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MESSAGE FROM THE CHAIRMAN - Licerio "Jun" Castro, MD, Class '73

We Came, We Saw, They Conquered.

mark in the recent Medical board examinations of March 2019.

There was revival of friendships, renewal of faith, rebirth of dynamism as the FEUDNRSMAF gathered in Las Vegas last July, 2019 to celebrate the 40th Annual Reunion and Scientific convention. All the Jubilee Celebrants were presented, recognized and honored for all their achievements and contributions towards our Alumni and Alma Mater. It is a real pleasure for our Foundation to deliver what is due to all our celebrants and to all

alumni alike for they have brought so much strength, integrity, honor and respect for us all.

Boldly we go where many have gone before, that is to spread and continue our mission and goals for it must be inherent in us to show how sincere are we in doing the right things. We welcome beneficial suggestions, creative ideas and other contributions that may propel the foundation with more productive features. On the home front, our graduates, once again have propelled the FEUNRMF to attain the highest passing

Our students have displayed an enormous attitude of academic excellence. And our scholarship program under the guidance of Dr. Hernani Tansuche and Dr Robert Arias have established remarkable results coupled with the unsurpassed mentoring by all teachers and professors alike. With the leadership of Dean De Los Reyes and the great assistance of the School Administration, our students were bound to excel in their field of interests. The full support of our Foundation have clearly defined our boundaries in fulfilling what is expected of us in promoting our missions and goals. Several Class groups have already exhibited their willingness in helping our students and alumni by gifting what is needed for their cause.

In our organization, we take great pride in acknowledging all the huge tasks that every committee had accomplished. It matters not in the face of difficulties and hardships for the heart of every member is geared toward satisfactory outcomes.

We continue and strive to serve our populace with gleaming pride the brilliant CME presentations, topics with great speakers under the guidance of Dr. Nida Blankas-Hernaez and Dr. Grace Obena; the untiring job of our Executive Director and Executive Vice President, Dr. Pete Florescio ; the leadership of President Rick De Leon; the Awards Committee under the helm Dr Daisy Ramos and Dr. Manny Malicay; our energetic Secretary, Dr. Rosemary Aquiler; our Guardian, Dr. Amethyst Cureg, and to all our committees as well. For the avalanche of the convention successes, our utmost praise for the Nevada Chapter under Dr. Melinda Fabito; Overall Convention Chair, Dr Dan Fabito, Co Chairpersons of the Convention, Dr. Philip Chua, Dr. Grace Averilla-Obena, Dr. Cesar Candari; and to all members of the Nevada Chapter for all their sacrifices and undying services that the alumni could be afforded great satisfaction and fulfillment.

Dr Roy Cabrera was recognized for their generous gift of \$25,000.00 to fund the Roy and Cita Cabrera Scholarship Endowment Fund to support financially needy and deserving FEU-NRMF medical students. We are very grateful their magnanimous gift.

Get ready for our next reunion which will be held in Southern California.

Surprise, surprise and more surprises are on the horizon so keep in touch.

To all organizers, presenters, and unsung heroes, I would like to express my profound gratitude, for you have made our reunion and convention so enjoyable, adorable and just plain Mah-Ve-Lous. Stay safe and enjoy



PRESIDENT'S MESSAGE - Rick Deleon MD, Class '64

The ultimate measure to gauge/determine the success of any prepared events is the response of those who are present and participated in those activities. The Jubilarian honorees and our co-alumni did show a great response. They were very happy, emotionally upbeat having relived old memories, acquaintances and friendship rekindled, renew fellowship, reconnect with each other and strengthen the already strong bond amongst us.

In this memorable event the Las Vegas chapter did their magnificent and stunning efforts in making the 40th FEUDNRSAF Annual Convention and Scientific Convention, a huge success. grateful and thankful for their relentless collective efforts. Kudos are extended also to the Southern California Chapter for their added supports and help.

Two of our famous alumni were recipients of well deserved recognition awards. Dr. Nida Blankas Hernaez was bestowed the Most Outstanding Alumnus 2019. Dr Phlip Chua, a prolific writer and well known cardiovascular surgeon received a Lifetime Achievement Award. Our congratulations were extended to both

The CME Program was marvelously done with the selection of outstanding speakers and topics discussed were appropriately and meticulously selected for the retired and still practicing providers/ physicians.

Dean Rey Delos Reyes did an excellent presentation about the status of Medical Schools in the Philippines. He likewise had elucidated where FEU-NRMF School of Medicine stand compared to other medical schools. Dean Delos Reyes urged the Foundation to continue providing incentives to faculty and medical students through provisions of Professional chair Funding and Recognition Awards to medical school scholars. FEU-NRMF School of Medicine COO Mr. Richie Reyes, briefly illustrated what future plans are in store in terms of Medical School Infrastructure and Hospital improvements.

Dr Daniel Fabito Class 64 met with Dean Delos Reyes and Richie Reyes regarding Post Graduate Medical Education Program (PGME) funded by Class 1964. Their discussion revolved around the establishment of FEU-NRMF Center for PGME residency and fellowship training, to realize a more organized division, a Department of Continuing Medical Education at the FEU-NRMF Medical Complex. The PGME Program hopes to offer FEU-NRMF Philippines-based qualified alumni the opportunity of a 3-6 month Fellowship at FEU-NRMF Hospital. The Class' goal is to its continue fundraising activities for the above endeavors. Class 1964 enjoins alumni to help in these efforts.

The Thursday evening of Welcome/Filipiniana Night and culminating in Gala Dinner on Saturday were highlighted by Jubilarian presentations (dance, videos and singing). They were nights filled with laughter, dance, talk and reminisces of years past, in medical school. The Emerald Jubilarians presented 3 nostalgic but very emotional songs, the most famous of which was "Que sera, sera". Several dancers merrily waltzed to the tune of "Que sera sera". The Golden Jubilarians dance and song presentation was well choreographed, lively, and widely applauded. Not to be outdone, the Silver Jubilarians presented a dance performance that generated an enthusiastic applause from the audience. Everybody had been tremendously entertained by the Jubilarians presentations and its something to remember as years go by.

