Official Publication of the FAR EASTERN UNIVERSITY Dr Nicanor Reyes Jr School of Medicine Alumni Foundation

ECTOPIC MURMURS



Website: <u>http://feu-alumni.com/</u>

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MESSAGE FROM THE CHAIRMAN - Licerio "Jun" Castro, MD, Class '73

Greetings to everyone.

I hope your summer was very pleasant with the company of your beloved families and loved ones. As we venture with a new set of Officers and Members of the

Board of Trustees, we enthusiastically pledge to continue promoting the mission and goals of our Foundation. My deepest gratitude to all Officers, members of the BOT and members of our Alumni who have contributed so much in the fulfillment of our commitments and progress.

The July 2018 Annual celebration brought forth the best of our Alumni especially the Jubilee Celebrants, CME events and organizers and the Nevada Chapter who have made our festivities a reality. Nostalgia filled the air with the renewal of friendships among members who have not seen one another for decades. It's a testament to an endearing comradeship. The CME program was very successful under the leadership of Dr. Nida Blankas Hernaez, assisted by Dr. Grace Obena. Anybody who is interested in being a speaker, kindly contact Drs. Nida Hernaez or Grace Obena for more information. The next Annual Reunion and Scientific Convention will be held at Caesar's Palace, Las Vegas on July 24-28, 2019, and we are hopeful that more attendees will join us. More information will be relayed in the coming months.

The Ectopic Murmurs will continue to be published on a triannual basis with special editions as deemed fitting by our Editors, Drs. Hernani Tansuche and Amethyst Cureg. Articles may be submitted to our Editors. Articles submitted must bear direct relevance to our foundation's mission, goals and activities; and will be reviewed by the editorial staff for conformance.

The Scholarship program is in full swing under the guidance of Dr. Hernani Tansuche where deserving students are screened according to our set of acceptance criteria. Our deep gratitude to all gallant donors who have shared their blessings to several students with an amazing gesture of total support until they reach graduation day. This trend is in high gear and I urge everyone to join in this noble intention. If anyone is interested in becoming a donor, kindly contact Drs. Hernani Tansuche or Amethyst "Amee" C Cureg.

After our Annual Reunion in Las Vegas last July 2018, I had the pleasure of visiting our Alma Mater. There was a cordial and very pleasant meeting between the School Administration represented by Dean Rey De Los Reyes, President Atty. Antonio Abad, Vice Chairman Kit Reyes, CFO Enrique Reyes; FEUNRMF-MAS President Lylah Reyes, Assistant Dean de Castro, Dr. Hernani Tansuche and yours truly. We discussed potential and ongoing collaborative projects that would be beneficial to the alumni especially the students and others. The good rapport was very heart warming. We hope and pray that our plans and projects will succeed.

The Alumni Homecoming, commonly known as the Balik-FEU will be held at Fairview, Quezon City on January 16-19, 2019. All Jubilee Celebrants are now in preparation for this upcoming

festive event. The Gala Night will be held at Manila Hotel, so for those attending from the USA kindly make your reservations now to avoid the rush.

The months of January and February are symbolic of Medical Missions in the Philippines. A lot of humanitarian doctors, nurses and allied health personnel will trek to the different areas in the Philippines needing medical assistance. I strongly urge all volunteers especially the leaders, to be mindful of your VEHICLE DRIVERS, SUBSTITUTE DRIVERS and vehicular status. Please be safe and stay vigilant on the road.

With everybody's deep allegiance and unselfish assistance, I am very glad to inform the alumni that our organization is healthy, in compliance with the State and Federal agencies and with satisfactory investment status. The total commitment of all Officers and the Board of Trustees makes all the difference. May God bless us all.



PRESIDENT'S MESSAGE - Rick Deleon MD, Class '64

At the outset, I would like to express my most sincere and heartfelt thanks to everyone and to the Board of Trustees for your confidence and trust in electing me as president of FEUDNRSAF. The accomplishments of my predecessors are hard to duplicate. This is a gargantuan task to follow but I will commit myself to the challenge, strive, explore and navigate the positives for our foundation. With efforts and

sacrifice, I shall try with your help and support to do my utmost best to be as close to their vaunted achievements. To achieve a positive goal, I need your whole hearted support. **Together, we can** see our Alumni unite and act, create lasting change, across our foundation, our school and ourselves. We unite because we are far stronger together than we could alone. We take action because we are doers. We will work to create lasting change that will endure long after our involvement has ended to our alma mater and for that reason our commitment to our foundation. And, most important of all, we will work to create change in ourselves , not just building a better environment around us but becoming better people ourselves.

Let us put our strengths and efforts together, to continue and keep our foundation progressive and vibrant, committed to pursue the realization of our goals. I know that to be successful, it takes a great deal of work, sacrifice, honesty and transparency. We are full of hope, and I am ready to heed the call. Ready to embark a journey of service, charitable and humanitarian projects, support to our alma mater, in terms of helping students achieve goals to catapult our medical school among elite Philippine medical schools.

Here are some projects within our grasp to achieve and I should be able to participate to lead the group.

- A. Find ways to encourage alumni to give to the foundation lasting gifts for student scholarship. The Board of Trustees had voted unanimously to assess each member five hundred (\$500.00) dollars. Thus, I urge the BOT to meet this commitment.
- B. Graduate studies and training program should be given special attention. Local training programs are paramount since post graduate training program in U.S. and other places, are very hard to get.
- C. Revive and fund review classes for the board examination candidates for better results in the medical board examinations.
- D. Memorandum of agreements with the local Philippine Alumni Foundation has to be followed as agreed upon.
- E. Redomicile of Charter. Transfer of registration of our foundation from New Jersey to Nevada.
- F. Assist our school in developing relationships with other universities outside of the Philippines.
- G. Encourage and enthuse active participation of young alumni in the Board of Trustees and Foundation activities. And, increase their awareness of the foundation projects.

I have high hopes for our foundation. A hope, that we will survive challenges and obstacles along the way. Hope that we can continue the visions and missions that our foundation was founded upon. Hope that we will be inspired to keep our foundation vibrant and responsive to our needs by adopting to the constant changes in our world and exploring new possibilities. I hope that we will grow in unity and all of us be blessed with kindness, generosity and understanding.

Again, I shall try to follow what my predecessors had begun. Their shining leadership and works they have accomplished, are motivations to many, who will follow them. In any association, including our Foundation, there will be criticisms and praises, as well as failures and triumphs. Things can go the right way or can go wrong. Just let us remember, all of these will pass. With God's blessings, let us maintain the traditions and sustain the mission and visions of our Foundation. Let us do the best we can to do our intentions with honesty, integrity and humility.



