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Dr Nicanor Reyes Jr School of Medicine Alumni Foundation

ECTOPIC MURMURS

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Opinions and articles published herein are those of the authors and do not necessarily reflect that of the FEUDNSM Alumni Foundation

EXPRESSING OUR THANKS

The 38th annual reunion is next week, from July 19 through 22, 2017, to be held at the Hyatt Regency Hotel Long Beach, and will be highlighted by a scientific convention that took some eight months to organize. It will feature

Hernan M Reyes MD FACS FAAP FPCS (Hon), retired professor of surgery at the University of Illinois College of Medicine at Chicago, as the 3rd annual Dean Ricardo A Alfonso MD memorial lecturer;

Raymund R Razonable MD⁹², professor of medicine and infectious diseases at Mayo Clinic School of Medicine, as the 10th annual Jesus B Nolasco MD memorial lecturer;

Carolina Sangalang-Cerezo MD⁹¹, associate professor of pediatrics and gastroenterology at the Alpert Medical School of Brown University RI, as the 22nd annual Dr Nicanor Reyes Jr memorial lecturer;

Maria-Cristina Javier MD⁹² FAAP, director of medical education for neonatal medicine of Betty H. Cameron Women's and

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PRESIDENT'S Message

Greetings to all.



LICERIO V
CASTRO JR MD

In the days to come we will soon converge in Long Beach CA for our annual reunion and scientific convention. With all the intense preparations for this event, the excitements from our fellow alumni we are ready to engage and listen to all our chosen speakers on their new ideas, new innovations and great knowledge in the field of medicine which we will share with our patients. It is indeed a great realization with profound skills that propels us into new dimensions.

Attending the various events gravitate us into unparalleled level that nurtures our minds and inspire our hearts to greater heights. It is monumental to see our dear friends, our classmates that takes us on a journey back in time and reminisce once more the *Good Ol' Days*. As we reflect our love for one another, our main goals in life despite the infractions of insurmountable challenges, are here to be triumphant because we share something very special, we are all alumni of the FEUDNRSMAF. It is a formidable process that we as an institution of professional advocacy and integrity we empower transparency and intellectual honesty, a sight to behold. May we all continue to work together for we know that our organization will be great again.

I wish you all a great summer and enjoy with your family.

Have fun in Long Beach.

LICERIO V CASTRO JR MD

From your CHAIRMAN

In a week's time, our 38th annual scientific convention and reunion will be held at the Hyatt Regency Long Beach CA. Our local host headed by Mildred Rey MD and our president Jun Castro MD and of course the Southern California group are quite busy meeting to hash the planned activities starting July 19. It is also expected that celebrants have made their respective reservations both at the hotel and the registration itself.

Dr J Castro's last figures were around 200 for the Filipiniana and around the same for the Grand Ball which is excellent. Daisy Ramos MD is also busy preparing for the plaques/ certificates. Nida B Hernaez MD has submitted copies of the winter meeting minutes. Amee Cureg MD has also done the same thing for her treasurer's report. We need all celebrants to please make every effort to attend and of course enjoy their respective class' reunion. You will be surprised that you won't recognize your *old* classmates that you have not seen for a long time.

You probably would not hear any more about the reunion since a pre-reunion **ECTOPIC MURMUR** is being distributed. Try to communicate with us for any other question that we can answer. If we cannot answer the same then we will find someone who can. *continue to page 25*



NOLI C
GUINIGUNDO MD



RAYMUND R
RAZONABLE MD

HERNAN M
REYES MD

CAROL SANGALANG-
CEREZO MD

topnotch lecturers from celebrating Jubilarians, mostly from Class⁹², Class⁶⁷ and from other Classes.

OUR SINCEREST THANKS TO ALL THESE VOLUNTEER SPEAKERS, including:

TENDERLY YOURS

NOLI C GUINIGUNDO MD⁶²

It is the middle of summer and we continue our constant trip between Monroe and Oak Grove LA where our office is located. In-between are rows and rows of corn and soy beans, the new mainstay of our local farmers. Cotton which has been the most common staple has been set aside because the price per bale had gone down immensely. Farmers are losing money because of the most delicate care of cotton including chemical spray to rid of the insects afflicting the knee high plants.

Corn is so easy to manage, as well as the soybeans. But water is also needed and what a relief to farmers lucky to have their own well in the same location. Otherwise artificial way just like in the Philippines is carried out. We did not see rice this time, but they rotate the crops. Real soon they will detassle and harvest the corn, and the soybeans for later on. Mer Rouge (or Red Sea) and Goodwill are the two common towns involved in this part of Northeast Louisiana. God forbid the bad weather as in the past where water is practically on top of the highway and criss crossing both ways depending on the wind.

When I had my knee surgery, I had to stay in bed for a few days and hop around in a pair of crutches, so high I fell backwards the first night. Those few days

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CLASS⁶³ MINI-REUNION

JOEL C SIM MD⁶³

USAF Colonel (Retired)

Responding to several written and telephone invitations to come and participate in the mini-reunion of FEU Institute of Medicine Class⁶³, from two previous classmates, Arturo Basa MD and Ofelia Loot MD, both I hold with great affection and respect, together with an earnest plea from Thelma Harder MD, my spouse of 51 years, and driven by my own curiosity, I finally relented and purchased two round-trip airline tickets, Seattle-Baltimore, for the weekend of June 22-25, 2017.

I approached this scheduled gathering of old classmates with great trepidation, since (full disclosure) rightfully I do not belong to Class⁶³, rather it was in 1964 when I obtained my MD degree. But, Thelma Harder is a Class⁶³ grad. Therefore, claiming my right to attend by virtue of our matrimonial bonding, I went to the Baltimore mini-reunion through this reflected confidence from Thelma's status in addition to the weight of the invitations as indicated above.

In the evening of our arrival, we proceeded to the Morton Restaurant located in the beautiful harbor of Baltimore. There, in a reserved room were gathered the 37 attendees of the mini-

reunion.