In all, the just concluded FEUDNRSMAF 40th Annual Reunion and Scientific Convention was a resounding success. And, this will promote, encourage and give impetus to alumni to attend future reunions and conventions to help our Foundation and Alma Mater in our shared mission.



FROM THE HOME FRONT FEU NICANOR REYES MEDICAL FOUNDATION (FEU-NRMF) SCHOOL OF MEDICINE - Dean Rey de los Reyes MD, FPOGS, MHSA Class'78

Greetings from FEU-NRMF School of Medicine!

The FEU-NRMF school year 2019-2020 commenced on Aug. 5, 2019. Incoming students from the 7 BS programs were welcomed separately by the President, Vice President for Academic Affairs and their Deans. The School of Medicine's, First Year Orientation was held last Aug. 1, 2019 at the JCR Gym. Aside from the FEU-NRMF School officials, in attendance were the 1st year subjects faculty led by the Department Chairs and the Chairs of the other departments. With the assistance of the Medical Student Council, the

event was a great success. Aside from the orientation delivered by the Dean, the different school organizations presented a number and invited the freshmen students to join their organizations. There were trivia questions with prizes. The theme was "Sibol 2019". This school year, we have 698 first year students.

Starting the 1st Semester of SY 2019-2020, we will be recognizing our scholars in a "Scholars Recognition Ceremony" which is tentatively scheduled on September 20, 2019, in time for the Medicine Week Celebration. Honored will be our full academic scholars, partial academic scholars and the entrance scholars during the 1st semester. The recognition will be given every semester. We hope that this recognition will encourage our scholars to study harder to maintain the scholarship and stimulate others to be included in the elite group called the "FEU-NRMF Scholars Society".

The September 2019 Physician Licensure Examination will be held on Sept. 7, 8, 14 and 15. Our graduates are now in the final stages of their preparation for the exams. The blessing of the pencils will be on Sept. 5, 2019 at the Alfonso Hall. We are confident that we have prepared our graduates very well for the said examination. We are praying for the best for all of them.

Several faculty development activities are lined up to further improve the teaching capabilities of our faculty this school year. The activities actually started last April 6, 2019 with the Basic Teaching Seminar for our new faculty members. However, other faculty members who wanted to be updated with their teaching skills were also encouraged to attend. Last July 17-19, 2019, we had the 2nd Mentoring Workshop to further increase our pool of mentors. We will offer mentoring to all our 1st year students on a voluntary basis. The 3rd Mentoring Workshop will be on October 23-25, 2019. The participation of the faculty members is also voluntary but with compensation. A Micro-teaching Seminar will be conducted on August 31, 2019.

The newest acquisition of the Foundation is the Apollo Dummy Simulation Model. This will be utilized by the School of Nursing, but mostly by the School of Medicine. The model can be programmed to simulate clinical settings that our students must be exposed to, but may not be able to encounter in an actual clinical setting. Although the model is expensive, I feel that it will be very helpful to our students in learning medicine. I have encouraged the different clinical departments to maximize the utilization of the model. The model is presently housed at the Skills Laboratory at UG 4 and 5, although I planned to have the adjacent room (UG 3) renovated as the Simulation Laboratory. I hope I can find donors for its renovation soon.

We have started preparation for the 50th Foundation Week Celebration tentatively scheduled on January 18 -23, 2021. This weeklong celebration will be highlighted by the recognition of the "50 Outstanding Alumni Awardees". There will be 6 categories, namely: Leadership, Community Service, Education, Career Development, Loyalty and Research. The criteria for the different categories have been previously sent to the Officers of the FEUDNRSMAF. Email nominations to Editha Dizon, M.D., Dean of the School of Physical Therapy at ecdizon@feu-nrmf.ph; Rosalinda Solevilla, PhD, Dean School of Pharmacy at resolevilla@feu -nrmf.ph and Maritess Singh, PhD, Dean School of Nutrition and Dietetics at mvsingh@feu-nrmf.ph. We encourage everyone to submit their nominations early. you enquiries may email me at rhdelosreyes@feu-nrmf.ph or email the 3 Deans mentioned above.





The FEU-NRMF Medical Alumni Society Annual Homecoming will be held on January 15-18, 2020. The Dr. Lauro Panganiban Memorial Lecture will on Jan. 16, 2020 at 10 AM. There will be Scientific Lectures on the afternoon of Jan. 16, 2020 extending the whole day of Jan. 17, 2020. The Student Achievement Awards will be on Jan. 17, 2020 too. The Grand Alumni Night will be on Jan. 18, 2020 at the Shangri-La Hotel at BGC. This year's host is the Silver Jubilarians Batch '1994. The first Regional Chapter (Region 3) will be introduced during the Grand Alumni Night. I hope that alumni of FEU-NRMF School of Medicine will attend even if the do not belong to the celebrating classes. This is the best time to see again our friends, classmates, fellow alumni and the faculty.

Lastly, I would like to congratulate the FEUDNRSMAF for a very successful Alumni Homecoming and Scientific Convention last July 24-28, 2019 at the Caesars Palace Hotel and Casino in Las Vegas, Nevada, USA.

Thank you very much for your generosity and hospitality. I wish you more success in the years to come. My special thanks to Dr. and Mrs. Hernani Tansuche for taking good care of me days before and after the convention. God bless to both of you.

Foundation scholars graduating with Latin honors L-R: Ahnee Mae Ahyong (Magna cum laude), Gabrielle Pascual (Cum Laude) and Hazel Echavez (Cum Laude)



MESSAGE FROM THE OVERALL CONVENTION CHAIR ON THE 40th RUBY FEUDNRSMAF ANNUAL REUNION AND SCIENTIFIC CONVENTION - Daniel C Fabito MD, Class '64

By all accounts and acceptable criteria, our 40th Annual Reunion and Scientific Convention proved again to be one of the successful and memorable events for Alumni attendees to savor and look back in their time machine. It was very significant to me and to my fellow Fabulous Class of 1964 since the reunion marked another milestone in our professional careers as Emerald Jubilarians. I also take special pride in being the Overall Chairman of the convention, my 9th since I first chaired our Reunion in 1989 in St. Louis , Missouri when my Class celebrated its Silver Jubilee. That was the first time that I started the Silver Medallion Ceremony with celebrants receiving their individual medallions assisted by their spouses. In 1994 Convention in New Orleans with Class 1969 celebrating their Silver Jubilee, I added the Filipiniana Night as one of the convention events to instill awareness of our roots, our rich heritage and culture as part of the beautiful Filipino race.