ABOUT OUR PRESIDENT

- Graduated 1964, married to Clarita de Leon Class '68, 3 children
- Medical practice in Modesto, CA
- Diplomate American Board of Family Medicine
- Fellow American Academy of Family Medicine
- Leadership positions
 - Executive Director Association of Philippine Physicians in America 2018-2020
 - President Rotary Club International Modesto North 2007-2008
 - President FEU Medical Alumni Society of Northern CA 2007-2008
 - President PMA of Northern CA 1994
 - President Mabuhay Club Stanislaus County 1982-1984
 - President Association of Philippine Physicians in America 2005-2006
 - FEUDNRSMAF Board of Trustees Member 2007current
 - Awards
 - 2008 Outstanding Physician of the year given by APPA
 - 2008 Outstanding Physician of the Year given by Federation of Intl Physicians of USA Inc
 - 2016 FEUDNRSMAF



THE ROYAND CITA CABRERA ENDOWED SCHOLARHIP FUND - Amethyst C Cureg, MD Class '73

The Power of the "ASK". As Treasurer of the FEUDNRSMAF, I found that a great many fellow alumni - whose faces and names are etched in my mind and heart, endured our countless "asks" for donations, and wholeheartedly opened their pockets to shore up the FEUDNRSMAF Scholarship program's endeavors to help talented and or financially strapped students achieve their dreams of becoming future healers. Their gift-giving smoothed out the ups and downs of our scholarship coffers. While this worked, there is no doubt in anyone's mind that a scholarship reserve, tucked away, built to d funding become a Call to Action, an importative

create sustained funding became a Call to Action, an imperative.

Thus, the idea of an endowed scholarship fund emerged. Boldly, I proposed the idea to Dr. Roy Cabrera Class '65, to fund one scholar per year for \$5,000.00. To my utter amazement – Dr. Roy Cabrera and his wife, Cita, unhesitatingly pledged \$20,000.00 per year to fund two merit and two financially needy students! Their extraordinarily generous gift will start the "Endowed Scholarship Fund" savings account in FY 2019.

The FEUDNRSMAF generally funds 10 -12 academic/merit scholars per year. Projected cost to fund a scholar's tuition fee per year is \$5,000.00 – because the scholar's funding could be full or partial based on their GWA. The Scholarship Committee is currently led by Dr. Hernani Tansuche and Dr. Robert Arias. The Committee adheres to stringent eligibility guidelines to carefully vet applicants and assure impartiality. On occasion, the Foundation receives a direct or indirect appeal from financially needy students and may get funded privately by generous alumni member/s. These students are designated as "grantees" to distinguish them from the academic/merit scholars. This academic year of 2018-19, we have 3 grantees.

Together We Can! So, again we **"ASK"** alumni to help us achieve the funding goal. Your named beneficence will undergird the FEUDNRSMAF in the many years to come. You may deduct charitable contributions of money or property made to qualified organizations, such as ours, if you itemize your deductions. Generally, you may deduct up to 50 percent of your adjusted gross income, but 20 percent and 30 percent limitations apply in some cases: link: <u>https://www.irs.gov/charities-non-profits/charitable-organizations/charitable-contribution-deductions</u>





FROM THE HOME FRONT FEU NICANOR REYES MEDICAL FOUNDATION INSTITUTE OF MEDICINE -Dean Rey de los Reyes MD Class'78

Firstly, I would like to congratulate the Organizing Committee of the FEUDNRSMAF for a very successful 39th SCIENTIFIC CONVENTION AND REUNION last July 4-8, 2018 at Caesar's Palace Casino and Hotel at Las Vegas, Nevada. I would also like express my gratitude and thanks for the courtesy and recognition that were extended to us from the Philippines. It is truly greatly appreciated.

My first year as Dean of the Institute of Medicine (Academic Year 2017-2018) went very fast. It was a very challenging year. One of the greatest challenge was preparing for the PAASCU Accreditation visit and implementing new programs to further improve the stature of FEU -NRMF in the local and international medical academic community.

Significant achievements were:

- 1. Attained Level III Accreditation from Philippine Accrediting Association of Schools Colleges and Universities (PAASCU) last February 2018.
- Voted member of the Board of Trustees of the Association of Philippine Medical Colleges (APMC) from June 2018 to May 2022 during the APMC Convention last February 2018.
- 3. 10th Top Performing School in the Sept. 2017 Physician Licensure Examination
- 4. The ONLY Top Performing School in the March 2018 Physician Licensure Examination

5. Three of our graduates were in the Top Ten of the March (9th and 10th places) Physician Licensure Examination

For AY 2018-2019, we admitted 733 first year students from more than 1,500 applicants. This is the first batch who underwent a Personality Test. I hope they will perform well. During AY 2020-2021 until AY 2021-2022, we expect to have fewer applicants as an after effect of the K-12 program implemented by the Department of Education last AY 2016-2017, adding 2 more years in high school (Grade 11 and 12). The administration is currently studying strategies in anticipation of its economic impact to our institution.

I hope my goals to fully equip the skills lab with adequate simulation tools, establish connections with other medical schools for global rotations of our Clinical Clerks and faculty exchanges, scholarships or grants for our faculty, and to increase the number of Visiting Professorial Lecturers will be fully realized soon. The Global Rotation of Clinical Clerks started last academic year and more students have shown interest for this academic year. As a new activity, we are experiencing birthing pains, but it is manageable. We are working on further refining the process for the benefit of the students. We are working hard to establish faculty exchange and scholarships and I hope we can establish it soon. Assistance from alumni with faculty appointments abroad will be invaluable in this endeavor.

The Visiting Professorial Lecturer in the Institute of Medicine has been in our Faculty Manual for years. However, it has been left vacant. I, however, believe that having a visiting faculty will be helpful not only for our students but for our faculty as well. This is a very good venue for exchange of ideas and strategies of teaching. One of the major criteria for appointment to this position is a current or previous faculty appointment in a medical school/institution of eminence. Engagement in research activity is desired. Those interested may send their curriculum vitae with supporting documents to my office. The appointment to this position requires approval of the President and the Chairman of the Board of Trustees.

The importance of a well-equipped skills laboratory is essential nowadays. We do not advocate practicing skills among students anymore when simulation tools are available. It is preferred that our students already have the minimum skill/exposure required when they start their clinical clerkship. I hope our alumni with means will be able to help us in this regard.

