annual membership fee [required to attend any event] ……………………………… $ 70
( Lifetime Members excluded)
CME $250/person ___ # of persons x fee _____ total ………………………………
Retired $150 ___ # of persons x fee _____ total ………………………………

Pieta Naman Sa Piyo Welcome Night Reception* (Wednesday, July 19, 2017) … free
For registrants and spouse only ___ # of attending guests: 1 2

Filipiniana Night (Thursday, July 20, 2017) $200/per person ……………………………
On/before June 19th June 20- July 3 July 4-10 July 11 and on-site
$200  $220  $240  $260

General Membership Luncheon (Friday, July 21, 2017, 12:00 noon) $50 per person ___

Grand Reunion Night (Saturday July 22, 2017) $200/per person ………………………
On/before June 19th June 20- July 3 July 4-10 July 11 and on-site
$200  $220  $240  $260

TOTAL …………………………………………………………………………………… $ _____

Early registration is encouraged. Please send your registration early on or before July 17, 2017, to get
the discounted fee.

On-site registration is only on Wednesday, July 19th, from 1:00 pm to 4:00 pm, and Thursday, July 20th,
and Friday, July 21st, only from 9:00 am through 1:00 pm.

Make check payable to FEUDNRSM Alumni Foundation and mail to Pedro Florescio Jr MD, Executive
Director, FEUDNRSM Alumni Foundation, 337 Elmhurst Place, Fullerton, CA 92835.

Your cancelled check is your receipt. It will be acknowledged its receipt with your registration and
check, with legible email address. Self-addressed and stamped envelope is also acceptable for those without
email address.

For further question or information, please send your questions to my email at pflorescioofla@sbcglobal.net.
DO NOT send your registration via certified mail with return card, which will not be retrieved from the post office.

Refund is available upon request 30 days before the event minus $100 for processing fee. Annual
membership fee is not required for those who are Lifetime member.

Due to strict hotel policy on banquet events it is advised to register on time. Late registrants may be
served with different meal.

CREDIT CARD AUTHORIZATION FORM

PLEASE PRINT LEGIBLY. DO NOT E-MAIL THIS FORM FOR YOUR SECURITY.

You can mail completed credit card authorization form and registration form to: Pedro Florescio MD, Executive
Director, FEUDNRSM Alumni Foundation, 337 Elmhurst Place, Fullerton, CA 92835. Or credit card payment is
best for on-site registration.

Name/s ______________________________________________________________________________________

Method of Payment
□ MasterCard □ VISA □ American Express □ Discover

Name on Credit Card __________________________________________________________________________

Credit Card Billing Address ______________________________________________________________________

Credit Card Number _____________________ ____________ Expiration Date ___ ___

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Credit Card Card Number

Name on Credit Card

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Credit Card Card Number