My gratitude to the FEUDNRSMAF - Nevada Chapter and Chapter President Dr. Melinda Fabito, Convention Co-Chairs Dr. Philip Chua, Dr. Grace Averilla-Obena and Dr. Cesar Candari; Chairman of the BOT Dr. Licerio Castro and President of the Alumni Foundation Dr. Recto De Leon; Executive Director Dr. Pete Florescio; Dr. Amethyst Cureg, Foundation Treasurer; Dr. Hernani Tansuche, Past BOT Chairman; and Ms. Kellie Sabas of Helms-Briscoe Convention Planners Co. who all unselfishly supported and guided me before and during the complex logistical preparations of the convention. Of course, we owe a lot to the dynamic duo, Co-Chairs Dr. Nida Hernaez and Dr. Grace Obena for organizing a superb two-day CME Conference. Kudos to the Chairmen of our Memorial Lectureships, Dr. Renato Ramos, Dr. Philip Chua, Dr. Dan Fabito and Dr. Ed Relucio and their respective Memorial Lecturers. My admiration to Dr. Daisy Ramos for continually raising Funds for our Scholarship project through her annual Raffle Contest.

Special mention and recognition to Class 1969 Golden Jubilarians spearheaded by Drs. Gil and Rhodora Palacio, Dr. and Mrs. Renato Enriquez, Dr. Noemi Fogata, Dr. Flory Mangahas and Dr. Teresita Ilagan-Manubay and Dr. Becky Salvani; for having the most number of classmates who joined us in this convention and their awesome class dance presentation and a very emotional and touching Video presentation honoring their beloved classmates who had joined our Lord; Class 1974 Silver Jubilarians led by Dr. Arrel Olano; Class 1964, Emerald Jubilarians, asserted their youth and not old or getting older through their "medley of songs - Forever Young, Que Sera Sera, and How great thou art; and our three Diamond celebrants.

My hat's off with great admiration and sincere recognition to my classmate, Dr. Corazon Mendoza who poured with all her heart and soul into the difficult task of coming up with a presentation which she ably prepared and choreographed, sent the lyrics of the songs to assure that they were memorized, reminded the vocalists and dancers to practice their assignments well . She was our Producer and Director all the way. Great job, Cora!

The Awards committee headed by Co-Chairs, Dr. Daisy Ramos and Dr. Manuel Malicay voted to recognize and honor two distinguished Alumni during it's Saturday night Gala Dinner and Reception. The 2019 Lifetime Achievement Award was presented to Philip Chua M.D. FACS, FPCS, President of Class 1961, Cardiac Surgeon Emeritus of Northwest Indiana, also based in Las Vegas, Past President and Chairman of the FEUDNRSMAF BOT, Author and International Lecturer, as well as weekly columnist in MALAYA national daily in Manila and 5 FilAm newspapers around the U.S.A. He founded the Denton Cooley Cardiovascular Society and has performed with his Cardiac Team almost two dozen Coronary Bypasses for free on patients at the Beijing Medical University First Hospital in China, learned and adopted new techniques by various heart surgeons from various City Hospitals in China. He is Chairman of FUN INC, a 501 (C3) Humanitarian Foundation here in the U.S. He and his wife, Dr. Farida Isip-Chua, his classmate, have 5 children who are all physicians with four being married to physicians as well. They have been joining me and my wife on Medical Missions in the Philippines every year for several years now. Philip was among the Founders of the Alumni Foundation.

The Most Outstanding Alumni Award for 2019 went to Nida Blankas-Hernaez M.D. FAAP, Class 1984, a practicing Pediatrician and Adolescent Medicine in Niles, Illinois, member of the Alumni Board of Trustees and a workaholic Chairperson of the CME Committee. She was past President of the PMA of Chicago, Diplomate of the American Board of Pediatrics and Chairman of the Department of Pediatrics at Norwegian American Hospital. She is an inborn leader and has given count-

American Board of Pediatrics and Chairman of the Department of Pediatrics at Norwegian American Hospital. She is an inborn leader and has given countless lectures and is very active in various medical societies. She has headed Medical missions in the Philippines and has received dozens of awards. She is married to Dr. Edward Hernaez, board certified in Family Medicine. They have two children, one a graduating medical student.

We also started some changes in our Reunion events which included a combined Welcome and Filipiniana Night with two bands playing our favorite, danceable music and songs of our time and two days of CME Conference instead of the usual three days. These, I believed afforded more time for socialization, bonding of classmates and various non-convention activities like shopping, tour of Las Vegas and Casinos.

The Annual Reunion indeed was memorable with all its attendant nostalgic cycle of reminiscent stories, jokes and laughter as well as student days escapades on good and not so good experiences with classmates and professors. The four days Reunion was short lived especially when everybody were having the best time of their lives. After the Sunday mass officiated and with blessings of Reverend Fr. Joey Faller, famous Healing Priest with Kamay ni Hesus Pilgrimage and Ministry, it was then time to say goodbye and a safe trip back home.

See you all next year in California for our 41st Annual Reunion and Scientific Convention!

Dr Danny Fabito, Overall Convention Chair and wife Dr. Melinda Fabito, President FEUDNRSMAF Nevada Chapter



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DIAMOND JUBILARIANS CLASS 1959



L to R: Dr Rose Delumpa, Dr Ofelia Kaguyutan, Dr Filipinas Geronimo Decana, Dr Rick Deleon, Dr. Licerio Castro, Dr Jose Mapalad



I had the utmost pleasure of sharing the table with these three fine ladies during the 2019 July Gala night; honorees as Diamond Jubilarians, graduating from our alma mater in 1959 – a time when women made up 6% of all physicians in the US.

These ladies from medical school years through internship refused to be separated from each another; from immigration to the US and its challenges; from laughter and tears; from youth to the Diamond Years – the story of these three extraordinary women despite their medical careers and subsequent distance who built an enduring friendship lasting 60 years, and serve as an inspiration to us all.