I approached the door of this large room with some anxiety and dread. I had no idea how I would be received. I have not attended any reunion of this nature for the past five decades after graduation. Cautiously, I entered the room. There, I saw seated around two large rectangular dining tables familiar faces I had not beheld in a long, long time. Obviously they were happy to see me and Thelma. Loud exclamations of recognitions and welcome were heard, warm handshakes exchanged around, even hugs from ladies I did not readily recognize, a warm glow of happiness swept over me. I was

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After a Sunday mass and Maryland crab feast, Class⁶³ in their uniform shirts posed at the backyard of Ofelia Loot-Gayoso MD in Annapolis MD.

FAITH CORNER

REVEREND MELVIN ANTONIO MD⁶⁵

Mark 6: 14-29 is one of those known as *texts of terror* in the Bible. There are many examples of terror texts in the Old Testament wherein senseless cruelty is perpetrated against someone who is totally innocent. In Mark, John the Baptist is the victim. Texts of terror are not so easy to preach on. What could be dwelling on

such a story possibly accomplish? Where is the good news? Where is the grace?

The life of Herod Antipas sounds like an episode of the Jerry Springer show. Jerry dwells on scandalous behavior of the weirdest kind and Herod's story fits right in. Initially married to the daughter of a king, Herod Antipas visits his half-brother Philip I, and falls in love with Philip's wife, Herodias. Herodias is the granddaughter of Herod the Great, who is the father of Herod Antipas. In other words, Herodias is his niece. Being married to your niece is incest according to the Law of Moses. And let us not even go to the part about being married to your brother's wife while he is still living. Everything goes downhill from there.

Herod throws a party and Herodias' daughter dances for him. After watching his stepdaughter dance, he makes a promise to give her whatever she wants even up to half his kingdom. The girl asks her mother for advise and the mother, who

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MY JUNIOR YEAR AT NOTRE DAME

MARA MAKASIAR

FEUMAANI & PMAC Scholars 2015-2018

My third year at the University of



MARA MAKASIAR

Notre Dame IN was fast-paced, exciting, and filled with so much improvement and growth. In my fall semester, I continued to delve into my psychology major, taking a breadth of

courses to become a more well-rounded and competitive student as I prepare myself for applying to graduate school. The course *Introduction to Cognitive Neuroscience* was particularly noteworthy, as it was what I considered out of my own *field of study* but I was intrigued with what I had learned from a course taught by an incredible professor. I also took *Abnormal Psychology*, more geared towards the clinical side of psychology, and felt completely in my zone learning about several mental illnesses and their treatments. I have continued to be a part of the **Psychology Club, Quest Chapter of Notre Dame, the Filipino-American Student Organization, and the Welsh Family Hall Volleyball and Soccer** teams. I was also employed as a cashier at Café Commons in the Mendoza College of Business and as a soccer official for the

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PACQUIAO'S DEFEAT CONTROVERSIAL

CESAR D CANDARI MD⁶¹

FCAP Emeritus

Australians are now celebrating Jeff Horn's upset wins over boxing legend



CESAR D
CANDARI MD

Manny Pacquiao of the Philippines for the WBO welterweight title. This bout was billed as the Battle of Brisbane at Suncorp Stadium in front of more than 51,000 people.

I have written in the past about Pacquiao especially when he gets into a controversial situation. Five years ago, in Las Vegas MGM, he lost to Bradley which I called Pacquiao's defeat a cheat. This time his lost to Jeff Horn is likely another boxing sport with bias judging? It was pretty clear that even the most diehard boxing fans are getting fed up with the current state of their sport with card scores so controversial – the upset of Manny Pacquiao via unanimous decision.

I am not a boxing *aficionado*. I watched the bout since it was well publicized in the local media and I guess all over the world because of the popularity of the Pilipino boxer Pac-man. I was very excited to see a *kababayan* (countryman) to win the fight. I saw the round by round with unbiased observation on who is stronger and scoring

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WARNING! Evidence- Based Medicine Can Be Harmful to Your Patients

FFERNANDO C LAGRIMAS MD⁷²

Today, evidence-based medicine (EBM) is one of the undisputed gold standards in medical practice.

I am a traditional, old-fashioned physician who harbors a deep seated reservation against EBM. My quarrel with EBM is fundamentally rooted to the core. Medicine is an inexact science and this is precisely why medicine is defined as *The science and the art of healing*.

Consequently, it is my unwavering opinion that practicing medicine largely as a science, without due regard for its artistic value, is a woefully insufficient form of medical practice that spells disaster, sooner or later.

Case in point: Recently, an adult woman in Florida died in the parking lot of a hospital shortly after she was forcibly removed from the ER by the police when she refused to leave, convinced that something serious was wrong with her. The Tallahassee Democrat further reported that the same woman had been repeatedly treated for chest *complaints* in the ER of the same hospital, and was discharged each time

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FERNANDO C
LAGRIMAS MD

PHILIPPINE GOVERNANCE

CESAR D CANDARI MD⁶¹

FCAP Emeritus

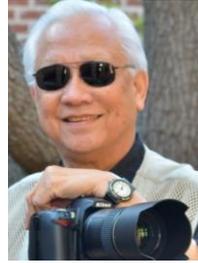
With all eyes and ears at newsfeed from the Philippines there are serious problems in the country - still plagued by corruption, a serious drug problem and peace and order in Mindanao. To state briefly, first year in office of President Rodrigo Duterte is marked by shake-ups in power dynamics, international attention, and

ISIS threats looming over the country.

I do believe in an idiom that life is not black and white and individuals, including the Philippine President Duterte ca not be judged as either completely good or bad. I pray that he will still succeed (he still have a high acceptance rating according to SWS) for in his hands lay the life and happiness of Pilipino people.

Since President Rodrigo Duterte took office last July 1, 2016, according to estimates by traditional and social media , 8,000 people have been killed to purge the Philippines of illegal drugs and those associated with them. The victims-suspected users and pushers are always killed at night, sometimes inside their homes. The perpetrators are vigilantes, hired guns and sometimes cops too. The extrajudicial killings are broadcast all over the globe. The media predicts the fall of

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ROLANDO
M SOLIS MD



CESAR D
CANDARI MD



Class⁶³ group picture in front of the Lincoln Memorial in Washington DC Mall



Drs Linda Fabito and Daniel Fabito Sr celebrated last weekend their Golden Wedding anniversary at the Suncoast Hotel Casino Resort in Las Vegas NV.
The right picture shows some of their guests.

PHILIPPINE GOVERNANCE

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the Philippine society into chaos and rampant vigilantism.



