



# ECTOPIC MURMURS

Volume 28

Opinions and articles published herein are those of the authors and do not necessarily reflect that of the FEUDNSM Alumni Foundation

Number 13

June 2016

## 37<sup>th</sup> Reunion KEYNOTE SPEAKERS

There will be three keynote lecturers during our 37<sup>th</sup> annual FEUDNRSM Alumni Foundation reunion scientific convention to be held at the Hilton San Francisco at Union Square.

Philip S Chua MD<sup>61</sup>, an Emerald Jubilarian, will lead on Thursday, July 7, 2016, along with Herman Hedriana MD<sup>83</sup> the following day, and Nunilo G Rubio MD<sup>67</sup> on Saturday.



PHILIP S CHUA MD



HERMAN L HEDRIANA MD



NUNILO G RUBIO MD

Dr Chua is a cardiac surgeon *emeritus* in Northwest Indiana, past president and board chairman of the Alumni Foundation. He is a fellow of the American College of Surgeons, the Philippine College of Surgeons, and the International College of Surgeons.

Dr Chua was a Denton Cooley fellow in cardiac surgery at the Texas Heart Institute in Houston where in 1972, he was elected president of the Denton A. Cooley Cardiovascular Surgical

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## CHAIRMAN'S

### *Message*

Our 37<sup>th</sup> annual reunion and scientific convention in San Francisco is only a few weeks away! The Northern California Chapter has been working tirelessly to plan a weekend of events to help you reconnect with old friends and to forge new ties with FEU-NRMF classmates from around the United States and the world. I have no doubt that this year's events will be as full of laughter, dancing, and joy as reunions of the past. We hope you will join us in San Francisco to celebrate our Jubilarians and honor our alma mater.

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OSCAR C TUAZON MD

Members of Class<sup>61</sup> have distinguished themselves in different areas of medicine by gaining prominent positions in the United States, Philippines and other parts of the world.

## 2016 EMERALD JUBILIANS

CESAR D CANDARI MD<sup>61</sup> FCAP *Emeritus*

Members of Class<sup>61</sup> have distinguished themselves in different areas of medicine by gaining prominent positions in the United States, Philippines and other parts of the world.



CESAR D CANDARI MD

It is a living testimony of human achievement. When you start to know the FEU Class<sup>61</sup>, you will see how it

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## PRESIDENT'S

### *Message*

My term as your president ends at the conclusion of the 37<sup>th</sup> annual reunion and scientific convention in the scenic and beautiful San Francisco, on July 6-9, 2016.

This is my last message to you as the FEUDNRSM Alumni Foundation president.

My messages are current and relevant that in a way affect you as a member of the Alumni Foundation and as alumnus of FEU-NRMF.

I am honored and humbled to have served for 2014-2016. This job is challenging and demanding because I am required to perform with the best of my own ability rather than relinquishing the duty and responsibility to another person

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MANUEL A MALICAY MD

## FAITH CORNER

REV MELVIN ANTONIO MD<sup>65</sup>

The Pilipino trait of hospitality is highlighted in the Gospel of Matthew:  
*Whoever welcomes you welcomes me, and whoever welcomes me welcomes the One who sent*

*me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the rewards of the righteous and whoever gives even a little cup of cold water to one of the little ones in the name of a disciple, truly I tell you, none of these will lose their reward.* (Matthew 10: 40-42)

The word *welcome* appears six times in these verses and is often heard as a lesson in hospitality. To put it into proper context, Jesus is giving the disciples instructions before he sends them out on a mission. They are to act as his ambassadors, proclaiming the good news of God's Kingdom while performing the works of healing just as He is doing. These same instructions are intended to reach Christ's followers to the present generation. They (we) will not be welcome everywhere and will depend on the hospitality of others. As He himself is sent by God, Jesus now sends His disciples (us) to participate in His mission of proclaiming the

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REV MELVIN  
ANTONIO MD

## TOUCHDOWN JESUS SUMMER

MARA MAKASIAR

FEUMAANI Scholar

On May 5<sup>th</sup>, I remember sitting in the car looking at the rearview mirror and seeing the main building's famous golden dome slowly getting further and further away. At first, I was

relieved that I had finished my final exams, but soon after I felt strange and confused. After a very fast paced academic year, it came as a surprise to finally be done. The year was an especially grueling one but I was able to finish with a 3.85 GPA, qualifying for the Dean's List for both semesters. I was also blessed with wonderful news and found out that my application to study abroad was accepted and I will be attending school in Toledo, Spain next spring semester. This will be a wonderful opportunity to focus on my second major and immerse myself in the language and culture.

One of the most important things to have happened to me this year was joining a psychology research laboratory. Lots of research experience is required in order to attend graduate school to become a clinical psychologist, so I was very happy to join a laboratory, especially with a professor I admire and know well. The laboratory I joined focuses on basic and applied research aimed at fostering healthy

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## TENDERLY YOURS

NOLI C GUINIGUNDO MD<sup>62</sup>

Louisiana is being inundated by request for allied professionals for an independent practice.

A little background is in order. Right now some of us medical practitioners work with physician's assistant and also nurse practitioners. The work is a collaborative effort with the also nurse practitioners. We supervise the nurse practitioners and sign their charts, progress notes, history and physical examinations, medical orders, etc. Their liability insurance is with the hospital insurance. When there is a lawsuit, the doctors are charged but not the nurse practitioners.