It is the story of learning to be the friend that each one needed in good times and in bad times; their tenacity to keep the fire of friendship love burning through the years. And, still living and enjoying that binding friendship today...sisters forever!

Wistfully one said - "Andito pa kaya tayo in 5 years"? To which I silently responded - " From your mouth to God's ears, may it be so". ~ Amethyst C Cureg MD, Class '73

Congratulations and God bless!

GOLDEN JUBILARIANS CLASS 1969



CONGRATULATIONS!

To The Amazing Golden Jubilarians Class 1969



Left to Right

Front Row: Carmen Barinque Dagdagan, Floro Porciuncula, Arturo Ruanto, Tony Gestosani, Arturo Abalos, Nicanor Joquin, Rene Enriquez, Alberto Clar, Romeo Perez, Eddie Cruz, Gil Palacio, Abe Fontanilla, Chris Castillo, Sid Cardeno, Manny Mangahas, Florencio Neri, Jr. Victor Cruz

Second Row: Alberto de la Cruz, Teresita C. Dionisio, Rita G. Dela Rosa, Emmie A. Ayos, Cecile P Ruelos, Chit L. Dagcuta, Offie B. Ayuste, Luisa Lascano, Rowena de la Cruz, Linda Espineli - Cruz, Lorna Lopez Sandoval, Chito C. Bala, Ding Palacio, Josie G. Reyes, , Laudelina Lahom Greenberg, Sarah Cardeno, Josie M. Vergara, Jean R. Quintong, Tessie Manubay, Flory Mangahas, Erlinda Aquino

Third Row: Tommy Lo, Joe Mapalad, Pat Andres, Sammy Bala, Tony Toledo, Tito Go Yao

Not in photo: Lita Ago, Angelita Coronel, Noemi Fogata, Ray Mallari and Becky Salvani

GOLDEN JUBILARIANS CLASS 1969







GOLDEN JUBILARIANS CLASS 1969









Celebrating Jubilarians: 40th Annual FEU Reunion Caesars Palace Resort

Las Vegas, Nevada July 24 – 28, 2019





CONGRATULATIONS!

To The Fabulous Emerald Jubilarians Class 1964



Front Row: L-R: Manny Mencias, Pres Gavino, Roger Bautista, Reg Tobias, Dan Fabito, Recto de Leon, Eng Cortes, Diony Policarpio, Mar Mendoza

Middle Row: L-R: Lina Liongson Abboud, Ella Pacificar, Arlene Yap, Helen Lim Palav, Manolita Balassa, Rosalita Reyes, Flora Ramirez Hojohn, Cora Mendoza, Cris Mencias, Linda Palaganas, Esther Boquiran, Lora Morente, Lilia Aquino Cabalu, Corazon S. Velez, Gem Tenazas

Back Row: L-R: Ed Relucio, Billy Pasia, Vic Singzon, Jaime Aguinaldo, Tyrone Cabalu, Leo Sicat











A LIFETIME EXPERIENCE OF CLASS 1969 - Dr Noemi Borrillo - Fogata MD, Class '69

"Do you remember who sat beside you in the Anatomy and Physiology class in the freshman year of medical school?"

"Who were your study group mates preparing for the final exams "

"Who among you got the most review materials and leakage?"

These are the events we recalled during the week-long golden reunion in sunny Las Vegas last July 2019.

Fun and Frolic started twelve months prior to the celebration with a team of conglomerate brain stormers, each with his /her own expertise and imagination on how to implement perfection. Class 69'ers started preparation with a pre-reunion at the Vegas home of Dr. Rene and Fil Enriquez, prepared with catered breakfast, lunch and merienda .Our pretty choreographer, Dr. Flory R. Mangahas came prepared with a patriotic song and dance ensemble representing three major regions of our native land- Philippines - namely Luzon (Carinosa), Visayas (Itik-Itik), and Mindanao (Malong).Costumes and Props on hand. About twenty five US and Holland based 69'ers traveled to Manila, Philippines to attend the Scientific CME Conference at Fairview, Quezon City and the Grand Ball Reunion Dinner Dance held at renovated Manila Hotel in January2019, .A side trip Rest and Relaxation was arranged and overnight accommodation at Aquaria Water Park in Calatagan, Batangas courtesy of Gil and Ding Palacio and Family. Month of March came and another get-together/rehearsal was attended by classmates from the Eastern and Southern region with sumptuous food at Dr. Jean Rabara-Quintong's abode in New Jersey.

The other lives of Class 69'ers are multifaceted. The arduous trials and tribulations of becoming a physician did not phase out the talents of Class 69'ers. We became video producers, choreographers, search engine researchers, communicators, singers-musicians, dancers, historians counselors-and psychologists and military men and women, entrepreneur and administrators/educators.

Speakers for the morning CME was graced by our very own Col. Romeo Perez, MD, Dr. Kristin Castillo-Farias, and Dr. Eric Castillo (both Harvard Medical School graduate) – daughter and son of our own Dr. Chris Isabelo Castillo. Sweet and healthy are the fruits from sturdy and conscientious parents. Our international travelers were, Dr. Lorna Lopez Sandoval still in active private pediatric practice from Quezon City, Philippines, Dr. Angelita F. Ago, CEO and owner of Ago General Hospital, Ago Medical and Educational Center And College of Medicine in Legaspi City, Philippines and Dr. Eduardo Cruz from Rotterdam, the Netherlands.

A Class 69 Fun Awards luncheon was arranged by Dr. Becky Salvani, our treasury keeper, and Dr. Flory Mangahas.at a nearby Umiya Japanese Buffet restaurant. Few rehearsals of our song and dance presentation was made perfect under the baton of Dr. Jun Neri and the dancing sways of Dr. Flory Mangahas. It was a delight to see the attendance of ambulatory impaired Dr. Menchie Baringue- Dagdagan, Dr. Sarah Go Cardeno, Dr. Levie B. Porciuncula, Dr. Tommy Lo. Happy are the first timers –Col. Romy Perez, MD, Dr. Josie Magalit-Vergara, Dr. Arturo Ruanto ,Dr. Rita Guevarra-de la Rosa, Dr. Floro Porciuncula and Dr. Cecile Pulumbarit- Ruelos. We remembered our departed classmates in a In Memoriam video presentation .Congratulatory kudos was received from colleagues, friends and overall chairperson of the reunion, naming Class 69 having the most number of attendees so far from time of inception of the FEU USA medical reunion, although we did not surpass Class 69 Silver Jubilee 25 years ago in New Orleans, Louisiana totaling 76 attendees.