CESAR D
CANDARI MD

The United Nations has expressed strong concern and called on the Philippines to put an end to extrajudicial killings, to thoroughly investigate these extrajudicial killings and disappearances and

hold those responsible accountable. Innocent lives, those slipper-shod residents of squatter's areas including young children are victims and dismissed by the Philippine government as simply *collateral damage*.

Frankly, the impunity in the war on illegal drugs will haunt the country for decades, as the administration's approach has violated the basic norms of human rights and human dignity.

There is a strong likelihood that the complaint filed at the International Criminal Court against President Duterte would prosper to indicate that there is a failure in the country's accountability system.

High-level corruption in the government and hatred among political partisans still a standard norm.

Whatever the critics, human rights activists and politicians on the other side of the aisle say, as of this writing the country

is facing a serious problem. Not just the drugs scourge but also the spread of terrorists in Mindanao and rebellious organizations in different Islands of the country. The city of Marawi in siege. Martial Law in Mindanao was declared last May 23. For those with long memories, a threat of nationwide martial law should not be surprising.

It is easy to be called a kibitzer when pointing out the bad things but this is a crisis that Filipinos must be concerned. The raging battle between the government troops and terrorists Maute group, Abu-Sayyaf with Islamic Militants ISIS is serious situation. ISIS flag has just been planted in the Philippines. In the Marawi siege, President Duterte hemmed and hawed ... willing to talk with the Maute leader to negotiate peace but finally changed to no peace agreement with terrorist group. As all civilized world adhere to a policy of no negotiation with terrorist, this was probably an acceptable decision by the President.

What we know now, there is a total of 500 deaths in the Marawi fight as reported today by Philippine Military. The fighting has ended and people are returning home. More than 300,000 civilians have been displaced as a result of the fighting. It is a devastated city. This is not the end of secure and safe Mindanao.

ISIS is planning to establish a caliphate in Mindanao as an East Asia division of Islamic State.

Terrorism in the southern Philippines hurts the country in general, economy,

trade, tourism, and the people's way of life. All these are distraction for President Duterte's high dreams and goals for the sake of the country.

Critics of President Duterte question his personality and leadership. He attacked two institutions: the media and the Catholic Church. In May, he accused the Church of hypocrisy, and said corrupt journalists were legitimate targets of assassination.

He is a leader who responds with cuss words against anybody including the President of the United States. As expected, past President Obama cancelled an important meeting planned with him, where, amongst other things, the growing tension in the South China Sea was part of the agenda. We all know East Asia is grappling with the growing Chinese threat in the South and East China Sea.

President Duterte delivered a speech in China and declared *separation of Philippine foreign policy from the United States*, ie, pursuing an independent foreign policy. Much welcome by Xi Ping and Duterte considered him a friend.

But know this one: China has undertaken several reclamation projects in the reefs in the disputed Spratly Islands, building military outposts there. International Arbitration Board had adjudicated the matter in favor of the Philippines, rejecting China's claim of sovereignty over the island. However, Xi Ping warned President Duterte not to touch (no oil drill) the South China Sea, otherwise he will be facing war with

China.

President Duterte has a serious problem with China with his *wishy-washy* connection according to Philippine Daily Inquirer.

Frankly, I feel sad watching the country degenerate into a greater social, political, economic and injustice tragedies. As perceived and experienced by the common Pilipino masses, the foremost indicators of bad governance in the Philippines are still the unending cycle of poverty.

Former President Fidel Ramos who backed Duterte's election campaign but has since become one of his bluntest critics, said there was *too much unilateralism* in the administration, especially on law enforcement and security issues. Duterte's administration made the Philippine government completely disorganized and dysfunctional, a comment from a writer.

Below are partial lists of political imbroglios in our country governance. Good or bad is for you to deduce. President Duterte demonstrated a lot of power.

His legislative agenda were unopposed by the legislative bodies for fear of being dealt with. Many *politicos* turned *balimbing*. Congress endorsed the President's action (martial law in Mindanao) without any discussion.

President Duterte threatens to jail those who criticize or oppose his martial law declaration; and he is defiant not to listen to congress or the Supreme Court whether or not martial law should be lifted.

2 - Lawmakers in the Philippines threw out an impeachment complaint against President Duterte that accused him of orchestrating the mass murder of thousands of people in his crackdown on drug use.

3 - A staunch critic of the President's war on drugs is now in camp Crame detention center. Is this an anti-corruption of President Duterte in action? Indeed, if it is, (and not a vendetta) he deserves praises. It can be politically motivated drug charges.

4 - The presidential pardon to a former president accused of plunder.

5 - A senator released from detention by Supreme Court because of old age despite of the non-billable crime he has committed against our country.

6 - Former dictator Ferdinand Marcos burial at the *Libingan ng mga Bayani* (Heroes Cemetery) because he was a *Pilipino soldier, period*.

7 - The Supreme Court moves forward with the electoral protest filed by losing vice presidential candidate Ferdinand Marcos Jr against Leni Robredo.

8 - President Duterte ordered the Vice President to *desist* attending cabinet meetings. She resigned as head of the Housing and Urban Development Coordinating Council.

9 - A bill for the re-imposition of the death penalty hurdles the House committee level. In response, the United Nations warns that the Philippines will violate international law if it reintroduces capital punishment.

There are uncertainties in the administration. Some of great uncertain points are the election protest of former senator Ferdinand Marcos Jr against Vice President Leni Robredo; the traffic and the mobility crisis and the President's health.

I say, the country must unite again and go all out to destroy the culture of corruption. If not done as promised by President Duterte, we sink as a nation. This is a time for leaders of the Philippines must close ranks for the sake of the country and make sure terrorist are effectively annihilated or driven away.

Remember we have the RP-US Mutual Defense Treaty since 1951. United States forces actively helped the Armed Forces of the Philippines per Defense Department request without telling President Duterte beforehand. Unusual but he better reconsider his *independent foreign policy*.

As a Pilipino who loves our motherland, I am hoping and praying that the President will succeed and live up to his promises to bring about lasting change in the lives of every Pilipino.

Our country deserves nothing less.

WARNING! Evidence-Based Medicine Can Be Harmful to Your Patients

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FERNANDO C
LAGRIMAS MD

because repeated tests came up negative.