In the Louisiana Congress in Baton Rouge, there is a bill asking for an independent practice for the nurse practitioners. In other words, no more supervision from Physicians. The Louisiana Medical Society is not in favor of the nurse practitioners practicing without supervision as they did not have enough training to merit such move. I don't have problems working with the nurse practitioners, and I have done so for several years now but still, I am concerned. Concerned that they should not be allowed to practice with some form of collaborative agreement.

What happened then with the bill? It was initially approved by the Senate, but, it had some problem with the House of

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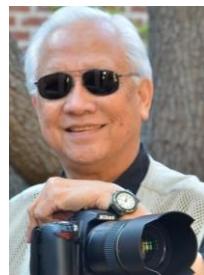
NOLI C  
GUINIGUNDO MD

# JUNE IMAGES

ROLANDO M SOLIS MD<sup>63</sup>



Colorado Columbine



ROLANDO M  
SOLIS MD

**LET US REGISTER  
AND VOTE**

CESAR D CANDARI MD<sup>61</sup>

FCAP *Emeritus*

Pilipino-Americans urged to register and vote in the United States polls. Organizers include the National Federation of Filipino American Associations appealing to all Pilipino leaders in different communities and cities in America to campaign, educate to register and vote. It has been said if there is a large enough Pilipino-American voter turnout in November, only then can both political parties see the increasingly important vote. It could only happen if Pilipino-Americans make themselves heard at the polls come election day.



CESAR D  
CANDARI MD

According to the 2014 United States census estimate nearly 3.8 million Pilipinos in the US, about 3.2 million are US citizens. Based on the latest census, only about half of these eligible Pilipino-Americans have registered to vote. Roughly 76% or about 2.8 million Pilipino-Americans are potential voters in the 2016 United States presidential elections .We need to translate this numbers into actual voting. Registering to vote means you are not speaking just for yourself and your community, but you are speaking for Asian Americans at large; if you do not vote you do not have a voice.



Lady Slipper Orchid



Bucolic Philippine Farm Scene

Some of reasons cited for the low rate of Pilipino voter registration: the community is not inspired to vote; there is a sense of apathy; Pilipinos feel their votes would not matter; political campaigns do not bother to call or involve Pilipinos if they are not a sizable constituency; and there is little investment poured in mobilizing the Pilipino vote.

The Pilipino-American vote is part the larger Asian-American electorate that was about 3.9 million in the 2012 presidential elections. While Latinos are the most talked about voter demographic, Hispanic millennial will account for nearly half (44%) of the record 27.3 million Hispanic eligible voters projected for 2016.

As of 2011, the Asian American population was more than 17.6 million; the Pacific Islander population topped 1.2 million. Asian Americans, including Pilipino-Americans, helped re-elect a Democrat president in 2012. In a 2012 exit poll study made by the Asian-American Legal Defense Fund, 77% of Asian Americans voted for Obama while 21% for GOP nominee Mitt Romney. It stated 65% of Pilipino-Americans who cast their ballots voted for Obama, 32% for Romney.

Both Democratic and Republican parties are realizing the potential and are courting the Asian-American votes. In May 2014, the Republican National Committee appointed Ninio Fetalvo as press secretary for Asian American and Pacific Islander media. The Clinton campaign named Jason Benjamin Tengco their Asian

American and Pacific Islander outreach director for Democratic presidential candidate Hillary Clinton. Both are Pilipino-Americans.

That means that they are starting to care, starting to notice us, we should build off of that momentum and exercise our right and privilege to vote.

Today, Pilipino-Americans are now visible in the American mainstream especially the younger generation. Their families have raised them to levels where they can actually take pride. They are awakening, and this young generation will be taking their rightful place in this country. It is a journey that we all feel proud, awesome to witness. But as an ethnic group, the Pilipino Americans have not yet reached that Pilipino political power.

Empowerment in socio-political landscape is what we must need. We learned that in some of the Assembly races, state Senate races and counties supervisorial seats, Pilipino Americans could make up a sizable difference to actually make an impact in the elections, if only they are united, register and participate in voting. As Pilipinos our image in America must be solid, based on our unity. This is the time to speak as one. There is still that torpor for change. Yes divisiveness—that virus so deeply ingrained in Pilipino-American psyche.

In my opinion, the Asian American vote and the Pilipino vote specifically is a swing vote. However, because we are identified as low turnout in the past elections, the relevance of the Asian-American vote, as well as the Pilipino-American

vote have not impressed anyone and often ignored. Both political parties are observant and they can only notice those that come to the polls come election day.

Will the Pilipino-American's vote truly matter in this presidential election in November? Will the result of this election affect the fate of Pilipinos in America? Are we known to have shown our strength to be noted by US politicians? We know there is that dismal turn out by Pil-Am when it comes to exercising their suffrage in elections time. Are we still that apathetic people that we have been known to be?

We Pilipinos are vociferous, have much to say and complain about many inadequacies of our government officials. Do we participate in the fight for a change when given that opportunity through our votes? Someone said our actions simply do not match our rhetoric.

Now, I wonder if this 2016 election between Republican presumptive nominee Donald Trump and presumptive Democrat Hillary Clinton will be different for us Pilipinos in America, especially when so many issues directly affect our lives in this adopted country and in the Philippines with a new President.

This much I can say. Data showed that no matter the party --- Democrat, Republican, or Independent --- the state's Asian American voters have similar priorities. Immigration, education and health care are issues that are expected to bring them to the ballot boxes.