Beginning January 2019, the recipients of the Faculty Awards will be announced during the Alumni Homecoming. This will allow our US Alumni to witness and participate in the conferment of the award. The FEUDNRSMAF is the sponsor of the award. I hope to see many of you during the awarding ceremonies.



MESSAGE FROM THE CONVENTION CHAIR ON THE 39th FEDNRSMAF ANNUAL REUNION AND SCIENTIFIC CONVENTION - Daniel C Fabito MD, Class '64

This year, breaking away from the traditional three-day social event during our annual reunion, we combined the Welcome reception with the Filipiniana Night which we have been doing since 1994. During my Presidential tenure in 1993 -1996, we started the Filipiniana event in New Orleans when Class 1969 celebrated their Silver Jubilee, my Class 1964 had it's Pearl Jubilee and Class 1959 had their Coral Jubilee. I do not agree with some alumni that have expressed their desire to do away with the Filipiniana Night, because it serves as a forum to honor other Jubilarian Class

ses, encourage these Classes to attend the Reunions, and celebrate our rich Cultural Filipino heritage.

This year's combined Filipiniana Night and Welcome Night reception was well attended with the ladies in their Filipina Terno and the gentlemen in their colorful Barong Tagalogs. It was indeed very nostalgic to be part of this event celebrating our roots in our beloved country. The Convention Committee engaged one of the well known Filipino- American Las Vegas Celebrity, performer, and singer, Ms. Loni Andal in a mini concert during and entertained the attendees with her beautiful rendition of love songs. The event's entertainment continued with the presentations of the Pearl (Class 1988), Coral (Class 1983), Ruby (Class 1978) and Sapphire (Class 1973) Jubilarians trying to out shine each other.

Not to be outdone, our three-day Continuing Medical Education conferences under the Chairmanship and co-chairmanship of Dr. Nida Hernaez and Dr. Grace Averilla-Obena respectively were the highlights of the Convention, with great and well prepared invited speakers. Indeed we all benefited from being updated on the current and new medical knowledge and technologies to improve care to our patients.

The Saturday Dinner and Gala night continued to be the main event of our Annual Reunion. Class 1968 being the Golden Jubilarians under the leadership of Drs. Hernani Tansuche, Napoleon Abando and Melvyn Escara successfully rallied their fellow "BELIEVERS" to attend this memorable once in a lifetime fellowship and bonding with their classmates. Their PowerPoint Slide presentation and Medallion ceremony were awesomely well prepared. Kudos to Class 1968 for being well organized. Class 1963, under the leadership of Dr. Arturo Basa and Dr. Renato Ramos, being the Emerald Jubilarians proved their Class to still have an enviable close relationship and friendship that they have nurtured all these years. In other words , they are a Class worth being models to us younger generation.

To add spice to the Saturday program, the Committee invited two guest celebrities, Title holders of Las Vegas Beauty Pageants who did the honors of singing the Star Spangled Banner and the Philippine National Anthem. Ms. Mikayla Fabito Kelly, Ms. Junior Nevada, sang the American National Anthem and Ms. Esmeralda Padilla-Gould, Ms. Asia Las Vegas sang the Pambansang awit. Both entertained the attendees with their powerful and captivating voices.

Unfortunately our celebrating Silver Jubilarians and Diamond Class missed their chance to join us except for 5 classmates belonging to Class 1993.

Commentary: Holding a 100 % attendance at our Annual Reunions since the first reunion in 1978 at the Marriott Lincolnshire Hotel in Illinois, and serving six times as Convention Chairman I noticed that things have drastically changed the landscape of our Annual Reunion and Scientific Convention. Until three years ago, Silver Jubilarians attended our Reunion with many classmates joining in with the festivities. Now, only 5-10 classmates of the Silver jubilarians attended. The Golden Jubilarians continue to join in great numbers, albeit somewhat lesser than in the past. In fact, more Silver Jubilarians attended the Manila Balik FEU every January of each year. With the Diamond Jubilarians, it is understandable that the apparent absence is probably due to some illnesses, being older and with some joining our Creator. It is good that the Emerald Jubilarians took up the challenge to celebrate with the Alumni Foundation. Analyzing the less impressive statistics of attendance of the 2018 Reunion, I was a little disappointed since my expectations for greater Alumni participation with Las Vegas as the venue, was quite unexpected. I want to believe that the demise of our esteemed colleague, Dr. Cesar Reyes with less marketing tool via the Ectopic Murmurs and the cancellation of the Winter Board of Trustees meeting left a vacuum of leadership and forum to have discussed and found solutions to some of the pressing problems regarding the 39th July Reunion, Ectopic Murmurs , CME etc. It would have been disastrous were it not for the leadership of President Jun Castro (being the Overall Chairman of the Convention); Board Chairman Noli Guinigundo; Nani Tansuche, Amethyst C Cureg, Nida Hernaez, Grace Obena, who stepped up to the plate and did their best in resolving the difficult issues and problems.

Recommendations: The July 24 -28, 2019, 40th FEUNRMFSMAF Scientific Convention and Annual Reunion to be held at Caesar's Palace Resort in Las Vegas, Nevada will mark the RUBY Anniversary of our Annual Reunion and Scientific Convention. I highly recommend that we resume the Winter BOT meeting to strategically craft outreach tools, and problem solve in order to assure optimum attendance. We should issue the Ectopic Murmurs monthly, including marketing flyers to reach out to Alumni inviting them to the 40th Reunion. Write to all Class Presidents/ Leaders to campaign and invite their Classmates to celebrate their corresponding Jubilee celebrations with the Foundation, and encourage everyone (Officers: BOT members; Jubilarian Celebrants; fellow Alumni, friends and Colleagues) to support and place Ads on our Souvenir Journal. We need to subscribe 541 room nights during the Convention to be able to get our discounted room rates, hotel concessions and prevent the Foundation being charged for unsubscribed rooms. I strongly feel that this is OUR global responsibility.