Our week long sojourn was immeasurably full of camaraderie, laughter, friendship, and memories of medical school.



CLASS 1964 FEUDNRSMAF REUNION IN LAS VEGAS - Dr Emelie Ongcapin MD, Class '64

The hair is thinning now
Look at the lines across my brow
Look at the (Gucci) bags beneath my eyes
The mirror never lies
Am I old and gray?

Yet in my heart: I WILL FOREVER STAY YOUNG

The lyrics of the song as rendered by Tyrone Cabalu, Ebello Pasia and Leonides Sicat set the tone for the Class '64 presentation at the Grand Dinner and Ball held Saturday, July 27, 2019 at Caesars Palace Resort in Las Vegas, Nevada. The earlier two days of the scientific meetings were filled by warm hugs, non-stop talking, selfies, iPhone photos of children and grandchildren and every sentence starts out with "REMEMBER WHEN WE?. You were embraced by people you have known for 55 years and a few even longer. Nobody cared how you looked then and now. Some have changed, some have remained the same, but we agree it is a combination of genes, life style or pure luck. We are all happy celebrating we are all here still standing maybe a little help with a cane. The turnout was phenomenal, thirty- three classmates together again.

Daniel Fabito, our energetic class '64 president and convention chairman arranged two fabulous dinners before the Saturday Gala. There were numerous practice sessions with Corazon Mendoza as choir commander. She was so enthusiastic coaching a group of 80-year olds to follow her instructions, so that she lost her voice on the eve of the Saturday Gala. Rosalina Liongson had the coldest hands despite the warmth of the dinner venue as she performed the first portion of Que Sera Sera, followed by Ella Pacificar and Arlene Rosas. Three couples: Manuel Mencias and Cristeta Barbo, Edmundo Relucio and Manuelita Payos, Engracio Cortes and Rosalina Liongson waltzed to the tune of Forever Young at the start of the presentation. The closing song: How Great Thou Art was performed by Gemorsita Macavinta.

The choir consisting of Jaime Aguinaldo, Cristeta Barbo, Rogelio Bautista, Ester Buquiran, Lilia Aquino, Precilo Gavino, Recto de Leon (President FEUD-NSMAF), Willeta de los Reyes, Helen Lim, Martin Mendoza, Flora Morente, Emelie Ongcapin, Erlinda Palaganas, Dionisio Policarpio, Flora Ramirez, Rosalita Reyes, Regulo Tobias, Victorico Singson and Corazon Velez sung with gusto and waltzing rhythm.

Rose Espiritu wife of Armando joined the group at the Friday dinner and Saturday Grand dinner gala. We missed Matilda Santiago-Zapata at the Saturday dinner gala but she attended the scientific meetings.

After a nice dinner, the band played music from the 60's and 70's everyone danced their heads off. We may be 80 but for three days we were in our 20's again.

We look around the room, memories flood in: IF WE HAD THE CHANCE TO DO IT ALL AGAIN, TELL ME, WOULD WE, COULD WE.

SILVER JUBILARIANS CLASS 1994



CONGRATULATIONS!

To The Future of FEUDNRSMAF Silver Jubilarians Class 1994



First row L-R:

Lemuel Manalo, Arrel Olano, Jerry Mercado, Frederick Parallag, Carlos De Castro III, Raymond Sator, Mike Moriones

Second Row L-R:

Imelda Chan, Joy Almonte, Jane Geneta, Lisa Sarabosing, Mae Syki Young, Susan Tiu Javier, Imelda Tan Tanchoco, Lisa Sy Yang, Emelyn Borja Molato, Jennifer Alonzo Dowalter, Ria Lobarbio Smith, Elinor Roquel, Anna Acidera





Connect. Reminisce. Have fun.



The motto for batch 94 25th year anniversary reunion. The Las Vegas kick off gave us a glimmer of what that is. And while the 20 of our classmates who attended have photos to prove, it doesn't quite capture the true emotions of the experience.

Thankful to FEUDNRSMAF for the never tiring organization and support. Thankful for the Philippine - based colleagues for joining us and to those whose worked hard for the 2020 reunion. Challenging our classmates and the rest of the younger generation to step up and support our alumni organization.

If there is any doubt whether or not to attend the reunion, one thing is almost certain. You will regret not attending.

See you in 2020! ~Arrel Olano '94 IM Academic practice Washington DC



WER JUBILARIANS CLASS 1994



My first time to go to the US of A. And the reunion was one of the best highlights of my trip. Seeing my batch mates felt like it was just yesterday that we were in medical school.

Reconnecting with each other is very important. I will always be

grateful and thankful to my Alma mater... where I came from, and where I'm heading.

Thank you.

Mae Syki-Young '94. OB-GYN

Makati Medical Center



To FEU-NRMF Founders and Alumni:

The true value of one's existence and role in the medical field is to add value to this generation and those that follow. Through the years, each one of us will wonder what our true purpose in life is.

This life is not all about us but rather making a difference in somebody else's lives. Balik FEU matters!

Thank you FEUDNRSMAF for honoring batch 1994.

Imelda Tanchoco '94, Pediatrics

Los Angeles, CA







I was a bit hesitant to attend the Las Vegas reunion knowing that the hottest month happens to be in July...but my desire to celebrate with my batchmates practicing abroad overruled that second thought. Our batch didn't want to miss the talk of Dr Arrel Olano, our topnotcher, during the scientific meeting. We also did not want to miss joining the batch presentation for the gala night

which was one of the highlights of the Homecoming... the "1 hour" group dance practice made us really look like we can really join any competition!