# **CLINICAL IMAGES**

## **SPONTANEOUS IDIOPATHIC PROXIMAL COLON PERFORATION FOLLOWING TOTAL KNEE REPLACEMENT SURGERY**



**Figure 1** - CT scan lateral view displays marked intestinal dilatation from jejunum to descending colon. **Figure 2** - The transverse CT scan view reveals diffusely dilated intestinal loops.



**Figure 3** - An opened-up cecum and proximal colon exhibits two colonic perforations (arrows).

These **IMAGES** are from a 72-year old woman who had a left total knee replacement five days earlier, went to a nursing home for rehabilitation. She had some difficulty voiding, had not had a bowel movement, had become short of breath, and had increasing abdominal distention and significant amount of bloating, associated with mild abdominal pain, rated  $4/10$ . No nausea or vomiting. She passed flatus and did have a bowel movement.

The patient was readmitted to have abdomen and pelvis computer tomographic scan which showed dilated bowel from the jejunum to the level of the descending colon up to the level of the cecum with narrowed loop of sigmoid colon. (Colonoscopy in two years ago was normal.)

Exploratory laparotomy demonstrated proximal colon spontaneous idiopathic perforation, seven centimeter distal to ileocecal valve. The lesion was bounded by colonic wall thinning, acute and subacute inflammatory tissue. The terminal ileum, cecum, proximal colon, and transverse colon were strikingly dilated. Fecal material surrounded the cecum and proximal colon, associated with acute and organizing peritonitis. Right hemicolectomy ileocectomy was promptly performed.

The patient tolerated the procedures well and was discharged within a week. Follow-up was also unremarkable.

The final diagnosis was a spontaneous idiopathic perforation of the proximal

colon following total knee surgery.

### **COMMENTS and LITERATURE REVIEW.**

The probable mechanism of the proximal colon perforation following a major surgery is unclear, but may be attributed to the gastric inflation during the assisted artificial respiration during the operative process. This results to an extended over-distension of the colon. The pressure within the colonic lumen increases and distributes asymmetrically, leading to an excess pressure increase at the level of the angle. The colonic wall is hyperdilated, becomes excessively thin; then perforation occurs spontaneously.

The treatment, as done in the index case, must be an immediate laparotomy. The extensive right hemicolectomy, terminal ileum segmental resection and cecectomy are dictated by the leaked feces and complicating peritonitis in that regions of the abdominal cavity.

Some other conditions like, hypothyroidism, intestinal hypomotility, chronic constipation and fecal impaction, have been reported as possible etiology of colonic perforation.

This perforation complication is commonly found in extreme of ages like elderly and infants. The mean age in elderly cases is 65 years. Males are more susceptible to develop perforation with a ratio of elderly males to females 2:1. The anti-mesenteric border is the area of physiological ischemia.

Spontaneous colonic perforation is classified into

idiopathic and stercoral types. The former diagnosis is made by exclusion of any identifiable cause; it is of unknown nature. The idiopathic type is less common and carries better prognosis due to minimal fecal contamination.

Stercoral perforation is 1.2% of all colorectal surgical emergencies, 3.2% of all colonic perforations. Stercoral perforation is commonly seen in chronic constipation. The perforation is usually rounded, of more than 1 cm in diameter and colon is full of stool with ischemic necrosis of the surrounding mucosa and acute inflammatory reaction.

Perforations occur more often in recto-sigmoid, mid-sigmoid regions, cecum transverse and descending colon. It is rare in the proximal colon.

The principle of management of spontaneous colonic perforation is prompt surgical intervention, excision of the affected segment and extensive peritoneal lavage with antibiotics.

In **CONCLUSION**, spontaneous perforation of the cecum is a rare occurrence. Any portion of the colon may be involved and most commonly occurs in the elderly, is usually misdiagnosed before surgery and leads to a high mortality rate after surgery.

Early correct diagnosis, early surgery and appropriate surgical treatment options are the key to improve the prognosis.

A list of **REFERENCES** is available upon request

**CESAR V REYES MD<sup>68</sup>**

## TENDERLY YOURS

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Recently also, an

independent practice for the physical therapist was approved by Louisiana

Congress. In other words, the physical

therapist can practice therapy without orders from physicians. They can do x-rays, etc, on patients without orders from physicians.

There is a move from physicians to call the state governor for him to veto the said approved bill for a better medical practice in the State.

We are not sure what the other states are doing to allied professionals requesting for an independent practice.

I had a chance to talk to several nurse practitioners, some with additional doctor in their names. They agree that additional hours of exposure or practice with Physicians is necessary because they can also feel confident to be on their own.

The newly elected Philippine president had indicated he will kill drug dealers during his early days in office. I do not know how this can be carried out.

It is almost similar to United States presidential candidate Donald Trump when he said, he will build a fence at the Mexican border. We do not know if he can possibly do this, even at the expense of the Mexican government.

I have seen the new president-elect's plan for the Philippines.



NOLI C  
GUINIGUNDO MD

Let me mention some for the benefit of those unable to have access to the same: author – Patricia Lourdes Viray, control drugs and crime, suppress crime in the first 100 days, increase compensation of work force by way of allowances, no more licensing of heavy firearms, only rifles, shotguns and short firearms will be allowed , restore death penalty for heinous crimes, (rape with death of victim, kidnapping with ransom, robbery with homicide) , issuance of clearances by government agencies within 72 hours, no more *lakbay-aral*, no more deploying of *barangay tanods*, mandatory curfew for minors, arrest parents due to neglect of duties, no drinking alcoholic beverages in public places, create department of overseas workers, order arrest of illegal recruiters, no collections of any kind for students in public schools, taxi drivers must have loose change at all times, call for true and consider release of all political prisoners as part of confidence building, impose a speed limit in EDSA, sell the presidential yacht to fund buildings for the armed forces and the Philippine National Police.