Las Vegas Chapter with Alumni Friends:

L-R: Grace Obena 39th Co-Chair CME & Convention Co-Chair, Lourdes Malicay, Manny Malicay FEUDNSRMAF Past President (2014-2016), Carmel Tobias, Farida Chua, Melinda Fabito NV Chapter President, Regulo Tobias, Danny Fabito 39th Convention Chair





Cesar Candari 39th Annual Reunion Emcee and Mrs Cely Candari

Thank You Nevada Chapter

L - R: Ed Relucio CME Committee Member, Noli Guinigundo Immediate Past Chairman , Manny Malicay Past President , Licerio "Jun" Castro Immediate Past President and Overall Convention Chairman 39th Annual Reunion and Scientific Convention , Danny Fabito Chairman 39th Annual Reunion and Scientific Convention

> L - R Nida Blankas Hernaez Chair CME Committee, Grace Obena Co-Chair CME Committee, Dr Ed Hernaez



L - R: Melinda Fabito President FEUDNRSMAF Nevada Chapter, Farida Chua Nevada Chapter





FROM THE 39TH FEDNRSMAF CONTINUING MEDICAL EDUCATION CHAIR - Nida Blankas-Hernaez Class '84

The 39th FEUDNRSMAF Reunion and Scientific Convention was a great success! There were positive feedback among attendees. This was a 3-half day event with a total of accredited ACCME14 units. We started the CME with a silent prayer in memory of Dr. Cesar Reyes, FEUDNRSMAF CME chair for several years and Dr. Nunilo Rubio, a regular CME speaker. A Special Memorial Lecture for Dr. Cesar V. Reyes was one of the highlights.

The 39th Annual Scientific Convention CME was graced with distinguished speakers that presented relevant, unbiased and up-to-date topics. We thank all the volunteer speakers for sharing their time and expertise. The speakers were presented complimentary CME credits and plaques as a token of our gratitude.

To all moderators, thank you for keeping tabs of the time and keeping the pace in stride that assured a pleasant learning experience. Special thanks to Mrs. Elisa Reyes, wife of Dr. Cesar Reyes, for the yearly \$2,000.00 donation to cover the CME speaker's one-night hotel accommodation.

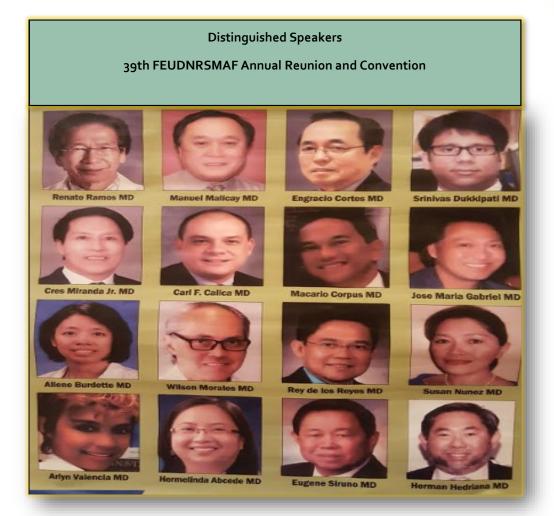
Special thanks also to Dr. Grace Obena, Dr. Amethyst Cureg and the Memorial lecture chairmen: Dr. Renato Ramos, Dr. Philip Chua, Dr. Daniel Fabito and Dr. Edmundo Relucio for inviting speakers.

To all the attendees, thank you for taking time to complete the evaluation and survey forms and of course please join us for the coming years. Your valuable support and recommendations are important for us. We want to cater your needs and interests.

To all the Jubilarians, please email your recommendations for speakers and topics for the 2019 convention. My email is : (click) <u>edni-</u> <u>da888@gmail.com</u>. Jubilarian speakers are highly desired. However, we also welcome the participation of non-Jubilarian speakers. Again, all are welcome to attend the CME!

Lastly, let me acknowledge the CME Committee members; : Drs. Divinagracia Obena MD⁸⁵, Hernani Tansuche MD⁶⁸, Raymund Razonable MD⁹², Philip Chua MD⁶¹, Arrel Olano MD⁹⁴, Emelie Ongcapin MD⁶⁴, Edmundo Relucio MD⁶⁴, Daniel Fabito MD⁶⁴, Renato Ramos MD⁶³, Noli Guinigundo⁶², Napoleon Abando MD⁶⁸ and Licerio Castro Jr MD⁷³.

Thank you for all you continued support and for the future of our CME.



ROSEMARY M AQUILER -ANGELES MD, CLASS '86



Dr. Aquiler-Angeles, is a practicing internist in Livonia, Michigan since 2005. She completed her residency in Internal Medicine at Wayne State University Detroit Medical Center-Sinai Grace Hospital in Detroit, Michigan. She is board certified in Internal Medicine. After working for several health care agencies, she established her own private practice. Dr. Aquiler-Angeles is currently affiliated with St. John Providence Hospital and serves as Consultant to other area hospitals in Metro-Detroit. Currently, she is President (2012-current) of the Philippine Medical Association Michigan Chapter and President (2015-2019). of the FEUDNRSMAF Michigan Chapter.

In addition to carrying out her Secretarial duties, her goals are to promote the 1) FEUDNRSMAF's mission, vision and goals, 2) FEUDNRSMAF Scholarship Program, and 3) FEU-NRMF Institute of Medicine school projects.



TENDERLY YOURS: VALEDICTORY MESSAGE - Immediate Past Chairman of the Board Noli C Guinigundo MD, Class '62,

My 2-year term had just come and go (2016-2018). My term saw the demise of the Winter Meeting and the combined Filipiniana and Welcome Reception party for the celebrants and attendees. We had seen the demise of our respected Foundation Ectopic Murmurs Editor and Chair of the CME, Dr. Cesar Reyes. The demise of our beloved Dr. Nilo Rubio in a freak car accident in the Philippines and injuring his wife Elenita. We lost our outstanding Foundation Secretary, Dr. Luzviminda Santangelo. We have lost several of our colleagues and I dare not mention all the names as I

might omit some of them, but, still we miss and respect all of them.

I had seen the coming of a new Dean of the Medical School, Dr. Rey de los Reyes, replacing Dr. Linda Tamesis whom we had worked with through the years from my term as Executive Vice President and Executive Director to my Chairmanship. I am one of a few that went from Chapter President (Louisiana) all the way up to the chairmanship. This was the intent and dream of our previous Chairman, Dr. Amante Legaspi and it was fulfilled in my ascension through the rank and file. In the process, our previous Presidents and Chairmen were so kind to me to help me through the years. (Again let me refrain from mentioning their names because the list is quite long.

I had seen a sizeable donation of Class '67 for an Audio Visual room in the medical school. This was received for the medical school by CFO Richie Reyes, and President Atty. Antonio Abad. The local Medical Society had a special room where we have met for the second time this year. I had seen changes in the academic echelon and my fervent prayer is that we could all work together in continuing to support our medical school. We are continuing our Professorial incentives, Scholarship Program, and Student Achievement Awards. I have promised in continuing our rewards for our board topnotchers who continue to bring honors and laurels to our medical school. I just hope these people will work with the US Foundation and not completely forget the support we have given them.