A close kin of mine, a nurse who hurt her foot when she slipped on the parking lot of her hospital, had an identical experience, thankfully not a fatal one. An X-ray in the ER tested

negative for a fracture. She was advised to go back to work. Two days later, the pain persisted. Her supervisor sent her back to ER. She was again advised to go back to work because there was no evidence of fracture. The pain grew worse. Her supervisor sent her again to ER. Again, she was told no evidence of fracture. Deeply hurt with the insinuation that she was faking injury, she saw another physician. The existence of a fracture was confirmed this time.

I have heard parallel stories from acquaintances and colleagues alike. The common denominator among these incidents was the undue reliance on evidence as the ultimate basis for diagnosis and treatment. The common rationale I kept hearing was: *What do you want me to do? All the tests are negative.*

Obviously, the physicians involved were preoccupied with the pursuit of

evidence that they got bogged down in the process and simply fumbled the ball. Although my relative declined to file a malpractice suit, you can bet the lawyer of the unfortunate patient was unequivocal in his intent to sue the hospital, big time.

I am reminded of another current practice model touted as the best remedy against malpractice suits: it is called defensive medicine. Today, defensive medicine has not made any meaningful dent in our current malpractice crisis. So far it has one bad unintended consequence: it has enormously contributed to the skyrocketing health care cost!

Apparently, physicians utilize every known lab test at their disposal, believing that by doing so would discourage if not make malpractice suits defensible.

Similarly, I reject the notion of practicing medicine with a lawyer's mindset for the simple reason that Medicine and Law are contradictory. In Law the basic premise is: *If there is no evidence, there is no crime*. In Medicine the opposite premise is: *The absence of proof of a disease is not a proof of its absence*.

The sharp contrast between the two is unmistakable- one is a skillful occupation the other is a noble profession.

Finally, in those clinical cases where the exhaustive search for correct diagnosis and appropriate therapy remains elusive due to *absence of evidence*, the physician is now ushered into the realm of the healing art in medicine. This is where

COMMENTS

Editorials, news releases, letters to the editor, column proposal and manuscripts are invited. Email submission, including figures or pictures, is preferred.

ECTOPIC MURMURS

Deadline for August 2017 issue
August 16, 2017

Please address submission to
acvrear@gmail.com

human intuition, sweet-tempered with what I call human touch, comes into play. Needless to say, our patients are humans with body, mind and emotion, not to mention the fact that a lot of them believe, like most of us do, that they have human spirit as well.

With the object of healing as complex and baffling- even mysterious as human beings are, it is imperative that science as embodied by skill among other things, blends with art, as personified by a caring approach; if a physician expects to have a realistic chance in promoting, protecting and restoring the physical, mental, emotional and *spiritual* well-being of his patients.

PACQUIAO'S DEFEAT CONTROVERSIAL

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The big punch between Horn and Pacquiao unanimous decision was considered controversial in the Philippines because they believed Horn was a dirty fighter, who often used his head to injure Pacquiao.

I was of course shocked and all of us in the family television room of my son-in-law to hear the judge's decision declared Horn unanimously the winner on points: 117-111, 115-113,

115-113.

CBS Sports scored the fight even (114-114) while most unofficial score had it in favor of Pacquiao. It was not long before social media shot back with allegations the judges got it wrong.

A tally by Compubox put Pacquiao ahead with 182 landed punches over Horn's 92, though 73 of those were power punches, according to the stats. And despite being out landed 182-92, according to CompuBox, and landing just 15 percent of his punches, Horn did damage with a pair of accidental head butts -- one that opened up a cut on Pacquiao's hairline in Round 6 and a second that drew blood from above Pacquiao's left eye in Round 7.

Three-time world heavyweight champion Lennox Lewis disputed the result on Twitter: *This is what's wrong with boxing. Horn was very game but I'm hard pressed to see how he could have won that fight by any stretch!*

Note this one: The referee Mark Nelson said this to Horn at the end of round 9: *I'm here to protect you, OK? I think you've had enough, Nelson said. Show me something in this next round, or I'm going to stop the fight.*

The following morning media coverage stated that around the world boxing fans and pundits were stunned of the wrong decision. It has turned the boxing world upside down and inside out.

Is boxing a most subjective and controversial in terms of making a judgment? It has been known that there are

biased judges and/ or corrupt to some percentages. I do not accuse the judges in this bout last night, but something has to be reviewed when television commentators, previous boxer champion and reporters declared that Pacquiao won the fight.

I agree the judges are experienced men, albeit it does not make them free from biased mind. I admit we are humans and subject to fallibility, and yes, bias. Objective judging is a must.

By the way, boxing is a breeding ground for controversy. But, not this one in Brisbane. Asked those who watched in television all over the world? In my personal view, Pac-man won by score.

Everybody knows the fight has gone the wrong way.... I read in my search engine about bias boxing decisions and some downright blatant wrong (as in corrupt) decisions... Is there any governing body doing investigations into these so-called high rolling judges?

With all of the hype surrounding Pacman-Horn sport event, the boxing fans and all Pilipinos here in the United States and in the Philippines and all over the globe are downright disgusted.

Frankly, the only truly damning result for the sport would be for the fight to end in a controversial decision that gets the crowd thinking that the fight was fixed or is there a conspiracy to result a rematch, business buildup, money for promoters and to those behind the fights? The Mafia? Just thinking out loud.

Reaction from World Boxing

Organization (WBO):

The Philippines Games and Amusements Board (GAB), made a request for review of the fight after Pacquiao said the decision against him was unfair. GAB's request is to protect boxing's integrity, citing possible miscalls by the referee and judges.

WBO will re-score the Manny Pacquiao-Jeff Horn welterweight title fight, but there is no plan to change the result. Period.

Five anonymous judges will review the bout, assigning their own scores to rounds. I doubt if there will be of any significance.

Is it time for Pacquiao to retire? A rematch was already in the Promoters agreement in a contract with Horn. Whether the rematch was pre-planned is the big question. Pac-man has been Arum's boom to earn a lot of money. For Pac-man to accept a rematch and loss a fight again will be a big embarrassment for him and the Pilipinos since we thought that he really won the fight.