As Philip S Chua MD mentioned in his column, he should be given the chance to do all these things.

Those who have not registered yet for the reunion, kindly register now and avail yourself with the discount. God bless you all and see you in San Francisco.

## TOUCHDOWN JESUS SUMMER

*continued from page 2*

development in children and families. Specifically, the

research in our

laboratory

examines the

developmental

effects of

exposure to

violence in

childhood. With a

focus on children

who have multiple traumatic

exposures, we investigate

resulting patterns of resilience

and psychopathology, including

the development of

posttraumatic stress symptoms.

Recently, I applied for a summer grant in order to continue my research throughout the summer. The undergraduate research opportunity program offers the comprehensive summer grant which supports a broad array of arts and letters and interdisciplinary research and creative projects. Thankfully, I was awarded the grant and am looking forward to spending nine weeks over the summer back at Notre Dame, researching what interests me!

To be more specific, my research focuses on a sample of mothers and children who have been exposed to intimate partner violence (IPV), also known to most as domestic violence) to a sample of those who have not. In this project, I will study maternal depressed mood, a core feature of depression. Additionally, the proposed research aims to examine children's resilience, or their protective systems in



MARA  
MAKASIAR

the face of adverse events, specifically prosocial behaviors and emotion regulation. This project will evaluate the link between maternal depression and child resilience, in a sample of mothers and children, approximately half of whom have had IPV in the past year.

The objective of this research is to gain better understanding of the influence that maternal depression may have on the ability of children to adapt and function positively. It also aims to examine the unique contributions of IPV and depression to child resilience. It is hypothesized that

(1) IPV is associated with lower child resilience,

(2) maternal depression is associated with lower child resilience, and

(3) children with mothers who have experienced both IPV and have depression will be less resilient than children who have mothers with depression but have not experienced IPV.

Following the primary analyses, data from children who are living in households with high environmental risk (ie, IPV and maternal depression) but who retain high levels of resilient functioning will be examined. This will improve important and novel depth to the current literature on risk and resilience in children.

These findings could also be utilized to improve the functioning and well-being of both women and children exposed to IPV and help provide insight into the effects of maternal psychopathology on children.

I cannot really express how excited I am to finally begin my own research. I am so thankful to have been given this opportunity to study what I love while staying on Notre Dame's campus as well.

My time here in my undergraduate studies is flying by so quickly it seems, but I am looking forward to what lies ahead.

## FAITH CORNER

*continued from page 2*

good news of God's Kingdom. With this in mind, we begin to understand our own call to



REV MELVIN  
ANTONIO MD

discipleship more clearly, embrace it more totally and carry it out without fear or hesitation. As we are called, we are also sent. As with the

disciples, we are told to offer gifts of compassion: to cure the sick, cleanse the lepers, drive out the demons. We are to proclaim the Gospel, by acting out our Christianity.

The grace of hospitality and open hearts is expressed beautifully in Matthew's Gospel. What is often missed is that such grace is reciprocal, meaning that the rewards of hospitality are experienced by the beneficiaries as well as the givers thereof. This reciprocity is central to our lives as Christians. Those who come to our doors have the potential of bringing wisdom and richness as much as they bring a seeking heart.

My wife and I recently completed a two-week tour of Vietnam and Cambodia three weeks before President Obama's visit. On such a trip, one tends to put aside for the moment the cruelty and injustice that war brings upon nations and concentrate on the people. Forty years after the end of what the Vietnamese call *The American War*, the country has almost completely recovered its balance and is well on its way towards modernity. Its biggest efforts are devoted to rebuilding infrastructure with the help of Japan, South Korea and ironically, the United States. Vietnam remains the second biggest producer of rice in the world, next to Thailand. The biggest Samsung plant outside of Korea is in Hanoi. And the people? The majority of Vietnamese and Cambodians practice Buddhism, which preaches goodness of heart, mind and spirit. They believe that good thoughts can only bring about good deeds towards one another. As such, they tend to forgive the deeds of the past and face the future with hope. They practice hospitality upon others as much as they depend on other people's hospitality.

Hospitality. We Pilipinos practice it out of habit. So why can't everybody else? Why do strangers from many other countries have a tough time being made welcome? Why do the color of one's skin, cultural and religious practices, socioeconomic status become issues in opening our doors? When did political correctness override love towards neighbor? I can only guess at the answers

because they can only be found in our hearts and minds. Caring for the widow, the orphan and the stranger is mandated by God. Highlighting this further, Jesus says, *whoever welcomes you, welcomes me...and the One who sent me.* This is the way of Christ.

## 2016 EMERALD JUBILARIANS

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inspires and motivates, and is worthy of emulation! It

epitomizes our belief as best stated by philosopher William Jennings Bryan: *Destiny is not a matter of chance, it is a matter of choice; It is not a thing to be waited for. It is a thing to be achieved.* We are the achievers!

Our 33<sup>rd</sup> graduation anniversary yearbook published in 1994 is a powerful Class yearbook that remains unsurpassed. Our lifetime Class president Philip S Chua MD wrote and published the issue.

Turning through the pages of the class yearbook, which encompasses decades of unforgettable recollections of our medical school experiences, was nostalgic. We are reminded how we dreamt, strove to have a positive influence in society by improving the quality of health care in our community. We desired knowledge to help our fellow human beings. Through patience, persistence, diligence and prayers we stood fast, and in 1961 we received the title of

doctors of medicine.