I had seen extreme cooperation with my officers and staff. I start with Dr. Jun Castro, my President, and CFO who had a tremendous job in arranging the meetings and miscellaneous work that come with it. To Dr. Florescio, Executive VP and Executive Director, including but not limited to registration and working with Dr. Amee Cureg in processing registrations and applications. To the 3 regional VP for continuing to be the liaison with the officers and BOT, thank you. To Dr. Nida B. Hernaez our secretary, keeping the minutes of the meetings and of course for her excellent job in the CME, as well as our good Co-Convention Chairperson, Dr. Divina Obena.

I continue my appreciation to Dr. Amee Cureg, our custodian of the funds of the Foundation. Thank you for your help and in volunteering to do the Editorship with Dr. Nani Tansuche of the EM. For our auditor, Dr. Cesar Jimenez and now one of our regional vice presidents. Our eternal thanks to the tandem Drs. Renato and Daisy Ramos for their unending help in the investment and fund raising for our Foundation. Also to the tandem of Drs. Danny and Melinda Fabito for their perennial help in sponsoring the Las Vegas Convention and also for the 2019 upcoming reunion, I am forever grateful. To Dr. Philip Chua for continuing to manage our alumni website, and for his numerous advise to the Foundation. To Dr Macario Corpuz for managing the Foundation Facebook account. To Dr. Nani Tansuche for continuing to manage the scholarship and student achievement awards. My continuing thanks and appreciation to - Drs. Delfin Dano, Rogelio Cave, and Virgilio Jonson for handling the nomination and election committee, our memorial lecture chairmen Drs. Philip Chua, Ed Relucio and Danny Fabito, and Renato Ramos, and most of all to the Board of Trustees for your continuing attendance at the meetings and your continuing support. I salute everyone and your family for supporting you in your endeavors in taking the time to attend the annual reunion and meetings. God bless you all.

Celebrating Jubilarians: 39th Annual FEU Reunion Caesars Palace Resort Las Vegas, Nevada July 4 - 8, 2018





CONGRATULATIONS !!!

Celebrating Jubilarians: 39th Annual FEU Reunion Caesars Palace Resort Las Vegas, Nevada July 4 - 8, 2018

GOLDEN JUBILARIANS CLASS 1963



Left to Right:

Front row: Drs. Arturo Mirasol, Vicente Zapanta, Phil Guevara, Josefino Mactal, Geronimo Canlas, Renato Estrella, Andres Rago, Villamor Parilla, Melvyn Escara, Wilfredo Magat, Manuel Sanchez, Napoleon Abando, Artemio Montes, Mario Lopez and George Chin

Second Row: Drs. Francisco Pechera, Babe Celodonio Garais, Josefina Agoncillo Mactal, Revilla Ilagan Zapanta, Delma Quirante Chen, Vena Uy, Ophelia Cansino Chua, Consolacion Castillo Tabora, Gloria Reyes Mahor, Feminia Castro Mac, Alice Pimentel, Edna Florentino Origenes, Fely Tugab Escara, Clarita Rodrigo de Leon, Hedelita S. Montenegro, Norma Antonino Flores, Alicia Canonizado Licudan, Zenaida Claustro Ampil, Leticia Esguerra Chin and Araceli Ranada Dantes.

CONGRATUL

Third Row: Drs. Rio Navarro, Hernani Tansuche and Proceso Arenos





What happens in Vegas, stays in Vegas.







"Golden friends are those where you pick up where you'd left off, be a it a year or two since you'd seen each other."

Celebrating Jubilarians: 39th Annual FEU Reunion Caesars Palace Resort Las Vegas, Nevada July 4-8, 2018





L-R

FRONT: Orlando Cordero, Gerardo Guzman, Renato G. Ramos, Eugene Siruno, Antonio Garcia, Armando Jaojoco BACK: Arturo Basa, Thelma Harder Sim, Janet Short Moghbeli, Celia Mercado Sagullo, Grace Budy Rabadam, Virginia Aguilar, Pablito Tolentino, Antonio Zantua, Antonio Cabreira, Oscar Ansaldo, Nestor Sagullo, Cederic Deang, Joel Sim

not in the picture: Ernesto Eusebio, Zenaida Palma Gonzaga, Rodrigo Bernardo, Norberto Nobleza, Engracio Cortes

CONGRATULATIONS !!!!



L - R: Engracio Cortes, Art Basa, Grace Rabadam, Virginia Aguilar, Celia Sagullo, Nestor Sagullo, Janet Mogbelli, Tony Garcia, Renato Ramos



L-R Front row: Virginia Aguilar, Zenaida Gonzaga Back row: Cedric Deang, Jane Deang, Aurora Cordero



L-R: Art Basa, Grace Rabadam, Daisy Ramos, Renato Ramos, Frank Rabadam



L-R: Art Basa, Gene Siruno, Babi Siruno



Celebrating Jubilarians: 39th Annual FEU Reunion Caesars Palace Resort Las Vegas, Nevada July 4-8, 2018





L - R :

First Row: Oscar Tuazon (CA), Licerio "Jun" Castro (CA), Daisy Castro (CA), Norman Cruz (CAN), Felipe Ambas (WI), Carlos Gubat (CA), Emmanuel Luna (CA),

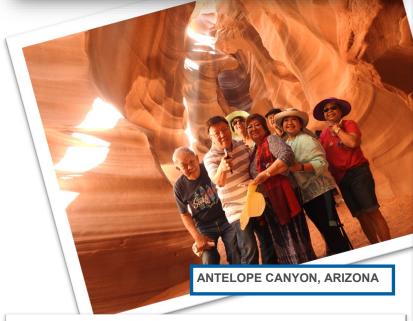
Last Row: Jesus Andrada (AUS), Mrs Bhanu Andrada, Mrs Ochie Tuazon, Amethyst Cureg (NV), Cynthia Profeta-Dietzel (CA), Victoria Poblador Roehr (GER), Mariielou Ramos-Guzon (TX), Mrs Gubat, Milagros Ambas (WI), Mrs Gleda Ignacio, Mrs. Zenaida Zapanta, Orlando Ignacio (RP), Danny Zapanta (IL)

CONGRATULATIONS !!!!