It seems that time is too short for everyone of us to catch up with each other. We want to honor the FEUDNRSMAF organizing committee for the awesome event. One for the books!!

We look forward to connecting again!

Jane Geneta '94. Youthful Anti-Aging, Aesthetic and Wellness Clinic, Manila





CONGRATULATIONS!

To The FEUDNRSMAF Remarkable Sapphire Jubilarians Class 1974

L to R

Front Row: George Lim, Celerino Brucal, Alfonso Nobleza and Guat Sy Jr.
Second row: Victoria Ramos-Oira, Victoria Sanchez, Teresita Noveras, Erlinda Seli -Lopez, Mildred Rey, Ligaya Marasigan, Rose Corteza, Emma Torres-Baltazar, Rose Corpus-Cruz, Patricia Loot and Soledad Lee





CONGRATULATIONS!

To The FEUDNRSMAF Trailblazers Coral Jubilarians Class 1984

-R

Front Row: Greg Mantohac Jr, Jose Benigno Jr, Ramon Castillo, Andrei Ragsac, Efren Rodriguez, Candido Africa, Noli Naguiat Second Row: Herminigildo Valle, Tess Avelino-Shioda, Cyrelda Ramirez—Fermin, Elmarie Simangan-Saban, Nida Blankas-Hernaez, Florence Wandisan - Rosete, Delia Maceda, Marita Banzuela, Rosanna Lim-Javate, Annette Coronel-Perey, Ramona Antonio-Mara, Jocelyn Tejada-Guerrero, Methods Mejia Serquina, Evangelina Mendoza-Roque, Cris de Leon-Banzuela, Thelma Edquid Edquilang











CONGRATULATIONS!

To The Future FEUDNRSMAF Leaders Pearl Jubilarians Class 1989

L- R Dr. Larry Rabang , Dr Angelito Sajor, Dr. Joseph Te, Dr. Boots Santiago, Dr . Rowena Dotig de Perio, Dr. Ester Cerdan, Dr. Ofelia Manuel-Enriquez , Dr. Azalea Alcoseba, Dr Raymond Chua and Dr. Joey de Perio













CLASS 1989. A PEARL INDEED - Dr Larry Rabang MD, Class '89

It's been 30 years since graduation and here we are wiser, accomplished, and more confident in life. We experienced a lot of hard-ships and hurdles in life but we prevailed and flourished. We are at the pinnacle of our careers. We have a family, partner, kids, and pets.

A few of us started together in college and some in medical school. A number of us jointly went through postgraduate internship, residency and fellowship. We've been together for many years. We had so much fun talking about our experiences during college years, medical school, internship, and residency.

We started our celebration in Las Vegas with Filipiniana night wearing our formal Filipino attire. We danced together as a group on the dance floor. We visited Bryce Canyon National Park and enjoyed the majestic beauty of nature. We hiked Mt. Charleston testing our strength and we found out that we still have the vigor to do such activity. We spent our final night with karaoke singing, dancing, and eating delicious Filipino food.

We will join our classmates from other countries and our hosts in the Philippines on January 2020 as we continue our celebration. We expect a bigger and fun filled celebration. Our hope for Batch '89 is to get together yearly while we are still healthy and able. We plan to visit different National Parks as we share our life stories.

Dr. Larry Rabang

Ambulatory Medicine-Mercy Urbandale Internal Medicine

Teaching Faculty-Mercy One Medical Center Internal Medicine Residency Program and Des Moines University.

FEUDNRSMAF 2019 ALUMNUS OF THE YEAR - Nida Blankas-Hernaez MD, Class 1984

Dr. Nida Blankas-Hernaez, is a board-certified pediatrician specializing in Adolescent Medicine practicing in Niles, Illinois. She completed her internship and pediatric residency training at the University of Illinois in Chicago in 1992. Currently Nida is the Chair of the Department of Pediatrics at the Norwegian American Hospital and medical staff at Lutheran General Hospital in Park Ridge, Lurie Children Hospital. She was a Pediatric Core Director for Ross Medical School and St. George Univ. Medical School. She is a teacher to medical students and residents, and a CME lecturer to her colleagues. She is a well-respected Pediatric educator and a practitioner; authored many peer reviewed articles published in the pediatric medical journals. Nida is the Chair of the FEUDNRSMAF Continuing Medical Education.

She received the American Medical Association 2017 Women Physicians Section Inspirational Physicians Recognition Program Honoree, "Honored Woman in Medicine, "Our Patients love our Doctor" Recognition Award, Distinguished Physician of the Year, Most Outstanding Alumnus Award, America's Top Pediatricians, and several APP Exemplary Physician Awards. She was Past President of Philippine Medical Association in Chicago (PMAC), Board of Governor (10th year) and Chairman of the CME (4th year). She served as the 20th FEUMAANI President for 3 years.

A compassionate physician she is a regular participant in medical missions not only in our beloved country but in other countries as well. She believes that "Service to mankind is the greatest gift anyone can give." Since 2014, she has served the "Feed My Starving Children" with her medical students. She donated her hair three times for cancer patients, gave love gifts to indigent families, donated isolettes to hospitals. She joined the PIWC muses to raise funds for the homeless.

Among her other recognitions - President's Awards, Leadership Award, Golden Life Achievement Award, BRAINS Award, Humanitarian Golden Heart Award, High Profile Woman Award and Outstanding Ladies of the Midwest, Empowered Woman, Community Service awards and several Recognition and Appreciation Awards. She and her husband received the Asian Hall of Fame of Medicine, Chicago Filipino-American Hall of Fame in Medicine and Medical Missions and Ideal Couples.

The youngest of 9 children of Dr. & Mrs. Samson Blankas of Laoag City, she is married to Dr. Edward Hernaez, a Family Practice Physician, Overall Chair of PIWC and the President of PMAC, 2011. They are gifted with two children, Frederick and Margaret; both are Doctors of Medicine. Beyond their community effort as a family, they also enjoy activities like golf, tennis, bowling, eating out and watching movies.