By estimate, 80 to 90% came to America, the land of milk and honey for postgraduate training. We were diligent in our pursuit of medicine as a career because medicine offered us the opportunity for a fulfilling life dedicated to helping others. Without America, many of us would not have had the chance to be what we are now. We live in a wonderful world full of beauty, charm and adventure.

United Class<sup>61</sup> was an outstanding group. With great pride and honor, our classmate Vic Verzosa MD (deceased) topped the Philippine medical board examinations. FEU Class<sup>61</sup> garnered eight of the 10 topnotcher places that year.

Our esteemed classmate, Lilia Pagtakhan-Luna MD, an obstetrician-gynecologist practicing in Manila, was appointed medical director of the FEU-NRMF Hospital in 1985.

Befitting an eminent person, Dr Chua, a cardiovascular surgeon in the United States and Cebu, is the first FEU alumnus appointed as a board trustee of the FEU-NRMF for ten years. He is a consummate leader, past president of Association of Philippine Physicians in America, Society of Philippines Surgeons in America, Filipino United Network – USA, president and chairman of FEUDNRSM Alumni Foundation, book author, columnists of seven newspapers (two in the Philippines, and five in the United States)..

Yours truly was appointed as city commissioner for four years and is a member of the

board governor of the Qualcomm Stadium in San Diego. In addition, I have served as commissioner (field examiner) for the Medical Board Oral Examination, Licensing Division of Board of Medical Examiners of the State of California.

Members of our class have become presidents of Philippine medical associations in different cities and in different specialties. There are professors, medical staff presidents, chiefs of service and chairmen of hospital departments. We are respected members of the community, having headed civic and governmental societies and agencies with recognition locally and nationally. United Class<sup>61</sup> is recognized as a distinctive group with distinguished careers and achievements. We have been elected to top posts of different medical and socio-civic organizations, and are also leaders, innovators, social scientists, and patriots. There are writers, columnists, book authors and publishers. We have dedicated great leaders of the Alumni Foundation.

Two of our classmates received most outstanding alumnus of the year. In January 1913, yours truly was awarded the prestigious most outstanding alumnus in medicine during the 85<sup>th</sup> founding anniversary of the Far Eastern University, held in Manila. The award *seeks to give due recognition to Tamaraws for their extraordinary contributions to the growth and development of the Philippines and whose achievements in their professions or vocations*



CESARD  
CANDARI MD

have substantially brought honor and prestige to Far Eastern University.

During the 45<sup>th</sup> anniversary of the FEU-NRMF, two members of Class<sup>61</sup> (Dr Chua and yours truly) were chosen as most outstanding alumni in leadership and community service award, respectively, who exemplify what is great about FEU-NRMF.

There were more members of the class with milestone awards and recognitions. Many of us are in the forefront in making a meaningful difference in people's lives. Arturo De Leon MD and Rosemary Espino-De Leon MD, the leaders of the Carolina medical mission based in Raleigh NC show no limit in their dedication, kindness, and genuine love for the poor people in our homeland.

Amado Chanco MD and Ruby Chanco MD, Tom Bonson MD and Lita Bonzon MD, Lydia Aquino MD, and Ernie Madarang MD and Hai Madarang MD, always join the Carolina medical mission.

Yours truly have accomplished the ADOPT A HOSPITAL project as well in his hometown in the province of Antique. About \$500,000 worth of hospital equipment and supplies were donated to the 25-bed community hospital.

To our beloved university hospital, our class donated \$20,000 to the pulmonary laboratory of the FEU-NRMF hospital in 1986. It was an unfeigned act of giving back, a testament of our love and loyalty to our Alma Mater.

With purity and holiness we fervently uphold the highest ideals of the medical profession as written in the Hippocratic oath.

A remembrance to 22 classmates who are gone but not forgotten: Though you are no longer in our lives to share, you remain in our hearts and are always there.

## PRESIDENT'S

### *Message*

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to do his job.



MANUEL A  
MALICAY MD

Briefly the following are the duty and responsibility of a sitting president:

First, reviewing and signing the hotel contract for the annual reunion and scientific convention.

Site visit and meeting with the hotel coordinator to finalize all the details for the event together with the convention officers.

Overseeing the progress in the preparation of the event.

In past two years I was fortunate to hire Ms Kellie Sabas from Helms Briscoe, who has helped us obtain a contract with a wholesale hotel room rate and more concessions for a perfect venue with no charge from the Alumni Foundation. This was one of the reasons why the 36<sup>th</sup> annual reunion revenue was close to our convention expenses.

Second, representing you and the Alumni Foundation during the annual alumni homecoming in the Philippines. During the latter event, together

with the Alumni Foundation board chairman, we met with the FEU-NRMF Medical Alumni Society officers to resolve issues that are beneficial to both organizations.

A second meeting with the members of the FEU-NRMF board trustees, with all the FEU-NRMF hospital heads. The problems and issues facing the medical schools, hospital, fellow alumni and medical students are discussed and resolution of the problems are made.

The president was required to present the certificates and checks to the outstanding students at the student recognition award ceremonies.

Lastly, during the grand alumni gala night during *Balik-FEU*, the president and board chairman are required to give a short message. These are just some of the required responsibility.

Although two years is short, I have made a few first during my tenure as the president.