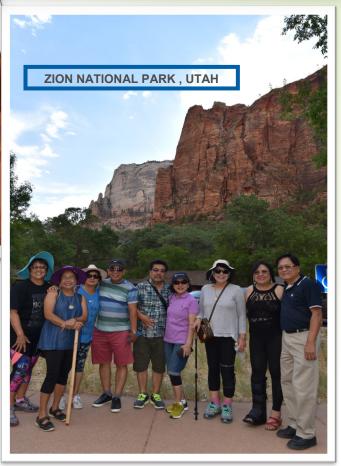


Bachata Pa Morel











Celebrating Jubilarians: 39th Annual FEU Reunion Caesars Palace Resort Las Vegas, Nevada











L-R: Vic Bonuel, Jemima Tso, Herman Hedriana



THE WAY WE ARE, THE EMERALDS - Eugene Siruno MD. Class '63

Class of 1963 celebrated their Emerald Jubilee during the 39th Annual reunion of FEU in Las Vegas, Nevada last July 5-8,2018. A party hosted by Art Basa's daughter in Henderson, NV kicked off our reunion celebration. Although we hardly saw each other for quite some time, the gathering brought us closer together and cemented our bonds of friendships and camaraderie. The Class offered a mass for the late Africa Basa. Maraming Salamat to the Basa Clan and to Tony Zantua - you made our celebration of friendship joyful.

To my fellow Emerald Jubilarians attendees - Virginia Aguilar (CA), Oscar Ansaldo (CA), Arturo Basa (RP), Antonio Cabreira (FL), Orlando Cordero (NJ), Engracio Cortes (NY), Cedric Deang (NC), Ernesto Eusebio (IL), Antonio Garcia (NY), Zenaida Palma Gonzaga (CA), Gerardo Guzman (IL), Armando Jaojoco (FL), Norberto Nobleza (NJ), Grace Budy-Rabadam (NY), Renato Ramos (MI), Bernardo Rodrigo (NV), Celia Sagullo (NJ), Nestor Sagullo (NJ), Janet Short-Mogbeli (MD), Joel Sim (WA), Thelma Harder-Sim (WA), Eugenio Siruno (MN), Pablito Tolentino (PA), Antonio Zantua (NV), your presence made our reunion unforgettable.

We laughed. We ate. We joked. We reflected. We shared personal stories of endeavors, lost loves, and infatuations. Time-gaps and distance were not barriers to us. Pablito attended for the first time in 55 years and adjusted so easily. This validated the premise that we do not have to see each other so often to remain close. The friendships, bonding and camaraderie shared with each other are long last-ing even if this happens only once in 50 years. Our class always has the most number of attendees in these annual reunions.

We reminisced momentous milestones of our time – the August 28,1963 Martin Luther King's "I Have A Dream" speech; LBJ's Civil Rights Act of 1964; November 22, 1963 JFK's assassination in Dallas, Texas; Equal Pay Act of 1963; Title XIX 1965; first transpacific broadcast in Ibarahi, Japan on November 23,1963; Bikini generation, down to the last remaining barrier to women's personal freedom and professional success.

I was privileged to have been requested by the late Dr. Cesar V. Reyes to be one of the CME speakers. I felt my presentation was not on par with the smart and lovely lady speakers that preceded my talk. As I fumbled in my delivery of "The Way We Are", I was pleasantly surprised at the smiling faces, applause and laughter at the end of my talk. I said to myself - "Mission Accomplished!". There were other classmates of mine who were speakers, Drs Renato Ramos and Eng. Cortes (2nd Dr. Ricardo Alfonso Memorial Lecture Series).

We were "dressed up to the nines" on Gala Night - the gentlemen handsome in tuxedoes with emerald bow ties and cummerbunds and the ladies beautiful in long gowns with emerald green belts. And all looked young even those with walking canes especially the lovely Zenaida Gonzaga received her medallion in a wheelchair. Our trademark was the spirit of friendship and camaraderie. Orly and Aurora Cordero danced like true professionals with a tango presentation, and tenor Ernie Eusebio sang an operatic aria "a la Caruso". **Class 63** truly rocked!

Till then, **R** = **E** + **M** + **F**. **REUNION** brings about wonderful **EXPERIENCES**, pleasant and lasting **MEMORIES** and of course unending **FRIENDSHIPS**. As the saying goes: *Nobody has ever come up with a good substitute for Friendship*.



A SILVER JUBILARIAN'S MESSAGE - Rodolfo Penaflor MD, Class 93

On behalf of the FEUNRMFSM 1993 Graduates, I would like to extend our appreciation for the warm reception given to us during the 39th Annual Reunion hosted by The FEUNRMF Alumni Foundation in Las Vegas, Nevada. Although our batch did not have much in attendance, with only 5 of us including the President of the Medical Alumni Society-Dr. Lylah Reyes attending, it was a great honor to receive the Silver Jubilarian recognition.

Through social media, I reconnect easily with some friends from medical school, chat with them, and saw what they have been up to in their family lives, careers and travels. So, when I received the invitation for the 39thAnnual Reunion and Scientific Convention, I mused - "Is it really necessary to go to this event?" After all, I am already connected with my friends on social media. I was a bit hesitant but with Dr. Lylah in mind, and with the persuasion of Dr. Pete Florescio, I decided to go.

It turned out to be a good decision indeed, as I was enthralled with the presentations, the speeches, the awards and recognitions during that night. For all the usefulness and hype of social media, I now understand that it doesn't beat the one-on-one, face-to-face human interaction that I just witnessed in this gathering. Humbled by the warm welcome handshakes and friendly messages from our predecessors and their families, my belief in the human connection was reinforced. I truly appreciated the warm and genuine acceptance shown to us. It was an honor to be in the company of all these distinguished and accomplished individuals.

The Golden Jubilarians left a remarkable impression on me as well. The display of effort and respect for the tradition was apparent. The lifelong friendships were evident in the way they cheered on for each other as their names were called for their respective recognitions and the honor and respect given to those members that served and had passed on. The memories they shared through the photo presentations gave us a glimpse of their hard work, struggles, camaraderie, philanthropy and achievements. It was quite an event! And so, for me, as someone I considered at the time, on the outside looking in, I am inspired by this gathering. My opinions have evolved, and I now share the desire to encourage attendance and involvement in the cause. And for all the grandeur of this event, let's not forget what the FEUNRMFSMAF and its mission is all about. It is about the cause, the humanitarian endeavors, the giving back to the alma mater and country, and contributing to the global community by helping shape and inspire the future generation of Filipino doctors. Bravo!

"A diamond is just a chunk of coal that made good under pressure."



EPILOGUE GOLDEN JUBILEE CLASS OF 1968 - Napoleon Abando '68

Our golden year jubilation was a blast making 38 of class '68 true believers of our strength and courage together coming in different shapes and shapes displaying distinct smiles and friendly faces.