There's no doubt that Manny Pacquiao is now facing some big questions. I can see and admit Pac-Man appeared weaker, unable to have a knockout punch not like previous fights. In the past ten years he hasn't scored any knockdowns.

He is getting older. No question that he's past his prime.

I have to say, forget the millions of dollars. You have it already. There is nothing left for you to prove — and if there is, you are probably no longer good enough to prove it.



CESAR D
CANDARI MD

My personal advice is for you Manny to completely retire now. You are a Pilipino icon in World Boxing.

MY JUNIOR YEAR AT NOTRE DAME

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men's and women's interhall soccer

leagues. As it stands, my cumulative GPA is 3.869/4.00. I was again awarded the Dean's List Award for both semesters during the 2016-2017 academic year. This honor recognizes students in the top 30% of their class in the College of Arts and

Letters.

I have recently returned from my time studying abroad in Toledo, Spain at the *Fundación José Ortega y Gasset-Gregorio Marañón*, a school for international students, and it is safe to say this semester has been the most mentally and physically challenging, however it has also been one of the most rewarding times of my life. I was able to complete the remainder of my required courses for my Spanish major, taking courses in film, history, literature, theater, and theology. It was a semester rich with culture and new experiences. I lived with a host mother and father who were caring and energetic and strived to push me to practice my Spanish

even after I had left the classroom. My professors were just as energetic and passionate about their teaching and were kind and helped each and every one of us in the program be able to grasp the content in our courses. I have always loved literature, especially written in Spanish, and I loved being able to study that in Spain itself. Every day I walked about the steep, cobblestoned streets of Toledo, surrounded by history and a completely different lifestyle. It was terrifying yet exhilarating. I feel blessed to have had the opportunity to learn and truly fall in love with Spanish culture while also being able to travel and see a bit of the world. My time there pushed my boundaries—the work was hard and the fact that it was in a language I was still learning myself made it harder. My mind was always working. I am proud to say that it all paid off as I came home with a 4.0 GPA for the semester and millions of stories to tell. I will never forget my time there and I feel it has changed me for the better.

Toledo and Spain in general will always have a special place in my heart.

This summer, I am continuing the research I was a part of last summer in the **Building Resilience After Violence Exposure (BRAVE)** Lab. My advisor assisted me in the development and submission of a second grant proposal that would fund my stay on campus. I was then awarded the Comprehensive Summer Grant. The Undergraduate Research Opportunity Program offers the Comprehensive Summer Grant which

supports a broad array of Arts and Letters and interdisciplinary research and creative projects. This grant now supports my summer research to study the effects of maternal depression on child resilience. My study will evaluate and compare a sample of mothers and children who have been exposed to intimate partner violence (IPV) to a sample of those who have not. The results can help provide insight to the simple and complex effects of maternal psychopathology on children's functioning and better inform those who provide treatment and support to exposed families. I have adjusted the model of my research to include the effects of parenting, and I will examine the role of parenting behaviors as a mediator

Mara Makasiar Scholarship Renewal for 2017-2018 between depression and IPV on children's resilience. My research has been submitted to the International Society for Traumatic Stress Studies (ISTSS) Conference and I have recently been officially approved to present my findings. Therefore, this summer will also be focused on developing a poster presentation that will be presented at the ISTSS Conference in Chicago, the fall of 2017. I will also be working on developing my Senior Honors Thesis based on my findings. On my own time, I am studying for the Graduate Record Examination in preparation for applying to graduate programs. I am currently searching for several doctorate programs in Clinical Psychology, and much of my time this fall will be dedicated to applying and

interviewing for schools. As I look upon this last year, I am filled with gratitude. My experiences have been incredible and I have truly grown as a student and as an individual. I feel prepared to finish out my last year at Notre Dame as strongly as I can and start the next chapter of my life. I have learned about so many incredible things, met so many different people, and have seen more of the world. These experiences have been so priceless to me. So much has come out of this year, and I thank **PMAC** and **FEUMAANI** again for awarding me this scholarship—it has helped allow for me to reach further and experience more out of my time in college.

FAITH CORNER

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holds a grudge against John the Baptist, tells the daughter to ask for John's head delivered to her in a silver platter. Are you with me so far? John, whose only crime was to confront the King with his sinful ways, loses his life.

So there you have it. A story of intrigue, jealousy, revenge, murder. As a leader, Herod was selfish, immoral and a political opportunist, making promises at the expense of others. This historical sketch about the death of John the Baptist deviates from the regular flow of the Gospel narrative to give us an insight into the passion of Christ itself – how a man of power is influenced by outside forces into



REV MELVIN
ANTONIO MD



MARA MAKASIAR

making a decision that cost the lives of a prophet and the Messiah. In John the Baptist's case, King Herod is heavily influenced by his wife and his friends. Herod was always afraid of what his friends think of him so he threw parties for them. If he promised them anything, he would do it or they will turn on him. So it would be for Jesus as he is brought before Pontius Pilate whom we find is heavily influenced by his wife and the Jewish mob. Herod actually finds John the Baptist as a righteous and holy man, yet he orders John's death at the behest of his wife. Similarly, Pilate could not find Jesus guilty of any crime against the state, yet he was bound by the crowd's desire to crucify a man he believed to be innocent.

There is still the question of why the death of John the Baptist is squeezed in between the healing miracles of Jesus and the feeding of the five thousand. I think perhaps Herod gives us a negative example with a positive lesson, a lesson in how to handle the pressure exerted by friends, especially those closest to you, to make the right decision, to draw the line when it comes to doing something that is morally wrong. When we are being pulled or pushed in every direction, we have the choice of responding like Herod. We can let ourselves be manipulated by others and be forced to make a decision contrary to what our conscience dictates. Or we can refuse to yield to peer pressure and seek the will of God instead.

There are two important lessons to learn from this text of terror. One is that

we face pressures in life – different pressures of different degrees from different sources at different stages in our lives. The other is that our faith in God, no matter how strong, will not take away those pressures. I dare say that having the Holy Spirit does not necessarily give you peace. It prepares you for your confrontation with the evil one. Being a Christian actually increases the pressures we face. Why? It is said that the devil has to work harder to draw believers away from God. A bonus lesson might be that when you are in a position to exert any influence upon someone, such as being a parent, teacher, or friend, be sure to think about the consequences before you use that influence.