First, propose a budget for the Alumni Foundation for 2016 and 2017;

The first sitting president to sponsor a professorial chair in medicine and

Finally one of the 11 alumni honored as the most outstanding alumni during the 45<sup>th</sup> anniversary of our Alma Mater as a medical foundation, FEU-NRMF.

As the president, I also promoted honor, prestige, integrity, dedication and generosity to fellow alumni and the Alumni Foundation.

**MANUEL A MALICAY  
MD<sup>72</sup> FACP FASH**

## CHAIRMAN'S

### *Message*

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As a reminder, this year's reunion will be held the



OSCAR C  
TUAZON MD

weekend of July 6 - 9<sup>th</sup> at the Hilton San Francisco Union Square. If you have not already done so, we strongly urge you to register as soon as possible and to reserve your

accommodations to make sure you don't miss out on any of the fun and priceless memories!

(When making reservations, please use the following code for the contracted discount rate: FEUNRMF.)

We look forward to seeing you at the Welcome Night (Wednesday, July 6<sup>th</sup>), Filipiniana Night (Thursday, July 7<sup>th</sup>), and the Grand Ball Night (Saturday, July 9<sup>th</sup>).

Additionally, we hope to see new faces at our Board Meeting (Friday, July 8<sup>th</sup>), especially those of you who are interested in taking on an active leadership role in the Foundation.

We hope to see members of all classes represented at the Grand Reunion Night and are especially eager to celebrate the graduation anniversaries of all of our Jubilee celebrants.

Fellow alumni, please take the time to encourage your friends and classmates to join us and register their attendance today!

I am very excited to welcome you all to California and look forward to seeing you soon in San Francisco!

Warmest regards,  
**OSCAR C TUAZON MD<sup>74</sup>**

## 37<sup>th</sup> Reunion KEYNOTE SPEAKERS

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Society, an inclusive association of more than 800 cardiac surgeons from around the world who were trained by Dr. Cooley at Texas Heart Institute.

He is also past president of the Association of Philippine Physicians in America, the Society of Philippine Surgeon in America, and the American Heart Association in Northwest Indiana.

He used to head a four-man cardiac team in Northwest Indiana from 1972 and retired in 2001 to take care of his wife, Farida, a classmate and retired pediatrician, when she had complex lumbar spine surgery.

In 1996, Dr Chua and his cardiac team established the open-heart surgery program and served as cardiac surgery chairman.

He chairs Filipino United Network – USA, a 501(c)3 humanitarian and anti-graft foundation in the United States, whose main objective is to help fight poverty and corruption in the Philippines.

He writes a weekly column two newspapers in the Philippines and five Pilipino American newspapers in the United States.

His 800-page medical reference book, *Let's Stop Killing Our Children*, is listed in the United States Library of Congress and available at Amazon.com, Barnes & Noble, and [philipSchua.com](http://philipSchua.com).

At the Balik-FEU this year, Dr Chua was recognized with a distinguished leadership award by the FEU-NRMF in Manila.

In his student days, he was a close friend and protégé of Dr. Ricardo Alfonso. He will lecture on *Transcatheter Aortic Valve Replacement*.

The other highlights of Thursday morning are

Henry Mendoza MD<sup>66</sup>, an internist in Flint MI on *Erectile Dysfunction*;

Augustus Cezar Lastimosa MD<sup>74</sup>, Digital Consultant, Retired Neurophysiologist on *Market Inefficiency in Medical Practice*!

Maria Fortunata Siccone Santander MD<sup>91</sup>, a primary care physician and hospitalist in Duarte CA, on *Early Goal Directed Therapy for Sepsis, Severe Sepsis and Septic Shock*;

Nunilo G Rubio MD<sup>67</sup>, a clinical associate professor of medicine and endocrinology at Loyola University Stritch School of Medicine in Maywood IL, to lead a grand round discussion on *Hypercalcemia*.

The moderators for the first morning continuing medical education session are Cesar Candari MD<sup>61</sup>, Zenaida Racasa MD<sup>66</sup> and Emelie Ongcapin MD<sup>64</sup>. Dr Ongcapin chairs the annual Dean Ricardo Alfonso MD memorial lectureship in surgery.

The second keynote speaker on *Antenatal Corticosteroid Treatment (ACT): Insuring Full Benefit to the Preterm Infant*, Dr Hedriana is a founding and current partner of the Sacramento Maternal-Fetal Medicine Medical Group Incorporated. He is the Maternal-Fetal Medicine Medical director at Mercy General Hospital. He provides

perinatal services for Dignity Health and Sutter Health in the Sacramento region.

Dr Hedriana co-chairs the enterprise-wide Dignity HealthPerinatal Clinical Consensus Group. He is a member of the California March of Dimes program services committee and the principal investigator for the *National March of Dimes Preterm Labor Assessment Toolkit* (PLAT), 2<sup>nd</sup> edition 2014.

A clinical professor in obstetrics and gynecology and maternal-fetal medicine at University of California at Davis, Dr Hedriana is board certified in obstetrics and gynecology and maternal-fetal medicine.

He is a fellow of the American College of Obstetrics and Gynecology, the Society of Maternal-Fetal Medicine; and the Pacific Coast Obstetrical and Gynecological Society.

His areas of interest include perinatal safety initiatives, prenatal diagnosis (including first trimester screening and amniocentesis), fetal ultrasound and management of labor.

Dr Hedriana has authored peer review publications in these areas of interest. He is also involved in obstetric training programs at the University of California at Davis.

He completed his residency training in obstetrics and gynecology at the College of Physicians and Surgeons of Columbia University at Harlem Hospital Center in 1992 and his fellowship training in maternal-fetal medicine at the University of California in San Diego in 1994.