L-R: FEU-NRMF Dean delos Reyes, Recto Deleon FEUDNRSMAF President, Licerio Castro FEUDNRSMAF Chairman of the Board, Dr Nida Blankas-Hernanez, Dr Daisy Ramos Chair Awards Committee, Manny Malicay Past President FEUDNRSMAF and Co-Chair Awards Committee

Nida stands by a Ralph Emerson quote ~ "To laugh often and much, to win the respect of intelligent people and the affection of people, to earn the appreciation of honest critics and endure the betrayal of false friends, to appreciate the beauty, to find the best in others, to leave the world a bit better, whether by a healthy child, a garden patch, or a redeemed social condition; to know even one life has breathed easier because you have lived. This is to have succeeded!"

Congratulations and thank you Dr Blankas-Hernaez!



Awardee Dr Nida Blankas-Hernaez and husband Dr Edward Hernaez

FEUDNRSMAF LIFETIME ACHIEVEMENT AWARDEE PHILIP CHUA MD, CLASS '61

The FEUDNRSMAF Awards Committee, co-chaired by Dr. Daisy Ramos of Bloomfield Hills, Michigan, and Dr. Manuel Malicay of Chicago, Illinois, bestowed the FEUDNRSMAF Lifetime Achievement Award to Philip S. Chua, MD, FACS, FPCS, Class '61, cardiac surgeon emeritus in Northwest Indiana at its 40th Annual Scientific Convention and Reunion at Caesar's Palace Resort and Casino, Las Vegas, on July 27, 2019.

Philip, who is partly based in Las Vegas, is a past President and Chairman of the Board of FEUDNRSMAF, an author, and a noted international and national lecturer. He is a Fellow of the American College of Surgeons, the Philippine College of Surgeons, the International College of Surgeons, and the Denton A. Cooley Cardiovascular Surgical Society (of which he was the founding president), whose more than 800 members are cardiac surgeons from 50 countries who trained under the world-renowned heart transplant surgeon at the Texas Heart Institute in Houston. Dr. Cooley performed the first artificial heart in the United States.

In 1981, Philip was chosen by the Foundation as the Most Outstanding Alumnus at its 2nd Annual Scientific Convention and Reunion in Anaheim, California. He was honored with the coveted Sagamore of the Wabash Award in 1995, the highest civilian recognition presented by then Indiana Governor. In 1997, he and his Indiana cardiac surgery team flew to Cebu city to establish the cardiac surgery center at Cebu Doctors University Hospital, where they performed the first quadruple OPCAB (Off Pump Coronary Artery Bypass) surgery in the Philippines on a man from California visiting the country.

Philip was also a Gintong Pamana (Golden Legacy) awardee in Chicago in 2012. He and his cardiac surgery team, which included Dr. Victor O'Yek, performed almost 2 dozen coronary bypass surgeries for charity patients at the Beijing Medical University First Hospital in China, observed by heart surgeons from various city hospitals in China. Dr. Chua is chairman of the Filipino United Network – USA, a 501(c)3 humanitarian foundation in the United States. He and his wife Farida Isip-Chua, a retired pediatrician, have 5 children who are all physicians, four married to physicians as well. They go on medical missions in the Philippines every year.



Philip's first medical mission was in 1962, a year after graduation when he became the pioneer volunteer of the *Work-A-Year-With-The-People* humanitarian project established by then Senator Raul Manglapus, Ramon Magsaysay, Jr., and Manuel Quezon, Jr., in the remote Sierra Madre town of Palanan, Isabela, Palanan is a historical place where General Emilio Aguinaldo was captured by American forces under Gen Frederick Funston, thus ending the Philippine Revolution in 1901. While in Palanan, Philip instigated and successfully petitioned the town's government to erect a monument to memorialize the event.

His book on disease prevention and healthy lifestyle starting in the womb and in the crib, Let's Stop "Killing" Our Children, is listed in the US Library of Congress, and is posted on philipSchua.com, amazon.com, barnesandnoble.com, and Xlibris.com







Dr. Philip Chua and wife Dr Farida Chua



FROM THE 40TH FEDNRSMAF CONTINUING MEDICAL EDUCATION CHAIRMAN - Nida Blankas-Hernaez Class '84

The Scientific Annual Convention was a success! Thank you for everyone!

This year, we made some changes to encourage more attendance to the CME Program - shortened from 3 days to 2 days, thus decreasing the registration fee, and the CME credits hours to 10 credits from 14 credit hours and, indeed, we succeeded!!!

Topics were interesting and speakers were real expert on their domains. Two of the speakers namely: Dr. Eric Castillo and Dr. Kristin Castillo-Farias, both from Harvard University are children of a proud father, Dr. Cris Castillo, a 50th jubilarian. Kudos to him! We had 3 memorial speakers with amazing presentations: Dr. Rosalina Liongson-Abboud, Dr. Daniel Fabito and Dean FEU-NRMF Dr. Rey Delos Reyes. Other speakers were equally great: Dr. Romeo Perez, Dr. Engracio Cortes, Dr. Candido Africa III (my 35th jubilarian classmate), Dr. Ligaya Marasigan, and Dr. Arrel Olano. Thank you for sharing your expertise and talent!

Our moderators were great and kept the ball rolling. Among them were: Dr. Rebecca Salvani, Dr. Divinagracia Obena, Dr. Leilani Mon, Dr. Noemi Fogata, Dr. Edmundo Relucio, Dr. Philip Chua and Dr. Renato Ramos. Attendees were enthusiastic to learn and were more engaged and involved as demonstrated with the Q/A portion. They took time to answer the pretest and the post-test and complete the evaluation surveys. There are more practicing physicians than previous years.

A big thank you to our CME members - Dr. Divinagracia Obena, Dr. Hernani Tansuche, Dr. Noemi Fogata, Dr. Philip Chua, Dr. Daniel Fabito, Dr. Edmundo Relucio, Dr. Renato Ramos, Dr. Licerio Castro Jr and Dr. Rick de Leon.

We are continuing our partnership with PMAC CME to obtain ACCME accreditation, and we are in the process for re-accreditation this coming November 2019. PMAC is applying for 6 years instead of the regular 4 years accreditation. We are confident that we will be accredited.