Let your faith be your guide.

CLASS⁶³ MINI-REUNION

continued from page 3

overwhelmed with a strong sense of belonging. I knew then, I was home at last.

Finally, settling in a chair, I looked around the room. I saw happy, smiling faces around me, all looking confident and prosperous, ladies with the usual accoutrement of material success. All appeared secure and successful persons blessed by the earned privileges afforded by the countless opportunities made available to us all by this kind adopted country. Needless to say these are also the products of their innate intelligence, good judgment and the rewards of hard work.

As the evening wore on, loud laughter and hilarity were shared and exchanged. It occurred to me that all in attendance in this room were septuagenarians, elderly. Contemplating on this thought, I surmised that one by one we will slip into silence. And soon, most likely, without forewarning there will be a great emptiness that will occupy the space where we once were. As I heard more memories and recollections told and retold, my heart was filled with boundless gratitude to our Creator for making it possible these, my friends and myself, have been given the time and capacity to recollect many happy memories buried deep in our sensorium. I prayed then that when the time will come when our capacity to remember begins to fail, the best memories of our college years will still prevail as it was visibly evident among the attendees of this mini-reunion of the Class⁶³.

The following day we did our scheduled tours of Washington DC, and the city of Annapolis, the capital city of Maryland. In DC, we walked the length of the Mall, viewing and admiring the beautiful monuments to the follies of war.

At the end of this day, as I sat alone in our hotel room reflecting on the activities of the day, I realized that all of us were connected to each other viscerally, with strong bonds cemented by shared thoughts and experiences. Each of us have different perspectives to the same experience, but more importantly we also have collective reflection and individual recollection of

the college and faculty staff that propelled us to earn our MD degrees. With the telling and retelling of these recollections the mischiefs, games, and jokes we played amongst ourselves were also revealed. Everyone enjoyed hearing about the games and mischief we played amongst ourselves which we enjoyed immensely at that time in medical school. Oh how we played!

The FEU Institute of Medicine was the bridge that connected us from our beginning and the future. Perhaps, this is not appreciated by some like me. But, if truth be told, it was she, the Institute of Medicine that launched each of us to our respective careers, created in us a sense of independence, steadfastness of purpose, dependability, resourcefulness and compelling compassions for our fellow men.

With such attributes it was not then difficult for us to become highly valued members of our communities. In this setting we discovered ourselves, established firm footing and raised our families. Each of us have settled, adjusted and, despite our limitations, prospered in this land so alien to the land of our beginnings. Admittedly, the process of settling down was a happy, harmonious and peaceful experience for most, but hurtful and painful for some. But for the grace of God, all have done exceedingly well in this land, *the home of the free and the brave*. Having labored and contributed to the common welfare of our adopted country we have earned our rightful place within her.

These thoughts cross my mind even as I enjoyed the warm fellowship and camaraderie among the attendees of this mini-reunion. I wish this event will not end with the coming work week but end it must. So, with much euphoria we found our way back to Seattle where our families awaited our return.

And so, 50 years or so later, I look around me at the gathered individuals with diverse personalities, all with inviable life's achievements, hidden and unknown then, and unpredictable during our younger years. For who could predict the future?

At Ofelia Loot MD's crab fest, I noted the love and respect the attendees had for each other. Despite our many years of sojourn in this kind land we now call our home, we are still very Pilipino. We have not lost our polished etiquette, displaying grace and style, consideration and politeness in all situations. I was very pleased to be with all of them even for a short and limited time only. Noteworthy was the calm demeanor and courteous interactions the attendees had for each other despite the air of familiarity and the jocular atmosphere. This being the first and only time I have associated with this mini-reunion attendees, I was touched by the love and consideration they had for each other and for me and Thelma as well. Here, I would like to thank all of them sincerely.

In conclusion, here we were, a small group of 37 attendees of the Class⁶³ of 197 graduates, gathered together to reconnect

with each other and to relive the happy memories of our college years, while our capacity to recall is still sharp and intact, holding firmly to each other as old trusted friends, loved colleagues and peers.

From one prodigal who has not attended any class reunions for the last five decades, please hear my plea:

My dear classmates, alumni all, let us get together again and again and again, to tell and retell stories of our happy memories of the days long past. We cannot relive the past days anymore. They are gone forever, but we can hold on to those happy memories fiercely as precious jewels of untold price. For as we slip quietly into the winter of our lives, the gift of memory is the most precious gift our Creator can bestow upon us. Let us get together while the sun still shines to light our lives and while there is still light from the setting sun for soon it will be no more and the darkness will engulf us, when men can work no more.

For today, let us all value the shared memories, enjoy it while it lasts while we are on this side of the green grass of paradise.

Good day and God Bless Us All.

As a recommendation, I suggest FEUDNRSM Alumni Foundation seriously look into organizing multiple mini-reunions, especially in larger graduating classes. Large class reunions have their fitting place and a time and place should be well-announced in advance. However, for more and intimate and meaningful interactions between

former classmates, a get together as modeled by this Baltimore event is appropriate. Organizers of this Baltimore mini-reunion: Gerry Guzman MD, Arturo Basa MD, Ofelia Loot Gayoso MD and Janet Short Moghbeli MD, can be contacted for advice and guidance.

Thank you. Warmest regards to all FEU medical alumni.

Those who attended the reunion in Baltimore MD were:

Antonio and Lina Cabreira
Antonio and Nomie Garcia
Willie and Rosario de Castro
Nestor and Celia Sagullo
Joel and Thelma Sim
Myrna Mendiola Espinosa and Luis Lutgarda Cruz Tolentino and Hermie Isabellita Cordova Rellosa and husband Grace Budy Rabadam and Frank Cederic Deang and Jean Rae Bacolor
Arturo Basa
Ofelia Loot Gayoso
Janet Short Moghbelli
Ernesto Eusebio
Alfredo Villao Nilda
Orlando Cordero & Aurora
Johnny Eufemio
Renato Borja
Gerardo Guzman & Virginia

We are also happy to inform you that on our recent Class⁶³ reunion in Baltimore, we as a class who participated in our meeting held at the Morton's Steakhouse on June 22, 2017, had a motion that was unanimously approved a perpetual Student Achievement award worth \$1,500 to honor

of our recently departed classmate, Marco T. Antonio MD in the field of gastroenterology/ internal medicine.