Dr Hedriana joined the faculty of the University of California at Davis School of Medicine in 1994, where he has served as director of perinatal research at the UC Davis from 1994 to 1998. He was the medical director of obstetric inpatient services at Sutter Medical Center, Sacramento from 1998 to 2006.

In 2002, he began his work with March of Dimes California Chapter on the concept of PLAT.

The other lecturers on Friday session are

Napoleon V Valdez MD<sup>66</sup> FACS FAAOS, clinical professor of orthopedic surgery at Seton Hall University School, South Orange NJ, on *Shoulder Pain: Evaluation and Management!*

Robert Arias MD<sup>2004</sup>, a practicing internist in Dallas TX on *FEU-NRMF scholarship;*

Nida Blankas Hernaez MD<sup>84</sup>, clinical assistant professor of pediatrics at the Northwestern University Feinberg School of Medicine of Chicago, on *Foreign Body Ingestion in Pediatrics;*

Natalie Dela Croix-Ang PhD OTD OTR/L PAM HTC of the Occupational Therapy and Pediatric Sciences at the University of Southern California on *Non-Drug Therapy of ADHD / Autism and Related Pediatric Disorders* and

Maria Anita S Abrantes MD<sup>91</sup>, clinical assistant professor of pediatrics at the University of California at Irvine, on *Broncho pulmonary dysplasia: the evolution in premature babies.*

The moderators for Friday CME session are Nilo Morgan MD<sup>91</sup>, Elsa P Ang MD<sup>66</sup> and Edmundo Relucio MD<sup>64</sup>. Dr Relucio is the chairman of the annual Jesus B Nolasco MD memorial lectureship.

The last and most prestigious is the 21st annual Dr Nicanor Reyes Jr memorial lecture to be given by Dr Rubio who belongs to Class<sup>67</sup>, and is certified in internal medicine and endocrinology/ metabolism. His affiliations have included St Elizabeth Hospital, St Mary of Nazareth Hospital, Edgewater Medical Center, and Our Lady of Resurrection Hospital, all in Chicago.

Dr Rubio had his internal medicine residency: at Hines Veterans Affairs Hospital, and a fellowship in endocrinology and metabolism at Loyola University Stritch School of Medicine and Medical Center in Maywood, where he is a clinical associate professor of medicine.

He also has directed diabetes mellitus center/ clinic at St Elizabeth Hospital and endocrine section at Edgewater Medical Center.

Dr Rubio is a fellow of the American College of Physicians and American College of Endocrinology. He is an active in the speakers' bureau of Glaxo-Smith Kline, Pfizer, Novartis and Eli Lilly.

Among his numerous awards and honors received are the most distinguished physician of the Philippine Medical Association in Chicago, most outstanding alumnus of the FEUDNRSMS Alumni Foundation, outstanding alumnus of the Association of

Philippine Physicians in America, 31<sup>st</sup> annual Dean Lauro H Panganiban MD memorial lecturer, and top physician/ internist/ endocrinologist in Chicago.

Dr Rubio will lecture on **Metal-Related Diabetes Mellitus** to cap the 37<sup>th</sup> annual reunion scientific convention on Saturday, July 9, 2016, along with the following speakers:

Manuel M Malicay

MD<sup>74</sup>,

clinical assistant professor of medicine at Rush University College of Medicine, Chicago Review, on **Clinical Issues in Primary Care**

Herminigildo Valle MD<sup>84</sup> MPH, clinical associate professor of medicine at the University of California at San Francisco, on **Selected Update Topics in Internal Medicine** and

Daisy P Ramos M<sup>63</sup>, clinical associate professor of dermatology at Wayne State University School of Medicine of Detroit, on **Skin Cancers**.

The Saturday moderators are Robin Torres MD<sup>66</sup>, Brenda Narcelles Banez MD<sup>66</sup>, and Renato G Ramos MD<sup>63</sup>.

Dr Ramos chairs the annual Dr Nicanor Reyes Jr memorial lectureship. CVR

## GOLF LOVER ANYONE?

A \$56 green fee at Lincoln Park Golf Course in San Francisco is for weekdays. Friday is a weekend rate of \$73.



MELVIN  
ESCARA MD

This is the plan of the Golf events. Anyone interested in both or one of these, please send your check as soon as

possible in my name and to my address.

The venues also have golf club rentals for \$50.

Golf venues:

**Thursday, July 7, 2016,**  
Presidio Golf Course \$120 with cart; and

**Friday, July 8,** Lincoln Park Golf Course \$73 with cart.

Please send payment before May 27 to guarantee dates and tee times.

Contact

MELVYN ESCARA MD<sup>68</sup>  
1217 Rivergate Drive  
Lodi, CA 95240  
Cell Phone 209-483-7259  
Email [escara@sbcglobal.net](mailto:escara@sbcglobal.net)

## JUNE QUOTE

Children, it is your Christian duty to obey your parents, for this is the right thing to do.

*Respect your father and mother* is the first commandment that has a promise added: *so that all may go well with you, and you may live a long time in the land.*

Parents, do not treat your children in such a way as to make them angry. Instead, bring them up with Christian discipline and instruction.

**Ephesians 6:1-4**

## COMMENTS

Editorials, news releases, letters to the editor, column proposal and manuscripts are invited. Email submission, including figures or pictures, is preferred.