Lovely ladies dressed with elegance kept us guessing what beauty they were hiding who's granny, widow or otherwise, all full of remembrances.

The men with receding hairlines some with scanty gray hair or completely bare, Look stunning despite bulges in the wrong places.

It was a success still reminiscing five days of fellowship and eating, sightseeing and rehearsing made believers of ourselves.

It was a reunion to remember a milestone in the annals of class '68 many reunions Coral, Pearl, Ruby, Silver and Emerald This was the joyous of them all. Time and distance mattered not we hugged, kissed, cried mostly laughing and reflecting at so many experiences, words of wisdom into enduring praises.

Hakkasan was sumptuous to our palate just like at the place D'Pinoy we honored our hidden operatic prowess under Manny and Carlota Sanchez for the grand reunion presentation.

Melvyn and Nani our relentless leaders herding us together slow moving believers from the Red Rock excursion to the Filipiniana commemoration.

The grand finale was remarkable marching to receive our golden medallions with "I believe and Ave Maria" renditions and flawless dance by Remy and Vladimir indeed an unforgettable celebration.

It was more than a celebration perhaps some sort of liberation a joyous anticipation of precious retirement Our golden jubilation.





REFLECTIONS - Joel C Sim Class 1963

Tears welled up in my eyes, as I remembered several members of our class who are no longer with us. I whispered a soft prayer for them and for Africa, Arturo's wife, who recently passed away. Fifty years or so ago, we all thought we were invulnerable. How fragile and fleeting our lives are.

The swapping of memories was plenty. The stories brought laughter and mirth that I have not experienced in a long, long time. There was quick recounting of the mischiefs during examinations. Stories about our class professors and special personalities, most of whom are no longer with us. As I looked at my old classmates I could hardly believe that it was only a few years back, when we sang and danced to the music of Elvis Presley, Beatles, Supremes, Beach Boys, Four Seasons, Rolling Stones, Janice Joplin, Joan Baez, Harry Belafonte and Mitch Miller and the Gang. In our time, the Woodstock Festival happened and ENOVID was the drug of choice of young lovers. Our moral backbone got a good beating at that time, but we survived with our Filipino standards intact.

I looked around and studied the faces of my old classmates. All aged with wrinkles to show the essence of who we are. All have lived fascinating lives. All have become the people we were destined to be. All have had our ups and downs, successes and failures, joys and heartaches. It is so wonderful to know that I knew them when they were not fathers, mothers, or grandparents. What is so special is that were together again after all these years, after we have raised our families, educated our children and spoiled our grandchildren. I knew all of them before they came to this country, all worked hard without complaining, all overcame unbelievable obstacles, all did not have a sense of entitlement. Each have built fine careers, happy and successful families. I am of so proud of all of them.

I knew them when life was so much simpler, more fun and when we laughed a lot. What great cherished days they were - priceless memories that made our lives richer. July 8th was a lot of fun highlighted by the distribution of our Emerald Reunion medallions. Thanks to the generosity of Class '63, I also got one. Fascinating and outstanding was the dance number of our classmates, a couple past the age of 3 scores and 10 dancing and floating across the dance floor like 2 butterflies in love.

Ah, yes, my friends. There is still much work to do. I am reminded of Robert Frost's beautiful poem:

The woods are lonely, dark and deep

But I have promises to keep

And miles to go before I sleep.

My dear classmates and friends, I'm grateful and glad that you have taken me back to the fold. Let me appeal to one and all, there is still time, at these our twilight years, to come together again to relive the happy days when we were young and carefree, when we laughed and loved like there was no tomorrow.

Let us come together again to share special memories. Not to compare nor compete with each other's achievements and fortunes, but to share the good times for soon the night will be upon us, when we won't be able to gather together again. I know this class of '63 will continue to share for they are all special in the sight of God.

Till our next "come together".



IN THE NEWS!

DR FABITO RECIPIENT OF THE HIGHEST ASSOCIATION PHILIPPINE PHYSICIANS IN AMERICA (APPA) RECOGNITION 2018 AWARD - Rick de Leo MD, Class '64

Dr. Fabito Class '64 was awarded the prestigious Lifetime Achievement Award by APPA during their Annual Inaugural and Scientific Seminar held in New Jersey on August 2-5, 2018. This award was given to Dr. Fabito for his outstanding humanitarian contributions to communities locally and abroad, academic excellence and contributions to APPA. He pioneered the first APPA medical mission in 1981 and relentlessly continues to conduct 3 - 4 yearly medical missions in various parts of the Philippines, the most recent of which was in Alaminos, Laguna, Philippines and Kamay ni Jesus, Lucban, Quezon, Philippines.

CONGRATULATIONS DR. FABITO!

FOUNDATION SCHOLARS GRADUATE WITH LATIN HONORS

All of the five (5) Foundation scholars graduated with Latin honors during the last commencement exercises of FEU School of Medicine. The scholars were also recipients of several awards:

Vien Christian Lansangan - Most Outstanding Medical Graduate

Chef Stan Macaraeg - Dr. Ricardo Alfonso Award , Most Outstanding Intern, Dr. Teodoro Nuguid Award Most Outstanding Student in Surgery

Jamila Jane Borlagdan - Dr. Rolando Solis Award Excellence in Cardiology



Left to Right: Kim Aldecoa (Cum Laude), Chef Macaraeg (Magna Cum Laude), Vien Christian Lansangan (Magna Cum Laude), Daphne Ruiz (Magna Cum Laude), Jamila Borlagdan (Magna Cum Laude)

CONGRATULATIONS GRADUATES!

WE WOULD LIKE TO EXPRESS OUR DEEP GRATITUDE TO OUR GENEROUS FEUDNRSMAF BENEFACTORS FOR THEIR FINANCIAL CONTRIBUTIONS. GOD BLESS!