Our leaders and class treasurer will official contact you.

TENDERLY YOURS

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made me turn to television and as was recommended by my office nurse to turn to Channel 244 and/ or 364 for the reruns of western movies, particularly cowboy movies. I relish the thought of watching those in the second run movies houses in Manila. I said movie houses since we did not have television at that time, and I do not think television has been invented yet in the early 1940s. I seem to get addicted to the reruns starting at 7:00 pm and goes all the way to 11:00, or even 12:00 midnight; and there goes the proverbial seven to eight hours of sleep.

Some observation I did not notice before. Cowboys get into their horse from the left side then swing their other legs to the right side making sure their boots are in the stirrups. Make sure also that your saddle is carefully fastened otherwise down you go. Kirk Douglas does not do it this way. He swings from the tail end of the horse then jumps into the saddle. Sometimes Steve McQueen will do the



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same thing, as well as Lee Marvin. I think John Wayne is too heavy to do it this way.

I never missed the Virginian (James Drury). The Virginian started in 1963, at a time I was starting my internship at Mercy Hospital in Hamilton OH, not too far from Cincinnati. I did not have time to watch the same because of being on duty every night and every other weekends.

The same thing with Bonanza (Lorne Green and his three boys) the great Cartwright family somewhere in Nevada. My knee is better but I still try to manage to watch the reruns. By the way I manage to lay off the crutches but with slight limp in travelling, climbing stairs, and kneeling.

I have more to say but let me stop here and plan to continue the same later on. My phone is ringing as I am covering for a colleague who went back to India for his annual vacation. I hope he comes back soon. To be continued...

From your CHAIRMAN

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There is another item worth discussing but not through the **ECTOPIC MURMUR** but the board of trustees would know about it. Try to bring with you copies of the minutes of the winter meeting, the treasurer's report, and of

course bring yourself to the meeting.

My Class⁶² will be the Emerald Jubilee celebrant. Dr D Ramos had ordered and

prepared some medallions. We are projecting a good number of attendees but with sickness creeping on us we are still praying that this will come true. Pepito Rivera MD's Class⁶⁷ have a good projection of attendees and we hope and pray that this will also come true. Expect a good presentation from Class⁶⁷ and a surprise people handling the class presentation and I wish them good luck and blessing.

EXPRESSING OUR THANKS

continued from page 1

Children's Hospital and Coastal Carolina Neonatology in Wilmington NC;

Nunilo Rubio Jr MD, assistant professor of pediatrics and endocrinology at the University of Texas at Houston;

Susan B Nunez MD⁸¹, assistant professor of pediatric endocrinology at the University of Texas at Austin;

Emmanuel Fajardo MD⁹² FACP, assistant clinical professor of Hospital Medicine at the University of South Carolina School of Medicine-Greenville;

Soledad O Lee MD⁷⁴ MBA, internist at the La Palma

Intercommunity Hospital of Buena Park CA;

Roberto Dos Remedios MD⁹² FACP, director of pulmonary rehabilitation and co-director critical care unit at the Jackson Purchase Medical Center of Mayfield KY;

Ria Fabunan MD⁹², assistant professor at the Albert Einstein School of Medicine of Bronx, New York City NY;

Augustus Cezar Lastimosa MD⁷⁴, digital consultant and retired neurophysiologist of Dallas Fort Worth TX;

Manuel M Malicay MD⁷² FACP FASH, immediate FEUDNRSMAF past president and assistant Professor of Medicine at the Rush University Medical College of Chicago;

Edna Ganacias Acuna MD⁶⁷ FAPWCA, wound care and hyperbaric medicine specialist and retired neuroanesthesiologist of Fort Worth/ Mt Pleasant/ Dallas TX;

Celerina Papa-Malinit MD⁶⁷, one of 65 most outstanding FEU-NRMF alumni in 2016 and medical practitioner at Makati, Metro Manila, Philippines;

Nunilo G Rubio, retired clinical associate professor of medicine/

MD⁶⁷ endocrinology at Loyola University Stritch School of Medicine, Maywood IL;

Arturo Fogata MD⁶⁷, clinical assistant professor of psychiatry & behavioral sciences at the Rosalind Franklin University / Chicago Medical School; and

Nida Blankas-Hernaez MD⁸⁴ FAAP, pediatric and adolescent medicine at the Lutheran General Children's Hospital, Lurie Children's Hospital and Norwegian American Hospital, Chicago IL;

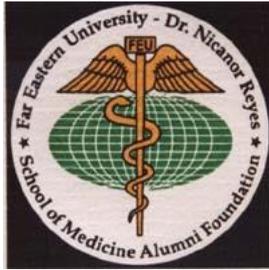
OUR HEARTFELT APPRECIATION TO THE MODERATORS: **N Blankas-Hernaez MD⁸⁴ FAAP**, **Daisy P Ramos MD⁶²**, **Daniel Fabito MD⁶⁴**, **Divinagracia Averilla Obena MD⁸⁵**, **Leilanie Narcelles Mon MD⁷²**, **Philip S Chua MD⁶¹**, **Linda Pantangco MD⁶⁷**, **Ophelia Rallos MD⁶⁷**, and **Renato G Ramos MD⁶³**;

OUR RECOGNITION OF THE CME COMMITTEE MEMBERS: **N Blankas-Hernaez MD⁸⁴**, **D Averilla Obena MD⁸⁵**, **R R Razonable MD⁹²**, **P S Chua MD⁶¹**, **Arrel Olano MD⁹⁴**, **Emelie Ongcapin MD⁶⁴**, **Ed Relucio MD⁶⁴**, **D Fabito MD⁶⁴**, **R G Ramos MD⁶³**, **Napoleon P Abando MD⁶⁸**, and **Cesar V Reyes MD⁶⁸**; and

Finally, and not the least, OUR GRATITUDE TO THE FELLOW ALUMNI MEMBERS WHO REGISTERED TO SUPPORT OUR CONTINUING MEDICAL EDUCATION PROGRAM.