## PMAC News

Deadline for July 2016 issue

**July 6, 2016**

Please address submission to  
**acvrear@gmail.com**

## COMMENTS

Editorials, news releases, letters to the editor, column proposal and manuscripts are invited. Email submission, including figures or pictures, is preferred.

## ECTOPIC MURMURS

Deadline for July 2016 issue **July 20, 2016**

Please address submission to **acvrear@gmail.com**

# **CLASS<sup>84</sup> Attention!**

**SANOFI US cordially invites you**

to a clinical discussion and Dinner program  
on Toujeo® (insulin glargine injection) 300 Units/mL



insulin glargine injection 300 Units/mL

**Presented by:**

Hermenegildo Angeles MD

Seton Hospital medical center

Daly City CA

**Time and Date:**

6:00 PM on 7/8/2016

**Location:**

Fogo De Chao

201 3rd St.

San Francisco CA 94103

Your host for this program will be representative Tanya DUDUM.

A reservation is required. To make a reservation, please RSVP to  
Tanya DUDUM at  
or via email at [tanya.dudum@sanofi.com](mailto:tanya.dudum@sanofi.com).

Please provide your name, email, and phone number when making a reservation.

**THANK YOU FOR YOUR INTEREST IN THE PROGRAM**

Meeting Code: TR369207

**IMPORTANT NOTICE ON TRANSPARENCY REPORTING -** SANOFI US is required to collect and report information on the value of any food or beverage provided to certain healthcare professionals under both the federal "sunshine" requirements regarding payments and transfers of value to physicians and teaching hospitals and similar state laws. You should not participate in the food or beverage at this event if you do not want the information to be reported. If you will not partake of any food or beverage during this event, you will be asked to provide that information on a sign in sheet at the event. (In accordance with the PhRMA Code on Interactions with Healthcare Professionals, attendance at this program is limited to healthcare professionals. Accordingly, attendance by guests or spouses is not permitted.)

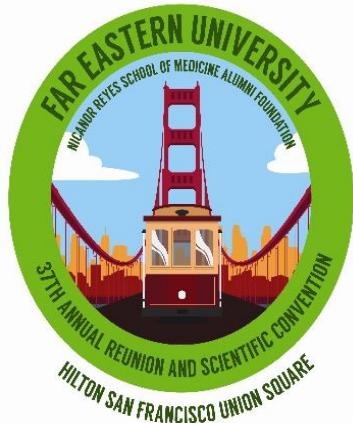


# FAR EASTERN UNIVERSITY DR NICANOR REYES SCHOOL OF MEDICINE ALUMNI FOUNDATION

## 37<sup>th</sup> ANNUAL REUNION & SCIENTIFIC CONVENTION

### HONOREES

Class<sup>61</sup> (Emerald Jubilee)  
Class<sup>66</sup> (Golden Jubilee)  
Class<sup>91</sup> (Silver Jubilee)  
Class<sup>71</sup> (Sapphire Jubilee)  
Class<sup>76</sup> (Ruby Jubilee)  
Class<sup>81</sup> (Coral Jubilee)  
Class<sup>86</sup> (Pearl Jubilee)  
Class<sup>96</sup> (20th Anniversary)  
Class<sup>2001</sup> (15th Anniversary)  
Class<sup>2006</sup> (10th Anniversary)



### CLINICAL PRACTICE ADVANCES 2016

ACCME accreditation provided by

the **PHILIPPINE MEDICAL ASSOCIATION** in CHICAGO

July 6-9, 2016

*Hilton San Francisco at Union Square*

333 O'Farrell Street, San Francisco CA 94102

<https://resweb.passkey.com/go/FEUNRMF>

1-800-445-8667 or 1-800-HILTONS, Code **FEU**

Room rates: single rate \$199 before taxes, double rate \$199, triple rate \$229, quad rate \$249

Cut-off date **Wednesday, June 15, 2016**

# REGISTRATION

Name \_\_\_\_\_ Spouse \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_ Class \_\_\_\_\_

CME .....	\$230
CME (Retired) .....	115
Annual membership fee [required to attend any event] .....	70
*Welcome Night Reception (Wednesday, July 6, 2016) .....	free
Filipiniana Night (Thursday, July 7, 2016)	
On or before    June 3 <sup>rd</sup> June 4-24    June 25- July 1    After July 1 <sup>st</sup> / pay on-site	
\$195                \$210                \$220                \$240 .....	_____
Grand Reunion Night (Saturday July 9, 2016)	
\$205                \$220                \$230                \$250 .....	_____
General Membership Luncheon meeting (Friday 12:00 noon) .....	40
TOTAL .....	\$ _____

**The Welcome Reception night will be off-site; and a bus will take attendees to the venue: Edna's Ichiban, 120 Hazelwood Drive, South San Francisco, CA 94080, at 6:00 pm.**

Please send your registration early on or before June 3 to get the discounted fee. On-site registration is only on Wednesday, July 5, 2016, from 2:00 pm to 6:00 pm and Thursday, July 6, 2016, 9:00 am-1:00 pm. Make cheque payable to **FEUDNRSMAF** and mail to Pedro Floresco Jr MD, Executive Director/Executive Vice President, 337 Elmhurst Place, Fullerton, CA 92835. Your cancelled cheque is your receipt. I will acknowledge that I received your registration and cheque if you send your legible email address. Self- addressed and stamped envelope is also okay for those without email address. Please send your questions to my email at [pflorescioofla@sbcglobal.net](mailto:pflorescioofla@sbcglobal.net). Refund is available upon request 30 days before the event minus \$50 for processing fee. Annual membership fee is not required for those who are Lifetime member.