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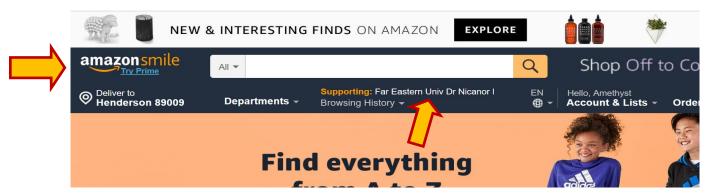
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LETTER TO THE EDITOR:

A Reflection by Cesar D. Candari MD Class '61

After reading all the messages of Dr. Licerio V. Castro during his presidency, and now the newly elected Chairman of the Board of Trustees of FEUDNRSMAF, it is fitting to make a thoughtful judgment of his excellent leadership in moving the Foundation to new heights. In this posting I thought I would chip in with my two cents worth of about the qualities of good

leader. I may be repetitious, as I believe I gleaned about leadership in my past writings (Ectopic Murmurs, August 2012). The researchers listed certain traits of a good leader: "intelligence, extraversion, and adjustment, openness to experience, general self-efficacy and conscientiousness." It has been inferred that an individual possessing these traits are good leaders. Leaders must be able to first discipline themselves and then those who they lead. With little effort, a leader should be able to put others on the right track. It is their choice to use them effectively or not to use them at all. It is the ability of the leader to induce subordinates to work with confidence and zeal. Leaders have a responsibility to make decisions. It is not always perfect. Leaders must look back not to worry of the "vicissitudes in life", learn from it. To be a good leader requires a tremendous sense of dedication - do everything you can, without limit, to do what's best for everyone. A leader must have a very strong personality. Superior leadership is essential in today's high-pressure competitive world.

We must welcome all new officers elected to steer the boat in cool and calm, smooth waters. Think of our medical school, the infrastructure and the hospital in Fairview, our grants, chairs and scholarship awards and much more. "Think of Forward Movement and Growth! If everything is moving forward together, then success takes care of itself" (Henry Ford). In my view, the newly elected Chairman as well as the President of the Board, Dr. Recto Deleon unquestionably possess these leadership traits - integrity, dedication, and commitment. We welcome them for the work they must perform with all our support. Finally, we express our heartfelt thank you to Dr. Noli Guinigundo, immediate past chairman for the work well done.

ANNUAL HOMECOMING ALUMNI CONVENTION (BALIK FEU)



The Manila Hotel For hotel reservations: Contact Riabelle Matiling +63 2 527-0011 Local 1105 or email r.matiling@themanilahotel.com for FEU special booking Overall 2019 Homecoming Chair: Dr. Joyce Gacasan iguintogacasan@yahoo.com

SAVE THE DATE! July 24 - 28, 2019, 40th (RUBY ANNIVERSARY) FEUDNRSMAF ANNUAL REUNION AND SCIENTIFIC CONVENTION

FAR EASTERN UNIVERSITY DR NICANOR REYES SCHOOL OF MEDICINE ALUMNI FOUNDATION - USA

HONOREES Class59 (Diamond Jubilee) (Emerald Jubilee) Class64 Class69 (Golden Jubilee) Class94 (Silver Jubilee) Class74 (Sapphire Jubilee) (Ruby Jubilee) Class79 (Coral Jubilee) Class84 Class89 (Pearl Jubilee) Class99 (20th Anniversary) (15th Anniversary) Class2004 Class2009 (10th Anniversary)



July 24 - 28, 2019 **Caesar's Palace Casino & Hotel** 3570 South Las Vegas Boulevard, Las Vegas NV 89109

Volunteer lecturers from the Jubilee celebrants and from other classes are now being considered. Please email your proposed lecture title, teaching objectives, photo, and resume to Dr. Nida Blankas Hernaez (click) ednida888@gmail.com or (click) Dr. Grace Obena: nobena@aol.com.

Questions? Please email (Click link below) Chairman Licerio "Jun" Castro: Ivcastro@att.net President and Overall Convention Chair Dr. Rick Deleon: rickfdeleon@yahoo.com Convention Chair Dr. Fabito: danielfab@cox.net Co-Convener Dr. Obena: nobena@aol.com Executive Director: pfloresciojr@gmail.com

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EDITORS COLUMN

Ectopic Murmurs (*EM*) is the official publication of the FEUDNRSMAF-USA. It was founded by the late Dr. Jesus Nolasco to build our identity as a Foundation and to disseminate relevant information pertaining to our Foundation activities. Subsequently, Ectopic Murmurs (*EM*) was managed by the late Dr. Cesar V Reyes until his death in December 2017. Drs Hernani Tansuche and Amethyst C Cureg acted as Interim Editors to fill the void. In August 2018, the current leadership reappointed Drs. Hernani Tansuche and Amethyst Cureg as editors of the Ectopic Murmurs for a 2-year term. Drs. Licerio "Jun" Castro and Rick Deleon are ex officio members of *EM*. Establishing an Editorial Board to provide advice and support to EM is under consideration.

Ectopic Murmurs (*EM*) will be published in a web-format triannually (February/March, April/June and September/October). Supplemental issues will be released during the months preceding the July Annual Reunion and Scientific Convention to assure that alumni receive updated information for the event. Additionally, exceptions will be made for special announcements or breaking news that warrant an abridged special edition. *EM* encourages the submission of original articles for inclusion in *EM* that bear direct relevance to the FEUDNRSMAF-USA mission, goals and activities, including related material concerning FEU-NRMF School of Medicine and Medical Center. Articles must be submitted in Word format. *EM* seeks author/contributor diversity; alumni that have not previously published in EM are strongly encouraged to submit articles and will be given priority. The Editors reserve the right to accept or reject any submitted articles and to edit for brevity, clarity and conformance. Although the EM staff reserves the right to edit, the author/s will be held responsible for the content. Medical articles will be peer reviewed; statements must be validated for copy-editing purposes.

We will be starting new columns: 1) *Clinicians Corner* section is intended for our alumni members in practice. We invite FEUDNRSMAF alumni members from academia and experts in their field of practice to submit medical articles that are contemporary/current, relevant to our membership, adhere to community standards of practice/care, accurately or thoroughly referenced/attributed, and permission/s granted when applicable prior to submission of article. 2) **National Health Observances (NHOs) Month** to raise our alumni members' awareness about important medical/health topics. For example, "Obesity Awareness Month", etc. Toolkits and additional information are available at (click):<u>https://healthfinder.gov/NHO/default.aspx</u>. Likewise, articles must be accurately or thoroughly referenced/attributed; applicable permissions are granted prior to submission of articles. 3) **Alumni in the News!** will feature fellow alumni that have distinguished themselves. Please let us know if you or someone you know has/have been acknowledged by a professional organization, community organization, professional peers, etc. 4) **Meet** section will profile an alumnus including officers and Board of Trustees - Drs De Leon and Aquiler-Angeles debuted in this issue.

EM joins the current leadership in their concerted efforts to encourage more active membership in our organization. By revamping the contents of our newsletter with emphasis on our goals and mission, we hope to entice the casual reader or member to become interested and get involved in the affairs of the FEUDNRSMAF-USA. We are evolving, please be patient with us. Thank you.



Hernani S. Tansuche, MD⁶⁸ Click:<u>hernani.tansuche@gmail.com</u>

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