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**FAR EASTERN UNIVERSITY
DR NICANOR REYES SCHOOL OF MEDICINE
ALUMNI FOUNDATION**

**38th ANNUAL REUNION
& SCIENTIFIC CONVENTION**

HONOREES

- Class⁵⁷ (Diamond Jubilee)
- Class⁶² (Emerald Jubilee)
- Class⁶⁷ (Golden Jubilee)
- Class⁹² (Silver Jubilee)
- Class⁷² (Sapphire Jubilee)
- Class⁷⁷ (Ruby Jubilee)
- Class⁸² (Coral Jubilee)
- Class⁸⁷ (Pearl Jubilee)
- Class⁹⁷ (20th Anniversary)
- Class²⁰⁰² (15th Anniversary)
- Class²⁰⁰⁷ (10th Anniversary)



CLINICAL PRACTICE ADVANCES 2017

ACCME accreditation provided by
the **PHILIPPINE MEDICAL ASSOCIATION in CHICAGO**

July 19 - 22, 2017

Hyatt Regency Hotel Long Beach
200 South Pine Avenue, Long Beach CA
Telephone 562-491-1234

REUNION VENUE

Hyatt Regency Hotel Long Beach

200 South Pine Avenue, Long Beach CA

RESERVATION Telephone 562-491-1234

Room rates: Single occupancy \$179

Double occupancy \$179

Triple occupancy \$204

Quadruple occupancy \$229

Regency club +\$60

Cut-off date Wednesday, **June 28, 2017**

SCHEDULE of EVENTS

Wednesday, July 19, 2017

- 1:00 pm - 5:00 pm Registration
- 6:30 pm - 12:00 am *Hollywood* Welcome Reception (WR)
Licerio V Castro Jr MD⁷³ FEUDNRSMAF President
Noli Guinigundo MD⁶² FEUDNRSMAF Chairman of the Board

Thursday, July 20, 2017

- 7:30 am - 8:00 am Registration, continental breakfast
- 8:00 am - 12:10 pm Scientific sessions
- 8:00 am - 4:00 pm Arts, posters, exhibits and product displays
- 11:10 am - 12:10 noon **11th Annual Jesus B Nolasco MD Memorial Lecture**
- 12:30 pm - 5:00 pm Hollywood shows and tours, or free time for everyone
- 6:30 pm - 1:00 am **Alumni Filipiniana Night Honoring Class⁷², Class⁷⁷, Class⁸²,
Class⁸⁷, Class⁹⁷, Class²⁰⁰², and Class²⁰⁰⁷**

Friday, July 21, 2017

- 7:30 am - 8:00 am Registration, continental breakfast
- 8:00 am - 12:30 pm Scientific sessions
- 8:00 am - 4:00 pm Arts, posters, exhibits and product displays
- 11:00 am - 12:00 noon **Third Annual Ricardo L Alfonso MD Memorial Lecture**
- 12:00 pm - 5:00 pm **Annual Summer Board of Trustees meeting**
- 12:30 pm - 2:00 pm Annual General Membership Luncheon Meeting (L)
- 2:00 pm - 3:00 pm **Class⁶⁷ and Class⁹² Jubilarians' Business meetings**
- 2:00 pm - 3:00 pm Other Classes Luncheon Business meeting

Saturday, July 22, 2017

- 7:30 am - 8:00 am Registration, Continental breakfast
- 8:00 am - 12:10 pm Scientific sessions
- 8:00 am - 4:00 pm Arts, posters, exhibits and product displays
- 11:10 am - 12:10 pm **22nd Annual Dr Nicanor Reyes Memorial Lecture**
- 5:30 pm - 6:30 pm Photo sessions: Silver Jubilarians and other Classes
- 6:30 pm - 1:00 am **38th Annual Grand Reunion Dinner Dance Honoring Class⁶²,
Class⁶⁷ and Class⁹²**

REGISTRATION

Please write legibly.

Name _____ Spouse _____
 Address _____
 Telephone _____ Email _____ Class _____

Please check the event(s) you want to attend.

Annual membership fee [required to attend any event] \$ 70
 (Lifetime Members excluded)

CME \$250/person ___ # of persons x fee _____ total
 Retired \$150 ___ # of persons x fee _____ total

Piesta Naman Sa Piyo Welcome Night Reception* (Wednesday, July 19, 2017) ... free
 For registrants and spouse only ___ #of attending guests: 1 2

Filipiniana Night (Thursday, July 20, 2017) \$200/per peson
 On/before June 19th June 20- July 3 July 4-10 July 11 and on-site
 \$200 \$220 \$240 \$260

General Membership Luncheon (Friday, July 21, 2017, 12:00 noon) \$50 per person _____

Grand Reunion Night (Saturday July 22, 2017) \$200/per person
 On/before June 19th June 20- July 3 July 4-10 July 11 and on-site
 \$200 \$220 \$240 \$260

TOTAL \$ _____

Early registration is encouraged. Please send your registration early on or before July 17, 2017, to get the discounted fee.

On-site registration is only is on Wednesday, July 19th from 1:00 pm to 4:00 pm, and Thursday, July 20th, and Friday, July 21st, only from 9:00 am through 1:00 pm.

Make check payable to **FEUDNRSMAF** and mail to **Pedro Floresco Jr MD, Executive Director, 337 Elmhurst Place, Fullerton, CA 92835.**

Your cancelled check is your receipt. It will be acknowledged its receipt with your registration and check,with legible email address. Self- addressed and stamped envelope is also acceptable for those without email address.

For further question or information, please send your questions to my email at pflorescioofla@sbcglobal.net. DO NOT send your registration via certified mail with return card, which will not be retrieved from the post office.

Refund is available upon request 30 days before the event minus \$100 for processing fee. Annual membership fee is not required for those who are Lifetime member.

Due to strict hotel policy on banquet events it is advised to register on time. Late registrants may be served with different meal.

CREDIT CARD AUTHORIZATION FORM

PLEASE PRINT LEGIBLY. DO NOT E-MAIL THIS FORM FOR YOUR SECURITY.

You can mail completed credit card authorization form and registration form to: Pete Floresco MD, Executive Director, FEUDNRSM Alumni Foundation, 337 Elmhurst Place, Fullerton, CA 92835. Or credit card payment is best for on-site registration.

Name/s _____
 Method of Payment MasterCard VISA American Express Discover
 Name on Credit Card _____
 Credit Card Billing Address _____
 Credit Card Number _____ CCV _____ Expiration Date _____