We strictly follow the ACCME standards and requirements and we align our CME goals with the ACCME to improve the learners' knowledge, competence, performance, and of course patients' outcome. The evaluation surveys from our attendees are very important for our future CMEs. After 6 months post-CME, we will need your input again. Through your input, we can continue to improve our CME based on your needs, and foremost improve our healthcare system. Through our CME, we can be better physicians, better advocate for our patients' well-being, and instruments for change for a better society.

Together, we can do this! Again, thank you for all your contributions.







MEMORIES IN PICTURES July 2019





Dr Dion Sy & Dr Guat Sy Jr



Dr Manny Malicay & Dr Lourdes Malicay





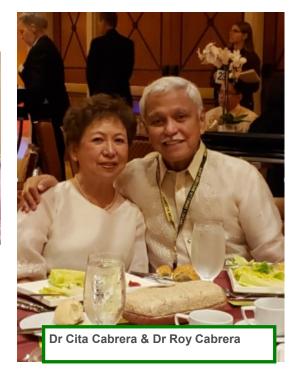
L-R: Dr Licerio Castro, Dr Daisy Castro, Dr Guadalupe Florescio







Dr. Rosemary Aquiler-Angeles & Mr. Ferdie Angeles





TOGETHER WE CAN!

L-R: Dr Felipe Ambas, Dr Amethyst Cureg, Dr

Dr Grace Rabadam & Dr Francisco Rabadam



ROY CABRERA MD, CLASS 1965 HONORED FOR THE \$25,000.00 GIFT TO FUND THE ROY AND CITA CABRERA ENDOWED SCHOLARSHIP FUND

Dr. Roy Cabrera was presented a plaque of appreciation to express FEUDNRSMAF's gratitude for his exemplary gift. The endowment will provide scholarships to at least 2 academically merited medical students who are experiencing financial hardship, hindering their path to their aspiration of becoming future healers. The scholarship committee members Dr. Hernani Tansuche and Dr Roberto Arias, in partnership with FEU-NRMF Dean de

los Reyes will identify and vet potential scholars to assure impartiality.

We are especially grateful to his wife, Dr. Cita Cabrera (UST Class 1964) for her understanding and support; their crucial endowment underpins our shared mission and goal.



L-R: Dr Rick Deleon President FEUDNRSMAF, Dr. Roy Cabrera, Dr Licerio Castro Chairman of the FEUDNRSMAF Board

FEUDNRSMAF 41st ANNUAL SCIENTIFIC REUNION AND CONVENTION 2020



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ANNUAL ALUMNI HOMECOMING SCIENTIFIC CONVENTION

Hosted by FEUNRMF Medical Alumni Society Inc. & FEU-NRMF Silver Jubilarians Class 1994

JANUARY 15-18, 2020

Jan 15, 2020 Golf Tournament

Jan 16-17, 2020
42nd Lauro Panganiban Lecture, Scientific Convention & Scientific Lectures
Dr. Ricardo Alfonso Hall
5th floor FEU-NRMF Medical Center

Jan 17, 2020 Student Achievement Awards

Jan 18, 2020 Grand Alumni, Emerald, Golden, Silver Jubilarians' Night Shangri-La Hotel Bonifacio Global City

Additional program details to follow

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EDITORS COLUMN

Ectopic Murmurs (*EM*) is the official publication of the FEUDNRSMAF-USA. It was founded by the late Dr. Jesus Nolasco to build our identity as a Foundation and to disseminate relevant information pertaining to our Foundation activities. Subsequently, Ectopic Murmurs (*EM*) was managed by the late Dr. Cesar V Reyes until his death in December 2017. Drs Hernani Tansuche and Amethyst C Cureg acted as Interim Editors to fill the void. In August 2018, the current leadership reappointed Drs. Hernani Tansuche and Amethyst Cureg as editors of the Ectopic Murmurs for a 2-year term. Drs. Licerio "Jun" Castro and Rick Deleon are ex officio members of *EM*. Establishing an Editorial Board to provide advice and support to EM is under consideration.

Ectopic Murmurs (*EM*) is published in a web-format triannually (February/March, April/June and September/October). Supplemental issues are released 3 months preceding the July Annual Reunion and Scientific Convention to assure that alumni receive updated information for the event. A Thanksgiving Issue is published in November to recognize alumni that have significantly contributed to the FEUDNRSMAF mission and goals. Additionally, special announcements or breaking news that warrant an abridged special edition will be published. *EM* encourages the submission of articles for inclusion in *EM* that bear direct relevance to the FEUDNRSMAF-USA mission, goals and activities, including related material concerning FEU-NRMF School of Medicine and Medical Center. Articles must be submitted in Word format. *EM* seeks author/contributor diversity; alumni that have not previously published in EM are strongly encouraged to submit articles and will be given priority. The Editors reserve the right to accept or reject any submitted articles and to edit for brevity, clarity and conformance. Although the EM staff reserves the right to edit, the author/s will be held responsible for the content.

Please submit articles for the: 1) *Clinicians Corner* section that is intended for our alumni members in practice. We invite FEUDNRSMAF alumni members from academia and experts in their field of practice to submit medical articles that are contemporary/current, relevant to our membership, adhere to community standards of practice/care, accurately or thoroughly referenced/attributed, and permission/s granted when applicable prior to submission of article, 2) *National Health Observances (NHOs) Month* to raise our alumni members' awareness about important medical/health topics. For example, "Obesity Awareness Month", etc. Toolkits and additional information are available at (https://healthfinder.gov/NHO/default.aspx. Likewise, articles must be accurately or thoroughly referenced/attributed; applicable permissions are granted prior to submission of articles, 3) *Alumni in the News!* that features fellow alumni that have distinguished themselves, was acknowledged by a professional organization, community organization, professional peers, etc. 4) *Meet* section profiles an alumnus including officers and Board of Trustees.

EM joins the current leadership in their concerted efforts to encourage more active membership in our organization. By revamping the contents of our newsletter with emphasis on our goals and mission, we hope to entice the casual reader or member to become interested and get involved in the affairs of the FEUDNRSMAF-USA. Thank you.



Hernani S. Tansuche, MD⁶⁸

Click: hernani.tansuche@gmail.com

Amethyst Cureg, MD⁷³ **Click:** amethystcureg@gmail.com

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